

## **Rosary for Peace & Healing**

*Comforting all who are victims of bullying and harassment, mourning the loss of a child or the death a loved one by suicide.*



*Blessed Loving and Peaceful Mother, please intercede for us as we ask you to pray for our children who are harmed at school and elsewhere, for all who have lost a child prior to birth, at birth, by an accident or illness and all who are dealing with the effects of death by suicide. Blessed Mother, love us, protect us and help in our times of sorrow and pain and grant us healing. All this we ask through your risen Son, Jesus our Lord, **Amen.***

# Joyful Mysteries (Monday and Saturday)

## Loss of a Child



### Opening Prayer:

Lord, although grief of losing my child is overwhelming,  
Open my heart to receive comfort from those who offer caring of any kind;  
Lord, come to my assistance in helping other family members to heal;  
Let me remember the specialness of my loved one;  
Grant me the grace to receive God's comfort, love, healing and peace;  
Give me the ability to pray although I may be angry with You;  
Open my heart to the aid of the Holy Spirit;  
And always help me to remember Mary's agony at the foot of the cross and that I am not alone.  
**Amen.**

Apostle's Creed, Our Father, 3 Hail Mary's, Glory Be

### Joyful Mysteries

#### 1. **The Annunciation** *Fruit of the Mystery: Humility*

*Dear Lord, grant me the grace that I may humbly accept God's will in my life.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 2. **The Visitation** *Fruit of the Mystery: Charity*

*Dear Lord, grant me the grace to find refuge in the comforting words of others.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 3. **The Nativity** *Fruit of the Mystery: Poverty*

*Dear Lord, grant me the grace that my pain may be lessened by witnessing to others.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 4. **The Presentation** *Fruit of the Mystery: Spirit of Sacrifice and Obedience*

*Dear Lord, grant me the grace to be faithful to You in spite of my tremendous loss.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 5. **The Finding in the Temple** *Fruit of the Mystery: Desire for Jesus*

*Dear Lord, grant me the grace to seek You and place my sorrow in Your Sacred Heart.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

Hail Holy Queen

### Closing Prayer:

Heavenly Father, I have come to you in prayer looking for peace, healing, and understanding at the loss of my child.

I know in my heart that my child is with you in heaven. I ask that you watch over my child and continue to bless me as I long for the day that we will meet again. I ask all of this through your Son, Jesus.

**Amen.**



# Sorrowful Mysteries (Tuesday & Friday)

## Bullying and Harassment

### Opening Prayer

O Lord, just as Your Passion and Crucifixion was demoralizing and humiliating, so also are the evil actions of bullying for the victims and the victimizers. Your Son exemplified true love and mercy from the cross as He uttered, "Father forgive them for they know not what they do." With hope we pray these words will now bring the love and mercy of healing forgiveness to those suffering from bullying. **Amen.**



Apostle's Creed, Our Father, 3 Hail Mary's, Glory Be

### **Sorrowful Mysteries**

#### **1. The Agony in the Garden** *Fruit of the Mystery: Trust in God*

*Dear Lord, grant me the grace to trust in You even when I'm faced with overwhelming and frightening circumstances.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### **2. The Scourging at the Pillar** *Fruit of the Mystery: Purity*

*Dear Lord, grant me the grace and courage to keep my thoughts, words and actions pure so to always glorify Your name.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### **3. The Crowning of the Thorns** *Fruit of the Mystery: Fortitude*

*Dear Lord, grant me the grace to have fortitude, to be friendly, kind, helpful, compassionate, and show respect to others during adversity.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### **4. Jesus Carries His Cross** *Fruit of the Mystery: Perseverance in Trials*

*Dear Lord, grant me the grace to pray for perseverance, love and gratitude for the sacrifice You made for all your children.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### **5. The Crucifixion and Death of Jesus** *Fruit of the Mystery: Forgiveness of Others*

*Dear Lord, grant me the grace to prayerfully intercede on others behalf that their evil acts be lovingly forgiven just as Your Son prayed for His persecutors from the cross.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

Hail Holy Queen

### **It is behaviour which is**



### Closing Prayer

**Unwelcome** Lord Jesus, You endured unbelievable pain, humiliation and bullying at Your Crucifixion, yet You forgave those who inflicted these on You. Lord, help those who are victims of bullying and harassment to forgive their perpetrators and find peace, comfort and healing from You. We also ask You to heal the bullies and put a spirit of contrition and repentance in their hearts. Help them resolve to never commit these terrible actions again. We ask this in Your sacred Name. **Amen.**

**Unsolicited**

**Repeated**

**Offensive**

**Intimidating**

**Humiliating**

**Threatening**

# Glorious Mysteries (Wednesday & Sunday)

## Death by Suicide

**Opening Prayer:** Heavenly Father, you know that grieving for a loved one is complicated when death is unexpected by suicide. Death deprives us of his or her presence, and we had no time to say goodbye. Oh Good Shepherd, in the midst of grief and darkness, we hear Your voice. Be at our side, heal and nourish us. You alone can lead us through the dark valley of grief and into the green pastures of hope. **Amen.**

Apostle's Creed, Our Father, 3 Hail Mary's, Glory Be



### Glorious Mysteries

#### 1. The Resurrection *Fruit of the Mystery: Faith*

*Father, may the light of your resurrected Son guide us and enlighten us as to the mystery of faith.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 2. The Ascension *Fruit of the Mystery: Hope*

*God our Father, lift up those who grieve, for You are our hope and we trust in the fullness of Your love and mercy.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 3. The Descent of the Holy Spirit *Fruit of the Mystery: Love of God*

*Eternal God, may Your abundant love and comfort embrace all who are in mourning.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 4. The Assumption of our Blessed Virgin Mary into Heaven *Fruit of the Mystery: Grace of a Happy Death*

*When they see no future and life seems empty, send them the grace and strength to regenerate that special bond for you.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 5. The Coronation of our Blessed Virgin Mary as Queen of Heaven & the Universe

*Fruit of the Mystery: Trust in Mary's Intercession*

*Blessed Mother, we trust that you were with our loved one at the hour of death and brought him/her home. We ask through your intercession that we may be comforted in our grief and uplifted in our trust that we may be more like you in our faith.*



Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer  
Hail Holy Queen

#### **Closing Prayer:**

Help us Dear Mary and pray that Your Son grants those who grieve for someone who died by suicide hope and joy in Him. For all those that suffer loss, may they find comfort and peace in Jesus who is forever with us in glory in the Kingdom of Heaven. **Amen.**

# Luminous Mysteries (Thursday)

## Bullying, Loss of a Child, Death by Suicide



### Opening Prayer:

Blessed Mother, Healing and Peaceful Mother, intercede for us as we ask you to pray for our children who are harmed at school and elsewhere, for all who have lost a child prior to birth, at birth, by an accident or illness and all who are dealing with the effects of death by suicide. Blessed Mother, love us, protect us and come to us to help in our times of sorrow and pain. All this we ask through your Son, Jesus, **Amen.**

Apostle's Creed, Our Father, 3 Hail Mary's, Glory Be

### Luminous Mysteries

#### 1. **The Baptism of Jesus** *Fruit of the Mystery: Living the Baptismal Promises*

*Dear Lord, grant me the grace to find the strength to touch the world again.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 2. **The Wedding at Cana** *Fruit of the Mystery: To Jesus through Mary*

*Dear Lord, grant me the grace to imitate Mary in her grief and to rely on her powerful intercession.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 3. **Proclaiming the Kingdom of God** *Fruit of the Mystery: Repentance and Trust in God*

*Dear Lord, grant the grace of true contrition for myself and for those who have hurt others with bullying words and actions. Everyone repent, for the Kingdom of God is at hand! God we trust in you.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 4. **The Transfiguration** *Fruit of the Mystery: Desire for Holiness*

*O Lord, with the help of your grace, let me desire to exemplify holiness when comforting the sorrowful.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

#### 5. **The Institution of the Eucharist** *Fruit of the Mystery: Love of our Eucharistic Lord*

*Dear Lord, grant us the grace to look to the Eucharist for spiritual strength to endure life's challenges.*

Our Father, 10 Hail Mary's, Glory Be, Fatima Prayer

Hail Holy Queen

### Closing Prayer:

Dear Lord, our deepest desire is to see You, to know Your presence especially in the darkest hours of grieving losses from suicide, the death of a child and the horrific destruction of bullying and harassment. Please grant us the insight to unite our sufferings with yours and your Blessed Mother-our Mother; the grace to be comforted in her embrace and Your presence with our loved one and the consolation of Your presence within. **Amen.**

