

Quinoa Arugula Salad



Ingredients

Salad

- 4 cups chopped arugula
- 2 cups cooked red quinoa
- ¼ cup red onion, sliced
- ½ cup slivered almonds

Dressing

- ¼ cup juice of lemon
- ¼ cup honey or agave
- ¼ cup balsamic
- ½ cup olive oil
- ½ tsp salt
- ¼ tsp pepper

Toss salad ingredients in large bowl.

Combine dressing ingredients in mason jar, shake to mix or whisk ingredients in a bowl.

Add dressing to salad, toss and serve.

Enjoy!