

PREMIER  
issue



# *The Country Register*®

June-July 2015

Available across the USA & Canada

**Your Complimentary Guide to Specialty Shopping & Events in Ontario**

**HAPPY CANADA DAY!**



# The Country Register®

Available across the U.S.A. & Canada

Box 60, 4338 Innes Rd. • Orleans, ON • 343-882-5812

Email: OntarioCountryRegister@gmail.com

www.OntarioCountryRegister.com

**Harriet Ramos**  
Publisher/Editor/Sales

**Cathy Shoemaker**  
Design/Layout

## Country Register Publishers' Contact Information

Send \$4 to any publisher below to receive a paper from that area.

- Indicates the Province/State has a web-viewable version of The Country Register.

The Country Register Founder: Barbara Floyd, 602-321-6511,  
info@countryregister.com, located in Phoenix, AZ

### CANADA

- **Alberta:** Ruth Burke, P.O. Box 97, Heisler, AB, T0B2A0, 780-889-3776
- **British Columbia:** Bryan Stonehill, Box 1338, Summerland, B.C. V0H 1Z0, 1-800-784-6711
- **Manitoba & Saskatchewan:** Scott & Marj Kearns, Box 850, Kipling, SK, S0G 2S0, 306-736-2441
- **Ontario:** Harriet Ramos, Box 60, 4338 Innes Rd., Orleans, ON, K4A 3W3, 343-882-5812

### USA

- **Alabama:** Dave & Amy Carter, P.O. Box 365, New Market, MD, 21774, 866-825-9217
- **Arizona:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **Arkansas:** Richard and Lenda Brown, P.O. Box 32581, Oklahoma City, OK 73123, 405-470-2597
- **California & N. Nevada:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **Colorado:** Jan & John Keller, 16755 Oak Brush Loop, Peyton, CO, 80831, 719-749-9797
- **Connecticut:** Michael Dempsey, 10213 Fanny Brown Road, Raleigh, NC 27603, 919-661-1760
- **Delaware:** Merle and Gail Taylor, P. O. Box 128, Owens Cross Roads, AL 35763, 888-616-8319
- **Florida:** Dave & Amy Carter, P.O. Box 365, New Market, MD, 21774, 866-825-9217
- **Georgia:** Linda Parish, P.O. Box 389, Lexington, GA, 30648, 706-340-1049, 678-641-7728
- **Idaho (N):** Dee Sleep, 132 W. Hudson Street, Spearfish, SD 57783, 605-722-7028
- **Idaho (S) WA & E. OR:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **Illinois:** Lenda Williams, P.O. Box 32581, Oklahoma City, OK 73123, 405-470-2597
- **Indiana:** Gail & Merle Taylor, P. O. Box 128, Owens Cross Roads, AL 35763, 888-616-8319
- **Iowa:** Linda Glendy, P.O. Box 6, Tama, IA, 52339, 641-751-2619
- **Kansas:** Cindy Baldwin, 988 9th Ave., McPherson, KS 67460, 866-966-9815
- **Kentucky:** Chris & Kelly Kennedy, 5804 Whiterose Way, New Market, MD 21774 443-243-1118
- **Maine:** Gail Hageman, 221 Winslow Rd, Albion, ME 04910, 207-437-2663
- **Maryland:** Dave & Amy Carter, P.O. Box 365, New Market, MD, 21774, 866-825-9217
- **Massachusetts-RI:** Michael Dempsey, 10213 Fanny Brown Road, Raleigh, NC 27603, 919-661-1760
- **Michigan:** Bill and Marlene Howell, 3790 Manistee, Saginaw, MI, 48603-3143, 989-793-4211
- **Minnesota:** Kim and Mickey Keller, 12835 Kiska St. NE, Blaine, MN, 55449, 763-754-1661
- **Missouri:** Richard and Lenda Brown, P.O. Box 32581, Oklahoma City, OK 73123, 405-470-2597
- **Montana:** Dee Sleep, 132 W. Hudson Street, Spearfish, SD 57783, 605-722-7028
- **Nebraska:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **Nevada (N):** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **Nevada (S):** Glenda Dunn, 4568 Carol Circle, Las Vegas, NV, 89120, 702-523-1803
- **New Hampshire:** Kathleen Graham, 330 North Road, Deerfield, NH, 03037, 603-463-3703
- **New Jersey:** Merle and Gail Taylor, P. O. Box 128, Owens Cross Roads, AL 35763, 888-616-8319
- **New Mexico:** Jan & John Keller, 16755 Oak Brush Loop, Peyton, CO, 80831, 719-749-9797
- **New York:** Dave & Amy Carter, P.O. Box 365, New Market, MD, 21774, 866-825-9217
- **N. Carolina:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **North Dakota:** Dee Sleep, 132 W. Hudson Street, Spearfish, SD 57783, 605-722-7028
- **Ohio:** Barb Moore, P. O. Box 37, Cable, OH, 43009, 937-652-1157
- **Oklahoma:** Richard and Lenda Brown, P.O. Box 32581, Oklahoma City, OK 73123, 405-470-2597
- **Oregon:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **Pennsylvania:** Dave & Amy Carter, PO Box 365, New Market, MD, 21774, 866-825-9217
- **Rhode Island:** Michael Dempsey, 10213 Fanny Brown Road, Raleigh, NC 27603, 919-661-1760
- **S. Carolina:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **South Dakota:** Dee Sleep, 132 W. Hudson Street, Spearfish, SD 57783, 605-722-7028
- **Tennessee:** Chris & Kelly Kennedy, 5804 Whiterose Way, New Market, MD 21774 443-243-1118
- **Texas:** Richard and Lenda Brown, P.O. Box 32581, Oklahoma City, OK 73123, 405-470-2597
- **Utah:** Daniel & Stacy Tueller, 153 S 2050 W, Provo UT 84601, 801-592-8498
- **Virginia:** Dave & Amy Carter, P.O. Box 365, New Market, MD, 21774, 866-825-9217
- **Wash. & E. OR & S. ID:** Barb Stillman and Lolly Konecky, 515 E. Carefree Hwy, #1128, Phoenix, AZ 85085, 602-942-8950
- **West Virginia:** Dave & Amy Carter, PO Box 365, New Market, MD, 21774, 866-825-9217
- **Wisconsin:** Scott & Jennifer Hughes, P. O. Box 276, Altoona, WI, 54720, 715-838-9426
- **Wyoming:** Dee Sleep, 132 W. Hudson Street, Spearfish, SD 57783, 605-722-7028

## The Country Register of Ontario June/July 2015 Issue

The Country Register of Ontario is published every other month. Copyright ©2015. Reproduction or use, without written permission, of editorial or graphic content in any manner is prohibited by law. The Country Register of Ontario is registered as a trade name in the province of Ontario.

Articles published in this newspaper, which are contributed from an outside source, express the opinions of their authors only and may not express the viewpoint(s) of the management or staff of The Country Register of Ontario. Such articles that are accepted for publication herein may be edited at the sole discretion of the publisher.

Responsibility for products advertised in this newspaper lies with the advertisers themselves. Though The Country Register of Ontario will not knowingly publish fraudulent materials or fraudulently obtained materials we are not liable for any damages arising from the purchase or use of products advertised herein. Notification regarding any consumer complaints related to merchandise purchased from our advertisers would be appreciated and would assist in our effort. Copyright © 2015 by The Country Register of Ontario.

Please tell our advertisers that  
you saw their ad in  
The Country Register!

**Targeted, Effective  
Affordable Advertising**  
Deadline for  
the August/September Issue is

**July 1st, 2015**

**Read our papers online**



www.OntarioCountryRegister.com

## Subscriptions

The Country Register is distributed as a complimentary gift from its advertisers, and we encourage you to stop by your favorite shop every two months to pick up your new copy. However, for the convenience of those who may not be able to get to a shop, we do offer subscriptions for \$20.00 per year (within Canada) to cover the cost of postage and handling.

Name: \_\_\_\_\_

Address: : \_\_\_\_\_

Start my Subscription with (What issue) : \_\_\_\_\_

Mail form and check to:

**The Ontario Country Register**

**Box 60, 4338 Innes Rd.,**

**Orleans, ON K4A 3W3**

Enclosed \_\_\_\_\_ \$20.00

Dearest new readers,

Our team is extremely proud to bring you our first issue of The Ontario Country Register, which is your complimentary guide to specialty shopping and events in Ontario. We are also very proud to join the network of Country Registers that are currently being published (the very first Country Register was published in 1988 in Arizona) in B.C., Alberta, Manitoba/Saskatchewan, and the lower 48 states.

We have worked very hard on this issue to give you both an informative and entertaining read. Inside you'll find listings for seasonal events and festivals, shop hops, feature articles showcasing local businesses, interesting articles by local writers, puzzles, patterns, recipes and more! Please take special note of our advertisers as they are responsible for bringing you this publication. Without them this paper would not be a reality. Please, don't forget to tell our advertisers, "I saw you in The Country Register!"

We hope you enjoy each issue and pick up an extra to share with a friend, neighbor or relative. Subscriptions are a nice gift to someone who cannot get out and about to pick up the paper at one of the advertisers.

In addition to our printed copy which you can find at every one of our advertiser's shops, province wide welcome centers and many other locations, you can look for our latest issues online as well at: [www.OntarioCountryRegister.com](http://www.OntarioCountryRegister.com). We are also on Facebook, so please "like" us there too!

We are looking forward to serving you for many years to come!  
Thanks and best regards,

Harriet

Our Search for Cover Artwork –

Across the U.S. and Canada, you can always tell *The Country Register* by it's cover. Our publishers seek to find cover art or photos from the state the paper represents. To that end, we are seeking the work of artists from Ontario to feature on our covers. The art must be in good taste and consistent with the theme of the papers.

If you would like your work to be considered, please send an email indicating your interest to [OntarioCountryRegister@gmail.com](mailto:OntarioCountryRegister@gmail.com)

Meet our cover artist:  
Mandy Budan from Pickering, Ontario



Hailing from Pickering, Ontario, (Toronto born) Mary Budan is our premier issue's cover artist.

Mandy is an extremely accomplished visual artist and primarily paints abstracts of nature and landscapes. Using acrylic paints on wood panels, her distinctive style emphasizes rearranging elements to show the beauty of the scene in unexpected, and frankly, beautiful ways. Inspired by nature, she uses strong colour, discrete shapes, and rhythmic patterns to create paintings which can be enjoyed for both their abstract and realistic qualities.

Our front cover, "Summer in the Garden", is one of Mandy's favorite pieces (and one of ours too!). Mandy's description of her work says it all... "Nestled in the greens and blues of the summer garden, the sunflowers glow with joyful exuberance." Simple, yet intricate at the same time, beautiful and breathtaking, we love it. Thanks Mandy!

Mandy markets her fine art originals through her website, [www.BudanArt.com](http://www.BudanArt.com). She also has a blog on her website where she posts her work in progress as well as interacts with her fans and potential clients.

In this Issue

About Our Cover Art ..... 3  
Designs, Stitchery & Projects ..... 4, 13, 14  
Advertisers ..... 4-10, 12-20  
Recipes ..... 8, 10, 11  
Special Events ..... 3, 5, 6, 7, 15

HAPPY  
CANADA DAY!

Calendar of Events  
..... JUNE/JULY .....

JUNE

- MAY 10- SEPTEMBER 27:** The Grand National Quilt Show: Connections, Kitchener, ON  
**JUNE 5-6:** Grand River Quilt Show 2015, Fergus, ON  
**JUNE 6-7:** Stitching Among Friends Quilt Show, Alliston, ON  
**JUNE 6-7:** The Fabrics of Our Lives 2015 Quilt Show, Brighton, ON  
**JUNE 6-7:** Quilting in the Valley, Arnprior, ON  
**JUNE 11-14:** Mudcat Festival, Dunnville, ON  
**JUNE 12-14:** Quilts Kingston 2015, Kingston, ON  
**JUNE 12-21:** New Vintage Festival, St Catharines, ON  
**JUNE 18-19:** Quilts at the Creek 2015, Toronto, ON  
**JUNE 18-21:** Niagara Integrated Film Festival, Niagara, ON  
**JUNE 19-21:** Salsa At Blue, Blue Mountains, ON  
**JUNE 19-21:** Redpath Waterfront Festival, Toronto, ON  
**JUNE 19-JULY 1:** 35th Annual TD Ottawa Jazz Festival, Ottawa, ON  
**JUNE 20:** Westmount Church Women (WCW) Quilt Sale, Orillia, ON

JULY

- JULY 1-12:** Toronto Fringe Theatre Festival, Toronto, ON  
**JULY 4-17:** Music & Beyond, Ottawa, ON  
**JULY 9-12:** 30th Annual Belleville Waterfront & Ethnic Festival, Belleville, ON  
**JULY 9-12:** 14th Annual Holstein Rodeo & Country Music Fest, Holstein, ON  
**JULY 9-12:** TD Sunfest 2015, London, ON  
**JULY 10-12:** 1000 Islands Pirate Festival, Gananoque, ON  
**JULY 10-26:** Beaches International Jazz Festival, Toronto, ON  
**JULY 11:** 35th Annual ACBS – Toronto – Vintage Boat Show, Gravenhurst, ON  
**JULY 11-15:** Experience Ganaraska, Port Hope, ON  
**JULY 11:** Madawaska Valley Artisan Festival, Barry's Bay, ON  
**JULY 16-19:** Festival Du Loup, Tiny, ON  
**JULY 17-19:** 42nd Home Country Music & Art Festival, London, ON  
**JULY 17-19:** Mount Forest Fireworks Festival, Mount Forest, ON  
**JULY 19:** Oakville Children's Festival, Oakville, ON  
**JULY 20-AUGUST 30:** Stratford Summer Music, Stratford, ON  
**JULY 22-25:** Huntsville Festival of the Arts, Huntsville, ON  
**JULY 24-26:** Wheels on the Bay, Trenton Quinte West, ON  
**JULY 25-27:** Kapuskasing Lumberjack Festival, Kapuskasing, ON  
**JULY 26:** Herbfest, Ottawa, ON  
**JULY 31:** 31st Annual Picton Arts & Crafts Sale, Picton, ON  
**JULY 31-AUGUST 2:** 27th Annual Quilt Show and Sale 2015, Richards Landing, ON  
**JULY 31-AUGUST 3:** Kempenfest, Barrie, ON  
**JULY 30-AUGUST 3:** Pan American Food Festival, Ontario, ON  
**JULY 30-AUGUST 3:** Port Colborne Canal Days Marine Heritage Festival, Port Colborne, ON





**SHIPPING FABRIC BY THE YARD ALL ACROSS CANADA**

**A MATERIAL GIRL**

[WWW.AMATERIALGIRL.CA](http://WWW.AMATERIALGIRL.CA)

**Heartworks Quilt Shop**

Cotton, Flannel, Wool Applique, Valdani

Heartworks is located with Fabric Box  
Two quilt shops in one • Participating in Row by Row  
Like us on Facebook!

371 Main Street • Hawkesbury, ON K6A 1R8  
613-632-7172 • [www.heartworks.ca](http://www.heartworks.ca)

**Specialized Yarns & Accessories**  
*Laines de fantasie & accessoires*

**Wool N' Things**

1439 Youville Drive, Unit 20 • Orléans, Ontario K1C 4M8  
(613) 841-8689 • [www.woolnthings.com](http://www.woolnthings.com)

**Crop A While**  
**Scrapbooking Centre**

PAPER, DIES, STENCILS, CARD MAKING, CLASSES YOUTH & ADULT, GIFT CARDS, CROPS, INKS, MIXED MEDIA, STAMPS

**Come to Ottawa and check out our inventory of over 13,000 products. Open Tuesday - Sunday.**

2297 St. Joseph Blvd. • Ottawa (Orléans) ON  
613-424-6831 • [www.cropawhile.ca](http://www.cropawhile.ca) • [info@cropawhile.ca](mailto:info@cropawhile.ca)  
[facebook.com/CropAWhilescrapbooking](https://facebook.com/CropAWhilescrapbooking)

## Anticipating the Wait

by Marlene Oddie

My journey in the quilting world has taught me patience; a patience that I never had as a child or in my early youth.

Even as my own boss, I have learned there are deadlines to meet. For example, when I want to promote or publish something using social media, I can set my own deadlines. However, traditional forms like newspapers, books or new paper patterns will probably have deadlines beyond my control.

With a newspaper, the wait time is minimal as the deadlines try to keep the 'news' timely. If you've been reading my column in The Country Register on a regular basis, then you've followed a bit of my journey. For this bi-monthly paper, it is a bit longer lead-time than a daily or weekly newspaper—what I'm writing today you might see in a month or so.

With a book, the wait time can be longer. A manuscript finished in May might be released to the public a year later. I quilted "Double Nine Patch" and "Birds in the Air" almost a year before the Red, White and Quilted book (available now) was released. Those quilts are on display at the AQS shows this year. I hope you'll stop in and see them at a show near you. Watch for my co-authored book with Leila Gardunia entitled You Can Quilt! Building Skills for Beginners. This came into being after winning a ribbon in 2013 with my "Rosie's BOMb" quilt at AQS Des Moines. We think this book will provide a great set of tools for many different types of techniques to all those who want to learn how to piece a quilt.

When releasing a new pattern with a new line of fabric, it may also take up to a year before the general public can re-create the quilt with the same fabrics. That is a long wait time for the designer to see the reaction of the general public to the new design.

The exciting part is that I have a new design being released at Spring Market this year (May 15) with Island Batik fabrics. Here is an in-progress sneak peek of "Woven Braid." My local customers watched it come together this winter and I've already had several pre-orders for complete kits. This was an exciting result since there was not a lot of time to sit and ponder in the creative zone. When this becomes available, likely in August, I will have it on my website and available in the studio.

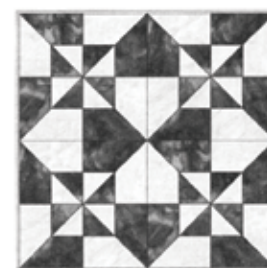
Did I say patience is a virtue? I'm still learning!

Marlene Oddie is an engineer by education, project manager by profession and now a quilter by passion in Grand Coulee, WA. She enjoys long-arm quilting on her Gammill Optimum Plus, but especially enjoys designing quilts and assisting in the creation of a meaningful treasure for the recipient. Follow Marlene's adventures via her blog at <http://kissedquilts.blogspot.com>, on Facebook at <http://www.facebook.com/kissedquilts>, or stop by this summer during the Row by Row Experience.



### Strip pieced table toppers by ABC ©2010

2 fat quarters will give you 1 finished 18" square. Stack fat 1/4 s right sides together. Always cut strips parallel to selvage. Cut 3" strips (7). Stitch each set along one long side. Press each set (seams to dark side). Measure and cut into square segments. Cut each segment diagonally corner to corner (1/2 each way) When pieced half the pinwheels will spin one way and half the other.



2 more fat 1/4 s will make 2 - 18" squares (1 pinwheels spinning left and 1 spinning right. This block can be used for cushion or tote bag or a quilt!

Beth Cunningham 613-837-6222

Thanks Cairine Hinch for the drawings



What's on Trend?

by Bernadette Kent, Calgary, AB

From fabric collections to Books and Patterns, here is what was new and exciting from Spring Quilt Market 2015 in Minneapolis, Minnesota.

The modern movement is definitely on the move...Crisp clear saturated colours teamed with the stark whites and subtle greys lend themselves to the clean geometric designs. Along with the simplistic patterns, the density of quilting creates a unique dimension found on the modern day quilts.

The art of quilting at the 2015 market encompasses a vast array of threads from 100 weight (super fine) to the very bossy 12 weights. Thread combined with long arm quilting techniques is adding style and a new creative outlet to the world of quilts.

Ruler work, thread weights and graffiti designs along with the ever popular matchstick quilting have made quilts an artistic endeavour more than ever before.

Popular colours this season range from the saturated rainbow brights by Ella Blue to the softer more pastel pallet of Moda. We even saw a few reproduction lines of fabrics in the traditional Jo Morton style. This year's pantone colour Marsala definitely draws from these vintage collections but the Marsala and Grey combination screams modern and on trend.

Be sure to check out your local shops - I'm sure they will have some great new ideas for all your needs.

Until next time,  
Bernadette



HAPPY CANADA DAY!

by Marie Richards, Sudbury, ON



Oh Canada! On July 1st you're going to be 148 years old, although you really don't look a day over 100!

Where will you and yours go on Canada Day to celebrate?

Most of us will probably make a simple day of it, staying at home, grilling out and enjoying our town's festivities and fireworks.

A lot of us will be camping, grilling out and enjoying the campsite's festivities, and hopefully fireworks!

Some of us will even brave the crowds and celebrate in Ottawa and see the fireworks, wait... no grilling out?

All of us will be wearing at least something red and white.

Where you are really doesn't matter... Canada Day is a day on which everyone enjoys good cheer and we are reminded of how truly blessed we are as nation.

Happy Birthday Canada!

**AUNT BETH'S QUILT WORLD**  
Fabrics • Notions • Books

**Retirement SALE**  
**25% OFF** All Merchandise  
Discounts will grow over the summer but of course the selection will be less!!!

Hours: Sat 10:00-2:00 • Weekdays by chance or by appointment  
3217 Navan Rd., Ottawa, ON K4B 1H9 • 613-837-6222

**RON'S FABRICS**

Eastern Ontario's **LARGEST SELECTION** of Quilting Cottons

Specializing in 108" Quilt Backings in **OVER 150 DESIGNS & COLORS**

Hours: Mon. to Fri. 9:30-4:30 • Sat. 10:00-4:00 • Sunday 10:00-4:00 (through Cornwall Mattress entrance only)  
314 - 9th St. West • Cornwall, Ontario K6H 5R9 • (613) 933-6485

**The PickleDish**  
Quilt Shop and Studio

Fabrics, Classes, Books  
Handi-Quilter Dealer  
Longarm Services

Handi Quilter  
Designed by a Quilter, for Quilters.

Always Friendly Service 617-212-8770  
113 Bridge St., Carleton Place  
www.thepickledish.ca

**Perth Fabrics**  
Crafts n' More

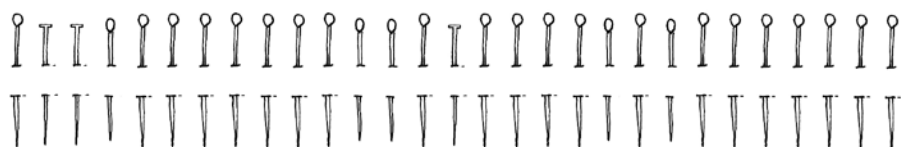
**All Fabrics, Gigantic Notions, Trims, Yarn, DMC, Tole Painting, All Crafts, Flowers - Bridal, Alterations**

**HOURS OF OPERATION:**  
MONDAY - FRIDAY: 9:30AM - 5:30PM  
SATURDAY: 9:00AM - 5:00PM  
SUNDAY: CLOSED  
CLOSED THE MONDAYS OF LONG WEEKENDS

**(613) 267-7990**  
**14 GORE STREET EAST, PERTH, ONTARIO, CA**







**13th Annual Quilters' Shop-Hop**  
Thurs. Fri & Sat  
June 18, 19 & 20, 2015  
Brockville - Kingston - Harrisburg - Prescott

**Taylor Sewing Centre Quilt Shop**  
7712 Kent Blvd. #2, Brockville, ON K6V 7H6  
613-342-3153 or 1-877-837-6140  
www.taylorsewing.com

**Quilters' Shop Hop June 18-20**

**PFAFF JANOME**

Join us for the  
**Row by Row Experience**

WIN!  
Visit all 4 shops and enter a draw to WIN:  
\$400 Shopping Spree  
1 of 4 \$50 Gift Certificates  
1 of 4 \$25 Gift Certificates  
(see details inside)

Prize: For each Row Hop, enter to win a prize. For each purchase, you will receive a ballot to enter to win that shop's quilt top. (see details for details)

Participating Shops:  
Willow Creek Fabrics - Harrisburg  
We R Quilts - Prescott  
Taylor Sewing Centre - Brockville  
Stitch by Stitch - Kingston

www.facebook.com/4thshophop  
This is Your Passport to Fun & Savings

Row by Row EXPERIENCE 2015

**Quilt Thyme**

1080 Gardiner's Road at Norris Court  
Kingston, ON K7P 2R9  
613-384-8028  
www.quiltthyme.ca

Tuesday – Friday 10:00 am – 5:00 pm  
Saturday 9:30 am – 4:00 pm

Row by Row EXPERIENCE 2015

**stitch by stitch**

**KINGSTON'S FULL-SERVICE SEWING AND QUILTING STORE**  
Authorized Dealer for Baby Lock, Husqvarna-Viking, Pfaff and Singer  
Serving all Makes and Models. Wide selection of fabric, batting, notions, accessories & rug hooking supplies. Fun, inspiring quilting and sewing workshops for all ages!

Follow us 

550 Days Road, Kingston, ON K7M 3R7  
613-389-2223 • 613-507-9500 or 1-855-959-9500  
stitchbystitchkingston.ca

SUMMER HOURS OF OPERATION:  
Monday to Friday: 9:30am – 5:00pm • Saturday: 9:30am – 4:00pm  
Sunday & Holidays: Closed

Row by Row EXPERIENCE 2015

## ROW BY ROW EXPERIENCE™

*Be a part of the story!*

*by Madeline Lister, from Trent Lakes, Ontario*



Summer 2014. Quilt shop, somewhere in Ontario. Expectant quilters. Question, "Please, may we have your Row by Row Experience™ pattern?" Puzzled shop owner, "Um...my what?"

Rewind. Summer 2011. New York state, 20 shops. 2012, 62 participating shops. 2013, add Pennsylvania; 138 shops. 2014, 34 states and Ontario with 60+ shops, total over 1250 quilt shops on board. Today, in quilt shops across all 50 states and 9 provinces, there are plans underway to make Summer 2015's Row by Row Experience the biggest and best ever! And all in response to quilters looking for an experience!

No shop-hop passports! No fees! And all summer to play! It's kinda like a shop hop, but it's not. Simply visit one of the participating shops and receive a free pattern for a row in a quilt. Combine your rows in any way to create a unique quilt that represents the fun you had traveling throughout the summer. Travel with friends, discover new quilt shops and have fun collecting rows! In Ontario alone there are over 120 registered shops, stretching from Michigan to Quebec, from our border with New York up into our far northern communities. There's a challenge for you!

Unlike shop-hops, there are prizes for sewing and finishing your quilt... quilted, bound, and labeled. Be creative. Horizontal, vertical, upside down, on the back, whatever! Use at least 8 different 2015 rows from 8 different 2015 participating Row by Row shops, be the first to bring it into a participating shop, and you'll win a stack of 25 fat quarters. That's 6 1/4 yards of fabric...or 5.7 meters, eh!!! Plus bonus prizes!

Each year has a different theme. This year's theme is Row by Row H2O... it's all about water! There's fun fabric coordinates from Timeless Treasures, collectible 2015 Row by Row Experience pins, and other fun items like T-shirts, caps, and totes. Each shop will put their own creative spin on the summer-long event, such as U~Quilt~It in Smithville, ON who is hanging a Row by Row gallery. There'll be demos and new products and tools to check out. And of course, there'll be row kits.

Quilters have no borders. We travel, shop, collect patterns and add rows to our quilts from anywhere! Quilting is connecting the two countries. Canada has really embraced this, says Janet Lutz, founder and quilt shop owner in Syracuse, New York. It's about travelling, even in remote rural areas. Everybody's talking about this; it's coming from the bottom, up. Quilters are spreading the word. Most of the marketing is done through Facebook. Each area has its own page. Like the page from the areas you visit to see pics of the rows, shop displays, winning quilts and fabric plate projects.

Excited? There's a ton of info on the Row by Row website and Facebook pages. Check out www.rowbyrowexperience.com and www.facebook.com/onrowbyrowexperience for all the latest pictures, shop locations and hours. Not a member of Facebook? There's a link on the Row by Row website to take you there. So, off you go...travel and collection dates: June 21 - Sept. 8, 2015. And remember, it's "in person only".

That's it for now...happy quilting to you,

Here's a testimonial from an Ontario lady, Joanne Visser, Fonthill:

*"I had a ball. So much fun, it was unreal. Did 9-10 shops a day. Saw areas of Ontario we would have never gone to. People stayed open late for us, and then chatted 'way late. Marvelous. Looking forward to it this year. Going to take 10 days and go 'way up north. Taking a friend with us. Fascinating. Can't wait.*





# GIRLFRIEND WISDOM



## SISTERS

The relationship of Sisters has been a part of my design collection since my home-based business began over 30 years ago. And it has been a top selling category. I have two sisters in my family, one older, one younger. My design characters, Faith, Hope, and Charity have been influenced by characteristics from my sisters. However, I also have long-time girlfriends that I consider "sisters". When we share life experiences, over time, girlfriends certainly become as close as family. I have been told by many women who didn't have a sister that girlfriends bond as closely as the family sister they never had. I believe that is part of my business concept with the Sisterhood of Quilters. Women sharing interests, sharing life's wonderful celebrations as well as support and encouragement when challenges show up in our life's and in our communities. Let's Celebrate all the women in our lives, especially the ones we call "SISTER". GIRLFRIEND WISDOM for today is to create a note or card telling all your Sisters how important they are in your life and how much joy and happiness you have shared.

Joy & Blessings,  
*Jody*

For a downloadable file of this column email: [jody@jodyhoughton.com](mailto:jody@jodyhoughton.com)  
[www.JodyHoughtonDesigns.etsy.com](http://www.JodyHoughtonDesigns.etsy.com)



- Fabrics
- Notions
- Books/Patterns
- Kits/Precuts
- Baby Lock Sewing Machines
- Longarm Machine Quilting Services
- DMC Embroidery Floss
- Classes

like us on 

94 Plaunt St. S., unit 2 | Renfrew, On | K7V 1M6 | 613-431-4739  
[valleyneedleworx@gmail.com](mailto:valleyneedleworx@gmail.com) | [www.valleyneedleworx.ca](http://www.valleyneedleworx.ca) (under construction)



# "Edge of 17" Shop Hop

## June 10-13, 2015

### Ottawa Valley, Ontario

Visit 8 Great Ottawa Valley Shops from Bells Corners in Ottawa West to Pembroke at the top of the Ottawa Valley. Each shop has a block that tells a story of the valley's history and a project to make with it.

**Participating Shops:**  
Sew For It!, Nepean  
The Running Stitch, Kanata  
Textile Traditions, Almonte  
The Quilting Quarters, Almonte  
The Pickle Dish, Carleton Place  
Sew Inspired, Arnprior  
Valley Needleworx, Renfrew  
Algonquin Sewing Center, Pembroke

**In-store promotions, demos and great prizes!**  
More info at [www.quirksandquilts.com](http://www.quirksandquilts.com)

Make sure to check out our advertisers that are participating in the Row by Row Experience™

3 Gal's & A Quilt Shop, Huntsville .....	pg.17
A Stitch In Time, Leamington.....	pg.12
Ann's Fabrics and Sewing Centre, Stouffville.....	pg.10
Circle of Friends Quilt Shoppe, Thunderbay .....	pg.19
Creebank Sewing Machine Shop, Mount Forest.....	pg.13
Fabric Fusion, Dryden.....	pg.19
Gail's Stitches, Red Lake.....	pg.19
Heartworks Quilt Shop & The Fabric Box, Hawkesbury.....	pg.4
Joyce's Sewing Shop, London.....	pg.12
Joy Quilts, Tecumseh.....	pg.14
Kalidoscope of Quilt, Essex.....	pg.12
Life's A Stitch, Sault Ste. Marie.....	pg.17
Quilt Thyme Fabrics & Gifts, Kingston.....	pg.6
Quilter's Curve, Combermere.....	pg.8
Rose Cottage Quilt Shoppe, Amherstburg.....	pg.14
Ruby Pearl Quilts, Oshawa.....	pg.8
Serenity Quilts, Sioux Lookout.....	pg.19
Sew Inspired, Arnprior.....	pg.7
Stitch by Stitch, Kingston.....	pg.6
Stitcharie, Wyoming.....	pg.12
Taylor Sewing Centre Quilt Shop, Brockville.....	pg.6
The Cottage Quilter, Corbeil.....	pg.17
The Pickledish Quilt Shop, Carleton Place.....	pg.5
The Quilt Place, Shakespeare.....	pg.14
The Quilt Rack, Ancaster.....	pg.19
The Quilted Cardinal, Beamsville.....	pg.16
The Quilting Trunk, Dryden.....	pg.19
U-Quilt-It, Smithville.....	pg.16
Valley Needleworx, Renfrew.....	pg.7



**SEW INSPIRED**  
A Refuge For Quilters & Sewers  
Your Ottawa Valley **PFAFF** Authorized Dealer

Authorized Pfaff Sewing Machine and Serger Dealer

# Creative Ideas Fabric Patterns Notions Sewing Machines Sewing Classes Yarn & Knitting Supplies

106 John Street North  
Arnprior, ON K7S 2N6  
T (613) 623-0500  
[www.sewinspired.ca](http://www.sewinspired.ca)

**Our hours:**  
Monday to Friday: 10 am to 5 pm  
Saturday: 9:30 am to 4 pm  
Sunday: CLOSED



**HUGE SELECTION OF:**  
Quilting Fabric, Cottons, Flannel,  
Batik, Homespun, Wide Backs, Books,  
Patterns & Notions, Long Arm Quilting

Watch our FB site  
for New Inventory, Classes and Sales



**THE QUILTERS INN**

Hours: Wed-Friday 11:00 - 4:00 • Saturday 10:00 - 4:00 also by chance & by appointment  
6 HUNTER STREET, PO BOX 256 • KINMOUNT, ON, K0M 2A0 • STUDIO/CELL 705-887-8499  
www.facebook.com/QuiltersInn



**Ruby Pearl Quilts**  
Education, Inspiration... and 

Contact Us  
905-436-3535  
 

A wide variety of fabric, notions, books and patterns. Classes in sewing, embroidery and quilting. Bernina sewing machines, accessories and repairs.  
Participating in Row by Row Experience 2015.

**Hours of Operation:**  
Sunday & Monday Closed • Tuesday, Wednesday & Friday 10 - 6 • Thursday 10 - 8 • Saturday 10 - 5  
500 King Street West, Suite 8 • Oshawa, Ontario L1J 2K9 • www.rubypearlquilts.com

Soft Opening June 2nd • Grand Opening June 13th



**Quilters Curve**

Hours: Tues - Sat 10:00 - 5:00  
39072 Combermere Road • Combermere, Ontario  
613-756-6262




**Ultimate Sewing Centre**  
Fabric • Notions • Machines

*Dream, Inspire and Create!*

We repair and service all makes and models of machines


Quilting, garment, embellishment & décor

Classes for all levels of sewers

Free Lessons with all machine purchases

191 Bloor Street East • Oshawa, ON L1H 3M3  
905-436-9193 • 800-830-9451  
www.ultimatesewing.com





**The BEST Guacamole Recipe**  
Submitted by Harriet Ramos

The smooth and chunky texture, along with subtle supporting flavors, make this very simple guacamole recipe quite exceptional.

**Get your chips ready for the best guacamole ever!**

- 3 ripe Avocados
- 2 tablespoons minced sweet onion (I prefer Vidalia)
- 1 clove garlic, crushed and finely minced
- 2 tablespoons minced cilantro (or more if you love cilantro as much as I do!)
- ½ teaspoon sea salt
- Optional - If you like it a little spicy, add ½ small jalapeno chili minced.
- +/-2 tablespoons lime juice (freshly squeezed)
- Optional - Whole cilantro leaves for garnish

Mash the flesh of one of the avocados lightly with all of the remaining ingredients, except for the lime juice.

Dice the remaining 2 avocados and gently mix in with the mashed mixture.

Mix in the lime juice bit by bit and taste as you go until perfect!

If desired, garnish with whole cilantro leaves...Serve and enjoy!

Serves: 4

**Tip:** The key to great guacamole is that very delicate balance between salt and lime, if you taste too much lime, add a tiny amount of salt and taste again. Be patient and remember, with both salt and lime, a little goes a long way!



# Sewing with STYLE

New Models  
**Fresh**  
Sewing

## Introducing the New

### Memory Craft 8900 Special Edition



- 270 Stitches, upto 9 mm stitches, plus 3 alphabets
- AcuFeed Flex™ fabric feeding system
- NEW: Easy set bobbin, special spool holder and more
- OPTIONAL: Sewing table available

— NEW —  
**\$2599**  
MSRP \$3899



## The Newest Skyline Model

Say *hello* to the newest member of the Skyline family of upsized, value priced sewing machines. Treat yourself to an above average sewing experience, with 8.3" (210 mm) to the right of the needle.

### SKYLINE S3

- 120 Stitches, up to 7 mm
- 7 Automatic buttonholes
- Auto thread trim
- 4 Bright LED lights
- 7 Accessory feet
- Great value

— NEW —  
**\$999**  
MSRP \$1499

### SKYLINE S5

- 170 Stitches, up to 9 mm
- 10 Automatic buttonholes
- Auto thread trim
- 6 Bright LED lights
- 11 Accessory feet
- Backlit LCD screen

**\$1199**  
MSRP \$1699

**HD2000**  
— ONLY —  
**\$349**  
MSRP \$649

**Start Sewing Today** with a reliable value priced machine from Janome.

- 23 Stitches
- Front loading bobbin
- Sturdy construction

\* LIMITED QUANTITIES, AT PARTICIPATING AUTHORIZED JANOME DEALERS.

**ONLY**  
**10\***  
PER STORE

## THERE'S A JANOME DEALER NEAR YOU!

**BARRIE**  
John's Sewing Centre  
705-726-4510  
**BARRIE**  
Simcoe Sew and Quilt  
705-737-3777  
**BELLEVILLE**  
Fun With Stitches  
613-966-4715  
**BELLVILLE**  
Kraft Village  
613-966-9964  
**BRAMPTON**  
The Sewing Mart Inc.  
905-459-9893

**BROCKVILLE**  
Taylor Sewing Centre  
613-342-3153  
**CAMPBELLFORD**  
Your #1 Sewing Centre  
705-653-5642  
**COLLINGWOOD**  
Threads That Bind  
519-922-1010  
**ETOBICOKE**  
Cloverdale Sewing  
416-231-1159  
**GUELPH**  
Triangle Sewing Centre  
519-822-9910

**HAMILTON**  
Nova Sewing Machines  
905-549-8052  
**KINGSTON**  
V-B Simkins Sewing  
Machines 613-546-6110  
**LEAMINGTON**  
A Stitch In Time  
519-322-4690  
**LITTLE BRITAIN**  
Gertie's Sewing Machine  
705-357-1105  
**LONDON**  
Singer White Oaks  
519-661-4486

**NEWMARKET**  
Evelyn's Sewing Centre  
905-853-7001  
**NIAGARA FALLS**  
Niagara Falls SMS  
905-358-5710  
**OAKVILLE**  
Oakville Sewing &  
Fabric Ltd. 905-844-2782  
**ORLEANS**  
Quality Pleasures  
613-834-3044  
**OSHAWA**  
Ultimate Sewing Ctr.  
905-436-9193

**PICKERING**  
Larry's Sewing Machines  
647-461-2244  
**RED LAKE**  
Gail's Stitches  
807-727-3161  
**SARNIA**  
Al's Vacuum & Sew  
519-344-7557  
**SMITH FALLS**  
Sew Crafty  
613-264-1547  
**SIOUX LOOKOUT**  
Dori's Sewing Studio  
807-737-3674

**STRATFORD**  
Sew & Save Centre Ltd.  
519-271-9660  
**SUDBURY**  
Dominion Sewing Centre  
705-673-2443

**THUNDER BAY**  
Circle of Friends Quilting  
807-344-2625  
**TORONTO**  
Sewing World  
416-699-7119

**WATERLOO**  
K-W Sewing Machines Ltd.  
519-884-6981  
**WINDSOR**  
D&R Vacuum & Sewing  
Centre 519-253-5022



Visit [Janome.ca](http://Janome.ca) or our blog at  
[janomelife.wordpress.com](http://janomelife.wordpress.com)

**JANOME**  
WHAT'S NEXT

Available at all participating dealers. Special pricing for a limited time or while supplies last. MSRP: Dealer may sell for less. ©Janome Canada Ltd. 2015



**Larry's** **JANOME BERNINA**  
**SEWING MACHINES**

**YOUR AUTHORIZED BERNINA AND JANOME SALES AND SERVICE SPECIALISTS**  
 Stop in for a visit to our show room and service department today!  
 Tuesday-Friday: 10 am till 4pm • Saturday 10 am till 4pm • Sun/Mon: by appointment only  
 955 Brock Rd, Pickering, ON, Canada • (905) 420-3127 • [www.larryssewingmachines.com](http://www.larryssewingmachines.com)

**Ottawa Valley Fabric.com**  
*enhance your creativity*

an online Canadian store featuring a large selection of quality fabrics, quilt kits, patterns, notions, etc.

**Sewing World**  
 The #1 Janome Dealer in Toronto!  
**JANOME**

Repairs to all makes and models of sewing machines & sergers  
 Fast Free Estimate - we are open 7 days a week to meet your needs.  
 Learn to sew like a Pro in just 6 weeks at the Toronto School of Sewing classes for every level.

**416-699-7119**  
 3003 Danforth Avenue • Toronto, Ontario M4C 1M9  
 SEWING SCHOOL [www.learntosew.ca](http://www.learntosew.ca) • [www.sewingmachine.ca](http://www.sewingmachine.ca)

**Ann's**  
 Fabric & Sewing Center

100% cottons (1032 bolts)  
 Juki Sewing Machine Sales  
 Repair machines & sergers – all makes

**Participating in the Row by Row Experience**  
 6350 Main Street, Stouffville, Ontario • (905) 640-5635  
[www.annssewing.ca](http://www.annssewing.ca)

**HERE COMES SUMMER...**

Are you planning to hone your skills in the fine art of porch & yard sitting this summer? Or hammock swinging? You should – it gives you a moment to notice the sweet things of summer – chirping birds, the wind in the trees, the neighborhood noises of kids & lawnmowers, the sunlight making polka dots of light as it spills down through the trees. Remember these are the good old days, these lazy days of summer.

**Make memories** ♥

**Old-Fashioned LEMONADE**

Fill a teapot full of water & bring to a boil. In a small saucepan, bring ¼ c. water to boil. Add ¼ c. sugar; stir till dissolved. Add the zest of one lemon & one lime & the juice of 3 lemons & 3 limes to the sugar water. Stir & pour into a 6-cup container. Add 5 c. boiling water; stir & chill. Serve with lots of ice & garnish with mint leaves or lemon balm.

LET THE SUN SHINE IN

For more SUMMER RECIPES go to [www.susanbranch.com](http://www.susanbranch.com) ©Susan Branch





# A Cup of Tea with Lydia

by Lydia E. Harris



## Sunshine on a Rainy Day

Tea and sunshine make the perfect blend. But we don't need a sunny climate to brighten others' lives. Good thing, because in Seattle, "Raindrops Keep Falling on My Head." Even on gray days, we can bring sunshine to others with tea. Here are ways to brighten cloudy days.

### Tea-Tray Sunshine

When my neighbor, Karen, became immobile because of foot surgery on her birthday, I brought her a light supper on a tea tray. I purchased tea, rye bread, and a garlic-ring sausage at a small European grocer and prepared Abendbrot, German for supper, literally "evening bread." Swiss cheese slices, triangle-shaped cucumber-and-cream-cheese sandwiches with dill, fruit, and a birthday cupcake added to the menu.

I brewed Czar Nikolas St. Valentine tea and poured it into a quart jar with a lid for transporting. A soft ice chest (without ice) was the perfect way to carry the tea, teapot, and teacup.

Karen enjoyed sipping the fragrant blend of black tea with rose petals and safflower. "This is just perfect," she kept saying as she ate her supper. Since she lives alone, I stayed to visit and then gave her a parting hug. She saved the cupcake and a cup of tea for later.

Another evening, I brought Karen a tea tray with asparagus strata, chicken broth with noodles, olives stuffed with cream cheese, homemade yogurt scones with lemon curd, a chocolate cookie—and, of course, tea. I tore petals from my rose bouquet and sprinkled them on her tray for an added touch.

"How lovely. This is so delicious," she repeated again and again. We chatted then prayed together before I left.

Tea-tray meals hit the spot for my convalescing neighbor and brought a ray of sunshine to her life.

### Doorstep Sunshine

Another neighbor battled cancer and was put on a restricted diet. Occasionally I left fruit or flowers on her doorstep to add "sunshine." One time I prepared a small plate with a doily, flower petals, and a cupcake liner filled with pomegranate seeds, and tucked a probiotic herbal teabag on the side.

Other times I left fresh flowers or a small plant along with a floral pick holding an encouraging note. Sometimes I brightened the bouquet by adding colorful, foil-wrapped teabags fastened to floral picks or toothpicks.

Later she e-mailed, "You always know the way to a neighbor's heart."

### You're the Sunshine

No doubt, you've heard or even sung, "You Are My Sunshine." I've certainly appreciated the sunshine others added to my life during gray times. Now it's my delight to seize opportuni-TEAS to bring cheer to family and friends.

Do you know individuals who are walking through a rainy season of life? If so, won't you join me and bless others with tea and sunshine?

Lydia E. Harris, M.A. in Home Economics, is blessed with five grandchildren and authored the book, *Preparing My Heart for Grandparenting* (AMG Publishers).

From Lydia's Recipe File:

### Asparagus Strata

Easy to make and share. Delicious for any meal.



- 6 slices bread (white or wheat)
- 3/4 pound of fresh asparagus spears, woody ends removed
- 2 cups grated cheese (cheddar, Swiss, or both)
- 1 cup chopped cooked ham
- 3 eggs, beaten
- 1 1/2 cups milk
- 1 teaspoon dry mustard
- 1/4 teaspoon pepper
- Tomato slice for garnish

### Directions:

1. Add one teaspoon oil to a 9 x 13-inch baking pan. Add washed asparagus spears and bake at 350 degrees for 10 minutes.
2. Reserve eight 4-inch asparagus spears to decorate top. Cut the rest into one-inch pieces.
3. Cut bread into cubes. Place half into a deep 9-inch pie pan sprayed with non-stick spray.
4. Layer half the ham, asparagus, and cheese on bread.
5. Repeat layers of bread, ham, asparagus, and end with cheese.
6. Beat together the eggs, milk, and seasonings. Pour over strata ingredients. Push the bread down into the liquid mixture.
7. Arrange reserved asparagus spears like spokes on top. Add tomato slice in the center.
8. Bake at 350 degrees for 35 to 45 minutes until strata is firm but still moist.

Serves 6.

**Optional:** Prepare the strata the day before through step 7. Cover and refrigerate overnight. Next day, uncover and bake in a preheated oven.





Participating in the Row by Row Experience 2015  
& July Shop Hop



# Kalidoscope OF QUILTS

355 Main Street, P.O. Box 248 • Exeter, Ontario N0M 1S6 • 519-235-4004  
www.kalidoscopeofquilts.ca

*A Stitch in Time*

Hours:  
M-F 9:30 - 5  
Sat 9:30 - 4

6,000 Bolts of Quilting Cottons • Large Assortment of Knitting Yarns  
Largest Supplier of Flannel & Minke in Ontario  
~Participant of 2015 Row by Row Experience~

30 Mill Street W., Leamington, Ontario N8H 1S8  
Phone (519) 322-4690 • Fax (519) 322 2614  
www.astitchintime.ca




## Joyce's Sewing Shop

Authorized dealer for Husqvarna Viking and Baby lock sewing machines & sergers.  
We sell sewing and quilting notions, teach classes and repair sewing machines.

*Regular hours*  
Monday - Friday: 9:30am - 5:30pm • Saturday: 9:30am - 5:00pm

*Summer hours (July & August)*  
Monday - Friday: 9:30am - 5:30pm • Saturday: 9:30am - 3:00pm  
We are closed the last week in July to August 1st

519.433.5344  
325 Wortley Road, London, ON, N6C 3R8  
www.joycessewingshop.com



Beginning June 21...  
www.rowbyrowexperience.com



# STITCHARIE

• STITCH • QUILT • INSPIRE  
FABRICS • PATTERNS • CLASSES

*a shop for both the modern & classic quilter*

569 Broadway St., Wyoming • 519-845-0768  
Tues-Fri 10-6, Sat 10-5 www.stitcharie.com

[www.quincysquilting.ca](http://www.quincysquilting.ca)

1-855-886-8505

# FREE SHIPPING

ANYWHERE IN CANADA WITH NO MINIMUM PURCHASE REQUIRED!!

Need we say more? Okay we will...

July 1 – 10 Special: All regular cotton fabrics on sale for \$13.00 per metre.

July 11 – 20 Special: All regular flannel fabrics on sale for \$14.00 per metre.

July 21 – 31 Special: All regular batiks on sale for \$13.00 per metre.



*Our Goal is to be Canada's Premier Online Quilting Fabric, Patterns and Notions Store*



# Don't Take Our Word For It...Science Says, "Don't Worry... Be Crafty!"

by Damaris Pederson, Toronto, ON

According to the Craft and Hobby Association, over fifty percent of North American households engage in some type of crafting activity one or more times per year. Odds are if you are reading this, you craft much more often than that! Hopefully you partake in the fun stuff several times per month or more. Maybe you are even one of the lucky few who can do your "thing" for a little while each day. Regardless of how often, when you're a devoted crafter - knitting, quilting, scrapbooking, etc. - no doubt you've been able to "lose yourself" inside of a project on countless occasions.

When you become immersed in your creative work you allow yourself to forget about your worries, obligations, and everyday stresses. This "immersion" is a main reason why creative activities such as crafting, may provide an extraordinary boost for your physical, mental and emotional health.

The process of creating is beneficial for a number of reasons, mainly because it allows you to enter into a "zone" where you become fully engaged in the moment, your sense of the passage of time becomes meaningless and your worries just seem to fade away. You may even feel that you are part of something larger than yourself. In other words you are experiencing what some may even call a state of bliss.

Going a little deeper, there is definite proof that participating in crafting provides virtually the same health benefits to your brain that have long been associated with brain teasers, puzzles and other mental exercises, which have been proven to boost memory and cognitive functions.

One 2011 study<sup>1</sup> showed that craft activities such as quilting and knitting were connected with a decreased probability of developing mild cognitive impairment, in other words the start of dementia. Another study<sup>2</sup>, published in early 2014, found that participating in "cognitively demanding" activities, such as quilting, was shown to improve and enhance memory function in older adults, in other words the opposite of dementia! Once again the benefits seem to depend on the crafts being mentally absorbing, allowing you to enter the "zone" we spoke about before.

The message is getting out there...Quilting, needlework, knitting, crocheting, etc., are no longer seen as boring, passé pastimes for the elderly. Actually, they are now becoming trendy among virtually all age groups, from teens all the way to seniors!

It's taken a long time, but now more and more people are finding out what we fellow crafters have known forever... Crafting is good for you and it's cool!

<sup>1</sup> The Journal of Neuropsychiatry and Clinical Neurosciences - 2011 Spring;23(2):149-54. doi: 10.1176/appi.neuropsych.23.2.149.

<sup>2</sup> Center for Vital Longevity, University of Texas at Dallas - 2014 Jan;25(1):103-12. doi: 10.1177/0956797613499592. Epub 2013 Nov 8.



Monday - Closed • Tuesday-Friday - 8 am-6 pm • Saturday - 8 am-5 pm

Bring in this ad and receive **10% off** all regular priced fabrics. Offer expires July 30, 2015

**HILLCREST**  
*Home Baking*  
GROCERIES - DRYGOODS  
(519) 669-1381

• FABRICS  
• MEN'S WEAR  
• LADIES WEAR  
• CHINA  
• GLASS WEAR  
• GIFT WARE  
• BOOKS

• • • 2192 Floradale Rd • Floradale ON N0B 1V0 • • •

Open House • July 11th • from 10 to 4pm

**Sew Little Time**

Open by appointment only  
Great selection of Quilting Cottons, Patterns and Notions  
Long Arm Quilting Services  
Cambridge, ON N3C 1P4 • 519-220-1248 • www.sewlittletime.info

*the Quilt Rack*

Great Fabrics, Classes of All Levels, Machine Quilting, Quilt Finishing,  
Join our \$10 Quilt and Block of the Month

Participating in the Row by Row Experience 2015  
Monday - Thursday 10:00 - 5:00 • Friday 10:00 - 6:00 • Saturday 10:00 - 5:00  
356 Wilson St. E. • Ancaster, Ontario • 905-304-0180

Sign up for our newsletter  
519-323-2693  
084696 Southgate Rd. 8  
RR #2 Mount Forest, N0G 2L0

100% Cotton Fabrics, Fabric Kits Available  
Workshops Available  
• Sewing • Quilting

**CREEKBANK**  
**Sewing Machine SHOP**

Sales & Service  
Bernina sewing machines and sergers, built by a family-owned company with highest precision.  
On-site service & repair by our factory-trained technicians  
**BERNINA**

Hubby Has His Toys • Now You Get To Have Yours

**HQ 18 Avante**  
• 18" Throat Stand-up Quilting Machine  
• Two Modes of Stitch Regulation Precision & Cruise  
• Large M Class Bobbin - holds 3 times as much thread  
• 10' or 12' Studio Frame  
Comes Ready to Quilt!

**Handi Quilter**  
*Designed by a Quilter, for Quilters.*

**Authorized Dealer for Handi Quilter and Janome**  
*we service all makes and models*

**HQ Sweet Sixteen**  
• 16" Throat Sit-Down Quilter  
• Height adjustable 30" x 36" table  
• Optional 18" extension  
• 28 LED Lights

**Sew & Save Centre**  
519-271-9660  
149 Downie Street  
Stratford  
we have been in business since 1969

**JANOME**





# Rose Cottage Quilt Shoppe

100% Cotton Fabrics • Classes  
Quilt Notions • Quilting Support  
Long-arm Quilting



Participating in the 2015 Row by Row Experience  
580 Middle Side Rd N • Amherstburg, ON N9V 3R3  
519-730-1172 • [www.rosecottagequilt.com](http://www.rosecottagequilt.com)



**ROW BY ROW**  
June 21st to  
Sept. 8th



**JULY SHOP HOP**  
July 2nd to  
July 31st

**Quilting Cottons • Supplies • Books • Custom Quilts**

OPEN: 10 – 5:30 Mon. to Sat. • 12 – 4 Sun. (Apr. to Dec.)  
3991 Perth Rd 107 • Shakespeare, ON • 519-625-8435  
[www.thequiltplace.ca](http://www.thequiltplace.ca)



Your full service  
quilt store

Bernina & Brother Dealer  
Row By Row for 2015,  
Original patterns by Joy Quilts  
Completed quilts available at our  
Etsy store [JoyQuiltsandPatterns](http://JoyQuiltsandPatterns)  
Classes, machines, notions, fabric,  
custom & robotic quilting

[www.joyquilts.com](http://www.joyquilts.com)

11886 Tecumseh Road East Unit 6 • Tecumseh, Ontario N8N 3C1 • Tel: 519-735-2295

Serving all your sewing needs  
Over 2000 sqft of Quilting  
Fabrics, Notions and Artisan Gift  
Shop area to serve you better!

Classes available for  
all age groups.



# Sewcraft

Quilting Fabrics and More

106 Talbot Street North  
Essex, Ontario  
519.776.1100  
Like us on Facebook

# Quilt Blocks Go Wild!

By Stephen Sherr and Eleanor Levie • [EleanorLevie.com](http://EleanorLevie.com)

1	2	3	4	5		6	7	8		9	10	11	12	13		
14						15				16						
17						18				19						
20						21				22						
23						24				25						
					26	27			28	29			30	31	32	
33	34	35					36				37	38				
39							40				41					
42						43				44						
45						46				47						
					48	49			50	51				52	53	54
55	56	57					58				59	60				
61							62				63					
64							65				66					
67							68				69					

- Across**

  - 1. A Skinny Quilt makes a great dresser \_\_\_\_
  - 6. Lettering on a child's quilt
  - 9. Ingredient for a motley, homey bed cover
  - 14. Profile piece in jewelry that may put a good face on appliqué
  - 15. Court
  - 16. Seminole of Florida
  - 17. Top layer of a quilt sandwich
  - 18. Quilting is an \_\_\_\_ (with 5 Down)
  - 19. Assigner of stars
  - 20. A daring color combo of 6 triangle squares and 3 diagonal squares?
  - 23. At least one
  - 24. Western Native Americans who specialize in ceremonial beadwork
  - 25. Numbered hwy.
  - 26. Birds in the \_\_\_\_
  - 28. \_\_\_\_ Grande Valley Quilt Guild
  - 30. Mama bear, in Madrid
  - 33. Classic to build online?
  - 39. Dyebath measure, in England
  - 40. Handmade doll with red yarn hair
  - 41. Results of stitching without a break
  - 42. Quilt block with explosive rays, against a background of multicolor pastels?
  - 45. Result of a choppy SEA
  - 46. Dog doc
  - 47. Rx providers
  - 48. Repro fabrics patterns are often Civil War \_\_\_\_
  - 50. With corners, it's \_\_\_\_ to be square
  - 52. Good way to obtain quilting info
  - 55. What appliqué's little darling eats in Tokyo?
  - 61. Caribbean cruise stop
  - 62. And so on
  - 63. Pieced, pointed section of an Empire Beauty block
  - 64. Walked into shallow water
  - 65. Frustrated cry after discovering you've hand-stitched through to your pants!
  - 66. Understandable vice when you want to add to your already overflowing stash
  - 67. Kids' mode of winter transportation
  - 68. Fussy-cut patches for an I-\_\_\_\_ quilt
  - 69. Level at which newbies start quilting
- Down**

  - 1. Another hobby to dive into
  - 2. After adhering that tiny piece, put the gluestick \_\_\_\_ (2 words)
  - 3. A way to really stuff that trapunto
  - 4. Strand used in basketry
  - 5. See 18 Across
  - 6. Anticipate
  - 7. Adding bands around the completed center
  - 8. In latex, they help you grip the needle; in leather, they are thimbles
  - 9. Walk proudly in a quilted wearable
  - 10. Redwork, Stained Glass, or Celtic
  - 11. Adding glitz is puttin' on the \_\_\_\_
  - 12. Eve's gentler son
  - 13. Noel character who leaves gifts in shoes
  - 21. Illusive halo effect which can result from Radiant Star pattern
  - 22. Possibly ends with ability
  - 26. Culture starter
  - 27. Frosts
  - 29. Country quilting retreat locales
  - 30. Evening Star point count in Mexico
  - 31. Draft a wonky block
  - 32. Nat'l. quilting org.
  - 33. Indigo or denim
  - 34. Slide thread through these, so it enters a needle's eye more easily
  - 35. Another Spanish word
  - 36. Ripping out is the \_\_\_\_ of my existence
  - 37. What quiltsapes depict
  - 38. Obsessions over piecing perfection?
  - 43. A terrible czar
  - 44. Diamond refs.
  - 48. Flowed partner
  - 49. Rocky and To California
  - 51. How wool quilts feel, to some
  - 52. To date
  - 53. Chiffon or organdy
  - 54. Recipient of a security blanket
  - 55. Quilt patterns Buzz and Jig
  - 56. River to the Caspian
  - 57. Fabric color for portrait quilts skin tones
  - 58. Possessions of Homer's neighbor
  - 59. Encourage
  - 60. Reap what you sew?

For solution please go to [www.eleanorlevie.com](http://www.eleanorlevie.com) - free and fun



# JANOME EMPLOYEE PRICING EVENT

INCREDIBLE DEALS ON SELECT MODELS

## Janome SUV1108 - Start Sewing Today



**MACHINE SPECS:**  
Sturdy metal construction, 8 Built-in stitches and 25 stitch functions. Free-arm capability, Sews Denim to Silk without tension adjustment.

**\$329.99** MSRP **-\$130.99** EMPLOYEE DISCOUNT\* **\$199.00** EMPLOYEE PRICE  
Includes 1/4" and walking foot (\$49.95 value)

## Janome 3160 QDC



**MACHINE SPECS:**  
Superior Plus Feed System with 7 - place feed dog, Built-in, one-hand needle threader, Memorized automatic thread cutter, 60 stitches, including 6 automatic buttonholes, LCD screen with backlight, Start/stop button, Memorized needle up/down, Auto lockstitch button, Including hard cover and Quilting kit (\$199.99 Value)

**\$1099.99** MSRP **-\$450.99** EMPLOYEE DISCOUNT\* **\$649.00** EMPLOYEE PRICE

## Janome HD1000



**MACHINE SPECS:**  
14 stitches, 1 four-step buttonhole, Lay-in, thread tension control, Built-in needle threader, Snap-on presser feet, Free arm, Extra-high presser foot lift, hard cover including (\$39.99 Value)

**\$529.00** MSRP **-\$230.00** EMPLOYEE DISCOUNT\* **\$299.00** EMPLOYEE PRICE  
Free Hard Cover Included (\$39.99 Value)

## Janome 4120QDC - Quilt, Decorate & Create



**MACHINE SPECS:**  
Take control with Start/Stop and needle up and down controls, speed control slider, and auto-lock function. 30 built-in stitches, Auto-needle threader and 5 types of Auto Button holes.

**\$1499.99** MSRP **-\$750.99** EMPLOYEE DISCOUNT\* **\$749.00** EMPLOYEE PRICE  
Includes Bonus: Quilting Ext. Table, Hard Cover and Quilting Feet Set (\$179.99 value)

## JANOME 2030QDC



**MACHINE SPECS:**  
Take control with Start/Stop and needle up and down controls, speed control slider, and auto-lock function. 30 built-in stitches, Auto-needle threader and 5 types of Auto Button holes.

**\$899.99** MSRP **-\$400.99** EMPLOYEE DISCOUNT\* **\$499.00** EMPLOYEE PRICE

## JANOME HORIZON 8900



**MACHINE SPECS:**  
• 11" Sewing space,  
• Drop in bobbin  
• NEW 9mm ZigZAG stitches  
• Includes straight stitch needle plate

**\$3499.99** MSRP **-\$1200.99** EMPLOYEE DISCOUNT\* **\$2299.00** EMPLOYEE PRICE

## Janome Skyline S5



**MACHINE SPECS:**  
Large 8" sewing Harp, Drop-in bobbin, Automatic Needle Threader, Automatic Thread trim, 9mm ZigZag, Over 120 stitches built-in with monogramming and much more..

**\$1799.99** MSRP **-\$600.00** EMPLOYEE DISCOUNT\* **\$1199.00** EMPLOYEE PRICE

## Janome Horizon MC8200QC



**MACHINE SPECS:**  
Extra Large 11" Sewing Harp, Drop-in bobbin, Automatic Needle Threader, 9mm ZigZag, Free arm compatible, Over 120 stitches built-in with monogramming and much more...

**\$3099.99** MSRP **-\$1300.00** EMPLOYEE DISCOUNT\* **\$1799.00** EMPLOYEE PRICE



289 Ottawa St. N., Hamilton  
905-549-8052  
[www.novasewing.com](http://www.novasewing.com)

**HOURS:**  
MONDAY - FRIDAY 9-5:30  
SATURDAY 9-5  
SUNDAY NOON - 4PM

**\$10 OFF TUNE UP** WITH THIS COUPON



## The Quilted Cardinal... Another Reason To Visit The Niagara Region

by Damaris Pederson, Toronto, ON

Wineries may have just taken second place in your reasons to visit the Niagara region in SW Ontario.

Nestled between the picturesque wineries of Beamsville Ontario, you will find a unique, bright and cheery quilt shop called The Quilted Cardinal.

The Quilted Cardinal's locale is quite unique as Owner Karen Kolodziejczak describes, "When we were planning for the store we knew we wanted to be located somewhere between St. Catharines and Burlington. We were so lucky to find an old school house (built in 1902!) in Beamsville that had been beautifully renovated to hold several businesses and we love that we are right in the middle of the many wineries in and around the area." Karen goes on to add, "Our store offers a bright and friendly atmosphere, and our classroom even looks out to a great view of a local winery! It truly gives us the perfect ambiance to just relax, have fun and create in."

Yes the locale is great, but it is Karen's love of sewing and quilting that makes The Quilted Cardinal a truly special place. Karen's story, in her own words tells us why,

"I have been a sewing enthusiast all my life. My mother taught me to sew when I was young and I have loved it ever since. I enjoyed home economics in high school and I still remember the projects we did, like the tote bag Mrs.



**"I have been a sewing enthusiast all my life. My mother taught me to sew when I was young and I have loved it ever since."**

Edwards taught us. When I had children and they were old enough, I passed on the tradition. I do not think there has ever been a time when my sewing machine has been put away.

I started quilting several years ago and it quickly became my new passion. There are so many talented fabric and pattern designers (my bookshelves and fabric stash will attest to that) and there is no end to what you can create.

Over the years, I have folk art painted, scrap booked, and cross stitched for fun and relaxation. I have sewn for friends and family and they have always been excited about my creations and it is that support that has encouraged me. Working in retail management for 25 years, I always dreamed of owning my own store. This quilt store is that dream fulfilled."

Karen runs the business with the help of her husband, "My husband Zak retired about a year and a half ago and he does the longarm service for the store among other duties." Karen has a little more family help when needed as well, "Our daughters, Kim Landon and Lindsey Saleh also help us out during busy times, especially on weekends." She also has help from some very talented friends, "We have been very lucky to have Al Cote, a local Fibre Artist, guest teach for us, and you will often find Lorraine Vermeer teaching or working in the store with us at any given time."

Speaking of teachers, classes are an integral part of what the Quilted Cardinal has to offer its customers, (in addition to offering high quality brand name fabrics and notions of course), Karen tells us, "The Quilted Cardinal is a great place to learn, a place where our customers can find instruction on both traditional and modern methods of quilting. In addition to various quilting projects, we do Block of the Months regularly, and we are extremely excited to be participating in the Row by Row Experience™ for the very first time and are looking forward to meeting quilters from around the country!"

Karen's parting message for you, "If you are passing through the Niagara region, please make it a point to visit us. There is plenty of parking, even for buses (an advantage of being in an old school!), and groups are more than welcome. In fact, if you have a quilting group of 10 or more, or if you belong to a Guild and want to plan a special event, we can make arrangements for your group to definitely make it a memorable experience, with a demo, refreshments and more."

So, when in Beamsville, stop and visit The Quilted Cardinal for great experience, and, oh yeah, if you have time after that, you can also stop by one of the many wineries in the area for wine tasting and some lunch!

For more information on The Quilted Cardinal you can visit their website at [www.TheQuiltedCardinal.ca](http://www.TheQuiltedCardinal.ca), and you can also find them on Facebook



# The Quilted Cardinal

Fabric and Fun in the Heart of Niagara Wine Country

**Quilting Fabric  
Classes  
Longarm Services**



4516 Mountainview Road  
Beamsville, ON LOR 1B3  
(between Greenlane & King St. in old school)

Monday - Saturday 9:30 am to 5:30 pm  
Open till 8 pm on Thursdays

905-563-3939 • 289-407-0914  
[www.thequiltedcardinal.ca](http://www.thequiltedcardinal.ca)






8268 Regional Road 20, Smithville, ON LOR 2A0  
905-957-200 | [www.uquiltit.com](http://www.uquiltit.com)  
Shop Hours: Tuesday - Thursday: 10am - 4pm

---



2015

Join us June 21- September 8, 2015 for "The Falls by Light", our exclusive **free** row design.





**the cottage quilter**

Participating in the 2015 Row by Row Experience

**now offering...**  
Blocks of the Month  
Monthly Fat Quarters Packages  
New Quilting Fabrics  
Wide Quilt Backings • In Studio Classes

**LONGARM MACHINE QUILTING & FABRIC STUDIO**  
Quilt studio hours are Monday to Thursday 2-6pm (all other times by appointment)  
**64 Shady Lane • Corbeil, Ontario Canada P0H 1K0**  
(705) 752-1496 • [www.thecottagequilter.ca](http://www.thecottagequilter.ca)

**3 Gals & A Quilt Shop**  
FUN, FABRIC & FRIENDSHIP

Participating in the Row by Row Experience

**BATIKS, BATIKS, BATIKS!!**  
Hoffman, Princess Mirah, Cantik

King Tut Threads • Large Selection of Tone on Tones • Civil War • 30's • Juvenile Prints  
Wide Backs • Notions • Patterns • Books • Kits • Classes • Quilter's Gift Items

1-58 Main Street, Huntsville, Ontario P1H 2C7  
705-789-5852 • [www.threegalsandaquiltshop.com](http://www.threegalsandaquiltshop.com)

**Life's A Stitch**

Quilt Shop - Fabrics and Supplies  
Authorized Husqvarna Viking  
Sewing Machine Dealer

Watch for us in the 2015 Row By Row Experience

Sault Ste. Marie, Ontario  
705-254-3339 1-866-570-2062  
[www.lifesastitch.ca](http://www.lifesastitch.ca)

Cindy Bee's

# Quilt Shoppe

FABRIC • NOTIONS • MACHINE QUILTING • CLASSES  
70 McCulloch Dr. • Espanola, ON P5E 1J1 • (705) 869-2548

- Hours  
Mon-Fri 10:00am to 5:00pm • Saturday 10:00am - 3:00pm  
Check out my Facebook page

Get the **whole** Quilting package  
*at a fraction of the cost!*

**Q'nique 14+**

The new **Grace Q'nique 14+** is loaded with professional long-arm features normally reserved for more expensive machines.

**Call today** to ask about special package deals and learn more about the Grace **Q'nique 14+**!

**844-764-7223**

Learn more about this amazing new quilting machine and its features at:  
[www.qniquequilter.ca](http://www.qniquequilter.ca)

**MADE BY Grace**



## Join The Circle of Friends

*Damaris Pederson, Toronto, ON*

Meet Thunder Bay's Luci Andreacchi, a lifelong sewist and a quilter for the last fifteen years. Along with her husband Tony, Luci owns Circle of Friends Quilt Shoppe, located on Tupper Street in downtown (north) Thunder Bay, Ontario.

The fact that Luci lives and breathes quilting is made evident just by looking at her long list of achievements and leadership roles in the local quilting scene in Thunder Bay.

Luci first gained experience as a quilter as a member at large of the Thunder Bay Quilt Guild. As her knowledge and experience increased through the years, her passionate involvement with the Guild and quilting continued, as she was ultimately called upon to hold a variety of executive positions including Co-Program Chair, Vice-President and President. This past year, she was privileged to be inducted into the Thunder Bay Quilt Guild Hall of Fame.

The idea of opening a quilt shop was born from the combination of a series of events and circumstances that pointed out a clear path for Luci.

So many things happening...

- Her retirement as an employee from Lakehead University,
- Her continuing membership and involvement with the Quilt Guild,
- Her growing passion for quilting centered on community involvement,
- The vacuum created by a lack of local and area retail quilt stores,
- Her long standing dream of opening a small business,
- The opportunity to access Thunder Bay's PARO Centre for Women Enterprise programs,
- And most importantly, encouragement and support from friends and family.

Which all lead to one conclusion... Circle of Friends Quilt Shoppe

Once decided, she needed a great location to bring the dream to life. After a lengthy 6 month search, an affordable turn of the century 'heritage' building became the new home of Circle of Friends Quilt Shoppe. Set in the Thunder Bay (north) downtown business district and close to the city's picturesque waterfront, this character home, upon initial sight, instantly beckoned a conversion to a suitable retail space with "quilt shop ambience". The Grand Opening of the business occurred in September of 2011!

Luci and her crew have not looked back since.

"Now a full service quilt shop" Luci says, "we supply Thunder Bay and surrounding regions with the largest selection of quality quilting grade cottons (from well-known fabric designers) and threads as well as notions, patterns, rulers, and books. Classes at beginner, intermediate & advanced levels are offered in a comfortable classroom setting with excellent and very experienced instructors."

Luci goes on to describe more about her business, "In addition to providing long arm quilting services, we have recently become a Janome authorized dealer and boast a great selection of sewing machine inventory. Our dealership with Janome has added another facet to business and will allow us to further expand our customer base. And, we are very excited to partner with a premiere quality sewing machine company that not only targets quilters, but who will benefit all sewing enthusiasts in general."

Outstanding service is provided in a friendly and warm atmosphere where patrons "gather, learn, share, quilt" and become part of an ever-growing 'Circle of Friends' family.

Luci is the "face" of the business assisting patrons with her expertise and expansive knowledge of quilting. Luci also wears many other "hats" in the business and manages inventory orders, sales, interacting with distributors, maintenance of social media sites (Facebook & Pinterest) along with newsletter distribution which rounds out most of the duties in her portfolio of responsibilities.



Welcoming patrons to **Circle of Friends Quilt Shoppe** with Owner-operator Luci Andreacchi (left) and Teacher in Residence, Norma Wynn (right).

Her husband Tony provides background support with general operations including marketing, accounting, furniture construction and assembly, electrical and plumbing services, repairs and maintenance, grounds-keeping and landscaping. Tony is currently also in the process of acquiring knowledge in the area of Janome servicing. As well, he has just completed his very first pattern design to be utilized by the Shoppe's participation in the 2015 Row by Row Experience™.

Rounding out the family team are daughter Marissa, who with a degree in Fine Arts, makes her Luci's 'go to' person for organizing fabric inventory and product display. And, when called upon, muscle and brawn for heavy lifting are provided with the help of sons Adrian and Paolo.

Even as an owner-operator, and in addition to professional instructors, Luci still has the help of a "staff" of very friendly volunteers consisting of family and friends. A weekly "Circle of Friends Breakfast Club" meets at the shop to discuss ideas, formulate plans that evolve and become classes, projects, Block of the Month offerings and special events.

The future for the shop seems to be very bright. "Now, into our 5th year of operations," Luci says, "we have been noting that while other quilt related establishments have closed or are ceasing business operations, our customer base has steadily increased."

When asked about trends and her thoughts about where the quilting industry is going Luci had a very deep and thoughtful answer for us, "It appears that societal activity, perhaps influenced by contemporary social media, suggests that there is a resurgence of 'creating with one's own hands' underway. We are seeing larger than usual enrollment of beginner class registrations; and I am personally seeing a younger than ever demographic that is becoming invested in the art of quilting. I believe this environment has intensified and will fuel a continuing expansion of the industry. Our challenge will be to strive to accommodate an increased and diversified inventory due to these fundamental changes and the business growth that will ultimately follow."

In closing, Luci wished to give credit, where credit is due, "Heartfelt thanks to our entire 'Circle of Friends' for continued support and assistance. Very special appreciation is extended to Norma Wynn, Sharon Melville, Ellen Lang, Aila Metsa, Mary Catharine Kennedy, Meaghann Pulkkinen and Maria Cade. With their friendship and ongoing contributions, this journey continues to be a wondrous adventure."

Best of luck and much success to Luci.

**Make it a point when visiting Thunder Bay, to stop by and join the Circle of Friends!**





*gather, learn, share, quilt*

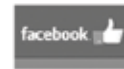
218 Tupper Street (between Court & Cumberland)  
Thunder Bay, Ontario (807) 344-2625  
landreacchi@tbaytel.net

A full service quilt shoppe offering largest selection of...

- quality quilting grade cottons
- notions
- rulers
- books & patterns
- beginner, intermediate & advance level classes
- long arm quilting services
- authourized Janome dealer

Visit us in our charming century old home for outstanding service in a friendly and warm atmosphere.  
Participating in the Row by Row Experience 2015!

Open: Tues. to Sat. 10 a.m. to 5 p.m.



**Serenity Quilts**

*"Sew Peaceful"*

Quilting Fabric, Notions and Sewing Supplies  
Classes and Group Classes when requested • Long Arm Quilting Services  
Large Selection of Batting and Backings, Regalia Materials and Supplies  
Participating in The Row by Row Experience 2015

Visit us on Facebook  
482 Sturgeon River Road  
Sioux Lookout, ON P8T 0A7  
**807-737-7447**  
Hours of Operation:  
Mon - Fri 10-5 • Sat 9-1

*Our products and services...*  
Colour Wall, Pre-Cuts, Fabric Kits, Sewing Machines/Sergers, Custom-Made Northern Mink Sheet Sets, Gift Certificates, Gift Items, Sewing Notions  
Private/Group Sewing Classes, Kids Sewing Classes, Long Arm Quilting, Sewing Machine Repairs/Servicing, Memberships

***I Sew Studio & Boutique***  
2 Stewart Street P.O. Box 2068 • Marathon, ON P0T 2E0 • (807) 229-9441  
Email: isewstudio@mail.com • Like us on Facebook!

**Gail's STITCHES**  
*where every stitch counts*

We are participating in the ROW BY ROW EXPERIENCE and will have kits & patterns available!

**HOURS OF OPERATION**  
Monday - Friday 10am-5pm • Saturday - 9am-2pm • Closed Sundays  
281 HWY 105 • Red Lake, ON • P0V 2M0 • (807) 727-3161  
www.gailsstitches.ca • info@gailsstitches.ca  
*Find us on Facebook & Pinterest*

**The Quilting Trunk**  
**Participating in Row by Row 2015**  
Quilt Kits in all shapes & sizes  
Largest selection of Pre-Cuts in northwestern Ontario  
*If life gives you scraps, make a quilt*

187 Grand Trunk Avenue • Dryden, ON P8N 2X1 • (807) 223-4739  
(At top of underpass, beside Dairy Queen)

**FABRIC FUSION**  
Gather • Learn • Create

All things Quilting and Sewing  
A friendly little shop that's big on customer service  
In-shop Classes for all levels of expertise  
**Participating in the Row by Row Experience 2015**

72C Van Horne, Dryden, ON P8N 2B1 • (807)223-2164  
Open Tuesday-Saturday year round • Open Sundays September – May  
Closed Mondays and Holidays

**The Country Register**  
Available across the USA & Canada  
Guild to Specialty Shops & Events

Check Our New Website!

- New Design
- New Content
- Easier To Navigate
- Optimized for Mobile
- For You, Our Readers

... Please Visit ...  
**www.countryregister.com**

Decorating Ideas Scottish Scones



Babylock Presents the

# Aria

*Ma Cherie*  
*Fabrics & Friendships*  
107 Plains Rd. West, Burlington  
905-631-0894  
www.fabricsandfriendships.com

Now I Can Set the Stage for a Show-Stopping Quilt

When it comes time to set the stage for quilting success, I use the Baby Lock Aria quilting machine. The Baby Lock Aria is packed with features powered by Baby Lock IQ Technology™. That means you'll enjoy quick auto-adjustments and a hassle-free sewing experience. I can make elegant turns using the advanced pivoting feature, and the Digital Dual-Feed System helps me effortlessly stitch multiple layers of fabric. Plus, the extra-large workspace gives me more room to compose bigger projects. With so many user-friendly features, I might start making more than one quilt in a day!

For the love of sewing.

 Baby Lock IQ™ Technology Icon

*Eleanor Burns*  
PBS Host of "Quilt in a Day"




## Key Sewing Features



 Digital Dual-Feed System



 Color LCD Touch Screen



Larger Throat Space



Enhanced Stadium Lighting



NeverMiss™ Automatic Needle Threader



Quick-Set, Drop-in Bobbin



Push-Button Features

We invite you to stop in and experience the many wonderful features that make this machine truly a "Quilter's Dream Machine."

*We invite you to experience the quality of the Babylock product line*

- Top Dealer for Eastern Canada
- We offer personalized training
- Unlimited assistance as needed
- Financing available

### BUSINESS HOURS

Tuesday-Friday 10:00am -5:00pm

Saturday 10:00am-4:00pm

Closed Holiday weekends and Wed. in July

1 877 367-7070



In addition for  
Guild Members we will  
include the extension table  
**\$200 value.**

*Ma Cherie*  
*Fabrics & Friendships*  
107 Plains Rd. West Burlington

www.fabricsandfriendships.com