

Winning the Battle of the Mind – Part 2

Overcoming the Giants in Your Life

Biblical principles for overcoming obstacles in our lives



Go forth and Conquer!

"He that overcometh shall inherit all things;" Rev. 21:7

"But the Comforter [in newer translations they call Him the counselor], which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you."

John 14:26 KJV

Overcoming the Giants in Your Life – Week 2

Biblical principles for overcoming obstacles in our lives.

*“Ye are of God, little children, and have overcome them; **because greater is He that is in you, than he that is in the world**” 1 John 4:4*

Inner Healing

Why is inner healing/deliverance important

- If you are wounded and living with open wounds – it will give the enemy an opening with which to use against you.
- It will stunt your growth and keep you from experiencing the fullness of God in this life – mind renewal will not be successful.

Preparing to Face the Giants - Internal Wounds

Identifying emotional wounds

- Little or no tolerance/patience
- Hard to forgive
- Hard to feel loved
- Lashing out
- Self-hatred
- Escapism
- Retaliation urges
- Irresponsible behavior
- Irrational expectations of others
- Perfectionism
- Feelings of hopelessness
- Drivenness
- Hostility towards God, self, and others

*Yet in all these things **we are more than conquerors** and gain an overwhelming victory through Him who loved us [so much that He died for us].***Romans 8:37**

Freedom from the Past

Our pain is rarely rooted in the present. Past experiences even back to childhood experiences can mess up adult promises – or the way we view God's promises to us now as adults.

- Many times childhood problems become adult issues
- But in God's process, He will replace hurt for healing, beauty for ashes and give us GRACE to live this life to the fullest.
- **Why does the process take so long?** It takes time to break old patterns and create new ones that are spiritually sound and beneficial
- The healing process will bring about transformation and change. Sometimes we want the outcome to happen without going through the process. But the process leads to the outcome – growth, transformation and freedom in Christ.

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