

# WHTA MEMBER CASH BACK PROGRAM

## APA LEVEL 1: Women's Health Online Courses

### ELIGIBLE REBATE LEVEL



This document must be read in combination with the WHTA Cashback Rebate Terms and Conditions Document on the website.

1 = WHTA Member prior to enrolling in APA Course

2 = Prior attendee at WHTA Introductory Women's Health Course

3 = Attendee at WHTA Adv PF Course Prior to 1<sup>st</sup> June 2020

3 = Graduate or 3<sup>rd</sup> / 4<sup>th</sup> Year Physiotherapy Student of ACU

5 = Physiotherapists registered with Physiotherapy board of their country no more than 2 years prior

CATEGORY →	WHTA Member only <sup>1</sup>	+Prev 5 Day IWHC <sup>2</sup>	+Prev Adv PF Course <sup>3</sup>	+ACU Physio Graduate <sup>4</sup>	+ New Grad (<2yrs) <sup>5</sup>
<b><u>L1 INTRODUCTORY WOMEN'S HEALTH (IWH)</u></b> <b>5 Online Lectures = 6hrs</b>					
IWH1.1 Intro to Women's Health					
IWH1.2 Intro to the Female Pelvic Organs, Pelvic Floor and Abdominal Wall	20%	60% (+40%)	50% (+30%)	40% (+20%)	30% (+10%)
IWH1.3 Intro to the Female Reproductive Tract, Menstrual Cycle & Menopause					
IWH1.4 Introduction to Human Pregnancy (2hrs)					
IWH1.5 Introduction to Labour and Birth					
<b><u>L1 WOMEN'S PELVIC HEALTH (WPH) Sub-group 1</u></b> <b>3 Online Lectures = 3hrs</b>					
WPH1.1 Intro to Urinary and Digestive Tracts	20%	60% (+40%)	60% (+40%)	40% (+20%)	30% (+10%)
WPH1.2 Intro to PFM Dysfunction and Prolapse					
WPH1.3 Intro to Urinary and Bowel Disorders					
<b><u>L1 WOMEN'S PELVIC HEALTH (WPH) Sub-Group 2</u></b> <b>3 Online Lectures = 3hrs</b>					
WPH1.4 Intro Screening of the PF Patient	20%	60% (+40%)	60% (+40%)	40% (+20%)	30% (+10%)
WPH1.5 Intro Ax of PF, Bladder & Bowel Function					
WPH1.6 Intro to PFMT, Lifestyle Advice & Education as treatment options.					
<b><u>L1 WOMEN'S LIFE STAGES (WLS) Sub-Group 1</u></b> <b>3 Online Lectures = 3hrs</b>					
WLS1.1 PGP & other Pregnancy Outpatient	20%	60% (+40%)	30% (+10%)	40% (+20%)	30% (+10%)
WLS1.2 Exercise in Pregnancy					
WLS1.3 Childbirth Education and Physiotherapy					
<b><u>L1 WOMEN'S LIFE STAGES (WLS) Sub-Group 2</u></b> <b>3 Online Lectures = 3hrs</b>					
WLS1.4 Recovery advice after birth	20%	50% (+30%)	30% (+10%)	40% (20%)	30% (+10%)
WLS1.5 Breastfeeding Conditions (not WHTA)					
WLS1.6 Postnatal Musculoskeletal					
<b><u>L1 WOMEN'S LIFE STAGES (WLS) Sub-Group 3</u></b> <b>3 Online Lectures = 3hrs</b>					
WLS1.7 Adolescence and Menopause	20%	No added rebate	No added rebate	No added rebate	No added rebate
WLS1.8 Bone Health & Osteoporosis (not WHTA)					
WLS1.9 Breast Cancer & Gynae Oncology (not WHTA)					

## FREQUENTLY ASKED QUESTIONS

### 1. Do I have to be a WHTA member to apply for a rebate?

Yes, only physiotherapists who are WHTA members prior to enrolling in an online L1 or L2 course are able to apply for a rebate. However, as long as a physiotherapist becomes a member BEFORE they enroll in a specific APA online series then they are eligible to apply for the rebate.

eg a physiotherapist enrolls in the APA Introductory Women's Health Online Series on the 10<sup>th</sup> June 2020

→ the physiotherapist then pays to become a WHTA Member on the 20<sup>th</sup> June 2020.

→ the physiotherapist then enrolls in the Level 1 Women's Pelvic Health online series on 5<sup>th</sup> July 2020.

The physiotherapist will be eligible for the WHTA Member rebate (20%) for their Level 1 Women's Pelvic Health online series of lectures but not for their Introductory Women's Health Online Series.

### 2. I have previously completed the WHTA Introductory Women's Health 5 Day course and two WHTA Advanced Pelvic Floor Courses, but I was never a member. If I become a Member now can I claim the higher rebate?

Yes. As long as you become a WHTA Member prior to enrolling in the APA Online Learning courses then you are eligible to apply for a rebate based on the highest rebate category you are eligible for.

### 3. Why do ACU Graduates get a higher rebate on the Level 1 online courses than other university graduates?

The undergraduate physiotherapy program at Australian Catholic University includes a 7 week Gender health subject in 3<sup>rd</sup> year taught by Ms Taryn Hallam (Director of WHTA Pty Ltd). The subject includes 2 hours of lectures, a 1 hour tutorial and 2 hour practical every week for 7 weeks covering pelvic floor dysfunction, pregnancy, labour, birth and early postnatal recovery. Therefore, the ACU graduates are eligible for a higher rebate in the same way as other WHTA programs give a higher rebate.

### 4. If I am eligible for two rebate categories can I claim them both and get a higher rebate?

No. You can only claim under ONE REBATE category. However, for each online series of lectures the physiotherapist can elect the category that gives the highest rebate.

EXAMPLE: A physiotherapist is an ACU Graduate and has also completed a WHTA Advanced Pelvic Floor Course prior to 1<sup>st</sup> June 2020. They can claim under their ACU Graduate Status if they enrol in the Women's Life Stages Series (ACU Graduate = 40% rebate, Adv PF Participant = 30% rebate), then claim under their Advanced Pelvic Floor Course status if they enrol in the Women's Pelvic Health Series (ACU Graduate = 40% rebate, Adv PF Participant = 60% rebate)

### 5. Will there be rebates for the new APA Level 1 and Level 2 Face-to-Face Courses?

Unfortunately, no. WHTA is offering a cashback financial support to its members purely for the APA Women's Health Level 1 & 2 online courses that have been written and presented by WHTA Pty Ltd. No rebate is available for the Level 1 and Level 2 Face-to-Face Courses.

### 6. How long will WHTA be offering this APA Level 1 and Level 2 Cashback benefit?

Consistent with WHTA's goal to ensure training in the field of Women's Health physiotherapy is accessible to all, it is WHTA's hope that it will have capacity to continue the cashback scheme indefinitely. However, at present the cashback scheme is only officially approved until 30<sup>th</sup> June 2021. At that time the financial implications of the program will be reviewed and then decided whether it is financially viable into the future.

### 7. Can I only apply for one rebate?

No. A member can make two applications in any one financial year. However, applications must be received by WHTA no more than six months after APA receipt of payment for the online course AND within the same financial year. eg application for a course paid for in March 2021 must be received by 30<sup>th</sup> June 2021 so that it is still received within the same financial year.

### 8. How do I apply?

Step One: Make sure you are a WHTA Member (note: membership is lifetime, if you have paid once then you are a member)

Step Two: Check the rebate table on page 1 of this document to determine your cashback rate eligibility.

Step Three: Enrol and pay for your online Level 1 or Level 2 Women's Health Course via the APA

Step Four: Complete the WHTA Cash Back Application form, and email with your APA receipt to [admin@whta.com.au](mailto:admin@whta.com.au).

Note: As a maximum of 2 applications will be process in any one financial year, if you plan to complete more than one series you may wish to wait and submit your application for more than one online series in your application.