



St. Augustine Beaches News Journal

NEWS FOR AND ABOUT RESIDENTS OF THE ST. AUGUSTINE BEACHES AREA

State Assembly for Youth in Government Students



St. Johns delegates on the capitol steps (L to R) Samantha Cosme, Adya Modi, Brooke Bland, Christian Metcalf, Alexander Gregory, Nhidi Suresh, Vineet Doshi, Diana Oum, Emma Loya, Kaitlyn Kessler, Marisa Payne, Hannah Shaffer, Peighton Jones, Ashley Taylor, Jacqueline Hoza, Sophia Chaker, Charlotte Payne



SJ chapter officers (L to R): Emma Loya, vice president; Hannah Shaffer, secretary; Diana Oum, president

Successful State Assembly for Youth in Government Students

High school students from St Johns and Clay chapters of the YMCA of Florida's First Coast Delegation joined over 700 students who traveled to our state capitol to take part in the 56th annual Florida Youth In Government (YIG) State Assembly. There, they debated in the actual Senate and House chambers in order to learn responsible leadership in the American democratic process and to experience law making first-hand through five program areas: Legislative, Executive, Judicial, Lobbyists and the Press Corps.

Our 21 students, representing Nease, Ponte Vedra, Bartram Trail, Oakleaf, St. Joseph's Academy, and home school, participated in the legislative program where they formulated arguments, practiced techniques to learn to "debate ideas not people".

"The St. Johns County Chapter as well as the First Coast delegation was represented well at State Assembly. We made our voices heard and our presence strong while remaining respectable to others", said Diana Oum, incoming president for the 2013-2014 year.

The yearlong, nonpartisan program allows students to improve their public speaking and debate skills while they express their opinions, ignite change, and represent their generation. Involved students may obtain scholarships and college credit. (continued on page 2)

Flash Mob on the Quad

A Flash Mob is being organized to show support for Sexual Assault Awareness Month, and we need YOU to dance! (Don't worry; you'll receive help from an instructional video!)

The flash mob will take place on April 2, 2013 at 5:30pm, in the Plaza de la Constitucion. You will be supporting Betty Griffin House! Because of the element of surprise that makes a flash mob so fun and exciting, that's all the info I can share with you publicly. If you are interested in participating, as a dancer or in the crowd contact Kim Brumfield at 904-808-9984, or e-mail kimb@bettygriffinhouse.org. You will be emailed a link to the song and instructional video. We are asking for men and women with all levels of dance experience, and all ages 0-100! There will be a practice on Monday April 1, 2013, 5:30pm in the Plaza.



If you don't know what a flash mob is, it's a group of people who assemble suddenly in a public place perform an act for a brief time, then quickly disperse.

As a private, nonprofit agency, Betty Griffin House provides emergency shelter to abused women, men, their minor children. Other support services available to shelter residents and non-residents include a 24-hour crisis hotline, individual and group counseling, forensic / medical rape exams, and legal assistance. Confidential individual and group counseling are available in all parts of St. Johns County including, Hastings, Ponte Vedra Beach, St. Johns, St. Augustine and St. Augustine Beach. For more information or to make a donation, visit their website at www.bettygriffinhouse.org. Become our fan on Facebook.

If you or someone you know is being abused, please call our hotline at (904) 824-1555.



City Hall Update

The Commission took the following actions at its March 4, 2013 regular meeting: 1. Witnessed the presentation of the Medal of Valor to former St. Augustine Beach police officer, David Tiller, who was shot in the line of duty while conducting an undercover drug and weapons sting in Putnam County. Mr. Tiller has recovered and is now working for another law enforcement agency in the area.

2. Accepted from the St. Augustine Beach Civic Association a donation of \$2,375 for the purchase of uniforms and accessories for five bicycle patrol officers.

3. Presented a plaque to Mr. Robert Samuels for his ten years of service to the community as president of the St. Augustine Beach Civic Association. Under Mr. Samuels' leadership, the Association expanded the weekly farmers' market and the December Surf Illumination event to



mark the start of the winter holiday season in the city; and organized two yearly events: A Taste of St. Augustine Beach each May, and the spring/summer Concerts by the Sea, which go from early May to the end of September.

4. Approved the hiring of Ms. Marilyn Crotty, Director of the Florida Institute of Government of the University of Central Florida, to be the facilitator for the committee that's to review the city's Charter later in 2013. Ms. Crotty's services will cost \$4,000, plus incidental expenses.

5. Held a public hearing on a request to vacate an alley located in the block between 9th and 10th Streets, and A1A Beach Boulevard and 2nd Avenue.

6. Passed on final reading an ordinance to amend the city's Comprehensive Plan's capital improvements element to adopt by reference the school board's five-year facilities plan. (continued on page 3)

What's Inside The News Journal This Month

- **City Manager:** "5 0"
- **Financial Focus:** "Put Your Tax Refund To Work"
- **Spiritually Speaking:** "The Pope of the Street"
- **St. Augustine Beautification Committee:** "Keep It Local"
- **Health Focus:** "Move To Last"
- **Chief's Dish:** "Polenta with Wild Mushroom Ragout"
- **"A Lifetime of Receiving through Giving"**

PRSRT SDT
US POSTAGE PAID
ST. AUGUSTINE, FL
PERMIT #132

Beaches News Journal
1965 A1A SOUTH #180
ST AUGUSTINE, FL 32080-6509

St. Augustine Beaches News Journal

St. Augustine Beaches News Journal

"Official News Source for the City of St. Augustine Beach"

1965 A1A S, St. Augustine, FL 32080 #180
Todd Logsdon, General Manager

(904) 505-0301

Email: beachesnewsjournal@yahoo.com

Cliff Logsdon, Publisher/Editor

(904) 607-1410

Email: clogsdon1@yahoo.com

Online at www.beachesnewsjournal.com



City of St. Augustine Beach

Mayor S. Gary Snodgrass
City Manager Max Royle

www.staugbch.com
sabadmin@cityofsab.org

The function of the Beaches News Journal is to serve the Neighborhoods of the St. Augustine Beaches area.

First priority will be given to reporting news and activities of beaches residents and organizations, as well as news and events that directly affect the St. Augustine Beaches community. Second priority will be given to articles of general interest as space permits.

Articles or information may be sent to the Beaches News Journal, 1965 A1A South #180m, St. Augustine

Beach, Florida 32080-6509. Information may also be e-mailed to beachesnewsjournal@yahoo.com or the editor at clogsdon1@yahoo.com.

All **articles, news, ads, or other information submitted** to the News Journal are subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the News Journal.

All **ads submitted** for publication in the Beaches News Journal should be received by the 15th of the month in order to appear in the following month's issue.

Matters concerning **advertising** should be referred to the General Manager or mailed to 1965 A1A South #180, St. Augustine Beach, FL 32080-6509.

The Beaches News Journal's acceptance of advertising, articles, advertising, or other information does not constitute endorsement. Nor will the Beaches News Journal and its staff be held liable for information provided herein by submitters, including websites and/or emails listed, that may have the potential to constitute fraud or other violation of law. The publisher reserves the right to refuse advertising or information that does not meet the publication's standards.

The Beaches News Journal is published by an independent publisher and is not affiliated with any St. Augustine Beach community development, management company or Homeowners Association.

Successful State Assembly for Youth in Government Students

The bill topics were diverse, and each student's bill represented their own personal interests in Florida politics. Eleven student bills made it onto the docket and post-committees to potentially be debated on the floor.

Nidhi Suresh eloquently presided over the Bowen House as a first year delegate and Adya Modi was the first delegate to present in her chamber with her first bill. Officers commented that it was the best first debate they had ever seen. Diana Oum, as a supporting officer, served as the Clerk of the Sullivan House. Two student's bills from the First Coast Delegation were co-sponsored and heard in their respective chambers.

Eleven of our students' bills made it onto the docket, and four bills passed in their chambers. Hannah Shaffer, from Nease High School, had her bill (SB 2116) passed in the Senate, co-sponsored by Ashleigh Taylor in the House, and ultimately went before the executive cabinet and was signed into law by the YIG governor. Overall, few student bills even make it out of committees. This is the first time a bill from the First Coast Delegation has ever been signed into law or made it to the cabinet.

Ashleigh Taylor told Hannah Shaffer, "Thank you so much for letting me present, it meant so much to me. I was so happy to help get Senate Bill 2116 passed in the Sullivan House of Representatives. I know I'm not the only one who has seen their public speaking skills flourish since day one. I am so excited to help advise the younger kids and am so glad to have met such great friends in our delegation from schools all around our county."

Peighton Jones from Nease High School and chair of Junior Youth in Government (JYIG) last year, said that she is "so incredibly proud of the growth of our delegation, not only in numbers but also in skill and passion. Seeing the kids that I presided over in JYIG become such well-spoken delegates has been an amazing thing to watch. I cannot wait to see all of the big things that our delegation will continue to do throughout the program."

Hannah Shaffer commented, "I am so

incredibly proud of each and every member of our delegation and am proud to call you my friends. I feel we have all grown so much closer through this trip and I am excited to see how this increased friendship and familiarity with each other helps us grow and learn to be even better at the next YIG Assembly. Again, thank you all for making this trip to Tallahassee a very memorable one, and hands down the best part of my year so far."

The new officers for year 2013-2014 for the Florida's First Coast Delegation include: president, Diana Oum; vice president, Emma Loya and Hannah Shaffer, secretary. Advisors include: Tim Brooks, Leslie Cook, Jeani Taliaferro, Lacie Petry, Nancy Birchall, Dani Slader, and Danielle Smith. Congratulations are in order for Diana Oum who was awarded acceptance to the Conference on National Affairs, (CONA) and to Jacqueline Hoza and Peighton Jones, chosen as alternates.

The Junior Youth in Government meetings are 3/7, 3/14, 3/21, 3/28, 4/4. Cost of the program is \$60. Junior Assembly is April 4-7, 2013 in Haines City. To join and for more information, visit <http://www.floridayig.net/>. Register online for Junior Youth in Government at http://www.firstcoastymca.org/events/junior_youth_in_government/ Applications. A check for the program fee can be sent to Lacie Petry at St. Augustine YMCA, 500 Pope Road, St. Augustine, FL 32080 or call YMCA at 904-471-9622 ext. 211.



Danny & Jeanie Carter

JEWELRY AND WATCH REPAIR

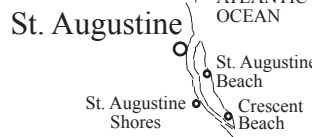
- Ring Sizing and Prong Repair
- Chain Solders and New Clasps
- Custom Design
- Watch Service and Batteries

ROLEX
WATCHES
& REPAIRS

"Your place for diamonds"

www.cartersjewelry.net

Tues - Fri 10-6pm
Sat 10-4pm



News From Around St. Johns County

Travel Club

By Peter Dytrych

Join us for our FREE travel club get together. It will be held on Wed., April 10, 2013, at 3:00p.m. at the Southeast Branch Library. The feature of the afternoon will be France's Alsace Region.

The main focus of the Club is to educate, inform, and enjoy armchair travel. The Travel Club is open to all St. Augustine residents, free of charge. We also would be happy to help you plan your trips to any destination as a free service of our expertise. Group travel can be arranged if enough members are interested. Your host is Peter Dytrych. Call 904 797-3736 for additional information.

Beach Sunrise Services March 31st

Easter Sunday morning, March 31st, thousands are once again expected on Crescent Beach at 7:15 a.m. for the annual, inspirational Sunrise Service. This annual gathering had its beginning at Crescent Beach Ramp twenty years ago on the parking lot adjacent to Beacher's Lodge. The pastor, at that time, was Armando Silverio, and there were 81 people present. You are encouraged to bring your whole family, your beach chairs and blankets and arrive early in order to get a good space near the platform.

You'll hear beautiful music by soloist Jeff Varnadoe and a choir, led by Lindsay Terry. You'll have an opportunity to join in the singing of the great crowd gathered on the sand. The music will lead right into an inspiring message of the resurrection by Dr. Beauchamp, followed by an ocean baptism. Parking attendants, assisted by the police, will help each car find a space on the beach or in nearby paved lots. You are invited to come to the Crescent Beach Ramp at 7:15 a.m. March 31st and experience one of the world's largest, most unusual beach sunrise services. For more information call (904) 794-7777.

Anastasia State Park Events

"BEACH FINTESS WORKSHOP"

- Enjoy the outdoors while trying various fitness and health techniques -

The Florida Department of Environmental Protection's Anastasia State Park, in conjunction with the Friends of Anastasia will offer a Beach Fitness Workshop.

This workshop will take place in a relaxing, peaceful, outdoor environment. The workshop will begin on April 20, 2013 and continue each Saturday morning until May 25, 2013. Classes are 1.5 hours long and include one session of: Tai Chi, Zumba, Pilates, Yoga, Personal Trainer, and an Alternative Health/Naturalist Nutritionist to close out the series. Six weeks, six individual classes, all for sixty dollars.

Pre-registration is required. Please register with Cristy Leonard at (904) 461-2035 or cristy.leonard@dep.state.fl.us. Registration fees will go toward the fundraising effort intended for playground restorations and upgrades. One of the continued goals for The Friends of Anastasia State Park in the year 2013 is to refurbish and upgrade the current playground that is located within the park across from the Island Grill and Sea Turtle Pavilion. Suggested items to bring include water, comfortable shoes, sunscreen, and yoga mats. The classes will take place outdoors on the beach. (In case of inclement weather, the classes will be moved under a pavilion).

"CALLING ALL ARTISTS"

- Endless Summer Run shirt design contest open to all ages -

The Florida Department of Environmental Protection's Anastasia State Park, in conjunction with the Friends of Anastasia are holding an art contest. For our 10th Annual Endless Summer 10K XC Run to be held on September 21, 2013, we are seeking an artists design for the race t-shirts. The topic of design is "your favorite thing about Anastasia State Park!" This contest runs now to June 30th, is open to all ages, and will be limited to four colors. (Black is considered a color). Media of any kind including photography, oil, watercolor, computer generated, and sketch will be accepted. Art must be submitted on 8x11 paper. The words: 10th Annual Endless Summer 10K XC Run 2013 and Anastasia State Park must be incorporated in the design. Each entry must be accompanied by a signed registration form obtainable at www.endlesssummerrun.org or by contacting Cristy Leonard. The deadline for the contest is June 30, 2013. The winner will get their design printed on over 200 t-shirts, have the opportunity to be on hand and sign the shirts during the day of the race, and receive a framed certificate. There is no cost to enter the contest.

Anastasia State Parks' goal is to provide access for people of all abilities. If you have any special needs, please contact park staff at (904) 461-2033 before your arrival. Accessible parking is provided throughout the park. For more information, visit www.floridastateparks.org.

Celebrating **25** years with

25% OFF ANY

Jewelry or Watch Repair

Excludes Rolex.

Must present this coupon along with repair items

904-471-1023



Anastasia Publix Plaza
St. Augustine Beach

News From Around The Beaches

City Hall Update

7. Passed a resolution to adopt the position description for the police lieutenant and the part-time events coordinator.

8. Passed several resolutions to amend the city's current budget.

9. Approved two proclamations: one to declare March 8, 2013 as International Women's Day; the second to declare April 17, 2013 as Military Family and Community Covenant Day.

10. Heard an interim report by Mr. Paul Slava, president of the Art Studio Group, of that organization's efforts to repair the former building department office that's adjacent to the former city hall. The commission approved the Group doing beautification and other outside cosmetic work to the property.

11. Passed on first reading an ordinance to make Chapter 3 in the city's General Code the anti-discrimination chapter. The first two articles in Chapter 3 prohibit discrimination in housing and employment based on sexual orientation and gender identification.

12. Postponed until the next meeting a decision whether to have a title search done to determine the ownership of the east

end of Pope Road. City staff will research whether a title search was done several years ago by the county in connection with the construction of the scenic overlook adjacent to Pope Road.

13. Approved the city sending a letter to the county administrator, requesting the help of a county employee who deals with historic properties. A local citizen, Dr. Patricia Gill, is working on creating a list of historic buildings in the city.

14. Heard from Dr. Gill about applying for an urban forestry grant. The city staff will research whether the application can be done by the March 22nd deadline.

The city commission's next meeting will be held on Monday, April 1, 2013 at the city hall, 2200 A1A South. The public is invited to attend.

PLEASE NOTE: Under Florida law, most communications to and from the City are public records. Your e-mails, including your e-mail address, may be subject to public disclosure.

Max Royle, City Manager
City of St. Augustine Beach
2200 A1A South, St. Augustine Beach, FL 32080, 904-471-2122

Charter Review Committee

St. Augustine Beach residents interested in serving on a committee to review the City's Charter can obtain an application form at the City Manager's office, 2200 A1A South, or by calling 471-2122, or e-mailing Cathy Benson at sabadmin@cityofsab.org. Residents who apply cannot currently be a member of another City board or committee. The review of the Charter will begin in September 2013 and be concluded in the spring of 2014. The City has hired a facilitator to assist the Committee in developing recommendations for changes to the Charter. The City Commission will make the final decision as to which recommendations to adopt by ordinance and put on the 2014 primary or general election ballot.



Since this is "Click it or Ticket" month I just want to remind everyone of the Florida Safety Belt Law (Florida State Statute 316.614). Florida has had a seatbelt law since 1986. This law requires that any passenger below the age of 18 in a vehicle must be in a seatbelt or a child safety restraint device at all times when the vehicle is in motion. The law also states that the driver and any front seat passenger must wear a seatbelt at all times, regardless of age. Currently the state regulated fines are as follows; a seatbelt violation, which is a non-moving infraction, zero points off your license is \$116.00. However, a child restraint infraction is a moving violation, three points are taken from your license and

the fine is \$166.00. This statute can be furthered researched at; www.leg.state.fl.us/statutes/.

Approximately 54% of all traffic crash related fatalities in Florida are not wearing their seatbelts. 777 people lost their lives in 2010 because they did not wear their seatbelts and involved in a traffic crash. Please buckle up and help save lives. If you have any questions you can contact us at the St. Augustine Beach Police Department, (904)471-3600.

Betty Griffin House Master of Hope Fundraiser

Betty Griffin House is hosting a golf themed fundraising event on Tuesday April 9, 2013 at the World Golf Hall of Fame from 6-8:30pm. The event will include activities such as a putting contest, simulator contest, silent auction, 50/50 raffle and door prizes. You can expect an evening of great entertainment with golf impersonators all benefiting Betty Griffin House, the only center serving victims of domestic and sexual abuse in St. Johns County. Admission will be \$50 each, cash bar and full buffet included.

For more information call Linda Flahardy at 904-940-5750.

Have Beaches News?

We welcome Community and Civic news about the Anastasia Island area.
Please forward those items of general interest to us at
beachesnewsjournal@yahoo.com or clogsdonl@yahoo.com.
Online at www.beachesnewsjournal.com
Phone: 904-607-1410



EYE CENTER OF ST. AUGUSTINE

THE EYE SURGERY CENTER OF ST. AUGUSTINE
THE OPTICAL SHOP



PAUL W. HUND, III, M.D.



TODD P. THOMPSON, M.D.



RUSSELL W. NELLIGAN, M.D.*
*Cornea Specialist



N. PATRICK HALE, M.D.



ELIZABETH K. MCLEOD, M.D.



MICHAEL A. DAGOSTINO, O.D.



TODD HOCKETT, O.D.

TOTAL EYE CARE UNDER ONE ROOF

- Board Certified Physicians
- No Stitch Cataract Surgery
- Ophthalmic Plastic Surgery
- Laser Surgery
- Glaucoma/Macular Degeneration
- Yearly Diabetic Eye Examinations
- Eyeglasses/Contact Lenses

**MEDICARE PARTICIPANTS
ACCEPTING NEW PATIENTS**

1400 U.S. Highway 1 South
829-2286

319 West Town Place, World Golf Village
940-9200

*WE ACCEPT MEDICARE, BLUE CROSS & BLUE SHIELD, UNITED, CIGNA, AND MOST MAJOR MEDICAL HEALTH PLANS.



Best Vision Center
10 Years



OCEAN FRONT LOTS

Two adjacent ocean front home sites on quaint Seascape Circle. Each approx 52' frontage. Available separately or buy both and build one home across two lots for a spectacular high dune view. Lot 13 \$499,000. Lot 14 \$475,000.



PALENCIA CONDO

Elegant single-level condo with screened lanai on premium top floor overlooks preserve. Elevator service to ground level 2-car garage. 2BR/2BA 1550 sf. \$145,900. Move-in Ready. MLS141304



INTRACOASTAL LOT & DOCK

Luxury 1-acre home site with newer dock. Premium Crescent Beach location. Gate and bulkhead. Approx. 100' x 584'. Public beach access nearby. \$725,000 www.7985A1A.com

Call Laura 904.669.5677
Laura Radford Novotny, PA
Broker-Associate

WATSON
Watson Realty Corp. REALTORS®
3175-1 A1A South
904.461.9066

St. Augustine Beach Civic Association

Bill Jones, President
Robert Samuels, Board Member
www.thecivicassociation.com

Notes from the President - Thank You! First a big thank you to our three sponsors for this years Music By The Sea Concert Series. For the second year in a row TD Bank will again be our presenting sponsor.. We would also like to welcome Petros Financial Services and Longstreet Auto as sponsors. These three businesses along with a grand from our Tourism and Development Council allow us to welcome tourists and locals to our Pier Park each Wednesday throughout the summer for our free concerts. We would also like to thank members of the St Johns Business Network who have again graciously offered their help with the Taste of the Beach. You'll find SJBK members staffing our beer and wine tent. They always do a great job and we are thankful for their support. Thanks to Jill-Atwood Hall CPA who spoke at our March meeting regarding taxes and the changes that have occurred recently. Jill is a managing partner with Atwood & Calhoun CPA's and was very informative.

2013 Membership Drive is on! If you have not joined we invite you to become a member and yes membership does have it's privileges! Your membership card gets you discounts at dozens of local businesses including restaurants, beauty salons, auto services and more. Just show you card and enjoy the savings. Membership is just \$10 for individuals and \$20 for a family or business membership. You can join online at www.thecivicassociation.org. This month we welcome a new participating merchant to our fold, Salon Balance!

Salon Balance specialize in color, cuts and wedding hair. and the founder is a former editorial stylist and educator. The look of the salon reflects the Salon Balance philosophy, clean lines, pure, honest and the staff loves doing hair! Civic Association members get a 20% discount. Please join today and you too can help us promote our great lifestyle and support local businesses.



Bob's Corner - I was caught a little off guard at the March St Augustine Beach City Commission meeting. I was pleasantly surprised by the gesture of thanks that I received from City Manager Max Royle and Mayor Gary Snodgrass. I will cherish the plaque that was presented and am so grateful for the relationships I have enjoyed over the years. At times there were a few items I spoke up about. At times you might say we even disagreed on a few things but at the end of the day we all had the same goal. That of course was the betterment of our community and the beach life style we all enjoy. Even though I am no longer President I remain involved

and engaged in the good work the Civic Association performs.

I wanted to close by inviting everyone to the annual Taste of the Beach to benefit the Betty Griffin House, The BGH provides an essential service in our community. The come to the aid of families where domestic violence presents a danger to women and children. We wish no such need existed but as long as it does we remain supportive and grateful for the Betty Griffin House, it's staff and volunteers. Please come out to the Pier on May 19th and enjoy delicious food from 14 different local restaurants, a cold beverage and great music from Kenyon Dye and his interactive Piano Bar. Volunteers are still needed for the event. Just send your contact information to sabcivic@yahoo.com and our Volunteer Coordinator Verna Brown will be in touch.



Message from the Mayor

S. Gary Snodgrass, Mayor
City of St. Augustine Beach, FL
comsgsnodgrass@cityofsab.org

As required by law, the City of St. Augustine Beach, FL must formally review its City Charter for possible modifications every ten years. We will be embarking upon such a process later this year. Proposed charter changes, if any, approved by the City Commission will be presented for a general vote of the city's registered voters in the fall of 2014. During the interim, a Charter Advisory Committee composed of citizens (to be selected by the City Commission) will be established to review the City's Charter and submit any recommended changes to the Commission. To ensure that the charter review process is handled in an efficient, effective and objective manner, the City has engaged Ms. Marilyn Crotty, Director, Florida Institute of Government, University of Central Florida to facilitate the effort. During a recent presentation to the City Commission, Ms. Crotty, a nationally recognized expert on city government matters made these observations about characteristics of good city charters:

- Each is unique with a local constitution in compliance with applicable laws and regulations. The charter should not be based on individuals or personalities in office. It goes beyond individual terms with a longer view in mind.
- Charters should be simple, clear and compact. They should be readable and understandable.
- Charter provisions should be consistent, uniform and unambiguous.

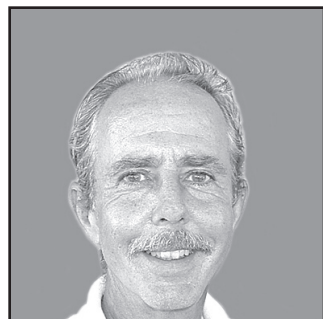
- Charters should be comprehensive but free of details offering basic structure of local government.
- Charters should leave discretion to the Commission to address evolving circumstances through establishment of Ordinances.
- Charters should be short and readable and "citizen-friendly."

During her remarks, Ms. Crotty spoke about the role of the City Commission in the Charter review process including its need to identify potential issues for examination and develop a protocol for selecting citizens for the Charter Advisory Committee. She commented on the role of the facilitator in guiding the City through the process.

As this initiative evolves, we encourage citizen involvement. All Charter Advisory Committee meetings will be open to the public with ample opportunity throughout the period for citizen input. Citizens interested in participating on the Charter Advisory Committee should contact the City Manager's office.

We are excited about the opportunities to move our City forward being ever mindful, though, of the need to retain what makes this place we call home special and unique.

Best regards,
S. Gary Snodgrass, Mayor





Safe Ship
SPECIALTY SHIPPERS

Professional Packing, Shipping & Mailing Service Center

(904)460-0022

1965 A1A South • St. Augustine Beach
Anastasia Square Plaza • Next to Betty Griffin Store A1A & 312

Packing Services & Supplies • Large Freight • Mailbox Rentals
Passports • Notary • Fax/Copy Service • Greeting Cards • Business Cards








With Safe Ship You Have Options

*We Mail Packages, Sell Stamps, We Do Certified, Return Receipts,
Priority Mail & Express Overnight • Open M-F 9AM-5PM, Sat 9AM-1PM*

For info & directions please see www.safeshipstaug.com

Gregory E. Oxford
DDS, MS, PhD
Dental Surgeon

**Oxford
Dental
Associates**

Isabell G. Oxford
DMD
General Dentist

- Extractions
- Wisdom Teeth
- IV Sedation
- Implants
- Bone Grafts
- Sinus Elevations
- Gum Surgery
- Laser Therapy
- Soft Tissue Grafts

- Implant Dentistry •
- Crowns & Bridges •
- Cosmetic •
- (white) Fillings
- Whitening •
- Veneers •
- Implant Dentures & Partial •
- Conventional Dentures •
- & Partial •



100 Whetstone Place
Suite 308
St. Augustine, FL

810-2345
www.oxforddental.net

**Tell our advertisers and contributors you saw
them in the Beaches News Journal**



50

By Max Royle
St. Augustine Beach City Manager

A resident asked me recently whether I'll ever run out of topics for these essays. Well, does Carter run out of little liver pills? (If you remember where that name came from, then you truly are identifying yourself as one of the ancients amongst us.) Does hurry ever run out of speed? Does climate change run out of argument? I thought that I'd toss in those bon mots, which aren't to be confused with bonbons. One of these months I'll get around to writing about bon mots and bonbons, but not about little liver pills. You'll have to consult the Encyclopedia Googletanica for an explanation as to what they were or are. Perhaps Mr. Carter (no relation to ex-President Jimmy) is still dispensing them.

No, the ideas for these essays just keep coming and coming, like bonbons on a conveyor belt. There's always at the ready for a satiric observation or two, the shady shenanigans and self-inflated "balloon" egos of government officials; and I've travelled a bit and lived in various countries, and thus have those experiences to mine; and there are the endless varieties of human personalities, with their fascinating quirks, to provide more than enough topics for commentary; there are as well subjects concerning our little corner of the Florida paradise, St. Augustine Beach, that merit being brought to the public's attention; and

sometimes it's fun just to pick a topic out of the ether, mentally doodle with it, and see if something literarily coherent and possibly entertaining can be made with it. Let's try doing that today.

But before we do: The Office Word program I'm using here just informed me by underlining it with a glaringly red, squiggly line that literarily isn't a proper word or has been misspelled. No, it hasn't been misspelled, and yes, it's likely that literarily is a word not recognized by any reputable dictionary. But pffft! to the program for trying to infringe on my freedom to be a verbal anarchist, if I so choose, and choose I do, let me tell you! The boxing gloves are definitely on with this Office Word program!

To continue: What philosophical weight can we give to the number 5? None, you may reply, unless the number has something to do with those universal, eternal truths of Western civilization that are featured on the Gossip Channel's mind-expanding episodes of "Living with the Kardashians." More can be learned from these episodes than from the writings of, oh, let's pick the name of an ancient Greek philosopher or two out of the air, say Socrates and Aristotle. For when all is said and done, and the done is more than the said, and the all cannot be done or undone (how's that

for a profound bit of philosophical fluff, or, in computerspeak, pfluff?)- for in the final analysis we have to pose in true Kardashian style these cosmically significant questions: Did Socrates and Aristotle have their own TV show, "Greek Idol"? Did they have legions of "friends" on their respective Facebook page? Did they Tweet bon mots to those friends? Were they on LinkedIn, or available 24/7 on their iPhones? If not, then whatever they wrote cannot have any relevance whatsoever for our modern, get with it, socially networked to the max and beyond age. As a consequence, truly with-it, "today" people have nothing to learn from Socrates and whatever the name of that other Greek guy is or was.

Oh my, I've gotten myself (and you) sidetracked here with a rant. My apologies. Let's return to the main program, which should be in progress, and which is about the number 5 and how it can have for some of us an especially anxiety fraught significance when it's attached to a 0, as in 50, as in when we've reached a milestone, or in this case, an age stone: our 50th birthday. For when that day arrives is when we realize that we're beyond the halfway point in our lives, as the odds are against most of us living to be 100. When we celebrated our 40th birthday, we could reasonably assume we'd live to the overripe age of 80. But at age 50, we know that the view ahead is getting shorter, while the view over the shoulder is definitely getting longer.

"Come, come," you'll say, "where are you going, Royle, with all this patience-trying verbiage?" I'm certain that Socrates or Aristotle had something to say about patience. Or maybe, wonders upon wonders, even the Kardashians. But fret not, dear reader, I can assure you that

there's a destination here somewhere. Trust me.

What I'll do to get you to that somewhere is bring to your attention someone in our little corner of the Florida paradise who may be 50 already, or is most certainly close to that age. The sweetly ironic relevance of this news is that this person has made well-known his disdain of the elderly. They "smell," he's publicly declared. They're "old-fashioned," he's opined. Yet, here he is, shock of shocks! much sooner than later to be one of those elderly whom he despises. My, my, isn't that a reality slap in the face and justice of the most poetic kind? As my Granny Almiramay Puddin would say: "time for the smelling salts and the brandy!"

How do I know he's on the threshold? Oh, there are visible signs: gone the smooth, wrinkle-free face and svelte physique of youth. Here to stay for today, tomorrow and the remainder of this ever-so-happy camper's life are wrinkles, an expanding potbelly, reading glasses, and certainly in the coming years as time exacts its fearsome toll: a turkey neck, gray hair, an overactive bladder, tinnitus, fallen arches, brown or "liver" spots, stiff joints, ever higher blood pressure, shrinkage of muscle mass and height, an enlarged prostate, receding gums, hairy ears, memory lapses, perhaps a knee or hip replacement, loss of smell (and therefore of taste), bifocals replacing the reading glasses, maybe a hearing aid, and finally, for someone like this fellow, who seems to regard himself as an awesome gift from the gods to the female gender, that most demeaning of insults to aging, male pride: being called "sir" by attractive, younger women. That's enough to drive a man to drink. Maybe a bottle of Ensure with prune extract. (continued on page 10)

ESCAPE TO...



THANK YOU FOR VOTING US BEST



IN ST. AUGUSTINE FOR

- FAMILY RESTAURANT
- LUNCH RESTAURANT
- BREAKFAST
- HAPPY HOUR
- SERVERS

- HAMBURGER
- HOT WINGS
- CHOWDER
- CRABCAKES
- PANCAKES

AND RUNNER-UP FOR

- RESTAURANT OVERALL
- LIVE MUSIC VENUE

- BAR/PUB
- DESSERT
- SHRIMP

JOIN OUR LOYALTY CLUB
FOR COUPONS & SPECIALS AT
WORLD FAMOUS OASIS.COM

TEXT: OASIS
TO: 313131
FOR DISCOUNTS & COUPONS!

904-471-3424 • 904-471-2451

4000 A1A SOUTH & OCEAN TRACE ROAD
BEACH ACCESS RAMP



Financial Focus

Information Provided By
Edward Jones

Put Your Tax Refund to Work

Not everyone gets one, but it's always a welcome sight — a tax refund. If you receive a refund this year, how can you best put it to work?

The answer depends, to a large extent, on the size of your refund. In 2012, the average tax refund was about \$3,000, according to the IRS. Let's look at a few possibilities for how you might use this amount:

- **Help fund your IRA** — In 2013, you can now put in up to \$5,500 per year (up from \$5,000 in 2012) to a traditional or Roth IRA. And if you're 50 or older, you can put in an additional \$1,000 per year above the new contribution limit. Consequently, your \$3,000 refund could cover more than half of your maximum IRA contributions, or slightly less than half if you're 50 or older. And if you don't think that \$3,000 would make much of a difference, consider this: If you invested the \$3,000 in an IRA that earned a hypothetical 7 percent annual return, and you never put in another dime, you'd end up with nearly \$23,000 after 30 years. And if you put in that same \$3,000 per year to your IRA — well below the maximum — every year for 30 years, earning that same 7 percent annual return, you'd accumulate more than \$303,000. (Keep in mind that you'd eventually be taxed on your traditional IRA earnings; Roth IRA earnings grow tax-free, provided you meet certain conditions.)

- **Pay off some debts** — In the last few years, Americans have done a pretty good job of lowering their individual debt loads, according to the Federal Reserve. But if you still have some outstanding loans or a credit card balance that carries a high interest rate, you might want to consider

applying your tax refund to these debts. The lower your monthly debt payments, the better your cash flow — and the more money you'll have available to invest for your future.

- **Help build an emergency fund** — Life is full of unexpected events. If you need to purchase a new furnace or pay for an expensive car repair or incur a hospital bill, will you have the money available? If you don't, you might be forced to dip into your IRA or other investments. This move could result in taxes and fees; more importantly, it will reduce the financial resources you're counting on to help meet your long-term goals. You can help avoid this problem by building an emergency fund containing six to 12 months' worth of living expenses, kept in a liquid, low-risk account. Your tax refund could give you a nice start to this fund.

- **Invest in a 529 plan** — If you have children (or grandchildren) whom you'd like to send to college, you may want to invest in a 529 plan. Your earnings grow tax-free, provided withdrawals are used for qualified higher education expenses. (Withdrawals for other purposes will result in taxes and possible penalties.) Contribution limits are quite high, so you can put in significant amounts each year — including a \$3,000 tax refund.

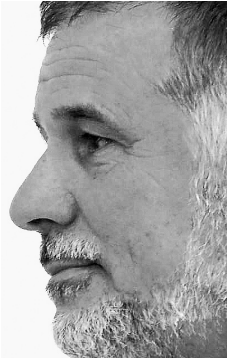
As you can see, you've got some attractive options for using your tax refund — so consider them carefully. If you can apply more resources to your various financial goals, you may find yourself in a better position in the future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Spiritually Speaking

By Fr. Nicholas A. Marziani, D. Min.
askfrnicholas@aol.com

Pastor, St. James Church, a Catholic Community of the Personal Ordinariate of the Chair of St. Peter



“The Pope of the Street”

NotsinceMorrisWest'sfictionaldepiction of Pope Kiril in the 1963 bestselling novel “The Shoes of the Fisherman” have we had occasion to consider a Roman pontiff who fairly relishes rubbing shoulders — literally — with the hoi polloi as with the newly elected Francis, Bishop of Rome (I suppose John Paul II would come in a close second). Right now I'm looking at a photograph of then Cardinal Jorge Bergoglio riding a bus to his office in Buenos Aires, with folks from the ‘hood milling all about him, his face a picture of a subdued and humble “old guy” just going about his day. Unbelievable — sometimes truth is stranger, and more wonderful, than fiction.

This man from the epicenter of the Tango is about to perform a dance of his own, the moves of which — like his old city's staple — will be disciplined but not necessarily predictable. He's already blown away a number of stereotypes. Hardly any of the pundits had regarded this 2005 runner-up to the election that netted us Benedict XVI as worthy of serious consideration as a papabile for this election. “Too old” they said — should sound familiar here in retirement central of Northeast Florida. As former U.S. Ambassador to the Vatican and one-time Boston mayor Ray Flynn opined on the day of Pope Francis' election, “Don't underestimate what a man in his 70s can

do.” Indeed, as the tee-shirt says, at least in this case, “Old Guys Rule!”

Except that this man's idea of ruling, of leadership, would appear to be of a different sort altogether from what most of us entertain. The ostentation, the plotting and scheming, the thinly veiled arrogance of the high and mighty — in and out of the Vatican — would seem to be utterly foreign to this man with one lung who once only wanted to study chemistry. He's clearly no dummy (anybody who knows ANYTHING about the Jesuits knows that a man does not become a full-fledged member of that order unless and until he displays considerable intellectual acumen, as duly certified by the Ph.D.). That being said, he doesn't brandish his credentials, preferring to quietly perform his duties and employ his considerable talents on behalf of the economically underprivileged and spiritually needy in his circle of influence, a circle that now encompasses not just Buenos Aires or even the city of Rome, but the entire world.

I think a big part of the reason that Benedict XVI retired when he did was because he didn't want to become a “stone of stumbling” — instead of Peter, the Rock — to the multitudes of young people who will be making pilgrimage to Rio De Janeiro this summer for the Church's World Youth Day. Rather than inadequately represent his Lord to so many young people, he stepped aside for a more capable minister. Well, I think the cardinal electors found their man in Francis. He will be a true father-in-God to children who in many cases have no one they can call “father” with any semblance of respect or affection. In a society in which too many men focus on wealth and power to the neglect of their offspring this pope will be a pillar of stability.

One final comment. Already the dirt-diggers are trying to sling mud at this man, alleging collusion with a repressive Argentinian government in the 1970s by what has been well termed “an old slander.” Prepare for more nonsense like this — some folks just seem to have a need to be offended by good people, and will do anything to attempt to drag them down to their own foul level. Others have unholy “agendas” they wish to impose on this holy man. It won't work. The man's for real. Stay tuned — as the song goes, “the best is yet to come!”

Blessings to you all, Fr. Nick



Saturdays - 4:30 pm

www.saintjameschurchsaintaugustine.org

**St. Augustine House of Prayer
34 Ocean Avenue
St. Augustine, FL 32084**

St. James is a constituent mission church of the Personal Ordinariate of the Chair of St. Peter that was established January 1, 2012

Call for more info: 904-460-0535

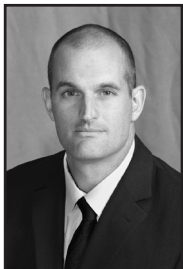
Feeling like you paid too much in taxes this year?

This year, evaluate whether you can benefit from:

1. Tax-advantaged investments. If appropriate, consider tax-free municipal bonds to provide federally tax-free income.*
2. Tax-advantaged retirement accounts. Consider contributing to a traditional individual Retirement Account (IRA) or 401(k) to help lower your taxable income.
3. Tax-advantaged college savings accounts. Contribute or gift to a college savings plan for your children or grandchildren.



Connie Reep
Financial Advisor
4108 A1A South
St. Augustine, FL 32080
904 - 460 - 1200



Ben Reep
Financial Advisor
4108 A1A South
St. Augustine, FL 32080
904 - 460 - 1200

*May be subject to state and local taxes and the alternative minimum tax (AMT).

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult with a qualified tax specialist or legal advisor for professional advice on your situation.

Call or visit today to learn more about these investing strategies.

www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

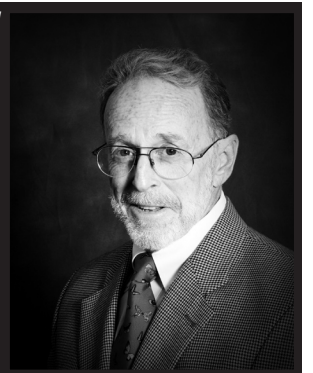
LANDLORD TENANT LAW
25 YEARS EXPERIENCE
(RESIDENTIAL & COMMERCIAL)

JOHN G. STINSON, ESQUIRE
SCRUGGS & CARMICHAEL, P.A.

Gainesville, FL
Website: scruggs-carmichael.com
Toll Free: 866-896-9424
Facsimile: 352-375-0690

E-Mail: stinson@scruggs-carmichael.com

St. Augustine Consultations Available





St. Augustine Beaches Beautification Advisory Committee

Ann Palmquist, Committee Member
Palmquist@comcast.net

Keep It Local
Sandy Toes and Salty Kisses

April is a great time to take a look at the rich history of our past, scrutinize the present and reconsider where we are going. The City of St. Augustine Beach is 54 years young, a mere slip of a girl in historic terms when compared to our great auntie across the river, the Grande Dame, St. Augustine. What our city lacks in years is made up by our irrational exuberance and a fun-loving spirit. Pursuing this spirit, Dr. Pat Gill is working with the St. Augustine Historical Society to record events and locate structures still standing which mark our past and recognize the vibrant, industrious folks who have called this city home. Dr. Gill may include her own diaries written when she grew up in St. Augustine. Knowing your history reconfigures your GPS to show where you have been, and provides a strong incentive to take part in the present, knowing decisions have consequences. Living in the moment and making memories is what beach folks know how to do $\frac{3}{4}$ our history is recorded with sandy toes and salty kisses.

In April you receive greetings from Uncle Sam, who is also interested in your history and wants you to show your records for the past year. This wake-up call sounds like morning revelry $\frac{3}{4}$ shoulders back, heads up, now look smart. It's show-and-tell time: gather receipts and scraps of paper and show where you went and how you spent your time and treasure last year. After you add, subtract, erase, add again, and finally send your IRS-1040 or the IRS-990 forms, it is time to celebrate and promise to do better next year.

Living in the moment and keeping it real can be paraphrased to "Think globally but shop locally," which is the motto followed by locavores. Not to be confused with herbivores or carnivores, the label "locavore" describes folks who shop at local markets and support small, locally owned businesses. Their economic footprint is measured with a view of how decisions made today impact and have long-term/lasting effects. Taking the long view from the ground up, so to speak, includes enthusiastic support of sustainable Florida Friendly Yards (FFY), the right plant in the right place. Long-term investing in FFY landscaping indicates awareness of water restrictions and conservation concerns.

Gardening is an example of long-term planning and your St. Augustine Beach Community Garden, located at the end of Ron Parker Road, behind the tennis courts and across from the dog park, offers a great location in a positive environment where organic gardeners can dig in the dirt and take part in the wonder of gardening. Deferred gratification, perhaps, but planting and caring for tender seedlings constitute acts of faith in the hope of fresh salads and potluck dinners. There is talk of celebrating Earth Day, April 22, and there are plans to take

part in the City's Arbor Day celebrations May 10 at 5:30 p.m. at City Hall.

Planting, partying and growing a community seem to go hand in garden glove. "Shoveling horse manure sure gives you a lot of time to think. Clear, concise, unambiguous communication are keys to success $\frac{3}{4}$ growing a radish or running a city," gardener Jo McIntire said. Inspired from the end of a shovel, this idea has taken on a life of its own and found folks interested in foresting plain-meaning speak, or PMS. A PMS class will translate the common jargon of business speak (BS for short) and decipher it into plain English. Phases with limited meaning heard only in corporate circles include: Peel the onion; thrash out a vision so we can circle back and get a buy-in and get ahead of the curve; hit the go button; and put a period at the end of the sentence; translation is: "Turn to page four of the hidden agenda," and "your three minutes are up." Hoping to optimize PMS translations, Mayor Snodgrass will be in charge of previewing the official corporate language found in the Jargon-Bot available from the new Google Jargon Bot App. This app promises to save 90% of the time spent in commissioner exchanges and the time saved will be made available to each taxpayer, receiving an additional six minutes to speak during time allotted for public comments. Incorporating plain-meaning speak, PMS, with corporate time-saving measures is enough to boggle the mind. Throat lozenges will be available on the speaker's lectern.

Saving time is Vice Mayor Rich O'Brien's forte. He said, "Any economic development plan should include the K-I-S-S method. Promoting the City as an event/destination means more heads in beds and more bed tax revenue." Plans to hold a Day-Bed Race, to be run along A1A Beach Blvd., are being reviewed and, if successful, could extend to a night race. Folgers and Starbucks may be interested in sponsoring and Dunkin' Donuts feels coffee and donuts go together. Traffic control and safety will be in good hands with our new Chief of Police Robert Hardwick on board. The Chief has said he wants the public to see their police in action. The new sheriff in town (read Chief) is a local, and at his first Commission meeting asked for and received additional resources he felt he needed. He has a poker face, which must be a serious advantage in his line of work. You have your work cut out for you and rebuilding trust in the department is a priority. I, for one, feel you are up to the task; however, I will take a pass on a friendly game of cards and sure hope you understand.

Take a look at your city, her historic past, her vibrant present and her promising future. On the first of April, have a little fun, make a little history and share lasting memories in this beautiful city by the sea.

Join us for **AMORE MONDAYS** 3 Courses Starting at \$12

**Make Monday night Carrabba's night.
Enjoy the best of Carrabba's with your choice
of three great courses for one price.
There's never been more to love about Mondays!**



SOUP or SALAD



CHOICE of ENTREE



APPETIZER or DESSERT

ST AUGUSTINE
155 SR312 West • (904) 819-9093

CARRABBAS.COM

Private Music Lessons

All Ages, All Levels

Reasonable rates
Excellent results



Guitar



Electric Bass



Piano



Trumpet

Lessons in
St. Augustine Beach

paul@umbart.com

www.umbart.com

904-501-3646

Taught by a Professional Musician



Paul Umbarger

"Proudly Serving St. Augustine for 16 years!"

Tuesday - Sunday
4:30 - 9:30



(904) 819-1760

• **Steak • Seafood • Pasta**
415 Anastasia Blvd.

Atlantic Beach & Tennis Club



8 Ocean Trace Road
St. Augustine, FL 32080

www.atlanticbeachandtennisclub.com

- 10 Har-Tru Clay Tennis Courts
- 2 pools- outdoor and heated year-round indoor
- Co-ed fitness room and Ladies Only Fitness room
- Steam rooms, saunas, indoor whirlpool

Call for Special Discounts!

(904) 471-0909



Phone: 904-236-6243

Fax: 904-239-5505

Email: undine@anastasiaweb.net

4075 A1A S. Ste 200

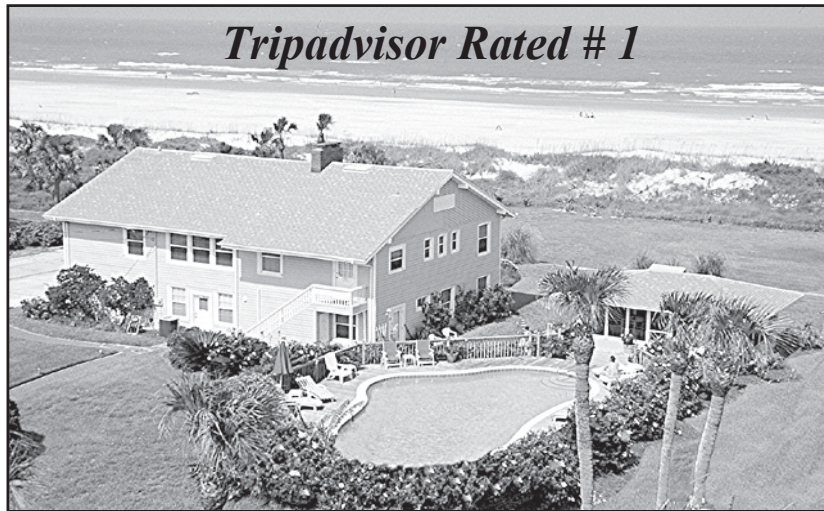
St. Augustine, FL 32080

www.anastasiaweb.net



Undine C. Pawlowski, Esq.

Paradise is here...



Tripadvisor Rated #1

Your Hosts
Lauren & Rich O'Brien



1 F Street
St. Augustine Beach
904-461-8727
www.beachfrontbandb.com

Fresh, Local Seafood Prepared the Way You Like it!

SOUTH BEACH GRILL

**Open For
BREAKFAST**

**Saturday & Sunday
7:30 a.m. to 10:30**

a.m.
Join Us For
• Omelets
• Pancakes
and more!

**St. Augustine's Best
Casual Oceanfront
Restaurant**

**"GRILLED, FRIED, STEAMED, BROILED,
SAUTEED or BLACKENED"**

• CHICKEN, PASTA, STEAK, BURGERS & WRAPS •

(904) 471-8700

45 Cubbage Rd. Crescent Beach

www.southbeachgrill.net

Breakfast: Saturday & Sunday 7:30am-10:30am

Lunch & Dinner: 7 Days 11am-9:00pm

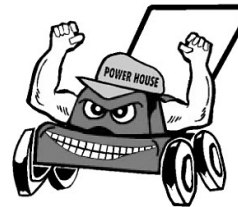
Early Bird Specials: M-F 3:30pm-5:30pm

Beer, Wine & Full Service Bar • Happy Hour: M-F 4:30-6:00pm



NXT 22875 "Mow Says" Buy This Mower,
It's The Best Deal
\$419.99

St. Augustine Power House



'Going Above and Beyond Sale'

Snapper Mowers Starting At \$279.99

Free Assembly and Delivery, Serviced and Ready To Mow

3 Year Warranty

Visa • Master Card • Discover Cards Accepted



HiVac P2172520B
The Best Bagging
Mower
\$549.99



12.5 hp 28" Cut
Starting at
\$1249.99

Financing Available

150Z Consumer
ZTR 18hp 33" Cut
\$2499.99



Ninja RP2172520
The Best Mulching
Mower
\$499.99

285Z
Commercial Grade
ZTR 21hp 42" Cut
\$2599.99



Scan
To Go
Directly
To Our
Website



www.staugpowerhouse.com
askmow@staugpowerhouse.com

*Nov. thru Feb.

St. Augustine Power House Partnership Program

- Free Assembly & Initial Service of new equipment
- Free Delivery of New Equipment
- Free Annual Pick-Up & Delivery for New Purchased Equipment *
- Free Mower Blade Sharpening for life of the blade and More!

125 Pope Road St. Augustine, FL 32080

(904) 461-0310

ST AUGUSTINE POWER HOUSE PARTNERSHIP

125 POPE ROAD • ST. AUGUSTINE • FL • 32080 • 904.461.0310
WWW.STAUGPOWERHOUSE.COM

CERTIFICATE OF PARTNERSHIP

ST AUGUSTINE POWER HOUSE HEARBY DECLARES THAT

OWNER OF EQUIPMENT

MODEL#
SERIAL#
DATE OF PURCHASE

IS A POWER HOUSE PARTNER AND IS ENTITLED TO THE FOLLOWING BENEFITS:

- FREE ASSEMBLY AND INITIAL SERVICE OF NEW EQUIPMENT
- FREE DELIVERY OF NEW EQUIPMENT
- FREE ANNUAL PICK AND DELIVERY FOR NEW PURCHASED EQUIPMENT**
- PRIORITY SERVICE AT OUR FACILITY
- FREE MOWER BLADE SHARPENING FOR THE LIFE OF THE BLADE
- FULL MANUFACTURE PARTS AND LABOR WARRANTY FOR TWO YEARS FROM DATE OF PURCHASE



PURCHASER OF EQUIPMENT
THIS CERTIFICATE IS NON-TRANSFERABLE AND CANNOT BE USED WITH ANY OTHER SPECIALS OFFERED BY ST. AUGUSTINE POWER HOUSE
** ANNUAL PICK AND DELIVERY AVAILABLE NOVEMBER THRU FEBRUARY ONLY **



Beaches Bistro

By Paolo Pece, Cafe Atlantico
cafeatlantico@comcast.net

Polenta with Wild Mushroom Ragout

Most people think of red wine with wild mushroom. The lighter-colored varieties, particularly chanterelles and porcini, however, have a suave richness that is much better matched by a Chardonnay, albeit a big, powerful one. The sweet corn flavors of polenta pair with the fruitiness of the wine.

Serves Six.

- 1 1/2 cups uncooked polenta
- 1 teaspoon salt
- 6 cups water
- 1/2 ounce dried porcini mushrooms
- 1 small onion, finely chopped

- 3 shallots, minced
- 1/4 cup unsalted butter
- 4 ounces white mushrooms, sliced
- 8 ounces wild mushrooms, sliced
- 1/2 cup Chardonnay
- 1/3 cup chopped Italian parsley
- 1 cup heavy cream
- salt and freshly ground white pepper to taste
- Italian parsley sprigs for garnish

1. To cook the polenta on top of the stove, simmer it for 40 minutes or until the mixture begins to pull away from the side of the pan, stirring frequently.

2. Soak the porcini in boiling water in a bowl for 10 minutes. Drain and chop the mushrooms, reserving the soaking liquid. Strain the liquid and reserve.

3. Sauté the onion and shallots in the butter in a sauté pan over medium heat for 3 minutes. Increase the heat and add the porcini and fresh mushrooms. Cook until the liquid evaporates. Stir in the wine and reserved mushroom liquid. Cook until the liquid is reduced to about 1/4 cup. Add the parsley and cream. Cook until the sauce begins to thicken. Season with salt and white pepper.

4. Spoon the polenta onto warmed plates. Top with the mushrooms and garnish with parsley.

A Lifetime Of Receiving Through Giving

By Jane Tucker, First Florida Insurance

The seldom used “coupling” of a charitable gift annuity with a single premium immediate annuity can provide clients with an easy and tax efficient means of garnering guaranteed payouts that are excluded from the estate with no market risk. Leaving out trust documents and legal fees, this strategy will simultaneously provide tremendous benefits to charitable organizations.

The charitable gift annuity is a contractual arrangement between a donor and a charity. The donor makes an irrevocable gift in exchange for guaranteed payments for life. The charity issues the gift annuity agreement, then sells (if necessary) the assets gifted, and places the funds into a separate account on behalf of the named annuitant. The charity can then either self-insure or reinsure its payment obligation while making the stipulated payments to the annuitant for life.

Although the term “reinsurance” is misused in this context, the charitable community does not refer to such an arrangement as “reinsurance.” It involves the purchase of a single premium immediate annuity contract by a charity from an insurance company. The insurance company guarantees the lifetime payments the charity is obligated to pay through a gift annuity agreement. The insurance company makes payments directly to the charity on the same periodic basis as the payout obligation that the charity has made to the named annuitant. The remainder (the amount donated less

the reinsurance premium) is available to the charity immediately.

Government regulations require charities that self-insure gift annuities to reserve 100% of the risk, effectively restricting the use of amounts contributed until the annuitant’s death. However, in most states, should 100% of the gift annuity risk be “reinsured” by an authorized insurance company, no reserves are required.

The following tip demonstrates how charitable “reinsurance” can be used for a variety of client planning goals:

IMMEDIATE PAYMENTS

Beth, age 75, is frustrated by the renewal rates of her bank certificates of deposit. Beth can use \$100,000 of her maturing certificates of deposit to establish an immediate gift annuity with the Charity. In doing so, Beth can generate an annual lifetime payout of \$5,800 as well as a substantial income tax deduction.

Donor/Annuitant	Beth, Age 75
Gift Amount	\$100,000
Annuity Payout Rate	5.8%
Tax Free Payments	\$4,756
Total Annual Payments	\$5,800
Tax Deduction	\$41,015
Income Tax Savings	\$11,540

First Florida agents invite you to take their “Quote Challenge.” Call First Florida to discuss your current policy coverages. Their goal is to be certain you have the absolute best rate for which you qualify. Call 808-8600, click on www.firstfloridainurance.com, or come by to visit one of First Florida’s friendly agents.

Contemporary Italian Grill

- 3 Diamond Award
- Best 25 Restaurants in N. Florida
- Golden Spoon Award

Dinner Mon.-Sat. 5-Closing
Brunch on Saturday & Sunday
904-471-7332
647 A1A BEACH BLVD. ST. AUG. BEACH
www.cafeatlantico.net
• 10% Discount With This Ad •

FIRST FLORIDA INSURANCE NETWORK

FIRST FLORIDA IS ST. JOHNS COUNTY’S PREMIER HOMEOWNER INSURANCE AGENCY
St. Augustine’s Oldest Continuous Insurance Agency

Take The First Florida Insurance “Quote Challenge”

Save Up To 60%

TAKE THE FIRST FLORIDA INSURANCE “QUOTE CHALLENGE”®

DESIRED DWELLING COVERAGE	YEARLY PREMIUM	ADD’L DISCOUNTS AVAILABLE
\$200,000.....	\$695.....	home/auto discount up to 20%
\$250,000.....	\$875.....	home/auto discount up to 20%
\$300,000.....	\$1044.....	home/auto discount up to 20%
\$350,000.....	\$1214.....	home/auto discount up to 20%
\$400,000.....	\$1384.....	home/auto discount up to 20%
\$450,000.....	\$1563.....	home/auto discount up to 20%
\$500,000.....	\$1723.....	home/auto discount up to 20%
\$550,000.....	\$1892.....	home/auto discount up to 20%
\$600,000.....	\$2054.....	home/auto discount up to 20%
\$650,000.....	\$2230.....	home/auto discount up to 20%
\$700,000.....	\$2350.....	home/auto discount up to 20%
\$750,000.....	\$2569.....	home/auto discount up to 20%
\$800,000.....	\$2689.....	home/auto discount up to 20%
\$850,000.....	\$2812.....	home/auto discount up to 20%
\$900,000.....	\$2893.....	home/auto discount up to 20%

HIGHER LIMITS OF COVERAGE AVAILABLE

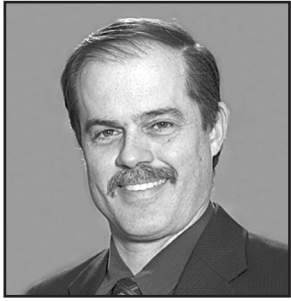
Includes \$300,000 Liability Coverage, \$1,000 Medical Payments to Others and a \$2,500 AOP Deductible. Based on 2009 Masonry Home.

GIVE US A CALL TODAY FOR ALL YOUR INSURANCE NEEDS!

904-808-8600 • www.equotechallenge.com
4425 U. S. 1 South #103, St. Augustine

Member (FAIA)
Affiliate Member Board of Realtors

A&B RATED CARRIERS WITH AM-BEST Trusted Choice



Move To Last

By Jim A. Viti,
PT, DPT, MHSc, OCS, MTC, FAAOMPT
First Coast Rehabilitation
(904) 829-3411

Appliances used to be built to last. It seems now-a-days everything is built for temporary use only to be replaced. Fortunately for many joints of the body can be replaced with a high percentage of success but many people don't realize the way they move and perform their daily functions may either increase or decrease joint stress. Simple suggestions on how we move and function can significantly reduce these stresses, maybe enabling them last longer, and potentially reduce the need for replacement or surgery later in life. Such suggestions include:

1. When getting out of bed in the morning, bend your knees, roll to the side and sit up sideways. This 'log roll' significantly reduces twisting, shearing and compressive forces in joints of the low back.

2. When sitting in a car, computer or chair at home and work, place a small pillow in the curve of the low back. This reduces pressure within the discs of the low back, supports the back so muscles don't have to work as hard and places the neck in a more neutral position.

3. When standing up after sitting, keep the back straight and lean forward at the hips. This too reduces stress in the low back.

4. When standing for prolonged periods (like in line at the store), place one foot slightly forward of the other and rock slowly back and forth. This keeps the muscles firing, lubricates the joints and reduces stress on the hips, knees and spine.

5. When bending and lifting, keep your back straight, bend your hips and knees and do not twist your spine. Turn by moving your feet, not with your back.

6. When getting in the car, sit first then lift and swing your legs in. When getting out of the car, lift and swing both legs, then lean forward at the hips and stand up. This significantly reduces torsion forces on the back, hips and knees.

7. When performing activities like vacuuming, shoveling or cutting the lawn, lean forward at your hips and bend your knees, as if you were lunging forward. This reduces the need to bend forward in the low back region, reducing pressure within the discs.

8. Overhead activities can place undue stress on the tendons of the shoulders, so use a stool or ladder to reduce the amount you have to reach overhead.

9. Low impact aerobic exercise like walking or cycling improves nutrition to the joints, which improves overall joint health. Exercise improves cardiovascular function, burns calories, reduces weight gain, and may therefore decrease compression on all joints.

10. Finally, at the end of the day, when it is time to sleep, make sure your pillow supports your head and neck in a level position, both when you are lying on your back or lying on your side. This helps reduce stress on joints, muscles and nerves of the neck during one of the times you are most immobile.

You only have one back. By simply paying attention to the way you move may help it last your life time. If you are experiencing pain, decreased function of the spine or extremities, or sense you are moving incorrectly - the therapists at First Coast Rehabilitation are the movement specialists who can help you to restore normal pain free motion to whatever joint is involved. Contact us at 904-829-3411 in St. Augustine or 386-325-2721 in Palatka.

Jim Viti has been treating patients with low back pain for over 25 years. He is board certified in orthopaedic physical therapy and lectures to physical therapists throughout the United States regarding low back mechanics, injury and treatment.

5 0

(Continued from page 5)

Does this aging fellow whom I've described here "smell" yet? I've not been close enough to him to know. However, I'm certain that as the years pass, he will in time exude, like the elderly he sneers at, the cloying odor of mothballs and of clothing that's been locked away in a steamer trunk that was accidentally left behind when the Titanic sailed from Southampton, England on its ill-fated voyage in 1912.

Are there any words of consolation to offer someone who's experiencing the traumatic, chronological merger of 5 and 0? Though I did a quick search in the philosophical writings of Socrates and Aristotle, I found only this penned by Plato, one of Socrates' followers: "He who is of calm and happy nature will hardly feel the pressure of age; but to him who is of an opposite disposition, youth and age are equally a burden."

Well, as that doesn't quite fill the bill, how about what Lillian Carter, the late mother of President Jimmy Carter, said in her 80s? "Sure, I'm for helping the elderly. I'm going to be old myself one day." Now that I like. It's a feisty, no-holds barred message for our eternal struggle with aging.

Venturing further, I even consulted the philosophical sayings that the Kardashians have compiled: "Deeply Thought Maxims for the Ornamental Life." It's a slender volume, only one page. Here's what their hairdresser, Mr. Felix, BtD (Doctor of Beautology), provided about getting older: "Don't sweat the gray." Now that's really, really profound when you think about it for several hours.

However, the saying that's right on the 50-cent coin is this pithy one from Victor Hugo, the 19th century French poet, dramatist and novelist: "Forty is the old age of youth; fifty is the youth of old age." You really can't get any more consoling than offering that to someone who's 50 years old, or close to being that age.

Finally, since at age 73, I can be considered somewhat elderly, I know that I'm going to get dozens of Tweeted questions as to whether I've yet developed an odor, say Eau de Antique. Well, as my bloodhound sense of smell isn't what it used to be, I really can't say. But I hope that if I do have an odor, it's of a chocolate factory that makes bonbons filled with peppermint schnapps. So, if on some dark night in our fair city you walk by a pedestrian and the odors of chocolate and peppermint delight your nostrils, you'll know that that pedestrian is me.

St. Augustine Power House

Sales & Service For
All Lawn and Garden
Equipment



125 Pope Road
St. Augustine, FL 32080

April Special
0% Financing Available On
Snapper Mowers

www.staugpowerhouse.com
askmow@staugpowerhouse.com

(904) 461-0310



Ask Mow!

Answering questions about Home Owner lawn equipment. Featuring "Mow" St Augustine Power House spokes person.



Hello Beach Readers and Happy April! First we would like to thank all of our readers for the great responses to our past issues. We have a lot of fun with the emails and correspondence, keeping in mind that negative response is still a response. Isn't that right Mow.

100 Percent. We really like the opportunity to express what we know best, Power Equipment! This month I would like to answer some reader questions submitted through the email.

Reader: Hey Mow, love your articles, me and the wife are looking to replace our tired old mower with something newer. Generally we would go down to the local "big box" store as you call it and get one, why should we purchase a mower from Power House?

Hello reader and thank you for the question. Buying a mower is an investment these days and you get what you pay for. At Power House our Trained Sales Staff will assist you in purchasing the right mower for the right job. Making sure you get the best price and financing available for the equipment you decide on. Sure a cheap mower will cut grass, but how good? When you purchase a mower from Power House that mower is assembled by a professional that knows how to set up the machine correctly. That begins with the handle assembly, how many of you readers have a mower that you purchased that the handle bar and cables are a complete train wreck? Or that just mumbles along while you're mowing. At Power House you can believe the mower has been set to mow at optimum performance. What about after the sale? We offer the Power House Partnership Program on all mowers we sell to the consumers.

Mow, I hear talk about the Power House Partnership Program, is that available anywhere else?

Absolutely Not! You may hear or read about extended warranties and similar programs, but the Power House Partnership Program was written about the customer and for the customer. We want that customer to feel that their lawn equipment investment with us is a Partnership and when they have a situation with the equipment, so do we.

Reader: Mow, We had our chain saw in a shop recently, it cost us over \$80 to repair it, and they said it due to old fuel left in the saw? How are we supposed to keep the fuel from going old? It is something we do not use a lot of the time.

Hello reader, boy if I had a nickel for every time this scenario played out, I think most of you know how I feel about fuel, don't get me started. Good news though, after some extensive research and some experimenting, we have discovered TRUFUEL. This is an engineered Fuel and Oil mix ready to use. It has the convenience of being a premix so there is no measuring; it has the performance for increased trigger response and smoother idling and the protection of NO Ethanol preventing downtime and costly repairs. And a shelf life that last longer than normal like two years after it is opened. We have this product in stock at Power House, it's not cheap, \$6.99 a quart, but it's premixed, no oil to buy, no gas to buy and it's cheaper than shop labor rates. We give it 10 gold stars and highly recommend it.

So until next month, remember St Augustine Power House is located at 125 Pope Road right here on the Beach. Visit us at www.staugpowerhouse.com and if you have any questions for Mow email him askmow@staugpowerhouse.com.

No one can fill Your Mother's Shoes.

Celebrate Mom with a delicious gift!

- Gift baskets
- Chocolate high heels
- Chocolate covered strawberries

Peterbrooke
ANASTASIA ISLAND

The Publix Shopping Center
471-2830
anastasiainland@peterbrooke.com

Temple Bet Yam
TEMPLE BY THE SEA
2055 Wildwood Drive, St. Augustine
Rabbi Mark N. Goldman
A Reform Congregation
Services: First & Third Friday
Evenings of the Month at 7:30 p.m.
• Religious School • Judaica Gift Shop
904-819-1875
www.templebetyam.org



First Coast REHABILITATION

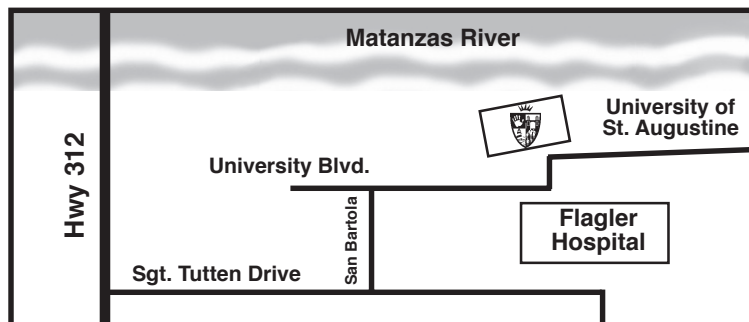
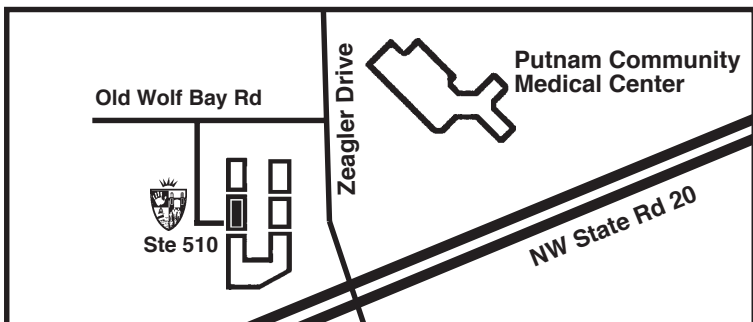
where patient care comes first

**One Therapist - One Patient
One Plan - One Goal
Two Locations**



800 Zeagler Dr. Ste 510
Palatka, FL 32177
Ph: (386) 325-2721
Fx: (386) 325-2720

1 University Boulevard
St. Augustine, FL 32086
Ph: (904) 829-3411
Fx: (904) 829-3412



See a full listing of our services and specialties at www.firstcoastrehab.com



TOP PRODUCER

Elaine Wallace

Broker/Associate, PA

Call Elaine at (904) 347-5439

www.oldcitystaugustinehomes.com

St. Augustine's Top Producer, Elaine Wallace, has hit a level of achievement in real estate that few agents reach. Buying or selling, let Elaine put her experience to work for you.



LIVE AMONG NATURE IN THIS MAGNIFICENT HOME. 3457 Kings Road S. This beautiful 4BR/2BA home is better than new and shows like a model. Travertine fireplace and floors in main living area. All stainless steel appliances and corian kitchen countertops. Custom designed double front door. Home is block constructions, has a sprinkler system and well. This home is one of the most attractive homes in Oakbrook. Come live among nature in this magnificent home! \$240,000.



OCEAN GRANDE CONDO SERENATA BEACH, 415 N. Ocean Grande Unit 203, located in a serene and peaceful setting, this like new 3BR/3BA unit has upgrades galore. Chef's kitchen has center island, granite countertops and 42" maple cabinets. Gas fireplace for those cool winter evenings. Gas grill on large screened porch overlooking the marsh and Intracoastal for spectacular views. Tranquility and beauty in Ponte Vedra awaits you! \$409,000.



BEAUTIFUL BEACH HOME 19 Seascape Circle, It's a beautiful beach home in small community with direct ocean walk-over just a few steps from your house. This unique, one of a kind, 3-story beach home offers 5 bedrooms/3 baths, 3 fireplaces, and 2 expansive balconies. This home offers amazing ocean views from almost every room in the main living area. If you like ocean breezes and comfortable living, you will want to see this one! \$899,000.



OCEANFRONT HOME IN SEA COLONY. 716 Ocean Palm Way. Amazing panoramic views from 4BR/5BA European style home with in-ground pool and numerous upgrades. Great architectural features, high end windows, doors & appliances, coquina shell concrete walk, privacy wall, premium lighting, quality cabinets, stone countertops, tumbled travertine stone floor, and elevator! Gated oceanfront community in St. Augustine Beach. \$2,150,000



LIVE IN PARADISE! 156 Turtle Bay Ln. This beautiful home offers 3BED/2BATH; open floor plan, 2,047 feet of living space, large kitchen, breakfast room, a large screened porch and more. This wonderful Resort Community of Turtle Shores is where everyone wants to live; has a low HOA and amenities galore. Just walk thru the tunnel to a wonderful place on the ocean to picnic, swim or just enjoy the ocean. The community has 2 tennis courts, large pool and playground, exercise room, etc. This home is situated in a beautiful serene wooded area of Turtle Shores. Come and see for yourself! \$270,000.



140 Southerly Lane. Amazing brick home on one floor. This home displays character throughout with beautiful hardwood floors and exemplary molding. Roof and a/c is just a few years old. Remodeled kit with upscale appli and beautiful cabinetry. Views of the water from almost any room in the house amazing deck surrounded by a brick wall. Set your outdoor furn on newly installed trek flooring and LED outdoor lighting. This open fl plan with high ceilings and special ceiling treatments with make you say WOW! \$529,000



SUPERIOR CLASSIC oceanfront estate built by top builder EC Kenyon in prestigious gated Sea Colony. Over 7000 sq ft of exquisite lavishly detailed home with top of the line products including Andersen windows and doors. This elegant castle in the sand features high ceilings with an open floor plan that makes for maximum views of the Atlantic Ocean. Unique spiral staircase to the tower room in the sky. Full suite above the garage, 5BEDS/4.5BATHS, fireplace, great room, custom cabinetry throughout, gas stove top and much more! Enjoy magnificent sunrises in this serene and beautiful neighborhood of Old Florida style homes. \$2,490,000.



BEAUTIFUL ESTATE HOME IN PALENCIA. 1788 North Loop Pkwy. This gorgeous home is located in a gated section of Palencia, it has 5 bedrooms, 4 baths, 3 car garage, all main living areas on first floor, 2nd floor has a bonus room that can be used as Mother-in-law suite. 5th bedroom on media room. Large kitchen with 41" uppers, great appliances, amazing amount of counter space. David Weekly home with children's retreat. Views galore with water views to make you feel you are in your own private island. The screened outdoor space with pool and Jacuzzi makes you feel you are on a constant vacation. \$599,000.



LOCATION, LOCATION, LOCATION!!! 176 Bay Bridge Drive. Great location on the Island. Close to shopping, grocery shopping, doctors, restaurant and more. This immaculate Island home has 3 bedrooms and 2 1/2 baths. Open floor plan on main living area. Upstairs den with bedrooms and 2 baths. This property is within walking and biking of the ocean. \$249,000



OCEAN VIEW BEACH HOME. 464 Ocean Grove Cir. in Sea Colony of St. Augustine Bch. 4BR/4.5BA and over 3,000 sq ft of luxury. This home was built with the finest maintenance free materials available. Hurricane resistant windows to 125MPH, upscale kitchen with granite, warming oven, wine cooler, SS appliances and more. Everything a great beach home should be. Gated oceanfront community offers beach walkovers, pool and clubhouse. \$1,190,000.



GREAT LOTS FOR SALE!

54 Kon Tiki Circle	\$59,000
800 River Mist Bend	\$139,000
100 Lancaster Place	\$149,000



109 Grande Oaks Drive. Beautiful building lot in a community on the Intracoastal Waterway. Grand Oaks is a small community where boat slips are optional, a public park close by and the beach a short bike ride away. It feels a lot like old Florida with abundant grand oaks, the waterway and the beach. Paved Road, city water/sewer/cable, community dock to enjoy fishing and sunset. \$169,000.



901 Ocean Palm Way. Private gated community sub-division. Corner lot in the prestigious Estate section of Sea Colony where the homes have large lots. The custom homes in this section of the community are large and beautiful. This community is the premiere neighborhood in St Augustine Beach with "Old Florida" style luxurious homes. Community pool with pavilion w/ kitchen for your friends and family to enjoy. \$249,000.



20 Bermuda Run Way. Great lot in Bermuda Run one of the most desirable gated communities on the ocean. Nineteen custom home community with condos. The lot has a dedicated pool for just the custom homes section. The gated community has a low HOA and is convenient to everything. Ocean views and just steps from the ocean. This community is well maintained and is one of the best locations on the Island. This lot is only 3 lots from the pool and steps from the ocean. Location, Location, Location!! \$224,900.



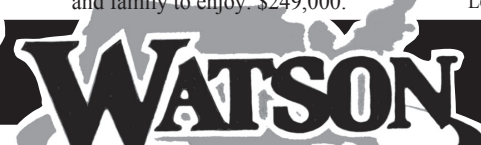
PELICAN REEF LOT

117 Spoonbill point
\$69,900

ANASTASIA DUNE LOT

484 Ocean Forest Drive
\$159,000

Choose Watson. Get More.



Top Producer For Watson

Watson Realty Corp. St. Augustine Beach Best Real Estate Agency

3175-1 A1A South, St. Augustine Beach

