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## Instructions for Your Regular Stress Test

Your doctor has ordered a Stress Test. Please read the following instructions prior to your appointment, and give our office a call if you have any questions.

- Plan to be here for about 30-45 minutes.
- No dietary restrictions.
- You should wear comfortable clothing (t-shirt and slacks) and proper shoes to walk on the treadmill.
- No medication restrictions.
- If you need to reschedule or cancel your test, please give at least 24 hour notice.

**Appointment Date / Time:** \_\_\_\_\_ **In Libertyville / Gurnee**

### Libertyville Office Location

1870 W. Winchester Road, Ste. 241  
Libertyville, IL 60048  
Ph: 847-549-0170  
Fax: 847-549-0172

### Gurnee Office Location

731 S. Milwaukee (Rte. 21), Ste. 110  
Gurnee, IL 60031  
Ph: 847-360-8440  
Fax: 847-360-8468