



2022



HoneyHeart Co.

Media Kit

Sweet like honey to the soul.



I AM

www.honeyheart.ca

Leading with Heart



Allison Voth

HoneyHeart Co. Queen Bee Allison Voth cultivates heart-centered connections in the community and at large through HeartMath mentoring and retreats.



My Story

Heartbreak

In 2015 Allison's beloved Dad, her best friend, died of a sudden death in his sleep on his 68th birthday. Never celebrating and no goodbye, she was devastated by grief while also responsible as executor.

On the outside she was doing well and making progress but inside she was empty. She questioned what really mattered to her in life and left a law enforcement career behind to follow the intuitive nudges of her spiritual heart...

It was only then that she truly began her healing journey. Learning to heal her heartbreak through personal development, HeartMath skills and community connections, she then carefully curated her new life to be of service to others seeking growth beyond the challenges we all face.

The Name Stuck

Why the name **HoneyHeart Co?**

After her Dad passed Allison began crafting beeswax candles as a creative response to grief and named them HoneyHeart Candles. The name stuck, so she incorporated it as her business name in 2020.

"Why wait for others to celebrate your life when you're gone? Celebrate it everyday!"

Allison's passion is leading others by heart through her certified HeartMath resilience mentoring program and producing events through "The Heart's Journey" event planning and hosting service.

Celebrating life together and embracing growth and connection is the real honey that is healing to the soul.

Services

HeartMath Mentor
Event Producer
Event Host



GORDIE GRANT
LOWLY REMEMBERED
BY
IRENE, ALLAN AND PAULA

See more at

theheartsjourney.ca



PROJECT ANGEL

The original beeswax candle crafts evolved into Angel memorial candles that honour our loved ones who passed. Proceeds support a memorial beehive at Heritage Gardens Sustainable Cemetery in South Surrey B.C. Canada. Each year honey is harvested and shared as her living legacy of love.

honeyheart.ca/project-angel

Blessings

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