

# THE RELATIONSHIP BETWEEN THE BLOOD AND THE BREATH

There is an incredible relationship between the blood, (**soul**) and the breath, (**spirit**). The main organ that handles the breath is the lungs. The main organ that handles the blood is the heart. When your blood leaves your heart, it goes out the left side and goes to all the extremities of your body, providing the nourishment and oxygen your body needs to function. This blood leaves your heart, brilliant red, and it comes back bluish purple, laden with the impurities gathered from your system. It comes back a dark purple color due to the carbonic acid (impurities) it contains. The blood then goes through the lungs and gets purified. In turn, the color changes back to a brilliant red. After your blood leaves your lungs it again flows through your heart. When you exhale, the carbonic acid is released. The cycle repeats itself endlessly. The lungs cleanse your blood and replenishes it with "life," which is contained in the oxygen. The breath of the lungs is the counterpart of the spirit, and the "life," is in the blood. In other words the spirit purifies the soul. If your spirit is dead, like in an un-Believer, your soul cannot be cleaned and purified, which is necessary to live a good life. This is a beautiful picture of how miraculous our Father designed the human body.

That is why many use the word "re-generated" as well as "born again" when referring to the acceptance of Adonai and His "Ruach HaKodesh" (Holy Spirit) into their lives.

## ABRAHAM AND SARAH



### Hey Pictograph

When we understand the relationship between the blood and the breath (Ruach), we can understand the reason Abram's name was changed by YHVH to "Abraham" when Abram and Yahveh made the "Abrahamic Covenant". **Gen. 17:5** "No longer shall your name be called Abram, But **your name shall be Abraham**; For I will make you the father of a multitude of nations." Here we see that because YHVH made the covenant with Abram, He added an "H" sound, "Hay/Hey" (in Hebrew), to "Abram". This applied to "Sarai" also, who had her name changed to "Sarah". **Gen. 17:15** "Then Yahveh said to Abraham, "As for Sarai your wife, you shall

*not call her name Sarai, but Sarah {shall be} her name."*

Here's the beauty of the following incredible thematic connections, the "sod" level connections.

1) YHVH in Hebrew consists of four letters (Yod-Hey-Vav-Hey), two of which are "Hey". To pronounce Abraham, one must "breath out". The breath represents the "Holy Spirit" (Ruach Ha Kodesh".

2) If you recall, El Gibor promised Abram and Sarai a son in their old age. Their son, Isaac, would be a miracle birth. Sarai was far too old to give birth, so how was it that she was given "LIFE in her womb"? When Yah changed Abram and Sarai's names, the Ruach (spirit, breath=life) made it possible for her to have regenerated LIFE in her womb in order for her to give birth.

### THE IMPORTANCE OF THE NAME CHANGE

אברם

**ABRAM**

שרי

**SARAI**

אברהם

**ABRAHAM**

שרה

**SARAH**

NOTE THAT THE "H" IN EACH NAME COMES FROM THE HEBREW LETTER "HEI", WHICH WHEN PRONOUNCED, CAUSES THE SPEAKER TO MAKE A BREATH. EVERY TIME THE NAME IS SPOKEN, IT IS A REMINDER THAT THE "BREATH" OF GOD IS WITHIN THEM AND IS EMPHASIZED. THIS BREATH IS THE SAME LIFE GIVING FORCE FROM YAHVEH THAT GIVES ABRAHAM AND SARAH THE ABILITY TO PROCREATE & CREATE THE WORLD AROUND THEM.

3) Now let's look at another thematic connection. When Yeshua breathed on His disciples, as recorded written in red in the scroll of John, His disciples received new LIFE, POWER and AUTHORITY. **They wer "Baptized in the Ruach". John 20:22** (written in red) *"And when He had said this, He breathed on them and said to them, "Receive the Holy Spirit."* The Ruach is LIFE. When we are born again a seed is planted, it begins to grow. We have life in us, but when we are "FILLED with the Ruach" we have a regeneration of LIFE, POWER and AUTHORITY in us.

Prior to us being born again, our spiritual womb, "so to speak", is dead. It is unfruitful. When we are born again and have repented, Hashem breaths new life into us, in the form of the Ruach Hakodesh. He takes our "spiritually dead womb", and plants the seed of life in it. As we mature in our spiritual walk, the seed sprouts and we become fruitful. In other-wards, Yahveh took the "Hey" (representing the Ruach Hakodesh) from His name, and gave us a new name, that of a son or daughter, His bride Israel.

### **Works of the flesh**

Not only is the flesh "devoid of the spirit"; it also is directly opposed to the spirit. The Bible consequently asserts that the "flesh lusts against the spirit", as literally stated in **Gal. 5:17** *"For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please."*

The manifestations of the flesh are well-known. If a person is strict with himself and refuses to follow, as he once did, "the desires of body and mind" (Eph. 2:3), he will detect easily how defiled are these manifestations. The Galatian letter of Paul gives a list of these sins of the flesh, so that none can be mistaken: **Gal. 5:19-21** *"Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing, and things like these, of which I forewarn you just as I have forewarned you that those who practice such things shall not inherit the kingdom of Yahveh."* In these verses Paul makes it clear that the listed "works of the flesh" are very plain. Those who are truly willing to open their minds with understanding, will clearly recognize them. To ascertain whether one is of the flesh or not, he need only inquire himself if he is doing any of these works of the flesh. If we are doing even one of the above fleshly things, then we are still being lead by the works of the flesh. The simple pleasure of the presence of a work of the flesh proves the existence of the flesh. I believe the works of the flesh may be divided into five groups:

- 1) sinful temper and its peculiarities, such as enmity, strife, jealousy, and anger.
- 2) sinful supernatural communications with satanic forces, such as sorcery, witchcraft, satanism, and any and all other demonically influenced areas of belief.
- 3) sins which defile the body, such as sexual promiscuity, licentiousness, and unholy treatment of the Temple body.
- 4) sins such as selfishness, envy, hatred, and controlling spirits.
- 5) sins of party mentality, like drunkenness, and carousing and disrespect of the gift of life.

This alone can be a test whereby a Believer may know whether or not a work is of the flesh. Whatever does not issue from waiting upon Yah, from depending upon the Holy Spirit, is unquestionably of the flesh. Whatever one decides according to his pleasure in lieu of seeking the will of Yah, comes from the flesh. Whenever a heart of utter trust is lacking, there is the labor of the flesh.

A carnal Believer is one who has been born anew and has Yah's life, but instead of overcoming his flesh, he is overcome by the flesh. We know the spirit of the fallen man is dead, he is dominated by his soul and body. A carnal Believer, therefore, is one whose spirit has been quickened, but who still follows his soul and body unto sin.

If a Believer remains in a carnal condition long after experiencing new birth, he hinders Yah's salvation from realizing its full potential and manifestation. Only when he is growing in grace, constantly governed by the spirit, can salvation be wholly wrought in him. Adonai has provided full salvation in Calvary for the regeneration of sinners and victory over the Believers old creation.