RED CROSS DECONTAMINATION POLICY

Many instructors falsely believe decontamination of mannequins is NOT needed if the mannequins are not ventilated into *(i.e. as long as you only "pretend" to blow in)*.

It is standard protocol **all mannequins used** are to be washed and bleached in accordance with the Canadian Heart and Stroke Guidelines. Please contact the Saskatchewan Heart & Stroke Foundation office in Saskatoon at 306-244-2124 or the Canadian Red Cross Western office at 1-888-307-7997 for any additional information.

Specifically, mannequin decontamination procedures state "instructors and instructor-trainers have a legal and moral responsibility to **disinfect** mannequins **immediately** after **every** practice session". This means each mannequin part that has been **touched** or **breathed on** to or **into** must be <u>scrubbed with soap & water then rinsed and THEN</u> <u>soaked in a bleach solution</u> for a minimum of **ten minutes** (*i.e. at least 60ml of bleach per 4 litres of water*). Please be sure to rinse each item after the disinfecting process and then have each item dried thoroughly before putting them away (*air drying is best*).

In this age of "super bugs" and, in particular, during flu season, we are reminded viruses are spread not only through body fluids but by touch (*i.e. through hand contact*). Therefore, breathing around the face of a mannequin and handling the face indicates decontamination practices must be STRICTLY enforced BY EVERY INSTRUCTOR AFTER EVERY USE.

In order to protect yourself, your students and fellow instructors, please scrub, disinfect, rinse and dry ALL of the mannequins EVERY TIME you use them!

c(0)