**lotusBlue Lotus Healing Arts**

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with Rev. Dr Joy Kachel

**2022 Class Descriptions**

*Pre-registration is required for all classes, see registration form*

* HB101 **Explore Your Healing Power!**

Ever wondered what healers do? Ever wanted to try to do healing work yourself? We're all

healers by birthright. So come explore with us on a journey through the basics of energy

healing. We’ll examine some fundamental questions like: What is Healing? What do we need to be “Healers”? What is Energy? What is the Energy Field? What’s the connection between the body, mind, emotions and spirit? How can the mind affect the physical body? We’ll survey

different Medical/Healing models and explore the role of perception and consciousness on

illness and health. We’ll investigate some ancient and modern knowledge pertaining to these

questions and learn a basic healing technique to try out for yourself. Come with an open mind,

a spirit of adventure and a friend**. 6 hrs $49**

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* HB102 **Energy & the Energy Body**

Learn the essentials of working with energy — sensing the energy field, moving energy: pushing & pulling, strengthening, expanding & contracting the aura. We will examine the auric field and the chakras as places to gather vital information about the physical, mental, emotional & spiritual states of the client. We’ll begin using all our powers of perception - seeing, hearing, tasting, feeling, and knowing - to acquire an overall sense about a client’s condition. We can often “pick up” indications of specific energy blocks and possible physical, mental or emotional problems by sensing them in the person’s field. We will also study about “Healer Hygiene” and learn a basic Bruyere healing technique, *Chelation.* Max 6 students **6 hrs $75**

* HB103 ***The Issues are in the Tissues***

Everything we experience throughout our lives is stored at specific frequencies within our tissues. Let’s explore the implications of this statement and practice how to handle the possible mental/emotional/spiritual consequences of the energetic release of stored memories.

Max 6 students **4 hrs $49**

* HB104 **Body Symbology**

Each part of the body has symbolic meaning. Let’s explore these areas $ learn possible mental/emotional/spiritual significance of illness or injury at various places in & on the body. This also is an intuitive healer’s tool for accessing conscious & unconscious issues that may need to be addressed in order to heal. Max 6 students **6 hrs $75**

* HB105 **The Role of Belief & Intention in Healing**

Just as various conditions at specific parts of the body have symbolic meaning, the state of mind, the perceptions of the client, the beliefs that they express or repress and what they think about the condition that is manifesting and what they perceive to be the cause of it are key predictors of their ability to heal. The same is true of the healer and their ability to work successfully with the client. By accepting the client’s apparent condition as genuine simply reinforces its perceived reality for both the client and the healer. So how should the healer approach the client? What is the role of belief and intention for the healer as well as for the client? Max 6 students **4 hrs $49**

* HB106 **The Role of Ethics in Healing**

What is the set of principles or code of ethics that healers live and work by? This is a vitally important question philosophically, professionally, morally and legally. In this class we will explore this issue, discuss and develop a set of personal healer ethics as well as offer a group contribution to the larger national project defining a Code of Ethics for Healers.

Max 6 students **6 hrs $75**

* HB107 **Creating & Holding Sacred Space**

It is essential that healers create and maintain sacred space for their clients. We will explore why this is so vital, what this means practically and spiritually, and what is needed to establish and hold sacred space in the healing situation.Max 6 students **4 hrs $49**

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* HE101 **Advanced Body Energetics**

Learn more about the chakras, energy and the body: Nine Essential Questions *About* *Why to Study the Human Body,* Chi Gung Breathing, Ito Movements, Directed & Non-Directed Energy, Redundancy of the Chakra System, Chakras and the Endocrine System, Tissues & the Energy Bodies, Auric Layers, Energy flow through the body & more!Max 6 students **14 hrs $175**

* HE102 **8th & 9th Chakras – Probability & Possibility**

These are two above-the-crown chakras that have to do with the probability and possibility of our direction into the future. Learn to identify that which is probable in a situation and affects changes that will influence & broaden the possibilities.Max 6 students **4 hrs $49**

* HE103 **Healer Anatomy & Healing Techniques**

Delve into the mystery and beauty of the physical human body. Become familiar with its systems and organs. Learn to “touch” the body & listen to it speak. Gain knowledge of common medical language to better understand what’s going on with clients & to speak with medical personnel. Also become skilled at energetic healing techniques designed for working with physical organs. Four topics: 1) Self Assembly in the Body, 2) Structural Systems, 3) Energy Production & Waste Management Systems, 4) Control Systems. Max 6 students **32 hrs $399**

* GI101 **Scanning the Aura**

One of the most important of the basic tools we have as healers is the ability to scan the aura. Using all our powers of perception - seeing, hearing, tasting, feeling, knowing - we can get an overall sense about a client’s condition. We can often “pick up” indications of specific energy blocks & possible physical problems by sensing them in the field. 6 students max **4 hrs $49**

* GI102 **To Chart or Not to Chart**

If you are working with someone long-term or need to document your sessions, charting can be a very useful skill to have. This is not charting in the medical/insurance sense, but a visual & written record including the client’s history, presentation, your results from scanning of the aura, your treatment & your recommendations for future sessions using Rosalyn Bruyere’s model**4 hrs $49**

* GI103 **Working with Angels & Guides**

Areyou aware of other healing hands working with or through you while you are doing healing work? Ever have the feeling that someone else is directing your hands or giving advice on what to do next? Meet your healing guides, angels, teachers & doctors and learn how to better communicate and work with them.  **4 hrs $49**

* GI104 **Working with *Etheric Fingers***

This is another healing technique that many healers and healing modalities use. It is a method used to work deep in the body even down to the cellular/molecular level. The work is done energetically and can be hands-on or hands-off the physical body. Many practitioners spontaneously use this technique without realizing what they’re doing. In this class we will learn how to consciously practice the technique and learn when it is appropriate to use and not.

**4 hrs $49**

* GI105 **Working with Breath**

Breath is essential to life. It is also vitally important to reaching and staying with God, Spirit, Consciousness, the I Am Presence at our core. Because breathing is so fundamental to our physical and spiritual being, breathwork is a very useful tool for healers and clients alike. In this class we will examine and practice several breathing techniques designed for analytical and remedial purposes.  **4 hrs $49**

* GI106 **Working with Guided Imagery**

Very often suggesting scenarios for clients to follow, is a non-threatening way for them to safely address issues, situations or conditions that present themselves in the healing process.

Guided imagery allows clients to engage with the healer & gives them something that they can

take with them to work on after the session is over. We’ll look at the role of symbology & the

spontaneous development of imagery for use as healing tools.**4 hrs $49**

* GI107 **Working as a Team**

Ancient healing was performed as sacred ritual in the temples with teams of healer/priest/

priestesses**.** Working together with more than one healer exponentially multiplies healing power and efficiency. However, ego & conflict need to be left out. We will learn how to blend energies & tap into a space of shared rhythm & knowing with your teammates & experience the increased blessings your team can bring to the healing space. **4 hrs $49**

* GI108 **On Being an Empath**

Do you literally feel another’s pain? Do you know what someone is feeling or know what’s wrong just by being present in their auric field? Great! But, do you know how to “turn it off” when you’re not working? Can you let the pain & feelings inform without taking them on or into your- self? We will explore “Energetic Aikido,” different methods of energetically allowing stuff to pass through, clearing & cleansing, protection and more. **4 hrs $49**

* GI109 **The Business of Healing**

Are you ready to do more than casual working on friends and family? Are you ready to turn professional? Then come and join us in learning the ropes to starting your own healing business. Here’s what you need for the Art, Science, & *Business* of Healing: 1) Name & Licensing:

Professional Licenses: State, National; Business Licenses: State, City; Finances; Insurance; Location: Home or Office; Promotion 2) Mission/Vision Statement 3) 3-Year Business Plan &

4) Marketing & PR Plan Outline. Join us to put it all together! **6 hrs $75**

* HT101 **Handling Abuse & Trauma**

Do you know what to do if your client suddenly goes into reliving a traumatic situation, begins to cry and act hysterically? Can you detach enough emotionally and compassionately in order to assist the person to work through these memories? Remember, the issues are in the tissues! Come explore this most important issue for healers. Learn some physical, spiritual, emotional and energetic techniques to use in a healing crisis. **4 hrs $49**

* HT102 **Handling Grief & Loss**

Do you know what to do if your client suddenly goes into reliving a traumatic situation, begins to cry and act hysterically? Can you detach enough emotionally and compassionately in order to assist the person to work through these memories? Remember, the issues are in the tissues! Come and explore this most important issue for healers. Learn some physical, spiritual, emotional and energetic techniques to use in a healing crisis. **4 hrs $49**

**Pre-registration is required for all classes.**

* ID101 **Using a Pendulum**

One method for accessing information, especially looking for blocked energy in the auric body, is the use of a pendulum. We will explore different methods of pendulum use possible ways to interpret the results. Bring a pendulum or a crystal or metal piece on a chain for use in class. Students will participate in using a pendulum and develop their own system for interpretation. **2 hrs $25**

* ID102 **Muscle Testing**

This method of accessing information is also known as *Applied Kinesiology* and is used regularly in many healing modalities and by individuals for personal use. We will examine several methods of muscle testing and explore their various uses. **2 hrs $25**

* GI103 **Working with Intuition *New!***

Can you just “feel” that something is going to happen or “know” when something is or isn’t right? Psychic gifts, empathy, intuition are all abilities that can be shut down if we’re afraid or nurtured if we are open to it. Let’s explore the gifts and how they can be used to better our lives**. 4 hrs $49**

* GI109 **Working with Angels & Guides *New!***

Guardian angels, archangels, gatekeepers, ancestors, spirit guides, and Higher Self … We all have spirit beings who work with us either in the background of our subconscious or who make their presence known to us if we ask them. Learn who these beings are and what they can do to help us. **2 hrs $25**

* ID105  **Removing Attachments & Cords *New!***

Do you have pain in places without any physical cause? Do you feel that you just can’t shake someone or something that’s holding you back? Perhaps you’ve been corded or injured in the past by negative thoughts & energies. Learn how to identify what is affecting you or someone you’re working with and how to release it. **4 hrs $49**

* ID106 **Clearing People, Things & Spaces *New!***

Learn spiritually practical ways to clear people, things and spaces of negativity using prayer, chanting & toning, smoke, candles, oils, corn meal, water, bells, bowls, and other sound, color, energy and the use of talismans and symbols**. 4 hrs $49**

* ID107 **Working for the Healing of the Planet *New!***

Let’s join as a community in sacred practices to manifest healing, peace and unity for Mother Earth and all her occupants. **2 hrs $25**

* HT103 **Forgiveness is Healing *New!***

The mindset of forgiveness – of people, events, perceived hurts & losses – is the foundation of healing. We hold on to the past & our version of the past in our conscious & subconscious minds. True healing happens when these negative memories are faced and released. We will be ruled by the negative ego, with pain, loss, sin and death until we can forgive. **4 hrs $49**

* ID103 **Accessing Past Life Memories *New!***

Do you ever get “flashbacks” of events from a past not in your time? Ever meet someone new who you know you know already? Do you have aversions to or feel drawn to something or some place but don’t know why? Perhaps these are memories from a past life. Let’s explore the possibilities. **4 hrs $49**

* ID111 **Setting Protection *New!***

Do you avoid being in crowds, malls, even movie theaters? Are you uncomfortable in places or around people you don’t know? Learn some simple practical techniques for protecting yourself energetically. **4 hrs $49**

* ID104 **Distance Viewing *New!***

Learn to tap into events, people and experiences that are beyond the limits of time and/or space for the purpose of healing. **4 hrs $49**

* ID112 **Working with the Shadow Self *New!***

Learn to access the deep negative aspects of ourselves in order to release them from our subconscious or unconscious minds. This is an essential part of all spiritual work, that which allows us to bring the darkness to the light, to free us from the negativity of the ego and choose again to live the Divine Light in our lives. **4 hrs $49**

* ID108 **Working with Tarot**

This class is meant to simply begin the exploration of this divination tool using several Tarot decks and using several card layouts to questions that you have for yourself.

**2 hrs $25**

* ID109 **Working with Runes**

Runes are another ancient divination tool useful for exploring probable answers to questions you pose.

**2 hrs $25**

* ID110 **Working with Numerology**

Numerology is yet another means of finding guidance for our life based on the energy of numbers. We will look at our names, birthdates, and other spelling/numerical options for us .

**2 hrs $25**

* RH101 **Reiki 1**

Have you always wanted to help others (or yourself)? Are you the person everyone goes to for comfort? Do you feel that you can help ease pain just by putting your hands on the “hurt”? We’re all healers by birthright! Come and explore the gift and some practical techniques of hands-on energy healing. Learn to feel the body’s energy field; explore how to build, use and direct energy; receive a beautiful universal blessing with the Reiki initiations, and have a wonderful healing time together. Sign up today and bring a friend! Class includes: Introduction to energy healing and the body’s energy field; Reiki history and principles; Reiki 1 healing techniques, attunements & certification; guided meditation; lecture & discussion; movement & breath practices; demonstration & lots of experiential interactive practice. Recommended book: *Essential Reiki* by Diane Stein. 6 students max **6 hrs $75**

* RH102 **Reiki 2**

Class includes: Reiki 2 healing techniques, attunements & certification; lecture & discussion; demonstration & lots of experiential interactive practice. Must have Reiki 1 certification. Recommended book: *Essential Reiki* by Diane Stein. 6 students max **6 hrs $100**

* RH103 **Reiki 3 Practitioner**

Come and explore the gift and some practical techniques of hands-on energy healing. Class includes: Reiki 3 healing techniques, attunements & certification; lecture & discussion; demonstration & lots of experiential interactive practice. Recommended book: *Essential Reiki* by Diane Stein. Must have Reiki 1 & 2 certification. **6 hrs $150**

* RH104 **Reiki Master/Teacher**

Class includes: Reiki Master/Teacher healing techniques, attunements & certification; lecture & discussion; demonstration & lots of experiential interactive practice. Also includes 6 hours of apprenticeship to practice the Reiki Attunements and teaching techniques. Recommended book: *Essential Reiki*  by Diane Stein. Must have Reiki 1 & 2 certification **12 hrs $350**

* RH105 **Reiki 4 Kids!**

Do you ”collect” sick or wounded animals? Are you the one your friends come to when they have a problem? Can you “make it feel better” by touching someone in pain? We’re all healers by birthright!  Come and explore the gift and learn some practical techniques of Reiki hands-on energy healing (Good for people, animals, plants and more!).  Learn to feel the body’s energy field. Explore how to tap into, use and direct the healing energy. Have a fun healing time together. Bring a friend, too!

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| 4 hrs | $29 |  |  |  |  |  |  |

* SP101 **The Mystics**

The human capacity for self-awareness has been the motivation for man’s search for answers to deep and mysterious questions like: What is life? What happens to us after death? If we examine the mystical cores of the world’s major religions across time and space we find that they all converge at a similar point. We’ll explore in depth the mystical core beliefs of Sufism, Hinduism, Buddhism & Christianity. **10 hrs $49**

* SP102 **Introduction to World Religions**

We will begin the study of world religions to discover how humans have tried to answer some of life’s deepest questions. We will look at the core beliefs of Judaism, Christianity, Islam, Hinduism, and Buddhism. We will view these different traditions and experience some basic practices such as meditation, chanting and listening to music and spoken words. This course is designed not only to stimulate the brain, but to stir the heart as well. **10 hrs $49**

* SP103 **Rumi & the Sufi Way of Love**

Sufism, the mystical path of Islam, was profoundly shaped by the 13th Century poet and scholar Jalal-ud-Din Rumi. Rumi’s glorious spiritual journey lasted for over 30 years in which he founded the Mevlevi Sufi Order with its famous *Whirling Dervishes,* and his teachings and writings have inspired many other great Sufi Masters/Poets. Join me for an in-depth experience into the heart and mind of this revered Spiritual Master and begin to appreciate the depth of incredible passion present in the soul of the Middle East. **10 hrs $49**

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* SP107 ***The Hope* – Sacred Activism**

The **Sacred Activist** is inspired by his/her growing initiation into the full embodied passion of Christ consciousness to imagine a new future for humanity, a birth on earth of the **Divine Human** of the **New Creation**. It is not a path of union with the Transcendent God only, but a path through which the transcendent powers of love and wisdom are embodied in the core of human life. Join us as we venture through Andrew Harvey’s book, *The Hope*.  **10 hrs $49**

* SP104  ***The Gospel According to Jesus***

This is a spiritual journey into the teachings of Jesus as consolidated into a single gospel. We will look at the Gospel of Jesus from a metaphysical prospective, seeking His wisdom for our lives. **4 hrs $29**

* SP108  ***7 Spiritual Laws of Success***

This is an in-depth look at the 7 spiritual laws that govern the universe and our lives. How can we align ourselves more precisely to better follow these laws and live a more harmonious and fulfilled life? We will read Deepak Chopra’s book and watch his DVD outlining these 7 spiritual laws. **4 hrs $29**

* SP109 ***Teach Only Love New!***

Delve into the 12 principles of **Attitudinal Healing** according to Gerald Jampolsky.

**10 hrs W $49**

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| * + MC104 **Centering Prayer**   *Centering Prayer* is a Christian contemplative meditation practice leading to internal silence  as a means of communing with God. It requires your intention to be in a loving relationship  with Spirit and your commitment to effortlessly surrender your thoughts and emotions in  order to simply rest in God. It allows us to release our ordinary awareness of living in this  world. In fact, it goes beyond even spiritual awareness, deeper, to the level of the Higher  or True Self as a child of God, and finally, even deeper into Oneness with Divine Presence.  *Centering Prayer* is an attitude of the heart – of love, trust and faith. It is a form of prayer  that has been practiced by Christian monastic mystics for over 16 centuries. *Centering Prayer*  is an attitude of the heart – of love, trust and faith. It is a form of prayer that has been  practiced by Christian monastic mystics for over 16 centuries. |

* + MC103 **Meditation for Beginners**

New to Meditation or having difficulty quieting mind chatter? Come and join us for an hour of meditation.  Experience such practices as sitting meditation, breathing practices, music, guided imagery and more.  Bring an open mind, a sense of adventure, a desire to find inner peace and a friend. **4 hrs $35**

MC101 **Meditation for Inner Harmony**

Come and join us for an hour of meditation.  Experience such practices as sitting meditation, breathing practices, music, guided imagery and more.  Bring an open mind, a sense of adventure, a desire to find inner peace and a friend. **$5 per session on-going**

**For more information contact:** ***Dr. Joy Kachel***

509-520-1188 (text)

[joykachel@aol.com](mailto:joykachel@aol.com)

[www.drjoykachel.com](http://www.drjoykachel.com)

**Blue Lotus Healing Arts**

**Class Registration Form** (**In-class or on ZOOM**)

**Please print clearly**

**Student Information**  
Name: (last)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(first)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
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City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Phone: (day)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(eve)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
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**Class Information:**

1. Course Code:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Course Title:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dates:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Fees: $\_\_\_\_\_\_\_\_\_\_

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Dates:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Fees: $\_\_\_\_\_\_\_\_\_\_

3. Course Code:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Course Title:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dates:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Fees: $\_\_\_\_\_\_\_\_\_\_

**Total Class Fees: $\_\_\_\_\_\_\_**

Check Payment Type:  cash\_\_  check \_\_ credit/debit \_\_

**To register for classes, send this form with your payment to:**

**Dr. Joy Kachel**

**365 Highland Park Drive**

**College Place. WA 99324**