

Thirty Year Old Wine



Choreographed by : Karen & Nigel Poll - October 2013 pollykaz7@live.co.uk Tel 01379 853571
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Description : 48 count dance, Man Facing OLOD, Lady Facing ILOD
Closed Western position
Man's steps listed, Opposite footwork throughout. Unless stated

Music: The Best Keeps Getting Better - Alan Jackson (Freight Train)

Side together, Side shuffle, Cross rock, recover, turn $\frac{1}{4}$ shuffle back (facing LOD)

- 1-4 **Man** - Step Side Left, Step Right beside Left, Left Side shuffle
Lady - Step side Right, Step Left beside Right, Right Side shuffle
5-8 **Man** - Cross Rock Right over Left, recover turning $\frac{1}{4}$ Left, Right shuffle backwards
Lady - Rock Back Left behind Right, recover turning $\frac{1}{4}$ Left, Left shuffle forwards (facing RLOD)

Rock back, recover Shuffle forwards, (Lady pivot $\frac{1}{2}$ Shuffle $\frac{1}{2}$ turn) Walk, Walk Shuffle

- 9-12 **Man** - Rock back Left, recover on Right, Left shuffle forward
Lady - Step Forward Right Pivot $\frac{1}{2}$ Left, Right shuffle $\frac{1}{2}$ turn left,
13-16 **Man** - Walk forward Right, Left, Right shuffle forward
Lady - walk backward Left, Right, Left shuffle backwards

Rock forward, recover Shuffle $\frac{1}{2}$ turn, Step forward, Pivot $\frac{1}{2}$ turn, shuffle

- 17-20 **Man** - Rock forward Left, recover on Right, shuffle $\frac{1}{2}$ turn left, to face RLOD
(Taking ladies Right hand over man's head)
Lady - Rock back Right, recover on Left, Right shuffle forward
21-24 **Man** - Step forward Right, pivot $\frac{1}{2}$ turn Left, Right shuffle into LOD
Lady - Step forward Left, pivot $\frac{1}{2}$ Right, Left shuffle into LOD

$\frac{1}{4}$ turn grapevine, Shuffle $\frac{1}{4}$, (Facing OLOD), $\frac{1}{4}$ turn grapevine, Shuffle (facing ILOD) (Open hand Hold)

- 25-28 **Man** - Turn $\frac{1}{4}$ Right, stepping Left to Left side, cross Right behind Left, turn $\frac{1}{4}$ Left, Left shuffle
Lady - Turn $\frac{1}{4}$ Left, stepping Right to Right side, cross Left behind Right, turn $\frac{1}{4}$ right, right shuffle
29-32 **Man** - Turn $\frac{1}{4}$ Left stepping Right to Right side, cross Left behind Right, turn $\frac{1}{4}$ Right, Right shuffle
Lady - Turn $\frac{1}{4}$ Right, stepping Left to left side, cross Right behind Left, turn $\frac{1}{4}$ Left, Left shuffle

Walk, Walk Shuffle, Crossing over, Walk, Walk Shuffle, crossing over.

(holding inside hands, bringing arms over ladies head)

- 33-36 **Man** - Walk Left, Right, Left shuffle (Changing sides behind lady)
Lady - Walk Right, Left, Right shuffle (Crossing in front of man)
37-40 **Man** - Walk Right, Left, Right shuffle (Changing sides behind Lady)
Lady - Walk Left, Right, Left shuffle (crossing in front of man)

Rock forward Left, recover turn, $\frac{1}{2}$ Left Shuffle, $\frac{1}{4}$ pivot Left, Cross Shuffle.

- 41-44 **Man** - Rock forward Left, recover on Right, turn $\frac{1}{2}$ Left, Left shuffle to RLOD
Lady - Rock forward Right, recover on Left, turn $\frac{1}{2}$ Right, Right shuffle to ROLD
45-48 **Man** - Step forward Right, Pivot $\frac{1}{4}$ Left, Right Cross shuffle
Lady - Step forward Left, Pivot $\frac{1}{4}$ Right, Left Cross shuffle.

Start Again