# **EMDR Basic Therapy Training Objectives**

After Part 1, you will be ready to begin using EMDR therapy effectively with your client's.

- 1. Identify the 8-Phases of EMDR therapy.
- 2. Conceptualize treatment planning outcomes.
- 3. Utilize the 8-Phases of EMDR treatment.
- 4. Explain EMDR therapy to clients.
- 5. Practice stabilization and preparation skills.
- 6. Identify targets to reprocess.
- 7. Identify when a client is out of the window of tolerance.
- 8. Explain the adaptive information and processing model.
- 9. Understand the 3-pronged approach of past, present and future.

**EMDR 808 Pacific Counseling** 

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Vernal, UT 84078

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Website:

https://emdr808pacific.com/training

**EMDR 808 Pacific Counseling** 

Check online for current training dates:

https://emdr808pacific.com/training

Eye Movement Desensitization& Reprocessing is an effective trauma therapy.



EMDR Therapy Training In-person & Virtual Training

EMDR 808 Pacific Counseling is an Equal Opportunity Employer.

#### About the trainer: Rhonda Kamai-Kekela, LCSW

Rhonda is an EMDRIA Approved EMDR Consultant and Training Provider. She facilitates trainings with EMDR HAP and EMDR Institute as well as provide independent EMDR Therapy training.

Rhonda has a private practice in Vernal, UT and specializes in the treatment of C-PTSD, anxiety, depression, and addiction treatment.

Rhonda is a Dept. of Transportation Substance Abuse Professional (SAP) and the Tri-county area Utah EMDR Regional Coordinator and provides continuing education for practicing EMDR therapists in the area.



## THIS TRAINING QUALIFIES FOR CE'S.

CEs received upon training completion. This qualifies for 50 EMDRIA credits.

NASW: "this program is Approved by the National Association of Social Workers (Approval # 886813866-1119) for 41.5 continuing education contact hours.

NBCC: EMDR Basic Therapy Training has been approved by NBCC for 40.5 NBCC credit. EMR 808 Pacific Counseling is solely responsible for tall aspects of the program. NBCC Approval No. SP-3658.

#### Host an EMDR Therapy Training

Are you interested in Hosting a Training in your community or for your agency? If so, contact Rhonda for more information, 435-219-0576 or email: emdr808pacific@gmail.com

# What a Trainee said about the training:

"I couldn't have imagined a more positive scenario, then the one I had with Rhonda. Overall, this was incredible, informative and understandable." J. Maurer, ACMHC

## EMDR BASIC THERAPY TRAINING REGISTRATION FORM

Name:
(As it would appear on certificate of completion)
Professional Title:
License#:
State licensed in:
Mailing Address: City:
State: Zip:
Email:
Training dates and Location you are registering for:
City: State:

#### PAYMENT PLAN: 3 EQUAL PAYMENTS

(1/3 payment at registration, 2/3 after Part 1, final payment after Part 2).

Utah Cost: \$1550

Combination Cost: \$1650

Hawaii Cost: \$1750

Virtual Cost: \$1250

\$100 discount for pre-licensed individuals and non-profit.

Make payment online at:

https://emdr808pacific.com/training