

Guide for Kids

Gardening

Fun Kits



MADE POSSIBLE BY A GRANT FROM



FUNDY COMMUNITY FOUNDATION 

Welcome to the Family Resource Centre of Charlotte County Inc. and Fundy Community Foundation Gardening Fun Kit! Inside you will find crafts for Gardening Fun, tasty and nutritious sprouts and herbs to add to your food.

The Kit gives your little ones a new way to explore the outdoors and how to create their own food.

We have also included a \$10 Dollarama Gift Card so that you may gather other items to personalize your crafts or expand your growing.

Butterfly and Bee Waterer Kit

Sandwich Sprouts Kit

Herbs Kit

Wind Chime Craft

Butterfly and Bee waterer Craft

Cheese Stick Pollinator Game



Sprouts

Supplies

- Glass Jar
- Seeds
- Cheese Cloth
- Cool Water
- Bowl
- Ring or Elastic

How to Make

- Step 1)** Put 1 Tablespoon of seeds to Glass Jar
- Step 2)** Rinse with Cool Water 2-3 times.
- Step 3)** Half fill jar with cool water, Soak for 8-12 hours
- Step 4)** Rinse with cool water
- Step 5)** Cover with Cheese Cloth and secure using Ring or Elastic
- Step 6)** Set upside down, at an angle in a Bowl to drain
- Step 7)** Store in a cool dark cupboard for 3-6 days rinsing with cool water 2-3 times a day.
- Step 8)** Remove remaining hulls, rinse, dry thoroughly.

How to harvest Sprouts

Harvest time is usually 3-6 days after planting. Look for leafy green sprouts that have dropped their hulls. They are at their peak when the leaf develops a cleft or divides in two. Always rinse them off to remove any loose hulls. Once rinsed, dry and store in a fridge for about a week.

Use on sandwiches, salads or in smoothies.



Scarecrow

Made from things found around the house



How to Make

- Step 1)** Tape the hanger to the top of the broomstick.
- Step 2)** Attach the milk jug to the very top for the head of the Scarecrow.
- Step 3)** Put the shirt on the hanger to make the body.
- Step 4)** Draw a fun face on the milk jug head.
- Step 5)** Add a hat to the top and put it in the garden. Beware birds!

Herbs

Supplies

- Pot
- Seeds
- Soil
- Water
- Stones or Pebbles

How to Make

Step 1) Place stones in the bottom of pot

Step 2) Fill the pot with soil

Step 3) Saturate the soil with water

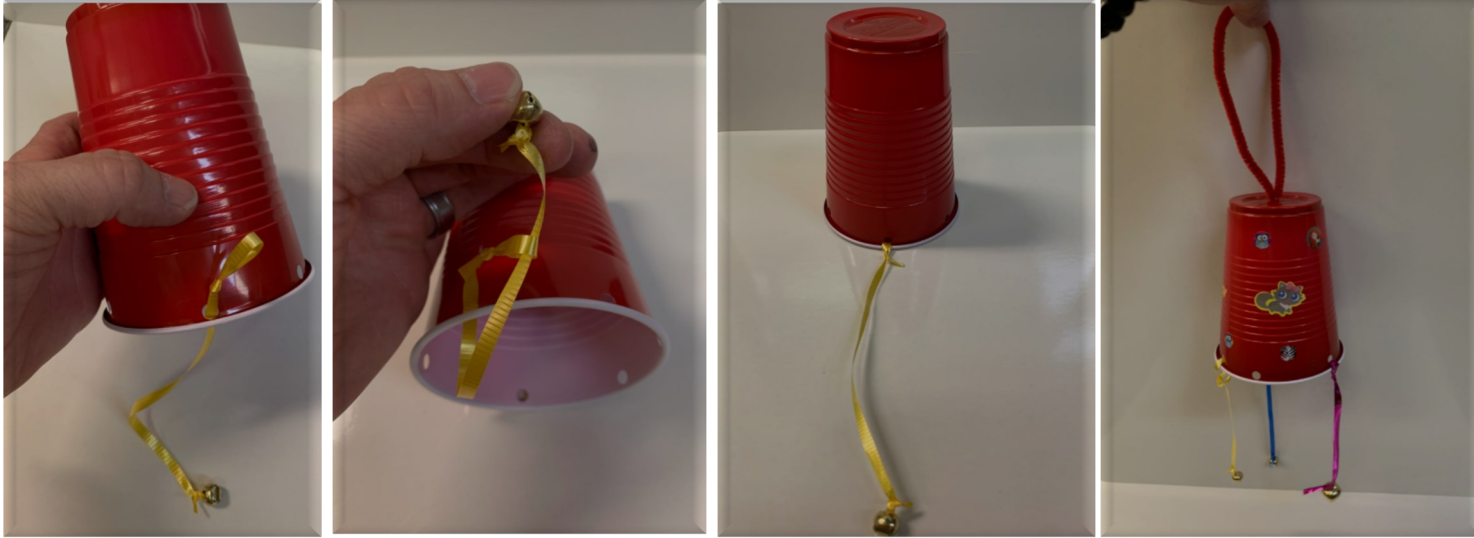
Step 4) Spread seeds on top of soil about 1" apart, lightly cover with soil and place in direct sun

Step 5) Keep moist by spritzing the soil. In about 7 days you should see sprouts

Step 6) Once they get about 5' you should be able to take cuttings to season your food



Wind Chime



Supplies

- Plastic cup
- Stickers
- Paper clips
- String & Bells

How to Make

- Step 1)** Push looped end of bell through the holes on the cup.
Step 2) Feed the bell up through the loop and pull to tighten
Step 3) Decorate with stickers or paint
Step 4) Hang wind chime in a breezy area inside or outside the home

Bee and Butterfly Waterer



Supplies

- Plastic Pot & Saucer
- Paint & brushes
- Glass Marbles, rocks or pebbles
- Water

How to Make

Step 1) Paint bottom pot

Step 2) Place rocks or marbles on top

Step 3) Place in garden or yard and fill with water

Just like birds need water, so do bees. Place rocks in the water on the saucer so that they have something to land on before they take a sip!



Bees are not the only pollinator that could be in your yard or garden. Butterflies, Moths, Beetles, Ants, Flies and Wasps are all pollinators. Even Birds and Bats can pollinate too.



While collecting pollen and nectar, pollen gets stuck on the hairs on a bee's body, and some bees have a special place on their body to carry

the pollen. When the bee moves around, the pollen rubs off onto a different part of the flower. The pollen then moves inside the flower, so that the plant can make fruits, vegetables, nuts and seeds!



Cheese Stick Pollinator Game

Supplies:

Cheese sticks, Paper bags, Paper Flowers, Glue, Crayon, Bee finger Puppet

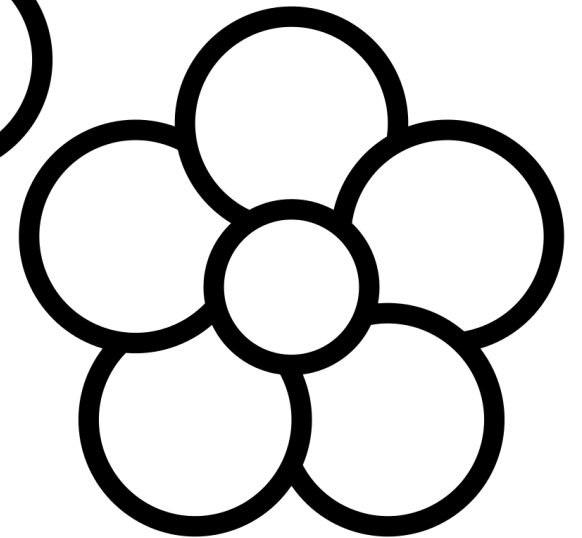
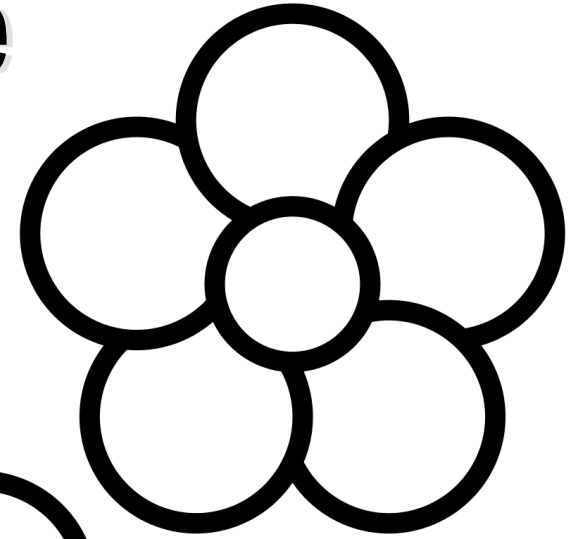
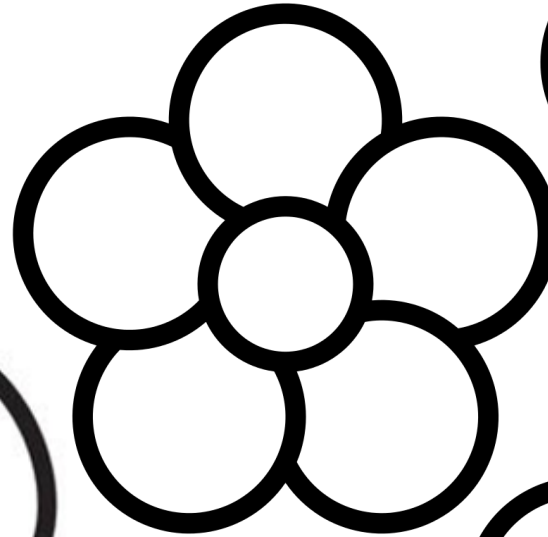
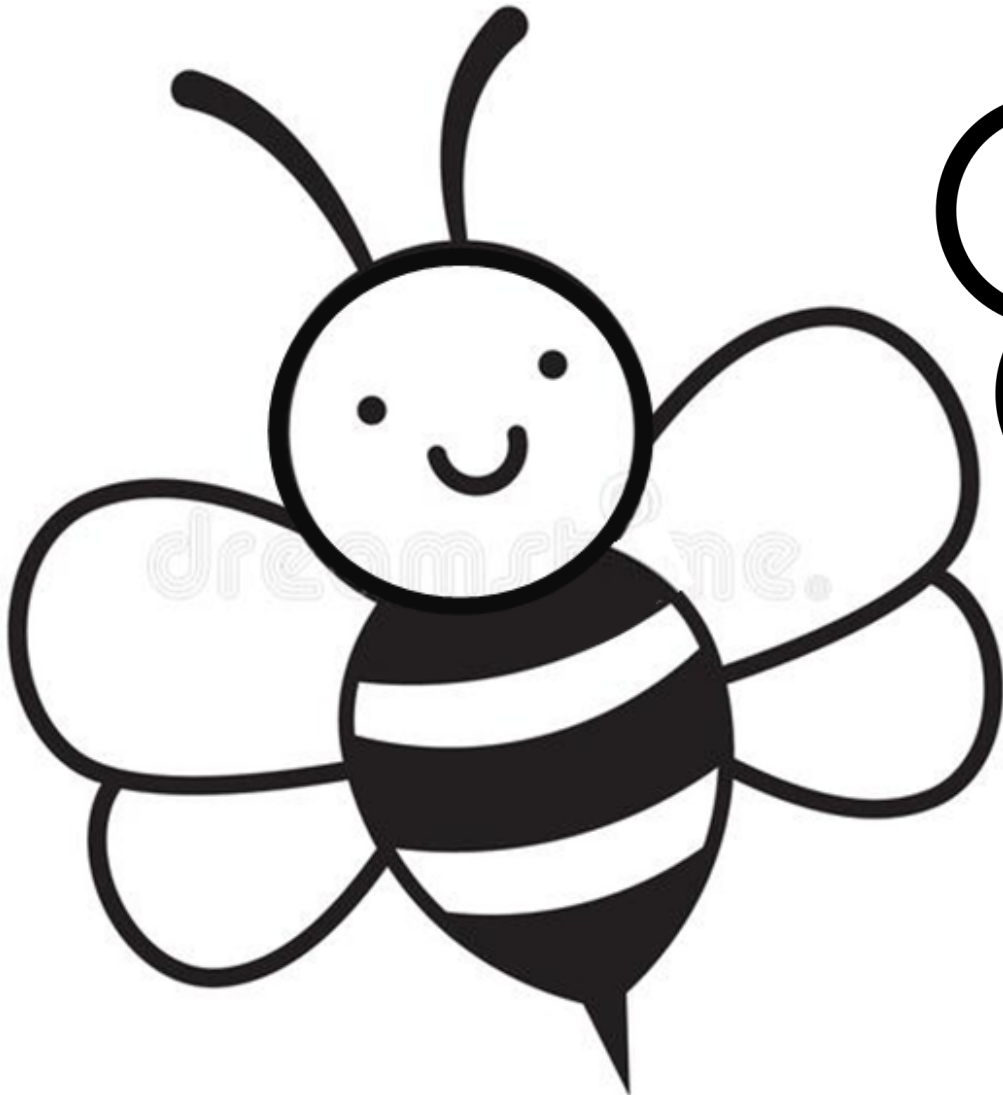
Directions:

1. Color and Glue pictures of flowers onto paper bag
2. Pour cheese sticks into paper bag and color your bee
3. Eat your cheese sticks and then put your finger puppet bee on and touch each of the flowers with your messy fingertips.
4. The cheesy powder on your hands will stay behind on each flower just like bees do when they go from flower to flower pollinating.



Cheese Stick Pollinator Game

Printables:



Terrarium



Supplies

- Jar and Cover
- Potting soil or moss
- Plants
- Small items like plastic toys
- Water

How to Make

Step 1) Fill the bottom of your glass bowl with small pebbles – about 2-3 inches high

Step 2) Fill the jar with potting soil or moss about $\frac{3}{4}$ of the way up.

Step 3) Pick an assortment of small indoor plants and plant 2-3 plants in each terrarium

Step 4) Pick a few special objects to decorate the jar.

Step 5) Add some water, seal the jar and place in an area to enjoy

