

WHTA Mini-Tutes 2014



Assessment of Levator Avulsion in the Physiotherapy Clinic

PURPOSE OF MINI-TUTE

To outline three assessment techniques that the physiotherapist can easily utilize in the clinic to determine the likelihood of levator avulsion

- Palpation of Muscle
- GH + PB
- Width Between Insertion Sites

CONTENT

The tutorial provides an introduction to levator avulsion including risk factors and implications for women considering surgery, , as well as detail on the reliability and validity research underpinning the assessment techniques explained.

DURATION **13min 9sec**

LINK <http://www.educreations.com/lesson/view/assessing-levator-avulsion-in-a-physiotherapy-clin/18671175/?s=4O5lkb&ref=appemail>

Note **This is the LONG version of this tutorial which provides** a more detailed, slower explanation of levator anatomy at the beginning, and detail on the reliability and validity of the assessment techniques.

For physiotherapists wanting a shortet tutorial (7min 44) which focuses purely on the assessment techniques, they should use the following link:

<http://www.educreations.com/lesson/view/assessing-levator-avulsion-in-a-physiotherapy-clin/18680455/?s=aTb9q1&ref=appemail>