

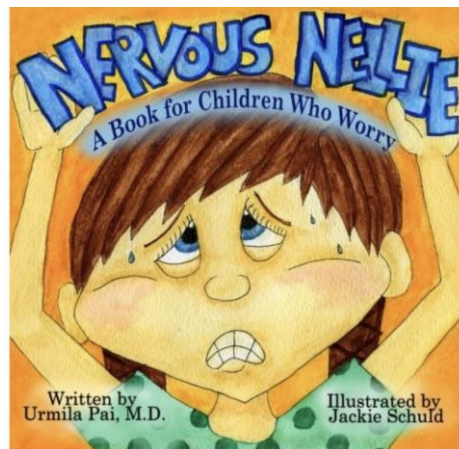
**ROBERT SEAMAN PTA INVITES YOU TO ATTEND THE**  
**FEBRUARY PTA MEETING**

**Wednesday, February 10, 2021 at 7 pm via Zoom**  
(link to follow)

**Topic: Resilience in Kids**

**Guest Speaker: Urmilla Pai, M.D.**

Urmilla Pai, M.D., is a double board certified child and adolescent psychiatrist. She currently maintains a private practice in Jericho, NY. She is the author of the book, "Nervous Nellie: A book for children who worry." She has worked as a medical consultant for the LI ADHD consortium and has been a psychiatrist consultant for several school districts on Long Island as well.



[https://www.amazon.com/dp/0692493174/ref=cm\\_sw\\_r\\_em\\_api\\_glc\\_fabc\\_y8TbGbJQQQV4C](https://www.amazon.com/dp/0692493174/ref=cm_sw_r_em_api_glc_fabc_y8TbGbJQQQV4C)

**Save the Date for our next PTA meeting: March 10, 2021 at 7 pm**