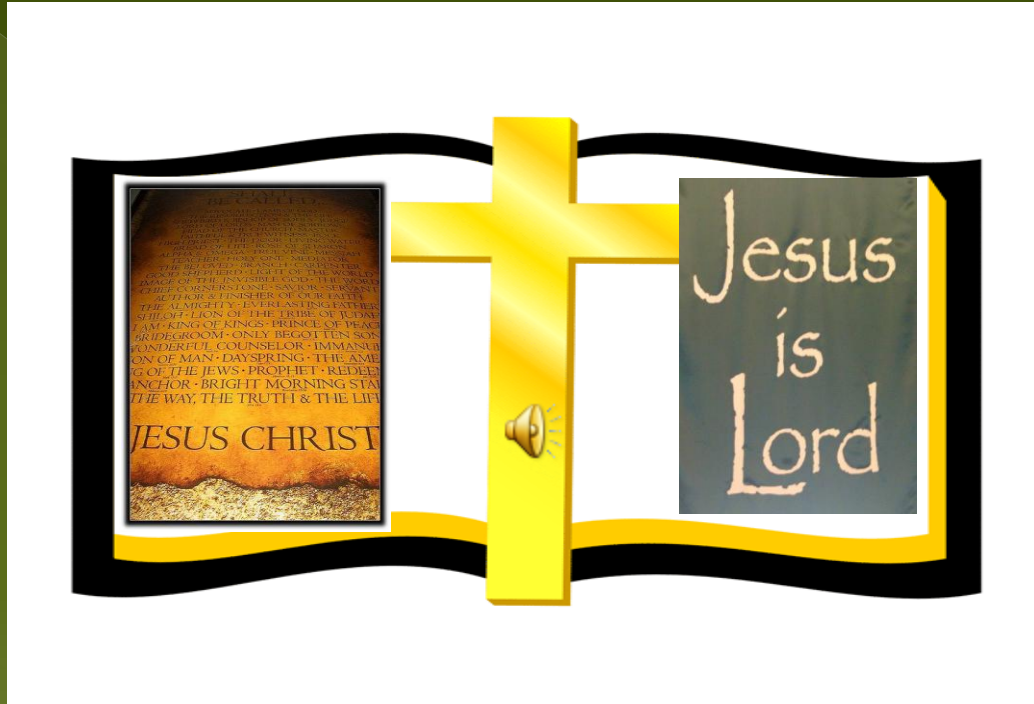


# DINE



# ON

# THE WORD

# A WORLD DIET VS A WORD DIET

- © **The World Conveys That Life Is Linked To A Diet Of Dining On The Delicacies The World Has To Offer.**
- © **The Word Of God Confirms That True Life Is Linked To A Diet Of Dining On The Delights The Word Provides.**

# PROPER DINING DIET IMPORTANT

The Diet Of Dining That A Person Selects Does More Than Determine If They Will Gain Relief From Earthly Hunger, It Determines If They Will Gain The Reward Of An Eternal Home.

# **GOD GAVE INSTRUCTIONS TO DINE ON THE WORD**

**“This Book Of The Law Shall Not Depart From  
Your Mouth, But You Shall Meditate In It Day  
And Night, That You May Observe To Do  
According To All That Is Written In It. For Then  
You Will Make Your Way Prosperous, And  
Then You Will Have Good Success.”**

**(Joshua 1:8)**

**DINING ON THE WORD  
IS NECESSARY FOR LIVING**

**“And Jesus Answered Him,  
Saying, It Is Written, That Man Shall  
Not Live By Bread Alone, But By  
Every Word Of God.”**

**(Luke 4:4)**

# THE WORD IS SOUL SAVING FOOD

**“Therefore Lay Aside All Filthiness And  
Overflow Of Wickedness, And  
Receive With Meekness The  
Implanted Word, Which Is Able To  
Save Your Souls.”**

**(James 1:21)**

# DIETARY RECOMMENDATIONS

- ◎ **We Encourage You To Dine On More Than Good Soul Food, Be Sure You Dine On God's Food For The Soul.**
- ◎ **Be Sure To Sustain Your Spiritual Health And Well-being By Taking Time To Dine On God's Wonderfully Prepared Food For The Soul.**
- ◎ **“Let The Word Of Christ Dwell In You Richly In All Wisdom, Teaching And Admonishing One Another In Psalms And Hymns And Spiritual Songs, Singing With Grace In Your Hearts To The Lord.” (Colossians 3:16)**

**BON APPETITE!!!!!!**



Fats, Oils & Sweets  
**USE SPARINGLY**

**KEY**  
[Yellow square] Fat (naturally occurring and added)  
[Black square] Sugars (added)  
These symbols show fats and added sugars in foods.

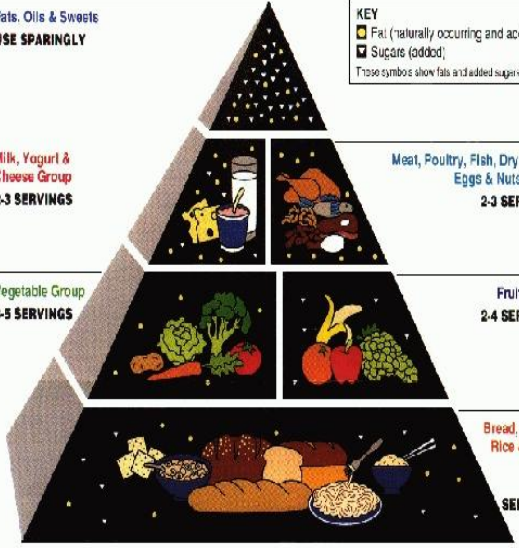
**Milk, Yogurt & Cheese Group**  
**2-3 SERVINGS**

**Meat, Poultry, Fish, Dry Beans, Eggs & Nuts Group**  
**2-3 SERVINGS**

**Vegetable Group**  
**3-5 SERVINGS**

**Fruit Group**  
**2-4 SERVINGS**

**Bread, Cereal, Rice & Pasta Group**  
**6-11 SERVINGS**



**OH TASTE AND SEE THAT  
THE LORD IS GOOD!!!!**



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# Provided By Inspiration of the Holy Spirit

Written and Prepared by Rev. Lenny M. Young

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Bible Verses From The Modern King James Version  
Song Entitled "O Taste and See" by Min. Don Pope