

Character Feelings and Traits Charts (Levels C–I)

Feeling: How does the character feel now? **Trait:** How does the character act most of the time?

Happy	Sad	Mad	Good
glad	unhappy	angry	kind
joyful	sorry	upset	helpful
proud	hurt	cross	safe
merry	gloomy	grumpy	friendly
thrilled	lonely	grouchy	thankful
pleasant	hopeless	moody	caring
excited	ashamed	cranky	polite

Scared	Mean	Brave	Other
afraid	selfish	unafraid	lazy
frightened	rude	bold	clever
nervous	cruel	fearless	hopeful
shy	greedy	daring	bored
worried	nasty	confident	curious

Character Feelings and Traits Charts (Levels J–N)

Feeling: How does the character feel now? **Trait:** How does the character act most of the time?

Happy	Sad	Mad	Good
overjoyed	disappointed	furious	respectful
delighted	discouraged	irritated	thoughtful
terrific	depressed	displeased	patient
cheerful	sorrowful	touchy	generous
optimistic	miserable	annoyed	gracious
elated	melancholy	aggravated	faithful

Scared	Mean	Brave	Other
terrified	hateful	courageous	responsible
anxious	unfair	determined	impatient
confused	ungrateful	adventurous	embarrassed
panicked	dishonest	plucky	concerned