

About Us

The mission of the Prevention Services Department is to provide best practice prevention strategies and evidence-based prevention programs, pertaining to substance abuse prevention, suicide prevention, and mental health promotion across the lifespan.

The Prevention Services Department utilizes the six federal Center for Substance Abuse Prevention evidenced-based strategies: information dissemination, education and skill building, alternatives, problem identification and referral, community-based process, and environmental approaches.

The Prevention Services team uses these strategies to focus on the following priority areas: CounterTools, Community Coalition Development, Adverse Childhood Experiences trainings, Mental Health/Suicide Prevention Trainings, and Lock and Talk VA.

To inquire about our services, please reach out to
540-480-0726.



Services Board

85 Sanger's Lane
Staunton, Virginia 24401

Main Line: 540-887-3200

Emergency Services: 540-885-0866

www.myvalleycsb.org

If you or someone you know is thinking about suicide, contact the National Suicide Prevention Lifeline at [1-800-273-8255](tel:1-800-273-8255) or text "Hello" to 741741 to reach the Crisis Text Line.

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.



11/2021

Valley Community Services Board

ALL AGES



Prevention Services



Additional Initiatives

Lock and Talk VA: Part of a comprehensive statewide approach to suicide prevention.

Providing free medication locking boxes and trigger/cable locks to the community.

Counter Tools: Tobacco merchant surveys and education, to reduce underage sales/consumption of tobacco products.

Problem Gambling and Gaming: A new initiative,

focusing on strategies to reduce problem gambling and gaming.

Opioid/Stimulant Misuse Prevention: Providing free medication locking pouches and prescription drug disposal kits to the community.



Prevention Services

Community Trainings

◆ *Applied Suicide Intervention Skills Training (ASIST) >>*

The LivingWorks ASIST curriculum is a 2-day course offered to anyone 18 + interested in learning suicide first aid skills.
livingworks.net/asist

◆ *Mental Health First Aid (MHFA) >>*

Mental Health First Aid is an 8-hour course, that teaches participants about mental health and substance-use issues and provides a framework for approaching these issues.
mentalhealthfirstaid.org

◆ *REVIVE! >>*

Revive is the 1-hour Opioid Overdose and Naloxone Education (OONE) program for the Commonwealth of Virginia. Currently REVIVE! provides training on how to recognize and respond to an opioid overdose emergency with the administration of naloxone (Narcan®). dbhds.virginia.gov/behavioral-health/substance-abuse-services/revive

◆ *safeTalk >>*

safeTALK is a 3-4 hour alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper. livingworks.net/safetalk

◆ *Understanding Adverse Childhood Experiences (ACEs) >>*

The Adverse Childhood Experiences (ACE) Study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. aceinterface.com

◆ *Additional Presentations >>*

Prevention Services can facilitate presentations around substance misuse, mental health, and other prevention-related topics.