



Dr. Fahd Jajeh, M.D., F.A.C.C.
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Instructions for Your Stress Echocardiogram

Your doctor has ordered a Stress Echocardiogram. Please read the following instructions prior to your appointment, and give our office a call if you have any questions.

- Plan to be here for about 45 minutes.
- No dietary restrictions.
- You should wear comfortable clothing (t-shirt and slacks) and proper shoes to walk on the treadmill.
- Hold the following medications the day of your test unless you have a history of atrial fibrillation (if you take your medications at night, please also hold the night before your test):
 - Atenolol, Betapace, Bystolic, Calan, Cardizem, Cartia, Carvedilol, Coreg, Digoxin, Diltiazem, Idenral, Lopressor, Metoprolol, Propanolol, Sotalol, Tenormin, Timolol, Toprol, or Verapamil
- If you need to reschedule or cancel your test, please give at least 24 hour notice.

Appointment Date / Time: _____ **In Libertyville / Gurnee**

Libertyville Office Location

1870 W. Winchester Road, Ste. 241
Libertyville, IL 60048
Ph: 847-549-0170
Fax: 847-549-0172

Gurnee Office Location

731 S. Milwaukee (Rte. 21), Ste. 110
Gurnee, IL 60031
Ph: 847-360-8440
Fax: 847-360-8468