

## GRADING FORM

*\* Attach photo \**

*Mr. / Mrs. / Miss / Ms*

**DATE:**

<b>FIRST NAME:</b>		<b>SURNAME:</b>	
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### SEISHIKAN

<b>Date started training</b>		<b>Current rank</b>	
<b>Rank attempting</b>		<b>Rank attained</b>	

### COMMENTS

<b>BLOCKS</b>
<b>PUNCHES</b>
<b>STRIKES</b>
<b>KICKS</b>
<b>KIHONIDO</b>
<b>YAKUTE</b>
<b>KATA</b>
<b>KUMITE</b>
<b>GENERAL</b>

**Signature**

**Name**

**Seishikan  
Australia**

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