



St. Augustine Shores OBSERVER

NEWS FOR AND ABOUT RESIDENTS OF ST. AUGUSTINE THE SHORES AREA

St. Augustine Camera Club (SACC) Fifth Annual Juried Member Photography Show

The Saint Augustine Camera Club (SACC) announces its Fifth Annual Juried Member Photography Show to open on Friday, April 1, at the Art Studio, located adjacent to the St Johns County Pier in St Augustine Beach. The opening night party, with music, wine and food, will run from 5-9 pm as part of the First Friday Art Walk event. Winners receive cash prizes and gift certificates from show sponsors.



The exhibit is a non-themed show, and the entries reveal the diverse interests and talents of the photographers. A novice category was added this year to encourage members with less experience to enter competition. SACC was established in September 2010, and has as its mission "to provide club members with educational information and enjoyable activities in the field of photography."

The club meets its mission with a series of lecturers, educational workshops, and field trips. Members take on



a new assignment every month, and at meetings the resulting photos are shown and critiqued. SACC meets at 6 pm on the third Thursday of every month at the Watson Realty Office on Highway 1 South in St Augustine.



The Member Show runs through April, and at its conclusion will move into the Rotunda Gallery of the St Johns County Administration Building until June 9. This building, located at 500 San Sebastian Way off Highway 1 North, is open to the public from 8-5 Monday through Friday.

Additional information on SACC can be found on the club's web site at www.saintaugustinecameraclub.com.

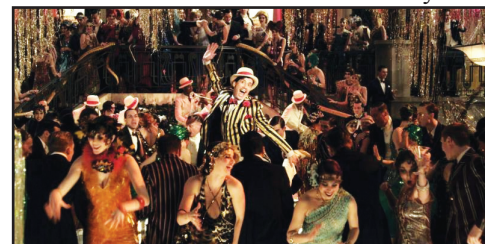
photos- 1) Above right: A Fawn-Breasted Brilliant hummingbird – Feeding Ballet by Kay Wells - one of the entries in the SACC's Fifth Annual Juried Member Photography Show. 2) Above left: A very-red blossom – Hibiscus by Renee Sanderson – one of the entries in SACC's Fifth Annual Juried Photography Show.

"A Great Gatsby Affair" Volkswagen of St. Augustine's Third Annual Gala for St. Johns Cultural Council (SJCC)

Volkswagen of St. Augustine is hosting its third annual, "A Great Gatsby Affair," at their location on US1 South on Friday, May 6th, 2016 from 7:30 -10:30 p.m. All proceeds go to support local non-profit, the St. Johns Cultural Council (SJCC). Guests are encouraged to get dressed in their finest 1920s attire. Two authentic, 1920s classic cars will be onsite as part of the backdrop with live jazz music will be provided by Danielle Eva, a 3rd place winner of the Billie Holiday Vocal Competition. This year's event will be kept "underground" and a secret passcode must be given for entry. To boot, a moonshine bar has been added to fulfill the speakeasy theme. Silent auction items are all set with low reserves and include, but are not limited to skydiving tickets, pontoon rentals, a Colorado vacation home, a family membership to the Alligator Farm, restaurant certificates and much more!

Tickets are currently on sale for \$55 per person or \$100 per couple, and can be purchased at Volkswagen of St. Augustine, Vienrich Allstate Agency in World Golf Village, or by visiting www.GatsbyForCharity.com. There will also be a spread of heavy Italian hors d'oeuvres provided by Café Atlantico that will be included with entry.

Over the last two years, the event has raised over \$17,000 to benefit local charities. This year's beneficiary, SJCC, is active throughout St. Johns County furthering visual, literary and performing arts for students, the elderly, and aspiring artists who may not otherwise have the ability to expand their creative outlets. Volkswagen of St. Augustine Owners, Joe & Sway DiFeo, are passionate about supporting local non-profits, and are artists and musicians themselves. Since opening their doors in December of 2013, VW of St. Augustine has been able to contribute nearly \$100,000 to local charities, and continues to allocate an annual budget for community support and sponsorships. You can learn more about their community outreach efforts by visiting www.VWStAug.com/Giving-Back.



The time, 1922. The evening, unforgettable. From stylish décor to decadent entertainment, join the festivities and cavort without restraint. Escape from normality and satisfy your tender curiosities of all things magical in a magnificent evening of true luxury.

For more information on "A Great Gatsby Affair," please contact Sway DiFeo at: SwayDiFeo@VWSaintAug.com or visit www.GatsbyForCharity.com

The St. Johns Cultural Council is a 501(C)(3) not-for-profit agency committed to promoting St. Johns County as a premiere arts destination where the lives of both residents and visitors are enriched through arts and culture. www.stjohnsculture.com

SJR State College Honor Society Inducts 17 members

The St. Johns River State College Phi Theta Kappa honor society recently held its spring induction ceremony. The new members lit candles and recited their oath in front of family and friends at SJR State's St. Augustine campus. A reception followed the ceremony.

The St. Augustine campus new chapter members are: Hope Broskie, Afsana Catron, Egle Donaghue, Thomas Donovan, Jacob Grubbs, Anila Lahiri, Joel Mitchell, Joanna Monetti, Isabella Parra, Haley Perra, Tony Roy, Walker Sage, Payton Serdar, Makenzie Simonson, Michelle Terrell, Christen Tompkins and Cybill Winkel. To join PTK, members must have completed 12 credit hours at a two-year institution and hold a 3.5 grade point average. The organization also promotes scholarships. To learn more about the Phi Theta Kappa honor society, visit www.ptk.org.



PHOTO: Members attending the ceremony were: Front row, from left: Jordan Petkoski, Michelle Terrell, Walker Sage, Isabella Parra, Payton Serdar, Joel Mitchell, Stephen Blackman Back row, from left: Justin McQuillen, Makenzie Simonson, Ryan Skelly, Thomas Donovan, Egle Donaghue, Cybill Winkel, Anne Marie Widener.

What's Inside The Observer This Month...

- **News From Around the Shores:**
 - Shores Service Corp March Board Update
 - Message for President
 - Annual Meeting May 6th
 - Spring Yard Sale April 2nd
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- **Health Update: My Legs Don't Match**
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- **Computer Corner: Windows 10 Update**
- **Sheriff's Corner: Bicycle Safety**
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The function of the St. Augustine Shores Observer is to serve residents of the St. Augustine Shores areas Community.

First priority will be given to reporting news and activities of the residents of the St. Augustine Shores and other local communities, and other news and events that directly affects the area. Second priority will be given to articles of general interest as space permits.

Information should be received by the 10th of the month in order to appear in the following month's issue. Articles or information may be sent to the Shores Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Shores Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

The Observer's acceptance of advertising does not constitute an endorsement or approval of any product or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held liable for information provided herein by submitters, including pictures, graphics, websites and/or emails listed, that may have the potential to constitute fraud or other violation of law including copywriting infringements. The publisher reserves the right to refuse advertising that does not meet the publication's standards.

How To Reach The Shores Service Corporation (Shores Homeowners Association) (904) 794-2000

Shores Community Calendar

• **Shores Service Corporation** monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.

• **Shores Recreation Association** board meetings are held on the first Tuesday of each month at 11:30 a.m. at the Riverview Club.

• **Conquistador Condominium** Board meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

• **Fairview Condominium** Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

• **Greens Condominium** Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.

• **Casa Bella Condominium** Board 2016 meetings- March 14th (Annual Meeting) - 6:30 pm, April 11th, 6:30 pm, May 9th, - 6:30 pm, September 12 - 6:30 pm, October 10th, - 6:30 pm, November 11th - 6:30 pm, December 12th - 6:30 pm.

Community Classifieds

The Observer offers *free individual community classified ads to Shores residents*. Classified ads will not be printed without a name, address and phone number included with the request. *Free ads Are Not to Promote a Business or Personal Service.*

Business, Services, seeking work and others may be placed in the classified section according to the following rate schedule: 1/2" (4 lines) \$5, 1" (8 lines) \$10, 1 1/2" (12 lines) \$15, 2" (16 lines) \$20. These Ads are to be paid in advance before running in the Observer.

Send your ad and payment if required to Shores Observer, 1965 A1A South #180, St. Augustine, 32080-6509. Or you may email your ad to clifflogsdon@att.net. Deadline for all ads is the 10th of every month for the next month's issue.

FOR SALE: PALLISER all-leather (Stressless type) recliner and footstool, light taupe color with fruitwood bases; in excellent condition. Asking \$375, OBO. Call 904 797-4258.

FOR SALE: Beautiful "Miami style" tropical floor lamp: Cream and pastels. 60" tall. Excellent condition. \$95.00. Unique glass clock-table (Coffee Table or Side Table) 24" round. Contains a working clock. Excellent condition. \$95.00. Similar tables sell for over \$200.00 on eBay. Call Chris at 904-325-1588. I will send you photos via e-mail.

FOR SALE: Red Kia Soul 2010 2L Automatic, Blue Tooth, 32,000 miles \$11,000. View at 124 Caretta Circle, St. Augustine, FL 32086.

FOR SALE: 1. Printer Ink: HP15 Black \$25. HP78 Tri Color \$30. HP15 & 78 Combo Pak \$50. All new in package. 2. HP psc (printer, scanner, copier) FREE. Does not work with windows 10. Call Steve at 797-4169.

FOR SALE: 3 Brass Table Lamps 2 are matching come with nice shades. Excellent Condition \$25.00 each. 2 matching 4 drawer chests by IKEA. \$35 ea. White, modern. 1 Mens Down Parka, Eddie Baur, mens size Large excellent condition \$25 w detachable hood, beige. 1 Eddie Baur Jacket/coat nice, Men's Large/XL \$25 beige. Lots

of DVDs for sale, call if interested. Call 794-4226.

FOR SALE: Computer Desk- Walnut Veneer. Appx 42 inches across; 26.5 Inches high and 23 inches from wall. It has 2 shelves underneath the left hand side for storage. Very good condition. \$45. Call 904-217-0940.

FOR SALE: Kenmore upright refrigerator \$150. Small chest Freezer \$150. New push mower with grass catcher \$125. Call 904-325-5217.

FOR SALE: Kitchen table w/2 leafs and 6 side chairs. \$100. 5 piece bedroom set with light wood, double bed. \$350. Wards Sewing machine. \$15. 2 full size bookcase. \$18 each or both \$25. Call 904-687-9149.

FOR SALE: George Foreman Grill 12"x9" \$25. Veranao elect. Heater \$10. Pier 1 Imports mirror 30"x20" \$20. Beautiful set of Pier 1 amber pillows \$20. Lamp + two shades. 1-deep red 1-Bronze (new) \$30. Small roasting pan \$5. Land line phone \$10. Call 599-2740.

San Savino Yard Sale

The San Savino neighborhood is having a community yard sale on Saturday, April 2 from 8am - 12 noon.



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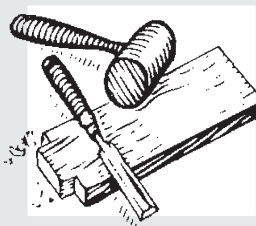
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Shores Spring Sale Saturday April 2nd 8 am - 1 pm

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*You must provide your own table.

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St. Augustine Shores Club News

April 2016 Riverview Club Calendar

EARLY SOCIAL
6:00pm to 9:00pm
BYOB

Sunday, April 3rd
Entertainment by Frank Saffi
Chairpersons: Dunham & Rauseo
Dance Club Members: **FREE**, please RSVP at www.staugshores.org
Activity Members and Guests: \$15.00/pp
Reservations Tuesday 3/29 and Thursday 3/31 from 9:00 – 10:00 am

MAIN SOCIAL
7:00pm to 10:00pm
BYOB

Friday, April 22nd
Entertainment by Phil Farino
Chairpersons: Jerry & Robin Rocha
Dance Club Members: **FREE**, please RSVP at www.staugshores.org
Activity Members and Guests: \$15.00/pp
Reservations Tuesday 4/19 and Thursday 4/21 from 9:00 – 10:00 am

Classes are **FREE** for Activity Members, guests are \$5.00/pp/class.

Bridge Lessons: Mondays at 10:30am.

Bridge: Fridays at 1:00pm.

Chicago Bridge: Must have a partner to play, Mondays at 12:30 and Thursdays at 12:30pm.

Chair Yoga: Wednesdays & Fridays at 10:45am. A gentler form of yoga for those for whom balance is an issue.

Dance Class: Thursdays at 2:00pm. Free for Dance & Activities Members!

Exercise Class: Tuesdays and Thursdays at 10:00am.

Line Dancing: Mondays at 6:30 pm and Wednesdays at 10:00am.

Mah Jong: Tuesday at 1:00pm & Wednesday at 10:30 am.

Yoga: Monday, Wednesday and Friday at 9:00am; and Wednesdays at 5:30pm. Bring a non-skid mat & wear comfortable clothing (no belts or anything tight around your waist). The class is geared to all levels.

Zumba: Tuesdays at 5:30pm. Low-impact Zumba to protect joints. Come sweat, lose weight, meet people, and have a blast!

Writers in the Shores: Tuesday April 12th & 26th at 1:00 pm in the Library. Topic for April 26th: "What I Want to Be When I Grow Up..." There are no officers, dues or requirements. For information call Donna at 794-0789.

Upcoming Events

FREE Pole Walking Clinic with Sheila Vidamour, Wednesday, April 6th at 1:00 pm
Ballroom Riverview Club, pre-registration is required. Call 904-540-1067.

Early Social: Friday, May 6th (7pm to 10pm) – Entertainment by Nostalgia
Main Social: Sunday, May 22nd (6pm to 9pm) – Entertainment by Ernie

Check out the latest events in our NEW website: www.staugshores.org

Message from President Jim

Welcome Daylight Saving Time

As I'm sure you know by now, Daylight Saving Time (DST) returned on March 13th, stealing an hour of sleep from all of us. On April 6th, the annual meeting packet will be mailed for this year's annual membership meeting. On May 6, 2016 your board of directors will change; make your vote count. The ballot to elect directors to the board is your direct voice into the managing structure of your homeowners association, make it count. A careful review of each candidate's biographical information is called for, remember they are your voice on the board.

The proxy is an extremely important part of the packet because it establishes a quorum of the members necessary to conduct the annual meeting and the election. Please attend or fill out your proxy carefully. It is very important that your proxy be filled out properly and returned to the office in a timely manner so that your voice counts; if you don't name a designee, the secretary will represent you.

Please don't forget to check out the updated website at <http://www.staugshores.org>. We post new information almost daily, so that you can stay well-informed about your community. Also, please click on the "contact" tab and update your information and send it in. This will greatly expedite our records update!

As the temperature rises and the trees are budding out, we hope you appreciate the beauty of our community. We are truly

blessed to live in Florida and our little plot of paradise is unique and beautiful. The pier has been repaired and is a wonderful place to sit and enjoy the inland waterway. The boat and recreational vehicle compound will be improved soon. Both of these amenities are yours, utilize them as much as you can.

Filling committee assignments remains a priority, please look at the information on committees which is found under the Board of Directors tab under Service Corp Committees. This remains the best way to make a lasting impression on St. Augustine Shores, while performing a needed civic duty. Consider volunteering for one of our committees, remember, YOU can make a difference!

Your next board of directors meeting is Thursday April 14th at 7:00 pm, at the Riverview Club. Through increased attendance at meetings and participation in your association you show how much you care! There are many good things coming to St. Augustine Shores. Please don't forget, if you need information, or just want to talk, you can contact me by email at President@staugshores.net. Your input into the board ensures that we are working on the right things, the things that matter to you. This is YOUR association. Thanks again for the privilege of serving you and your families.

Jim Priester,
President



St. Augustine Shores Service Corporation March 10, 2016 Board Summary

The St. Augustine Shores Service Corporation's Board of Directors meeting was called to order by President James Priester at 7:00 P.M. Present: Treasurer Claire Lorbeer, Director James O'Such, Director Sue Chitwood, Secretary Rachel Diamond. Absent Vice President Zinn and Director Winston Burrell. Quorum Established

The Invocation was given by General Manager Smith followed by the Pledge of Allegiance.

Approval of the Minutes – February 11, 2016. Motion by Treasurer Claire Lorbeer made a motion to accept the minutes as presented, Seconded By Director O'Such. Unanimous and carried.

Treasurers Report – Read by Treasurer Lorbeer accepted for audit. General Manager Smith explained the decrease in operating and reserve funds. General Manager Smith presented two collection issues. Motion by President Priester to proceed with collections up to and including foreclosure for case # 1. Seconded by Treasurer Lorbeer and carried. Unanimously. Motion by Director Chitwood to proceed with collections up to and including foreclosure for case # 2. Seconded by Director O'Such and carried Unanimously.

Managers' Report - Joseph H. Smith III Old Business:

Progress on Board Goals:

Curb Appeal – General Manager Smith updated the Board on the installation of two new Commercial Swings at the Riverview Facility and by Hartley Lake. The irrigation pump house on the Riverview grounds was reconstructed and painted. New geraniums were planted at the entrances to replace those lost to frost. The washout at Holiday Lake and Shores Blvd was addressed.

Safety and Security – The Card Access System for the Riverview office, the pier, the storage compound and the pool should be complete and in use by the end of March. Software training to commence at the end of next week.

Operations – President Priester and General Manager Smith to meet with Cheney Brothers to develop a plan for the Kitchen renovation. Smith working on 3 storm water drainage pipe issues with Yelton Construction, Smith informed the Board that St Johns County Road and Bridge are in the Shores replacing all the drainage culverts and addressing the handi-cap crossings.

Action Status List Update - Secretary Diamond presented a revised report summarizing the projects that have been completed and those in progress. Board Discussion on tablets for the meetings. There was discussion on amending the Governing Documents.

Committee Reports:

ACC Committee – General Manager Smith - The ACC Committee held one meeting in the month of February. They approved 11 applications: 1 carport enclosure, 5 fences, 1 new home, 2 pools/pool repairs, 1 screen porch, 1 shed - Total approved YTD 171.

Riverview Building and Grounds Committee - Secretary Diamond updated the Board on projects completed at the RVF. The curb painting, the pump house, kitchen renovation and the Card Access System progress. She requested we get the tile repaired at the front entrance. We are searching for a new net system for the soccer goals. Secretary Diamond presented a report on the Shores Activities Club. We received a generous donation from the former Recreational and Social Organization in the amount of \$4981.59. Night time Yoga and Zumba classes have commenced.

RV and Boat Storage Committee - There was discussion on the drainage issue at the storage compound.

New Business

Committee Review - President Priester discussed the Committees.

Beatrice Racicot chairs the ACC Committee. There was discussion on the Internal Audit Committee. Philip Van Teem volunteered for the committee. Directors Search Committee discussed.

- Lance Conner chairs the Election Committee
- President Priester chairs the Budget Review Committee
- Secretary Diamond chairs the Riverview Building and Grounds Committee
- Secretary Diamond chairs the Activities Club Committee
- Treasurer Lorbeer chairs the Wildflower Committee
- Director Chitwood chairs the RV and Boat Storage Committee

Motion by President Priester made that we eliminate the following Committees:

The Budget Review Committee, The President's Steering Committee, The Communication Committee, and The Community Awareness Committee. Seconded by Secretary Diamond. The membership commented on the welcome committee. The Fire Mitigation Committee was discussed. Motion carried Unanimously.

Digital Message Boards - St Johns County does not issue permits for digital signs.

Janitorial Services Agreement - President Priester informed the Board that the minimum specifications of the Janitorial Service Agreement were not being met. A checklist for accountability was presented to the Board. General Manager Smith to tighten up the specifications and solicit 3 sealed bids.

Home Office Applications - 2 presented. 55 Deltona Blvd.- Motion by Secretary Diamond to approve the home office application for 55 Deltona Blvd., Seconded by Treasurer Lorbeer and carried Unanimously. 449 Domenico Circle - Motion by Secretary Diamond to approve, Seconded by Director O'Such and carried Unanimously.

Deed Restriction Report - The report was presented to the Board.

After Director's Comments, the Board adjourned.

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News Around South St. Augustine

Temple Bet Yam Holds Passover Seder

Temple Bet Yam in St. Augustine is pleased to invite the community to its annual Passover Seder on Friday, April 22, 2016, led by Rabbi Fred Raskind. Gypsy Cab Company will again be catering the event. Tickets for Adult Members of the congregation and their guests are \$36; Children 12 and under are \$15. Tickets for adult non-members are \$46.00. Please mail your check with number of people attending to: Temple Bet Yam, P.O. Box 860098, St. Augustine, FL 32086. Temple Bet Yam is a warm, welcoming, Reform Jewish congregation located at 2055 Wildwood Drive in St. Augustine. Its proximity to I95 and SR 207 allows easy access from counties to the north and south. For further information on the Temple, go to templebetyam.org. For specific questions about the Seder call 904 819-1875.

Writers In The Shores

By Donna Johnson

The April meetings for Writers in the Shores will be on Tuesday the 12th and again on the 26th. The chosen subject is to be "What I Want to Be When I Grow Up ..." and, is suggested for this month's topic to write about on the 26th. Come join us, you just might like us! Everyone is welcome and we would like to invite anyone who loves to write.

You do not have to be a member. We meet on the 2nd and 4th Tuesday each month, at 1pm here at the Riverview Club Library. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call 794-0789.

Fitness Pole Walking Clinic

FREE Introductory Fitness Pole Walking Clinic for Residents of St. Augustine Shores! Wednesday, April 6th, at 1:00 p.m. in the Ballroom of the Riverview Club, 790 Christina Drive, St. Augustine FL. Pole Walking is a fun and easy way to get a very effective and efficient total body aerobic workout! Please wear comfortable walking shoes - demo Walking Poles will be provided. This Free Clinic has limited space, pre-registration is required, please contact Sheila Vidamour, Certified Pole Walking Instructor: Tel: 904-540-1067 or email: walkyourpath406@aol.com.

Temple Bet Yam Buys Out the House for "The 39 Steps" at the Limelight

On April 16th, Temple Bet Yam has bought out the house for the Limelight Theatre production of "The 39 Steps." This production has been described as "A mix of a Hitchcock masterpiece with a juicy spy novel and a dash of Monty Python." With a PG 13 rating, "this whodunit will keep you on your toes and roaring in your seats!" The evening will begin at 6:30 P.M. with a wine and cheese reception and the ever-popular Silent Auction.

The performance will begin at 7:30 P.M. Tickets for the fundraiser are \$30. For reservations or information please call Temple Bet Yam at 904 819-1875, or email wandmtby@gmail.com. Act quickly - this event is always a sell-out. The Limelight Theatre is located at 11 Old Mission Avenue in St. Augustine.

"Understanding The Civil War" Discussion Group

The monthly meeting of the "Understanding The Civil War" Discussion Group will be held at 1pm on April 6, 2016 at the St Augustine Beach City Hall conference room located at 16th St and Rt A1A South. The topic will be: "Forty Years Prior To The Civil War- Compromises and Other Decisions That Delayed the Inevitable". The meeting is open to the public.

As an advanced announcement for the May 3rd meeting, the Discussion Group will welcome the return of Dr John Paling, retired professor from U of FL, for Part II of his presentation on the topic: "The Thomas Jackson Letters: One Man's Battle To Stop Slavery". Jackson was an English immigrant to America prior to the Civil War and became a passionate abolitionist who resided in Pa. Through his letters home to his family that were published in English newspapers, he hoped to convince the English not to support the Confederacy. Dr Paling is a distant relative of Jackson.

For more information please email Charlie Smith at: smithc32@bellsouth.net

St. Augustine Travel Club

by Peter Dytrych

Please join us for our next Travel Club presentation on Wednesday, April 20, at 3pm at the Southeast Branch Library where we will present on SOUTH KOREA - "The Land of the Morning Calm" From the bustling city of Seoul to the country's quiet countryside, misty mountain temples and super-modern cities, it is a traveler's paradise. The Travel Club is intended to be educational and fun and we hope to see you there. For any questions, please contact Peter Dytrych at 904 797-3736.

Garden Club Meeting

Saturday, April 2 from 8:00 to 1:00 the Geranium Circle will have a booth at the Shores Spring Sale. Plants, hot dogs, bakery goodies, coffee, and garage sale items will be sold.

The Geranium Circle will meet at 12:30 on Friday, April 15 at the Garden Center, 3440 Old Moultrie Road. After a short meeting we will go to the Flower Show at the Agricultural Center. Visitors are welcome.

Council on Aging AARP Income Tax Assistance

Do you need assistance with you income taxes? Beginning on Monday, February 1, volunteers from AARP will be at River House, 179 Marine Street, every Monday until April 11th to assist with your tax returns. For appointment call 209-3655. AARP tax counselors cannot do any tax returns that include business or rental properties. And remember to visit www.coasjc.com for more information on COA.

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News From Around St. Johns County

Memory Enhancement Program at Shores United Methodist Church

Have you been diagnosed with a memory disorder? Are you concerned about changes in your memory? Or maybe you're providing care for a loved one who could benefit from supervised activities and socialization. If so, this creative, innovative and very successful program was designed for YOU! Learn simple strategies to give your brain a boost and participate in classes that focus on cognitive stimulation, education and socialization. And best of all, have some fun at the same time. Every Mon and Wed from 9 am until 2 pm at the Shores United Methodist Church, 724 Shores Blvd. Fee for service with subsidies available for those who qualify. Please call Kathy Cinney at 729-9163. Visit our website at coasjc.com.

SJR State Paramedic Accepting Paramedit Program Applications

St. Johns River State College will accept applications for the Paramedic program April 1 through May 15. Classes will begin in August. The program includes a blended format of online and classroom work with field experiences.

SJR State's Paramedic program provides training in advanced life support techniques to treat acutely ill or injured patients, including cardiac, stroke and trauma victims. The one-year college credit certificate program provides intense, hands-on skills training in the administration of medications, endotracheal intubation, venipuncture and the initiation of intravenous fluids, and defibrillation.

Information sessions for the Paramedic program will be held as follows:

- Monday, March 21 6:00 – 7:00 p.m. Palatka campus, room L130
- Wednesday, March 23 9:00 – 10:00 a.m. Palatka campus, room L130
- Wednesday, March 30 6:00 – 7:00 p.m. Orange Park campus, room H1112
- Monday, April 4 9:00 – 10:00 a.m. Orange Park campus, room H1112
- Wednesday, April 6 6:00 – 7:00 p.m. St. Augustine campus, room H123
- Monday, April 11 6:00 – 7:00 p.m. Orange Park campus, room H1112
- Wednesday, April 13 9:00 – 10:00 a.m. St. Augustine campus, room H123

Day classes will be held on the Orange Park campus. Field internships in Clay, Putnam and St. Johns counties will provide hands-on, life-saving practical experience where students will master lifesaving skills. The program prepares students for certification as paramedics and adheres to the most current U.S. Department of Transportation National EMS Educational Standards for Paramedic. For questions regarding SJR State's Paramedic program, call (386) 312-4291 or (904) 808-7465. Additional details are available online at www.SJRstate.edu.

AARP Income Tax Assistance at Council on Aging

Do you need assistance with you income taxes? Beginning on Monday, February 1, volunteers from AARP will be at River House, 179 Marine Street, every Monday until April 11th to assist with your tax returns. For appointment call 209-3655. AARP tax counselors cannot do any tax returns that include business or rental properties. And remember to visit www.coasjc.com for more information on COA.

Garden Club Meeting

Saturday, April 2 from 8:00 to 1:00 the Geranium Circle will have a booth at the Shores Spring Sale. Plants, hot dogs, bakery goodies, coffee, and garage sale items will be sold.

The Geranium Circle will meet at 12:30 on Friday, April 15 at the Garden Center, 3440 Old Moultrie Road. After a short meeting we will go to the Flower Show at the Agricultural Center. Visitors are welcome.

Third Annual Betty Griffin House 5K Run & Walk Sets Out for Peace

Betty Griffin House third annual Betty Griffin House 5K Run & Walk-A-Thon for PEACE scheduled for April 16, 2016 at 8:00 a.m. This year's event aims to promote peace in the local community by raising awareness of domestic and sexual abuse in St. Johns County. Betty Griffin House's vision is: Peace at home...then to the World! If you are a runner or walking, think about the survivor of domestic violence or sexual assault and the families impacted by the crime. What a difference the world would be if there was no violence. Be part of the solution!

The race begins at the St. Augustine Beach Pier Pavilion, and takes participants along a route through the charming beachside communities on Anastasia Island. Participants are welcome to complete the run at their own pace and team participation is encouraged.

For more information or to make a donation, please visit our website at www.bettygriffinhouse.org or call the Betty Griffin House 904-808-8544.

It's the Annual Council On Aging Sunshine Golf Tournament

Swing away. And support the COA! The Council on Aging has the perfect way to support services for the over 4,000 St. Johns County residents currently dealing with Alzheimer's and other dementias. And it's easy as one...two....swing!

This Captain's Choice Event will be played on April 1st at 1:30 pm at the St. Johns Golf and Country Club, 205 St. Johns Golf Drive in St. Augustine, FL. Tickets are \$100 per golfer or \$380 for a team of four. Or just come on over for the BBQ! The Buffet only is \$22 per person.

Interested in sponsorship opportunities? Join Ameris Bank, Vicar's Landing/Glenmoor and VITAS Healthcare as a Gold Sponsor or become one of our gift or hole sponsors.

All proceeds will benefit COA's Sunshine Center Adult Day Care, COA Integrative Memory Enhancement Program (IMEP) and all other COA memory services. The Sunshine Center offers supervised care for dementia and Alzheimer's patients and their families, and the IMEP Program addresses the growing need for professional and compassionate early intervention care for those just beginning to experience memory issues. Other services include community caregiving and caregiver support.

For more information on the tournament or sponsorship opportunities, please call Linda Trevlyn at (904) 209-3684. And visit our website at www.coasjc.com.

St. Augustine Youth Services to Observe April National Child Abuse Prevention Month

The 3rd Annual Pinwheel Parade Against Child Abuse will be held on Saturday, April 2nd at the SAYS campus from 10:00-11:30am. There will be a ceremonial "parade" around the campus, refreshments, free children's activities plus tables set up with parenting information and people on hand to answer questions about the resources available in St. Johns County.

April is National Child Abuse Prevention Month and since 1989, people nationwide wear the blue ribbon and carry blue pinwheels in April to create awareness of the need to keep kids safe and families strong.

By working together as a community, we all can play a part in promoting children's emotional well-being and strengthening families. During the month of April and throughout the year, St. Augustine Youth Services is dedicated to supporting families and reducing the risk of child abuse and neglect.

"Everyone's participation is critical," said Schuyler Siefker, SAYS Executive Director. "Focusing on ways to build and promote the protective factors in every interaction with children and families is the best thing our community can do to prevent child maltreatment and promote optimal child development."

SAYS is a residential group home which provides therapeutic services for boys who have experienced severe emotional trauma, such as child abuse and neglect. SAYS is celebrating 27 years of serving children and three years in their US1 South campus facility.

SAYS is located at 6624 US 1 South, just north of the SE Branch Library, near SR206. For more information, please call 904-829-1770 or visit www.sayskids.org.

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- St Augustine Shores Area - References Available
- Special Consideration Helping Seniors

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**Main Library Wednesday
Brown Bag Lunch Program
Author/Historian Roger Smith, Ph.D.**

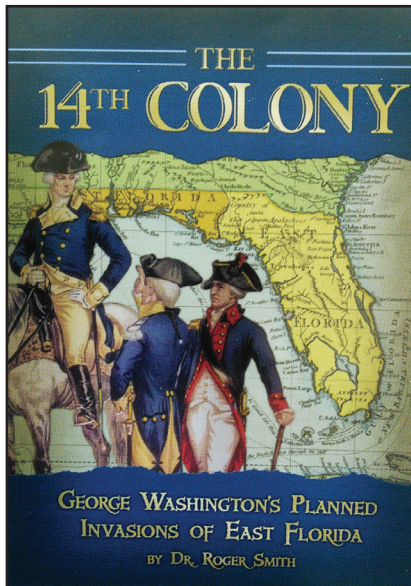
Presents: Florida's Revolutionary War History

Did you know that George Washington authorized five invasions of British East Florida and wrote over 80 letters to Congress and his general staff citing St. Augustine as both a military target and a military concern? At the April 20 Brown Bag Lunch Program, Friends of the Main Library St. Augustine welcomes Dr. Roger Smith, who will discuss Florida's significant Revolutionary War history, as well as share interesting stories from his first two works in a series of history textbook supplements, *The 14th Colony: George Washington's Planned Invasions of East Florida*, and *Hope of Freedom: Southern Blacks and the American Revolution*. The signature Brown Bag Lunch Program is free and open to the public. General admission tickets (limit two) will be distributed beginning at 11:30 a.m. on the day of the program on a first come/first served basis. Advance reservations will no longer be taken. Doors will open at 12:00 noon and the program will begin at 12:30 p.m. at the Main Library at 1960 N. Ponce de Leon Blvd.

Dr. Smith received his Ph.D. in Early American History and Atlantic World Studies, with a certificate of scholarship in Museum Studies, from the University of Florida. His work on the American Revolution in the South has received the Aschoff Fellowship Dissertation Award and the Jack and Celia Proctor Award in Southern History. He is an independent research historian with Colonial Research Associates, and speaks from New England to Florida on his Revolutionary War research.

In addition to consulting for the AMC television series *Turn*, Dr. Smith contributed to a documentary on the 450 year history of St. Augustine, *America: The Prequel*. He has worked on projects with the Florida Humanities Council, the University of West Florida, the University of Florida, the City of St. Augustine, the St. Augustine Lighthouse and Maritime Museum, and the Fountain of Youth Archaeological Park, and has been published recently in the *Florida Historical Quarterly*. His Brown Bag Lunch presentation and supplemental texts (currently being used in five Florida county school systems) are drawn from 5 1/2 years of Ph.D. research at UF and promise to leave Friends patrons wondering "What else don't I know about the American Revolution?"

Friends of the Main Library St. Augustine sponsors the Wednesday Brown Bag Lunch Program once a month as a community event. Patrons are welcome to bring their lunch and light refreshments will be provided. The program is free and open to the public, but, because seating is limited, admission will be first come/first served. General admission tickets (limit two) will be available beginning at 11:30 a.m. on program day. No advance reservations will be taken. For additional information, please call the Main Library at (904) 827-6940 or contact Friends President Toni Siriani, toni825@hotmail.com. Follow Friends on Facebook/Friends of the Main Library St. Augustine.



Wild Flower Meadow Group

by Cindy Taylor

Our group had a picnic in Haw Creek Park at the end of February. It's a forty-five minute drive southwest of south St Augustine and spring colors were beginning to bloom.



The maple buds were bright red and a few haw trees had blossoms. On the drive back we saw a field covered with a rusty maroon; it was a profusion of field sorrel. We usually have a lot in the wild flower meadow; but when I looked early in March, I saw only a few hiding under some grasses. Apparently, it takes only a few miles to make a big difference when things bloom.

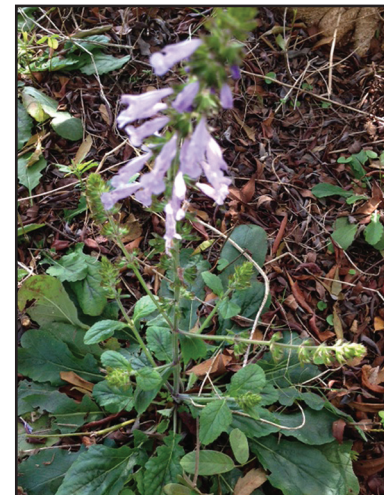
We expect to see soon displays in the wild flower meadow not only of wild sorrel, but also daisy fleabane,

spiderworts, hedge nettles, and toad flax. We look forward to all the spring blooms each in its own time.

Check in the kiosk on the fence at the upper end of the meadow for fliers that describe some of the wild flowers.

If anyone has lawn lumber they'd like to donate to the wild flower meadow, we'd appreciate it. We're also looking for weather-resistant material to use as identifying markers. Sturdy slats from old blinds would do fine.

Our group meets the first Saturday of each month at 8:30 by the Riverview Club House. Our goal is to preserve the wild flower meadow, learn about native plants, and which grow in this location. We occasionally visit state and county parks and welcome newcomers. We're an informal group without officers or dues and hope you will join us. Call Claire at 794-7473 for more information.



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St. Augustine Area Guide

“Events, Activities, Attractions, Sites, Entertainment,”

First Fridays

First Friday Art Walk: From 5 - 9 p.m. on the first Friday of every month, the Art Galleries of St. Augustine feature new exhibits, refreshments and live music at more than 20 galleries. The event is held rain or shine inside the member galleries and is a free, self-guided walking tour (tour maps available at participating galleries). Plus, free Art Walk Trolleys and Trains provided by St. Augustine Sightseeing Trains and Old Town Trolleys, provide transportation throughout downtown for the art walk. 832-779-2781 www.artgalleriesofstaugustine.org.

First Saturday

GTM Research Reserve Guided Cultural Hike: The first Saturday of each month at 8:30 a.m. take a Guided Cultural Hike that focuses on the Guana Peninsula's 5,000 years of human history. This 1.5 mile guided walking tour departs from the Trailhead Pavilion located just west of the Guana Dam. The programs are free with paid admission to the Reserve. 904-823-4500 http://gtmnerr.org.

Militia Muster and Training at Fort Mose: Visit Fort Mose on the first Saturday morning of each month to be transported back to the 18th century. The members of the Fort Mose Militia come together to practice their firing drills, teach new Militia members historic weapons use and safety and generally have an enjoyable Saturday at Fort Mose. Visitors will experience historic weapons demonstrations including musket firing drills. Children of all ages will have the opportunity to participate in the children's militia training using wooden toy muskets and authentic uniform accessories. The park is open from 9 a.m. - 5 p.m. Admission to the Visitor Center is \$2 per person. 15 Fort Mose Trail, St. Augustine. 904-823-2232 www.floridastateparks.org/park/Fort-Mose.

First & Third Saturdays & Sundays: Fountain of Youth: Cherokee History Presentations From 11 a.m. - 4 p.m., native Cherokee historians describe how their people interacted with the local Timucua for centuries before the arrival of Europeans. The presentations take place in the living history village of Sely at the Fountain of Youth Park. Park admission is \$15 adults, \$14 seniors, \$9 children 6 - 12 applies (local discount available). 11 Magnolia Ave., St. Augustine. 904-829-3168 www.fountainofyouthflorida.com.

Second Saturdays

GTM Reserve Guided Trail Hike: Join GTM Research Reserve volunteers from 8:30 - 10:30 a.m. for a 1.5 mile guided walk through the Guana Trail. After the walk, visit the GTM Research Reserve Environmental Education Center (EEC). There is a \$3 parking fee. 505 Guana River Rd., Ponte Vedra Beach. 904-823-4500 www.gtmnerr.org/.

Wednesdays

Farmer's Arts and Crafts Market: Farmers' Market located at the ocean-side St. Johns County Pier Park featuring selections of fresh produce, plants, baked goods, fine art, jewelry and more! Anywhere from 70 vendors participate each Wednesday morning year round, rain or shine from 8 a.m. - 12:30 p.m. Join the fun and shop local. 350 A1A Beach Blvd., St. Augustine Beach. 904-347-8007 www.thecivicassociation.com.

Fridays, Saturdays & Sundays

Historic Weapon Demonstrations at Castillo de San Marcos: National Parks Service volunteers and personnel demonstrate the weapons and relate the experiences of the Colonial Spanish soldier stationed in St. Augustine in the 1740s. Demonstration times are 10:30 and 11:30 a.m., 1:30, 2:30 and 3:30 p.m. Admission is \$10 for adults; Children 15 and under are free. The Castillo is open 8:45 a.m. - 5 p.m. daily. www.nps.gov/casa

Saturdays: Musket Firing Demonstrations at Fort Matanzas
Re-enactors fire flintlock muskets at Fort Matanzas National: Monument 12:30 - 3:30 p.m. Admission is free including the ferry ride to and from the island. Fort Matanzas is located at 8635 A1A South, 15 miles south of St. Augustine. 904-471-0116 www.nps.gov/foma

Old City Farmers' Market: Features locally grown fresh produce, baked goods, plants and more. Located at the St. Augustine Amphitheatre. Open 8:30 a.m. - 12:30 p.m. Admission is free. 1340 A1A South, St. Augustine. 904-471-3733.

Sundays

The Salt Air Farmer's Market: Marineland Marina hosts a farmers market every Sunday from 10 a.m. - 2 p.m. Enjoy live music, fresh produce, seafood, sauces and jams, cheese, organic ice pops, honey, fresh baked breads, soaps, peanuts, art and more. 101 Tolstoy Lane, Marineland. 904-814-9886 www.marinelandmarina.com.

First Wednesday

Lightner Museum Curator Tours: Lightner Museum curator provides a themed interactive tour designed to give participants an opportunity to see acquisitions in operation rather than just as static displays. The tour, which is included in admission, takes place at 10 a.m. on the second floor of Lightner Museum. Regular admission is \$10 adults; \$6 for active duty military; \$5 college student and youth ages 12-18; under 12 are free. 75 King St., St. Augustine. 904-824-2874 www.lightnermuseum.org

Plant Sale: Washington Oaks Gardens State Park hosts its monthly plant sale from 10 a.m. - 2 p.m. Regular park entrance fee of \$5 per vehicle, up to eight people; \$4 per vehicle for single occupancy or \$2 per person on bicycle applies. 6400 N. Oceanshore Blvd., Palm Coast. 386-446-6783 www.floridastateparks.org/park/washington-oaks.

Free St. Augustine Pet Walk Pup Crawl: Explore the timeless streets of St. Augustine and hear tales of the city's rich history while touring with your beloved pets! This free, one-hour guided walking tour covers several square blocks of the downtown plaza area. All pets must be leashed and all city pet ordinances followed. This is a great way to share quality time with "man's best friend" and explore the nation's oldest city. Tour departs at 10 a.m. from Tour St. Augustine office. Reservations required. 4 Granada St., St. Augustine. 904-825-0087 www.staugcitywalks.com.

Third Tuesday

GTM Research Reserve Marineland Lecture: This lecture series is held on the 3rd Tuesday of the month from 10 - 11 a.m. at the GTM Research Reserve Marineland Field Office. The series is designed to inform the public about their coastal natural world. The lectures are free so space is limited and reservations are requested. 9741 N. Oceanshore Blvd., Marineland. 904-823-4500 www.gtmnerr.org/.

Third Saturday

Guided Beach Exploration Guana South Beach: Join GTM Research Reserve Docents from 8:30 - 10 a.m. for a beach walk at the Guana South beach location on A1A, South Ponte Vedra Beach. Learn about the animals that call the beach home as well as seashells and other interesting facts. This is a "Beaches 101" experience that the entire family will enjoy. There is a \$3/per vehicle parking fee. 1768 Ponte Vedra Blvd., Ponte Vedra Beach. 904-823-4500 www.gtmnerr.org/.

Free Black Heritage & Civil Rights Walking Tour: Walk with a licensed, professional tour guide to locations in St. Augustine that were significant in the city's civil rights movement. Hear stories of the struggle for civil rights while walking in the footsteps of Dr. Martin Luther King, Jr. and Andrew Young. This free, 1.5-hour tour departs at 4 p.m. from the Tour St. Augustine office. Reservations required. 4 Granada St., St. Augustine. 904-825-0087 www.staugustineblackheritagetours.com

Photography Challenge Event: Photographers, from beginners to professionals, compete to take the best photo at three designated locations within Washington Oaks Gardens State Park. Maps to the featured locations can be obtained from the Ranger Station or from volunteers in the main parking lot. Each month, park volunteers will select the winning photo which will then be displayed at the Visitors Information Center kiosk and the park's gift shop. There is no cost to compete. Park admission is \$5



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Nocatee Farmer's Market: Nocatee Farmer's Market takes place from 10 a.m. - 2 p.m. every third Saturday. This free family-friendly event has over 80 local vendors selling everything from produce, crafts, jewelry, herbs, unique foods and more. Free face painting will be available for the little ones, along with bounce house. 245 Little River Rd., Ponte Vedra. www.nocatee.com.

Tolomato Cemetery Guided Tour: Tour the oldest extant planned cemetery in Florida with burials from the First Spanish Period (1565-1763). Admission is free, but donations are encouraged. Tours are from 11 a.m. - 3 p.m. 16 Cordova St., St. Augustine. www.tolomatocemetery.com

Fourth Saturday

Family Seining at the GTM Research Reserve: Join GTM Research Reserve docents from 8:30 - 10:30 a.m. to learn how to pull a seine net collecting species of fish, crabs and more. Learn about the animals and their roles in the habitat. Waders and boots will be provided. The program is included with regular admission to the Reserve and takes place in the Environmental Education Center. 505 Guana River Rd. Ponte Vedra Beach. 904-823-4500 www.gtmnerr.org/.

Last Saturday

Uptown Saturday Night: From 5 - 9 p.m. on the last Saturday of each month, experience live music, refreshments, new exhibits, book signings and much more at the galleries, antique stores and unique shops on St. Augustine's San Marco Ave., between Ripley's Museum and the Mission Nombre de Dios. The Mission Nombre de Dios provides free parking.

Last Sunday

Music in the Box: On the last Sunday of the month, enjoy live acoustic music by some of the area's best up-and-coming bands and musicians from 6 - 9 p.m. on stage at the Lighthouse Theatre. Admission is \$5. Refreshments available for purchase. 11 Old Mission Ave., St. Augustine. 904-825-1164 www.lighthouse-theatre.org.

April

March 30 - April 3

St. Augustine Race Week Regatta: Experience five great days of multiple sailing events operating out of the harbor of the nation's oldest city. Features round-the-buoys races, an overnight distance race and cruiser tactical challenges. Plus, on Saturday and Sunday, there are inshore racing and junior sailor competitions in Optimist and 420 dinghies with free entertainment for everyone at the big event tent. Offshore racing is March 31 - April 2 and features yachts from 24 to 50 feet long. Many of the competitive yachts will be docked at the City Marina and available for casual inspection by the public. Plus, on Thursday and Friday evening there will be four free concerts on the City Marina Lawn. The regatta is headquartered at the St. Augustine Yacht Club. 442 Ocean Vista Ave., St. Augustine. 904-396-6382 www.sarw2016.com.

April 1, 5, 8 12 & 15

Woman's Exchange Spring Luncheons: Enjoy a special luncheon in the gardens of the historic Pena-Peck House. Doors to the gift shop open at 10:30 a.m. and the luncheon is served at noon. Reservations are required. Tickets are \$25 and include \$5 fun money for shopping. 143 St. George St., St. Augustine. 904-829-5064 www.penapeckhouse.com

April 1 - 3

21st Annual Rhythm and Ribs Festival: Non-stop music and award-winning scrumptious barbecue all weekend-long at St. Augustine's Francis Field. Friday and Saturday nights feature great musical entertainment. Founded in 1995 by St. Augustine's Sunshine Rotary Club, the festival has grown from a small BBQ fest to the largest festival in St. Johns County. Festival hours are Friday 4 - 10 p.m.; Saturday, 11 a.m. - 10 p.m. and Sunday 11 a.m. - 6 p.m. Admission is \$5 per person, except Friday and

Saturday evenings, when it is \$10. Kids 13 and under are free. 29 W. Castillo Dr., St. Augustine. 904-417-8470 www.rhythmndribs.net

April 1 -14

Batman vs. Superman: Dawn of Justice at the IMAX Theater: The IMAX at World Golf Village presents Batman and Superman at war with one another, a new threat quickly arises, putting mankind in greater danger than it's ever known before. Adults \$13, seniors/ students/military \$12, and children 3-12 \$10. Visit the website for show times. One World Golf Pl., St. Augustine. 904-940-4123 www.worldgolfIMAX.com.

April 1 - May 1

St. Augustine Art Association Spring Members Show: First Friday Art Walk is the grand opening reception for the St. Augustine Art Association's Bi-Annual Spring Members Show from 5 - 9 p.m. on the 1st. The show runs through May 1 and features works in varied styles and materials created by members of the Association. The gallery is open Tuesday - Saturday noon - 4 p.m. and Sunday 2 - 5 p.m. Admission is free. 22 Marine St. St. Augustine. 904-824-2310 www.staaa.org.

April 3

EMMA Concert Performance: University of North Florida Jazz Ensemble EMMA Concert Association presents one of the finest collegiate jazz ensembles found anywhere in the world. The University of North Florida Jazz Ensemble will perform at 2 p.m. at Flagler College's Lewis Auditorium. The Ensemble is the flagship ensemble of the prestigious University of North Florida Jazz Studies Program, headed by legendary alto saxophonist Bunky Green. They have won numerous group and individual awards and recognized by such publications as Cadence, Jazz Times, Jazz Educators Journal, and DownBeat for their precision ensemble playing. Tickets are \$30 (\$5 for students) and may be purchased in advance on the website. 14 Granada St., St. Augustine. 904-797-2800 www.emmaconcerts.com.

April 7

An Evening with Dailey & Vincent: Grammy-nominated "Rockstars of Bluegrass" Dailey & Vincent will perform at 8 p.m. (doors open at 7 p.m.) at the Ponte Vedra Concert Hall. Dailey & Vincent duo has been hailed throughout the music industry as one of the most exciting, reputable and elite Bluegrass bands in America. Tickets are \$39 for reserved seating. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com.

April 7 - 10

Masters Weekend at World Golf Hall of Fame: Visit the Hall during Masters Week and enjoy learning about Hall of Fame members who are past Master's Champions and take part in a special scavenger hunt. During the week, the Master's tournament will be broadcast throughout the museum. The museum is open Mon. - Sat. 10 a.m. - 6 p.m.; Sunday noon - 6 p.m. Admission is adults \$19.50; seniors, military and Florida residents \$18.50; students \$10; children (ages-5 - 12) \$5; age 4 and under free. One World Golf Pl., St. Augustine. 904-940-4123 www.worldgolfhalloffame.org.

April 8

1964 The Tribute at the St. Augustine Amphitheatre: Named "The Best Beatles Tribute on Earth" by Rolling Stone magazine, 1964: The Tribute performs at the St. Augustine Amphitheatre. The performance takes the audience on a musical journey to an era in rock and roll history that will live in our hearts forever. Hailed by critics and fans alike, 1964 The Tribute astonishingly recreates an early 60's live Beatles concert. The show starts at 7:30 p.m. (door open at 6:30 p.m.). Tickets are \$49 seated pit and level 100; \$39 Level 200; and \$29 Level 300 and obstructed view. 1340 A1A South, St. Augustine. 904-209-0367 www.staugamphitheatre.com

Rebirth Brass Band at Ponte Vedra Concert Hall: New Orleans institution and Grammy-winning Rebirth Brass Band will perform at 8 p.m. (doors open at 7 p.m.) at the Ponte Vedra Concert Hall. Formed in 1983 by the Frazier brothers, the band has evolved from playing the streets of the French Quarter to playing festivals and stages all over the world. While committed to upholding the tradition



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of brass bands, they have also extended themselves into the realms of funk and hip-hop to create their signature sound. Tickets are reserved seating, \$30 in advance and \$35 day of show. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com.

April 8 & 9

The Legacy Trust PVB Home and Art Tour: The Cultural Center of Ponte Vedra Beach hosts this annual tour of Ponte Vedra's most exquisite homes. VIP tour with wine and light appetizers Friday. Tour continues Saturday 10 am to 4p.m. Tickets for the 2-day tour are \$100. 50 Executive Way, Ponte Vedra Beach. 280-0614 ext. 202, www.ccpvb.org.

April 9

Festival of Chariots: The Festival of the Chariots, also known as RathaYatra, is a timeless festival which celebrates an invitation to the Lord of the Universe to enter our hearts. The festival takes place from 10 a.m. in the historic downtown area of St. Augustine. The Festival of the Chariots includes a downtown procession and festivities in the Plaza de la Constitucion. http://festivalofchariots.org.

April 10

Florida Chamber Music Project Presents: "Beethoven and Mendelssohn" Beethoven and Mendelssohn are performed by the Florida Chamber Music Project at 3 p.m. (doors open at 2 p.m.) at the Ponte Vedra Concert Hall. Tickets are \$23 (plus applicable Ticketmaster fees) for general admission seating. 1050 A1A North, Ponte Vedra Beach. 904-209-0399 www.pvconcerthall.com.

April 12

Amy Helm at the Ponte Vedra Concert Hall: Americana singer/songwriter Amy Helm performs at the Ponte Vedra Concert Hall. Daughter of musical icon Levon Helm, who passed away in 2012, Amy Helm performed on and co-produced her father's Grammy-winning 2007 comeback album "Dirt Farmer." Her first solo album, "Didn't It Rain," delivers a timelessly powerful statement rooted in first person experiences. Tickets for this 8 p.m. concert (doors open at 7 p.m.) are \$39 for first 8 rows; \$36 all remaining rows. 1050 A1A North, Ponte Vedra Beach. 904-209-0399 www.pvconcerthall.com.

April 15

Rita Wilson at the Ponte Vedra Concert Hall: The Ponte Vedra Concert Hall hosts actress and singer/songwriter Rita Wilson for an 8 p.m. concert (doors open at 7 p.m.). The concert is part of her nationwide tour prompted by the release of her self-titled studio album, Rita Wilson. In addition to her musical talents, Wilson is an accomplished actress with recurring roles on CBS' The Good Wife and HBO's Golden Globe-winning series Girls. Tickets are \$149.50 VIP (first 30 seats with Meet & Greet); \$49.50 rows 2-10; \$39.50 all remaining seats. 1050 A1A North, Ponte Vedra Beach. 904-209-0399 www.pvconcerthall.com.

Billy Currington and Guest Kelsea Ballerini at St. Augustine Amphitheatre: Country music star Billy Currington and his Summer Forever tour featuring Kelsea Ballerini will perform at 7:30 p.m. (doors open at 6:30 p.m.) at the St. Augustine Amphitheatre. Possessing one of the most smooth, distinct voices in any genre of music, Currington is equally skilled at delivering upbeat summertime anthems and exploring the complexities of life and love with a poignant ballad. Kelsea Ballerini's record-breaking, Gold-certified single "Love Me Like You Mean It" hit No. 1 on the Billboard Country Airplay chart. Tickets to see these two country greats perform are \$45.00 for general admission/standing pit, level 100 & 200 seats and \$45 and \$35 for level 300 and obstructed view seats. 1340 C A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com.

April 15 - 24

The Jungle Book at the IMAX Theater: The IMAX at World Golf Village presents an all-new live-action epic adventure about Mowgli, a man-club who's been raised by a family of wolves in The Jungle Book. Adults \$13, seniors/students/military \$12, and children 3-12 \$10. Visit the website for show times. One World Golf PL, St. Augustine. 904-940-4123 www.worldgolfIMAX.com.

April 15 - May 9

The 39 Steps at The Limelight Theatre: This mystery is a mix of a Hitchcock masterpiece and a juicy spy novel, with a dash of Monty Python – a whodunit that keeps audiences on the edge of their seats and roaring with laughter. Rated PG-13. Performance times are 7:30 p.m. Thursday - Saturday and 2 p.m. on Sunday. Tickets are \$26; \$24 seniors; \$20 student and military. 11 Old Mission Ave., St. Augustine. 904-825-1164 www.limelight-theatre.org.

April 16

First Coast Opera Performs Le Cabaret d'Edith Piaf: First Coast Opera presents an exploration of Parisian nightlife via the cabaret songs of Edith Piaf and lighter Parisian works for the stage. A fun and festive evening stars 7:30 p.m. at The Mark Lance Armory. Tickets are \$35. 190 San Marco Ave., St. Augustine. 904-417-5555 www.firstcoastopera.com.

April 16 - 17

EPIC Celebration of Spring Annual Flower & Garden Expo: Growers, educational seminars, nurseries and artisans from around the state offer gardeners everything they need to make spring bloom. The Expo takes place Saturday 9 a.m. - 5 p.m. and Sunday 10 a.m. - 4 p.m. at the St. Johns County Agricultural Center. Admission is \$5 (which is good for both days) and children under 11 are admitted free. Expo patrons can use their Expo pass for discounts to local attractions and for free admission to A Taste of St. Augustine on April 25. 3125 Agricultural Center Dr., St. Augustine (off State Road 16) 904-829-3295 www.epicbh.org/flowerandgardenexpo.html

April 16 - 24

Castillo de San Marcos Free Admission Week: In recognition of the National Park Service's 100th Anniversary, the Castillo de San Marcos offers free admission throughout the week. Built 1672-1695, the massive fortress provided protection for Spanish Florida, Spain's famous treasure fleets and the people of St. Augustine. The Castillo is open 8:45 a.m. - 5:15 p.m. daily with the last ticket issued at 5 p.m., 1 South Castillo Dr., St. Augustine. 904-829-6506 www.nps.gov/casa

April 18

Jesse Cook at Ponte Vedra Concert Hall: Global-Guitar Virtuoso and Nuevo Flamenco Innovator Jesse Cook will present a seductive, percussive and danceable performance at 8 p.m. (doors open at 7 p.m.) at the Ponte Vedra Concert Hall. Tickets are \$39 for reserved seating. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com.

April 19

One Night of Queen at the Ponte Vedra Concert Hall: One Night of Queen, performed by Gary Mullen & The Works, will rock the Ponte Vedra Concert Hall at 8 p.m. (doors open 7 p.m.) The Works, the ultimate Queen tribute band, has toured the world delivering the look, the sound, the pomp and the showmanship of arguably the greatest live band of all time. Tickets are \$39.50 for the first 10 rows and all remaining rows \$32.50. 1050 A1A North, Ponte Vedra Beach. 904-209-0399 www.pvconcerthall.com.

April 20 - 22

The Murray Brothers Caddyshack Charity Golf Tournament: Brian Doyle Murray, author of the classic golf comedy, Caddyshack, along with five of his brothers present this annual golf tournament that has so far raised more than \$4 million for charities nationwide. Played at the beautiful King & Bear/Slammer & Squire courses at the World Golf Hall of Fame in St. Augustine, this is an all-inclusive two-day event that combines great parties, fabulous golf, one-of-a-kind concerts and plain fun, just as the Murray Brothers intended it to be. The host hotel is the Renaissance Resort and many of the tournament activities take place at the next door Murray Brothers' Caddyshack restaurant. See website for corporate and individual registration, schedules, participation and more. 500 S. Legacy Trail, St. Augustine. info@murraybrosgolf.com www.murraybrosgolf.com.

Conversion to Solar Power in the Shores

In its Sunday edition of February 28, the Saint Augustine RECORD presented retired Reverend Paul Beyette – also called the “Solar-Priest” – for his involvement in the conversion to solar power.

As a fervent advocate for the protection of the environment, he convinced the Bishop of the Diocese of Ogdenburg, N.Y., to embrace solar power. An array of solar panels was erected in November 2015, that supplies most of the power needs of his residence and office, a sizeable building. Part of the year, Rev. Beyette himself lives in Loon Lake, in the Adirondack mountains, in a cabin that is off-grid and solar-powered since the mid 1970s. For him, to end the use of fossil fuel is not only an ecological but also a deeply moral issue. He strongly believes that by promoting and adopting solar powered energy, we care for the well-being of both of our Earth – God’s creation – and future generations. As he points out, the current Pope Francis, in his encyclical On Care for Our Common Home, underlines “intergenerational solidarity” and “ecological spirituality”, since environmental challenges affect us all, today as well as tomorrow.

Part of the year, Rev. Beyette lives in the Shores where he is deeply involved in a movement to convince local residents to convert to solar power. In the RECORD of March 10, we see him celebrate the first of hopefully a thousand residents of the Shores, Robert DeByl, a Martial Arts specialist, having his home equipped with solar technology (**add here photo, courtesy of Solar-Fit, of “5 Star Energy Independence System”).

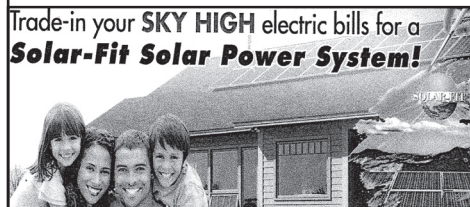
The negative effects of climate change – temperature changes, rising sea levels – are of great concern to Florida. The so-called Sunshine State could play an important role in solar conversion, yet Solar makes up less than one percent of its energy sources at this point.



FREE Solar Power Seminar

Wed April 20th 6:30 - 8:00 pm
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While the creation of utility-scale solar (solar-panel farms) in Florida still depends on an amendment to change the current State Law, investment in solar power by private homeowners has been hampered by a number of misconceptions. Solar-Fit, the solar panel installation firm mentioned in the RECORD of March 10, will be present at the Riverview Club, on April 20, from 6:30 p.m. to 8 p.m., to explain, in every detail, the current advantages of switching to solar. In this Renewable Energy seminar, free and open to all, they will, among other topics, address the following issues: no upfront expense; the federal solar-investment tax credit (30%); net-metering (selling excess solar energy back to FPL), and how owning your energy increases the resale value of your property, etc. From a financial point of view, there is a difference between spending money to buy electricity and producing your own.

Reverend Beyette will also attend this Renewable Energy Seminar at the Shores. Should you wish to contact him, please feel free to do so, at 904 794-4559.

April 20 & 21

Senior Conservatory One-Acts (presented over two nights): Senior-directed one-act plays, serving as capstone projects for Theatre Arts majors at Flagler College, will be presented over the course of two nights. \$5 admission is good for both nights of these one-act presentations. Show times are at 7 p.m. in Lewis Auditorium, 14 Granada St., St. Augustine. 904-826-8600 www.flagler.universitytickets.com

April 21

Sunset/Moonrise at St. Augustine Lighthouse & Maritime Museum: Enjoy the sunset and moonrise from the top of the Lighthouse! The \$30 admission includes a champagne toast, provided by San Sebastian Winery, hors d’oeuvres from The Reef and an informative overview of the history of the St. Augustine Light Station. 81 Lighthouse Ave., St. Augustine. 904-829-0745 www.staugustinelighthouse.org

April 21 & 22

Full Moon Sail Aboard the Schooner Freedom: Go on a 75-minute sail aboard the Schooner Freedom and enjoy the sound of the wind and waves beneath the magical glow of the full moon on St. Augustine’s Matanzas Bay. Bring along a picnic basket. The crew provides complimentary soda, water, beer and wine. Each full moon sail features live music by a local musician. Tickets are \$35 per person; reservations highly recommended. Departs the City Marina at 8:45 p.m. 111 Avenida Menendez, St. Augustine. 904-810-1010 www.schoonerfreedom.com

April 22

Earth Day Sail - Celebrate Earth Day aboard the greenest sailboat around! St. Augustine’s Schooner Freedom is wind-powered and uses less than a gallon of diesel fuel per day. The entire vessel is made of materials that can be easily recycled. Kick back, relax, help raise the sails or watch for dolphins, turtles and birds - or take the helm for an unforgettable sailing experience. Reservations are highly recommended. The 90-minute sail departs St. Augustine Marina at 12:15 p.m. - tickets are \$30 adults, \$15 kids; 2-hour cruise departs at 2:15 p.m. - \$40 adults, \$30 kids; 2-hour cruise departs at 6:15 p.m. - tickets are \$50 per person. The 75-minute cruise departs at 8:45 p.m. - tickets are \$40 per person. 111 Avenida Menendez, St. Augustine. 904-810-1010 www.schoonerfreedom.com

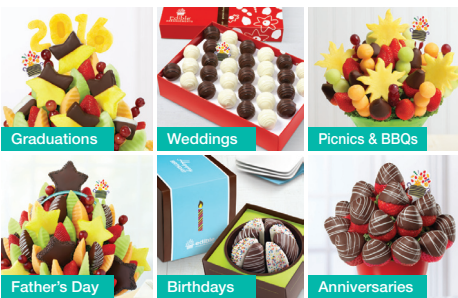
April 23

5th Annual Feel the Wheels Event: The Junior Service League of St. Augustine presents this annual event that allows children to see, touch and explore big trucks and vehicles including tractor trailers, utility trucks, boats, emergency response vehicles and a helicopter. Tickets are \$5 per child age 2 and up and adults are free. All proceeds benefit the Children’s Museum of St. Augustine. The event is 9 a.m. - 4 p.m. at the St. Augustine Outlets. 500 Outlet Mall Blvd., St. Augustine. 904-826-1052 www.tagmuseum.org

27th Anniversary Earth Day Celebration: From 10 a.m. - 4 p.m., Washington Oaks Gardens State Park hosts live entertainment, environmental groups and arts and crafts related to the environment. There will be activities and interests for all ages. Prize drawings, plenty of food for purchase, plant sale, and environmental experiences for the children. Park admission for Earth Day is \$5 per car (includes one door prize ticket). 6400 N. Oceanshore Blvd., Palm Coast. 386-446-6783 www.floridastateparks.org/park/washington-oaks

A Taste of St. Augustine: This signature food festival at the St. Augustine Amphitheatre serves up “tastes” from over 20 of St. Augustine’s famous restaurants. From 11 a.m. - 5 p.m., restaurants will compete for the prestigious TOSTA (Taste of St. Augustine) awards, with categories including Best Family Dining, Best Ethnic, Best Upscale and Best Dessert, as well as the ever-popular “People’s Choice.” Everyone gets to vote! There will be a children’s area with fun activities including crafts and face-painting. Admission to the Taste of St. Augustine is \$5 and taste tickets are \$1 each with restaurants charging between 1 and 5 tickets per taste. Each ticket purchased gets

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Spring fishing report for Saint Augustine

by Captain James Dumas, Drum Man Charters

Spring is coming early this year. Temperatures are in the 70s and it is sunny out. This weather is the reason millions of people move to Florida each year. It is also why so many species of fish call Florida their home.

As the water warms up the fish will become very active. The mullet already started to show up in the inshore waters. The big predator fish will be showing up right behind them.

We have some amazing coastal fishing during the spring. We have Cobia and Tripple tail starting to show up off of our beaches in April. They are following the manta rays which are following the warmer water. They love hanging around the 72° mark. Cobia are a very fun fish to target off of the beaches. They are usually 1 to 2 miles off of our coast as they are migrating to the north. They can grow over 50 pounds and are exceptional fighters.

They are usually site fished hanging out on the backs of the giant manta rays. A well placed Z man heroz bait will usually not get refused. You can also target them fly fishing. Make sure you have a 10 to 12 weight fly rod because they put up a great fight. Also while you are out there keep an eye out for Tripple tail. These are brown flat looking fish that have big fins that look like they have three tails. They are usually hanging out near structure such as a crab trap float or trash floating. They are easy fish to get to bite once located. I love throwing a Z man shrimp on a popping cork as well as shrimp patterns if I am flyfishing. We usually have a month or so to target these two fish and then the Tarpon, Spanish mackerel, sharks and Bonita will roll right behind them.

Moving to the inshore seen our main species for March will be redfish. They are still partly schooled up from their winter patterns. The water is also still clear so there are great opportunities for site fishing. As the water warms up it will lose its clarity. The redfish will also break up into smaller groups of fish. They will continue to bite aggressively through the spring. A live mud minnow on a jig head or a Z man minnow on an 1/8 ounce jig are my bait of choice.

My favorite color is the deal. Just throw it out and do a steady retrieve back in. Search near the oyster mounds that are close to the



flats as well as the deep holes. As the water gets into the 70s a top water lure such as a Zara spook Jr will be a great way to catch them.

As April approaches be ready for a monster trout to hit your Zara spook as well. April and May are the two best months for targeting trout over 25 inches. I prefer to fish in depth from 2 to 10 feet and do a very slow walk the dog retrieve with some long pauses in between. Just remember to keep working your lure until the line comes tight. Trout are known to miss the majority of their strikes. Once you have the fish on the line do not horse the fish in. They have very soft mouths and you will pull the hook. Once the sun comes up put away your top water and switch to a Z man diesel minnow on a quarter ounce jig head and do slow bumps towards the bottom. This should continue your bite for a while.

March through May are great times to fish in Saint Augustine. The thunder storms haven't arrived yet and there are plenty of fish to be caught. Feel free to call me at (904)687-9498 to book a charter. I also do a daily report on my website at www.drummancharters.com. Thank you and until summer. Get out on the water.



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a special coupon page with discounts to local attractions. Plus, the event features a "Race to the Taste" 5k run starting and ending at the Amphitheatre with a course going through Anastasia State Park and surrounding neighborhoods. The race starts at 10:30 a.m. and registration for the race is \$25 in advance and \$30 day of race. 1340 A1A South, St. Augustine. 904-829-3295 www.epicbh.org/tasteofstaugustine.html; http://www.ancientcityroadrunners.org

Castillo by Candlelight: Your National Parks Celebrate the upcoming Centennial of the National Park Service with a special visit to Castillo de San Marcos. To celebrate National Park Week, park staff will be providing an evening exploration of the Castillo and the history of your national parks. Entry times for this special ticketed events are on the half hour from 6 to 8:30 p.m. Admission is \$10 adults and \$5 for kids 15 and under. Tickets are available two weeks in advance at the Castillo ticket booth or by calling 904-829-6506 ext. 232. 1 South Castillo Dr., St. Augustine www.nps.gov/casa

EMMA Concert Performance - Canada's Ballet Jorgen Sleeping Beauty: EMMA Concert Association presents Canada's Ballet Jorgen in a performance of the beloved Sleeping Beauty at 7:30 p.m. at Flagler College's Lewis Auditorium. Widely recognized for its innovation, warmth, humor and beauty, Canada's Ballet Jorgen was formed in 1987 by Bengt Jorgen and Susan Bodie and is the only major Canadian ballet company with a repertoire comprised exclusively of original works. Tickets are \$40 (\$5 for students) and may be purchased in advance on the website. 14 Granada St., St. Augustine. 904-797-2800 www.emmaconcerts.com

April 24

24th Annual Tour de Forts Classic: Choose your distance from routes of 21, 38, 62 and 100 miles that start and end at Bartram Trail High School, which was named for William Bartram, a naturalist from Philadelphia. Ride along the St. Johns River which Bartram explored in 1774. Cycle the century route including the St. Augustine-Palaska Trail to Armstrong, part of the Gullah Geechee Corridor which begins in the barrier islands off the Carolinas. Cycle past fields of potatoes and cabbages. Ride into the Ancient City of St. Augustine, the oldest city in America, now celebrating its 450th year, and pass by the Castillo de San Marcos. Tours start at 7:30 a.m. Registration fees and more information are available online. 99 Longleaf Pine Pkwy., St. Johns. www.caamevents.com/event/tour-de-forts/

April 27 - May 1

14th Annual Florida's Birding & Photo Fest: Experience northeast Florida's abundant bird life and photogenic natural beauty at more than 110 exciting birding and outdoor photography events! In addition to the ever-popular nature tours and excursions, new discoveries for this year's event include workshops on preparing images and composition, photographing birds in flight, selections and layer masking, flash techniques and many in field photography workshops. The festival is headquartered at the GTM Research Reserve, located 8 miles north of St. Augustine on A1A North. Discover the region's phenomenal bird life and the abundant natural habitats that sustain them with bird walks and boat and kayak trips to undisturbed areas. This Festival is guaranteed to excite nature lovers and outdoor enthusiasts of all ages. There is a one-time \$25 registration fee for the festival and each workshop or program has its own fee. 505 Guana River Rd., Ponte Vedra Beach FloridasBirdingFotoFest@gmail.com www.floridasbirdingandphotofest.com

April 29 - May 1

21st Annual Gamble Rogers Music Festival: The 21st Anniversary edition of the popular Gamble Rogers Music Festival brings the best in American folk music to St. Augustine. The festival is a celebration of the music and storytelling of Gamble Rogers - an artist the Atlanta Constitution called "an American treasure worthy of inclusion in the Smithsonian." The festival takes place at the Colonial Quarter. On Friday night there will be several music performances on multiple stages. On Saturday & Sunday the music continues along with workshops, family activities and more. Check the website for entertainment lineup and ticket packages. 33 St. George St., St. Augustine 904-377-4163 www.gamblerogersfest.org

April 30

Cultural Influences in the Spanish Colonial Kitchen: Stop by Fort Matanzas National Monument between 10 a.m. - 3 p.m. for demonstrations and conversations about the Spanish heritage that is the foundation of St. Augustine and Fort Matanzas. It takes place at the Fort Matanzas Visitor Center and admission is free. 8635 A1A S, St. Augustine www.nps.gov/foma

MAY

May 5 - 9

The 39 Steps at The Limelight Theatre: This mystery is a mix of a Hitchcock masterpiece and a juicy spy novel, with a dash of Monty Python. This whodunit keeps audiences on the edge of their seats and roaring with laughter. This play is rated PG-13. Performance times are 7:30 p.m. Thursday - Saturday and 2 p.m. on Sunday. Tickets are \$26; \$42 seniors; \$20 student and military. 11 Old Mission Ave., St. Augustine. 904-825-1164 www.limelight-theatre.org.

May 6 - 8

Special Mother's Day Champagne Carriage Ride for Two! Join the Tasting Tours to celebrate the Mom in your life when you step aboard an old-fashioned horse-drawn carriage with a bottle of delicious champagne to toast the special Mother. The tours depart on the hour between 5 and 10 p.m. each night. The cost is \$159 per couple. Advanced reservations required. (This tour can accommodate up to 4 guests for an additional \$35 per guest). The tour includes VIP Boarding, 45-50 minute horse drawn carriage ride through the beautiful historic streets of St. Augustine, a set of 'The Tasting Tours' souvenir wine glasses, champagne to enjoy on the carriage ride, scenery and history. The Tasting Tours depart from 59 Cuna St., St. Augustine 904-325-3911 www.thetastingtours.com

May 6 - 29

St. Augustine Art Association presents - Canvas, Clay, Collage and Cutting Edge: The St. Augustine Art Association combines four exciting themes into one juried exhibit. Cutting Edge is

defined as work that pushes the boundaries of ideas and/or materials. The opening reception will be during the First Friday Art Walk on May 6th from 5 - 9 p.m. The gallery is open Tuesday - Saturday noon - 4 p.m. and Sunday 2 - 5 p.m. Admission is free. 22 Marine St., St. Augustine. 904-824-2310. www.staaa.org.

May 7

Spud Run and Cabbage Crawl 2016: The annual 5k/10k/15k Spud Run Challenge and 1-mile Cabbage Crawl get underway at 7 a.m. in Hastings. The event benefits South Woods Elementary School and highlights the agricultural accomplishments of the Hastings area. Pre-Registration is \$20 for the 5K; \$25 for the 10k; \$30 for the 15k (day-of registration is an additional \$5. Registration for the Kids Run (age 14 and younger) is \$6 each. Prizes will be awarded for first, second and third place (male and female) in numerous age classes. Races begin at the HHS Community Building in Hastings. For complete details including pre-registration, course maps and more, go to www.racesmith.com/races/spudrun.html. 6195 S. Main St., Hastings. 904-806-1706

14th Annual Car & Truck Show: St. Augustine Cruisers 13th Annual Car & Truck Show will be held from 8 a.m. - 3 p.m. at the Florida School for the Deaf and the Blind. Open to all makes and models, pre-registration is \$20 and \$25 day of show. Music, food, door prizes, 50/50 raffle, dash plaques to first 100 registered. Awards begin at 3 p.m. 207 N. San Marco Ave., St. Augustine. www.staugustinecruisers.com.

North Florida Women's Chorale Spring Concert: This spring concert by the North Florida Women's Chorale includes songs that are sacred and secular and of inspiration and hope. The noon program includes many familiar American hymns, spirituals, and folk songs such as "Simple Gifts," "Wondrous Love" and "How Can I Keep From Singing?" Admission is free. Ancient City Baptist Church 27 Sevilla St., St. Augustine. 904-806-7781. www.womenschorale.org

May 7 & 8

Special Mother's Day Vittles and Vino VIP Carriage Tour: Join The Tasting Tours for a very special 3 hour Mother's Day food and wine tasting extravaganza via horse drawn carriage - complete with champagne and flowers to celebrate the most wonderful person in the world...Mom! Take her on an old-fashioned horse drawn carriage to taste and sip your way through St. Augustine's historic district with award winning restaurants, boutique wines and inspiring scenery. The tour is \$139 per person and includes VIP boarding, champagne toasts, fresh flowers, 3 hours of food and wine, 4 to 5 food and/or wine tastings venues, wine to enjoy on the carriage ride, and an informative guided tour. 59 Cuna St., St. Augustine. 904-325-3911 www.thetastingtours.com

May 8

Mother's Day Sail Aboard the Freedom: Treat Mom right with a relaxing day sail aboard St. Augustine's Schooner Freedom. Pack her favorite hor d'oeuvres and let the schooner's crew provide the drinks and atmosphere. Soak up the sun while relaxing and watching for dolphins, turtles and birds. Reservations highly recommended. Ninety-minute sail departs at 12:15 p.m. - tickets are \$30 adults, \$15 for kids; 2-hour sail departs at 2:15 p.m. - tickets are \$40 adults, \$30 kids; 2-hour sail departs at 6:15 p.m. - tickets are \$50 per person. 111 Avenida Menendez, St. Augustine. 904-810-1010 www.schoonerfreedom.com

EMMA Concert Performance: Janet Rabe-Meyer, Soprano & Ensemble Janet Rabe-Meyer will present a free concert as a gift to EMMA concert goers at Flagler College's Lewis Auditorium at 2 p.m. Known for her "radiant voice and intense acting" Janet Rabe-Meyer is a true singing actress. 14 Granada St., St. Augustine. 904-797-2800 www.emmaconcerts.com

May 10

The 1975 at the St. Augustine Amphitheatre: As one of the breakthrough British bands of the past decade, their self-titled debut album entered the U.K. charts at No. 1 and went on to sell one million copies. Their 2016 tour brings them to the St. Augustine Amphitheatre to support their sophomore album "I like it when you sleep, for you are so beautiful yet so unaware" released in February 2016. The Japanese House also performs at this concert that begins at 7 p.m. (doors open at 6 p.m.). Tickets are \$49.50 standing pit; \$49.50 level 100; \$39.50 level 200; and \$29.50 level 300. 1340 A1A South, St. Augustine. 904-209-0367 www.staugamphitheatre.com

May 10 - 15

THE PLAYERS Championship: The game's greatest players compete at TPC Sawgrass - THE PLAYERS Stadium Course in Ponte Vedra Beach. THE PLAYERS Championship is recognized by PGA TOUR members as "their" championship tournament. It features one of the most coveted titles in professional golf, the strongest field of competitors and one of the richest purse. Previous winners of THE PLAYERS Championship include Rickie Fowler in 2015, Martin Kaymer in 2014, Tiger Woods in 2013, Matt Kuchar in 2012, K.J. Choi in 2011, Tim Clark in 2010 and many other greats. 110 Championship Way, Ponte Vedra Beach. 904-285-7888 www.pgatour.com

May 11, 18 & 25

Music by the Sea Concert: Free weekly concert at the St. Johns County Pier features a wide variety of musical genres. The seaside concerts are 7 - 9 p.m. Each week at 6 p.m., a different local restaurant offers dinner as an option for concert goers. All dinners are priced at \$10 or less. Concert goers are encouraged to car pool or ride the shuttle from the St. Augustine Beach City Hall. The pier is located at 350 A1A Beach Blvd., St. Augustine Beach. 904-347-8007 www.freebeachconcerts.com

May 12 - 15

THE PLAYERS Championship at World Golf Hall of Fame: Celebrate THE PLAYERS with a visit to the World Golf Hall of Fame. Visitors can win a special Hall of Fame prize pack (no purchase necessary), take advantage of photo opportunities with THE PLAYERS Championship trophy and go on a special scavenger hunt. All exhibits will be on display and the television broadcast of the tournament will be aired throughout the Hall. The museum is open Mon. - Sat. 10 a.m. - 6 p.m.; Sunday noon - 6 p.m. Admission is adults \$19.50; seniors, military and Florida residents \$18.50; students \$10; children (ages-5 - 12) \$5; age 4 and under free. One World Golf Pl., St. Augustine. 904-940-4123 www.worldgolfhalloffame.org

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St. Johns County Sheriff's Corner

By David Shoar, St. Johns County Sheriff

Bicycle Safety

Spring weather is upon us and with it bicycle riding becomes a more popular activity for fun, for recreation, and even for transportation. Bicycle safety is always on my mind but even more so in light of recent fatal accidents and hit and run crashes on our county roads.

It's been almost five years when a St. Augustine University graduate student was killed in a hit and run crash. Our investigators continue to investigate that case to find the driver of a 2001 -2003 Ford Ranger pick-up truck that struck the cyclist. A month after that one, also on C.R. 214, an 18 year old boy was killed ... struck by a truck as he rode into an intersection.

Bicycling is popular in Florida. Unfortunately our state continues to lead the nation in bicycle fatalities. In 2013, according to the National Highway Traffic Safety Administration, there were 743 bike riders killed nationwide and 136 in Florida. This is the latest year for which statistic are available, but Florida has been first in cyclist deaths since 2007.

When it comes to bicycles, keeping kids safe is a huge concern. It is estimated that every week nationwide 2700 children suffer serious head injuries and two die in accidents involving bike riding. Most child related bike injuries, however, do not involve motor vehicles. They are from falls or hitting a stationary object. Therefore, the first and most important step in bicycle safety is wearing a helmet and wearing it correctly. This is the law for all children under 16 years of age. Research shows that properly worn bike helmets can reduce the risk of serious brain and head injury by 88 percent.

We recommend all riders wear helmets. Parents could be good role models by wearing them too. When choosing a helmet make sure it meets safety standards issued by the Consumer Product Safety Commission. Helmet size should be determined using a tape measure. Pads and straps should be adjusted so fit is level and snug. The helmet should be worn two finger widths above the head and not pulled forward over the forehead or tilted back on the crown. Next make sure the bike is the right size. When sitting on the seat with hands on the handlebar the rider should be able to place the ball of both feet on the ground. The rules and laws of the road regarding bicycling apply to cyclists, as well as motorists. That means riders have the same responsibilities as motorists, and each has rules when encountering the other.

Ride single file in a bicycle lane or on the right side of the roadway with traffic. Riding against the traffic on the left side of the road is not only illegal, but a motorist about to make a right turn on to a roadway will only be looking for traffic to the left. Over 70 percent of car-bicycle accidents occur at intersections, including driveways.

Before riding into traffic a cyclist should stop, look both ways twice and then over the shoulder.

When riding on a street or highway cyclists have the responsibility to observe all traffic laws including using hand signals. State law requires having at least one hand on the handlebars at all times. It is also against the law to wear headsets while bike riding.

According to Florida law, a bicycle operated between sunset and sunrise must be equipped with a lamp on the front exhibiting a white light visible from 500 feet to the front and both a red reflector and a lamp on the rear exhibiting a red light visible from 600 feet to the rear. Additional lighting is permitted and recommended.

Motorists need to be alert for bicycle riders and understand the law permits the use of bikes on our roadways as vehicles. Slow down and pass safely with at least 3 feet clearance between the rider and the side of your vehicle. Watch carefully for kids on bikes when driving in residential neighborhoods.

There is a page on our website at www.sjs.org regarding bicycle laws, rules and safety. Just click on the Community Affairs icon and then scroll down.

I ask all St. Johns county residents to assist our office in promoting bicycle safety by discussing safe bike riding with your children and knowing the rights of cyclists on the roadway. I hope and pray we will have no more bicycle riders killed or seriously injured in St. Johns County for a long time. I always welcome your comments and suggestions. Just e-mail me at dshoar@sjs.org.

My Legs Don't Match

By Rob Stanborough
PT, DPT, MHS, MTC, CMTPT, FAAOMPT
First Coast Rehabilitation
(904) 829-3411



Recently, two different patients asked me the same question: "The muscles in my leg are getting smaller. Will they get bigger again?" The short answer is, "It depends." It depends on why they've gotten smaller and how long they have been in that condition. Muscles can "atrophy," or lose bulk, for a number of reasons. Common causes include: 1) interruption of the nerve supply, 2) surgery, 4) trauma, and 3) disuse.

Muscles are controlled by nerves, which carry impulses from the brain. If the nerve supply to the muscle is interrupted due to nerve damage or compression, the muscle may still work, but it will work inefficiently, just as a light flickers when its electrical supply is disrupted. When muscles have inadequate nerve supply they are unable to produce their necessary force and therefore are unable to maintain their size, and are certainly challenged when trying to produce bulk.

Surgery and trauma cause swelling and pain. When cells sustain damage during surgery or as a result of some other trauma such as a twisted ankle or arthritic knee, the body releases chemicals near the injured muscle. It also releases chemicals in the spinal cord. These chemicals keep the muscle from using its full force; the body wants to protect the damaged, painful tissues. The result—you guessed it—muscle wasting, or "atrophy."

A third and most common cause of atrophy or muscle wasting is disuse. Most people are familiar with the phrase – 'if you don't use it you'll lose it.' Well it's true when it comes to muscles, strength and their size. Our bodies are made to move and depend on controlled movement to maintain a health status, including the size and strength of our muscles. Becoming inactive is a sure path to weakness and wasting.

I've experienced this myself. When I heard that normal, healthy individuals, after the age of 30, can lose up to 10% of their strength with each decade; it was a wakeup call. The percentage seems to be less for those who are active individuals and more for inactive. I decided I wanted to be part of the former and get moving.

So the more complete answer to the patients' question regarding whether the leg muscles will one day match each other is this: Once the effects of surgery and trauma have subsided, and once you've worked to regain the function in your affected limb, yes, they should equalize. It will require patience, persistence, and movement. But in the case it does not exactly match – perhaps having a slight difference in size – that shouldn't affect its ability to function and your ability to be safe and active.

The good news is muscles can be strengthened and regenerated following surgery, trauma, or disuse. The only caveat is the longer the inactivity persists, the longer it will take to reverse. When rebuilding muscle, regardless of the cause, be prepared to experience some muscle soreness and don't forget to stretch. Progress slowly and if you need advice or supervision consult your MD or physical therapist and move!

Rob Stanborough is a physical therapist serving St. Augustine for nearly 10 years. He is president and co-owner of First Coast Rehabilitation, as well as co-author of *Myofascial Manipulation: Theory & Application, 3rd ed* by Proed Inc. He is certified in manual therapy, a Fellow of the American Academy of Orthopaedic Manual Therapists and has presented on the topic of soft tissue dysfunction in a variety of venues. Read previous columns posted on www.firstcoastrehab.com.



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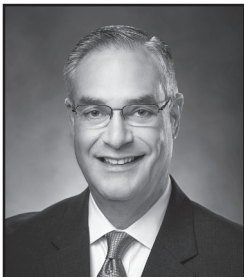
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## Financial Focus

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### Give Your Investment Portfolio a "Spring Cleaning"

Now that spring has officially sprung, you might look around your home and decide it's time for some sprucing up. But you don't have to confine your efforts to your house and yard – you can also engage in a little "spring cleaning" in your investment portfolio.

Here are a few suggestions for doing just that:

- "Dust off" your investment strategy. Dusting is a big part of spring cleaning. Light fixtures, shelves, windowsills – they can all acquire layers of dust and grime that need to be whisked away. And if you've left your investment strategy unexamined for a long period, it too may need to be "dusted off" and re-evaluated. Over time, your financial goals, family situation and even risk tolerance can change, so it's a good idea to review your overall strategy to make sure it's still appropriate for your needs.

- Get rid of "clutter." Once you start tidying up your house, you might be surprised at all the "duplicates" you find – a broom in a bedroom, another broom in the laundry room, a third in the garage, and so on. Just as you probably don't need multiple brooms, so you may find that you have many versions of the same type of investment in your portfolio. If you own too many of the same investment, and a market downturn affects that particular asset, your portfolio could take a big hit. You may be better off by selling some of the too-similar investments and using the proceeds to diversify your holdings. (However, while diversification can reduce the impact of volatility on your portfolio, it can't guarantee profits or protect against loss.)

- Remove "stains" on your portfolio. As you clean your carpets and furniture, you

might notice some stains that should be removed. And when you look through your portfolio, you might find some "stains" in the form of chronically underperforming investments. Instead of holding on to these vehicles with the hope that they will eventually turn around, you might consider selling them and using the proceeds to purchase new investments, which can help fill any gaps you may have in your holdings.

- Consolidate your accounts. Have you ever discovered a stapler in one drawer, a roll of tape in the linen closet and a bunch of marking pens on your desk? All these items may be useful, but for the sake of efficiency (and to cut down on frustrating searches), you might want to consolidate them in one place. And you could do something similar with your investments. Specifically, if you have some stocks here, a couple of certificates of deposits there, and some IRAs at still another place, you might consider consolidating them with one financial services provider. With all your investments in one place, you could possibly reduce the fees and paperwork associated with maintaining your accounts. And when you eventually start taking withdrawals from your IRA and 401(k), you may find it easier to calculate these required distributions if they're coming from just one place. But just as importantly, when you consolidate your investments with one provider, you may find it easier to follow a single, unified investment strategy.

So, there you have them – some spring-cleaning ideas to help you update and energize your investment portfolio. And you won't even need a dustpan.

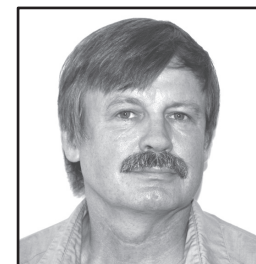
*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

## Computer Corner

By Gary Herrick, Computer Professor

904-377-6785

mainely2@bellsouth.net



### Windows 10 Update Caution

Greetings from computer Professor.

Here are more developments with Windows 10. Anyone with Windows 7 or 8 has been getting notices that they should upgrade to Windows 10. They are getting so used to them in fact, some are getting conned by advertising to update all your drives before the move to windows 10. It is a good idea to be updated with all your Windows updates and then check with your computer manufacture website after you update Windows to get any Windows 10 drivers; BUT, you do not need to download a program, pay them money and get some good updates, some bad updates (that may lock up your computer) and a lot of new advertising on your computer.

Some people are also getting conned by messages that offers assistance to update to Windows 10 and they will update it; but you will start getting a message every day that you need to pay for this and it will count down until it reaches the 0 day and then

### Temple Bet Yam Holds Passover Seder

Temple Bet Yam in St. Augustine is pleased to invite the community to its annual Passover Seder on Friday, April 22, 2016, led by Rabbi Fred Raskind. Gypsy Cab Company will again be catering the event. Tickets for Adult Members of the congregation and their guests are \$36; Children 12 and under are \$15. Tickets for adult non-members are \$46.00. Please mail your check with number of people attending to: Temple Bet Yam, P.O. Box 860098, St. Augustine, FL 32086. Temple Bet Yam is a warm, welcoming, Reform Jewish congregation located at 2055 Wildwood Drive in St. Augustine. Its proximity to I95 and SR 207 allows easy access from counties to the north and south. For further information on the Temple, go to templebetyam.org. For specific questions about the Seder call 904 819-1875.

your computer stops working until you pay them \$200.00. The worst part is that it has been reported they ask all sort of questions to get information they have no need or right to know. Sounds like a step toward identify fraud.

If you want to update to Windows 10, it is done through Windows update or that one message from Microsoft that appears in your system tray. There is no charge until after the end of July for this upgrade to Windows 10. If you want to pay to get the upgrade, then get a known, trusted technician to do the job for you.

On a personal note to all my existing or potential clients, I am going to be traveling out of state from the first part of May until August. I can help with phone support and I will still do this column. If you have any service you are thinking of getting done, please contact me as soon as possible to get it scheduled. Thank you for understanding.

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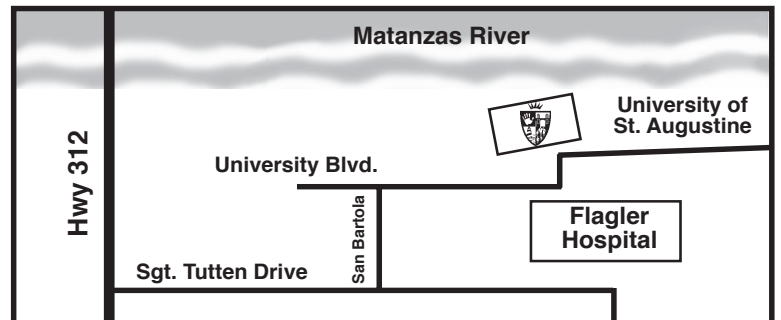
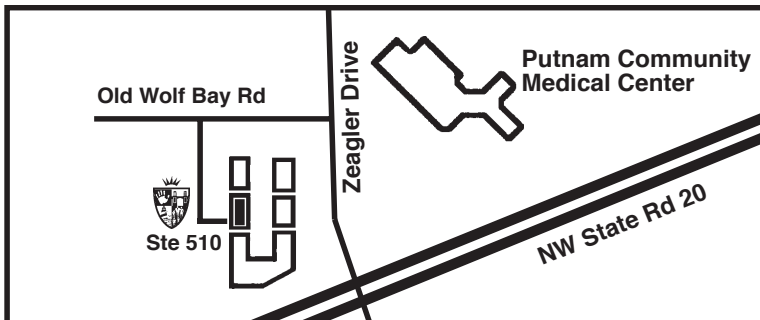
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