

Lectures
Raffles
Vendors
Giveaways
Socializing
Networking

2019 Oregon AWHONN Fall Conference

Grow Your Practice Rooted in Excellence

September 29 — October 1 Oregon Garden Resort, Silverton, OR oregonawhonn.org/or-fall-conference



Conference Overview

Oregon AWHONN's Fall Conference provides evidencebased, clinically relevant education specific to Obstetrics, Newborn Care, and Women's Health. The conference goals are to:

- Recognize personal strengths to be a leader in a dynamic healthcare environment.
- Implement evidence-based solutions in all practice settings.
- Develop professional strategies to improve outcomes for women, newborns, and nursing.

Continuing Education Contact Hours

3.0 CEs Sunday 9/29; 5.25 CEs Monday 9/30; 5.0 CEs Tuesday 10/1

Awarded by Oregon AWHONN, in partnership with NW Perinatal Resource Network as provided by the California State Board of Nursing (CEP #13755).

Why Should You Attend?

Lots to Learn

- Evidence-based care to apply in all practice settings
- Practical tips of the trade
- Pearls of wisdom and experience

Lots to Do

- Take a relaxing, meditative stroll through the Oregon Garden
- Hike behind a 177-foot curtain of water at Silver Falls State Park
- Get your shopping on at the Woodburn Premium Outlets



Conference Site and Accommodations

Oregon Garden Resort, 895 W. Main Street, Silverton, OR 97381 www.oregongardenresort.com

The Guest Room rate is \$139 plus taxes and fees (10.8%), single or double occupancy. Additional persons, beyond two, will be charged at a rate of \$15 per person per night. To take advantage of the discounted group rate, reservations must be made by August 29, 2019. Hotel guests receive complimentary admission into the Oregon Garden & complimentary hot American Breakfast buffet. For instructions on making reservations, visit **oregonawhonn.org/accommodations**.

Meals

Drinks and appetizers will be provided on Sunday evening at the Networking Event / Vendor Fair. Breakfast and Lunch will be provided on Monday and Tuesday. Please specify any dietary restrictions when registering. We cannot guarantee all dietary restrictions will be met, but will make every effort.

Speaker Handouts

A link to speaker presentation handouts will be emailed to attendees on 9/9/19 and updated as received before, during, or after the conference. Handouts will only be available to attendees and for 60 days after the end of conference. **oregonawhonn.org/agenda**

Poster Presentations

Topics should relate to women's health, obstetric and/or neonatal nursing practice, education, or administration and should complement the 2019 conference goals. Information and poster criteria are at

oregonawhonn.org/posters

This Year's Charity: Her Place

Every year during the Conference, Oregon AWHONN raises money to help support a local charity. This year, that charity is Her Place. Her Place is a nonprofit organization that offers transitional residential, intensive outpatient and outpatient alcohol and drug treatment for women. The program primarily targets addicted pregnant women and postpartum women as well as serving women with children up to age six. oregonawhonn.org/charity

Sunday, September 29, Pre-Conference

1200-1700	Registration Open
1300-1315	Welcome and Opening Remarks
1315-1415	Success in Your Career Rebecca Cypher
1415-1515	Compassion Fatigue & Burnout Sara Mosher
1545-1645	Professional Joy: Finding & Keeping It Amy Brase & Michelle Hirschkorn
1730-1900	Networking Event and Vendor Fair

Monday, September 30

0700-1600	Registration & Poster Room Open
0800-1700	Vendor Fair Open
0800-0830	Welcome / Intro to Her Place
0830-0945	Fetal Heart Monitoring in High Risk Pregnancies Rebecca Cypher
1015-1115	Periviability & Extreme Preterm Birth Joseph Kaempf
1130-1230	Perinatal Ethics Hong Lee
1230-1315	Lunch / Vendor Fair
1315-1415	Opiates and Pregnancy Audra Stauffer
1430-1530	Vaccines Taylor Pinsent
1530-1600	Closing Remarks

Karaoke Night!

Monday, September 30 at 20:00, Fireside Lounge

Join us for Karaoke night! Come have a drink and hang out with your fellow nurses. Show off those pipes of yours! We're sure to have a good time!

Tuesday, October 1

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0700-1600	Registration & Poster Room Open		
0800-1330	Vendor Fair Open		
0800-0830	Opening Remarks		
0830-0930	Dysfunctional Uterine Bleeding Lisa Rice		
0945-1045	Mistakes Were Made, But Not By Me Lisa Miller		
1115-1215	Breakout Session (See Below)		
1215-1315	Lunch		
1315-1415	Teamwork & Communication in L&D Lisa Miller		
1430-1530	(TBD)		
	Rebecca Cypher		
1530-1600	Wrap-Up / Prizes / Charity Donation		
Breakout	OB Session	NICU Session	
1115-1215	Statewide	State Efforts for	

Subject to change. See oregonawhonn.org/agenda for updates.

NICU Care

Colleen Reuland

Hemorrhage

Rachel Pilliod

Initiative



Tuesday is Red Heart Day

Show your support for The American Heart Association's Go Red for Women campaign and wear red on Tuesday. Together, we can

put an end to heart disease. Women, it's time to Go Red.



Support a Great Cause

For every unopened package of diapers you bring, you'll be entered to win a fabulous prize. All diapers

donated will go to Her Place which will go to the many families that they support.

Keynote Speakers

Rebecca Cypher, MSN, PNNP

2019 President-Elect, AWHONN Board of Directors

Lisa Miller, CNM, JD

Certified Nurse Midwife, Lawyer, Founder, Perinatal Risk Management & Educations Services

Speakers

Amy Brase, MSN, RN, CNE

Professional Development Specialist/Nurse Educator, Salem Health

Michelle Hirschkorn, MSN, RNC-OB, CNS

Perinatal Clinical Nurse Specialist, Salem Health

Joseph Kaempf, MD

Neonatologist, Providence Health System

Hong Lee, PhD

Medical Ethicist, Salem Health

Sara Mosher, RN, BSN, MHA

Clinical Nurse Manager of Population Health, St. Charles Health System

Rachel Pilliod, MD

Perinatologist, Oregon Health & Science University

<u>Taylor Pinsent</u>

Senior Communicable Disease Epidemiologist, Multnomah County Health Department

Colleen Reuland, MS

Director, Oregon Pediatric Improvement Partnership

Lisa Rice, MD

OB/Gyn, Salem Health

Audra Stauffer, RN, IBCLC

Clinical Nurse, Lactation Consultant, Salem Health

Networking Event and Vendor Fair Sunday, September 29, 1730-1900 Orchid Ballroom

Join your colleagues for an evening of fun and socializing. Relax. Meet with our vendors in an informal environment. Enjoy drinks and appetizers as you meet fellow nurses from Oregon and other areas. This is a great opportunity to make new connections and reconnect with old friends.

2019 Oregon AWHONN Fall Conference Registration Form

September 29 - October 1 at Oregon Garden Resort, Silverton, Oregon

REGISTER ONLINE (Preferred) at oregonawhonn.org/registration **Online registration accepts credit card payments only**

To pay by check, mail completed form with check payable to **AWHONN** to: Donna Talain, 6704 SE 21st Ave., Portland, OR 97202

If registering for someone else, use attendee's information. Bold fields are required.							
Name:							
AWHONN Member # (required it purchasing M	lember tickets):						
City: State	State: a personal email address due to issues with workplace fire						
Please provide a personal email address due to	issues with workplace fire	ewalls blocking our emails.					
PERSONAL Email Address (please print clearly	'):						
Phone: Job Title:							
Company:							
Dietary Restrictions (cannot be guaranteed):							
Core Area of Practice (choose all that apply): Academia Executive L&D Student Women's Clinic							
Registration Type	AWHONN Member*	Non-Member	Student**				
Pre-Conference Only (Sunday)	□ \$100	\$100	\$50				
Conference Only (Monday and Tuesday)	□ \$225	\$275	\$75				
Pre-Conference & Full Conference (Sunday through Tuesday, a \$5 Savings!)	\$320	\$370	\$120				
Single Day (Monday Only)	□ \$150	□ \$185	□ \$50				
Single Day (Tuesday Only)	□ \$150	□ \$185	□ \$50				
BEST VALUE! Non-Member Conference Only (Monday & Tuesday) + 1 year AWHONN Membership (a \$72 Savings!)***		<u>\$419</u>					
So we can plan for space, please indicate which Breakout Session you plan to attend (select 1 below or 🗌 Neither):							
Tuesday Obstetrics Session NICU Session							
11:15 - 12:15 Statewide Hemorrhage Initiative Statewide Effort for NICU Care							
Oregon AWHONN strives to include vendors relevant to you information in order to provide you with more information			ing your basic contact				
I plan to attend the Networking Event Sunday	evening (select one):	Yes No					
Amount Enclosed: \$							
* AWHONN Member discount pricing does not apply to E- ** Students must show proof of current full-time enrollment *** Includes one full year of AWHONN Full Membership (re	t in a nursing program upon ched	ck in.	registration (a savings of \$72).				

Late Registration and On Site Registration: After September 15 at 5 PM PDT, add \$50 to all prices listed above. For On Site registration, add \$100 to AWHONN Member and Non-Member prices listed above, add \$50 to Student prices listed above.

be purchased separately if you plan to attend the Pre-Conference (Sunday) as well.

Cancellation: Cancel by September 15 at 5 PM PDT to receive a refund minus a \$25 processing fee. Cancellation of a "Best Value" ticket will receive a refund of the conference cost only minus a \$25 processing fee. AWHONN membership cannot be refunded. No registration refunds will be made after September 15 at 5 PM PDT.

Valid for new members and previous members whose membership has lapsed. Does not include admission to Pre-Conference (Sunday) programming. Must