



www.applebarrelcafe.com

Bixby
(918) 366-2600
Fax (918) 366-3200
15225 S Memorial
Bixby, OK 74008

Broken Arrow
(918) 286-3300
Fax (918) 286-3388
3806 S Elm Place
Broken Arrow, OK 74011

Route 66
(918) 574-8868
734 W 23rd St
Tulsa, OK 74107

Tulsa Mingo
(918) 505-5951
Fax (918) 505-5958
9701 E 61st St
Tulsa, OK 74133

Owasso
(918) 553-6197
Fax (918) 553-6198
14002 E 116th St North
Owasso, OK 74055

OPEN EVERY DAY
TO GO ORDERS
WELCOME

APPETIZERS



Apple Barrel Tower
Onion Rings (3), Mozzarella Cheese Sticks (2), Stuffed Jalapeño Peppers (2), Chicken Strips (2), and Fried Mushrooms (4) 7.99

Battered Green Beans 5.99

Fried Green Tomatoes 5.99

Fried Mushrooms 5.99

Stuffed Jalapeño Peppers
(8) 5.99

Mozzarella Cheese Sticks
(8) 5.99

SOUP & STUFF



Four Veggie Plate
Our favorites, or choose four: carrots, peas, pinto beans, hash browns, french fries, okra, zucchini, broccoli, cottage cheese, mashed potatoes, corn, green beans, coleslaw, or apple sauce 9.99

Cup of Soup & House Salad 6.99

Soup of the Day
Cup 2.99 Bowl 4.99

Frito Chili Pie
Topped with cheddar cheese 5.99

Chili Cup 3.99 Bowl 5.99

Loaded Chili Cheese Fries
Fries covered with chili and cheese 6.99

FRESH GARDEN SALADS



Garden Combo
Garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese 6.99

Spinach Salad
Fresh spinach, eggs, diced bacon, mushrooms, tomatoes, onions and choice of dressing 9.99

Tuna Salad
Homestyle tuna salad garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese 9.99

Chicken, Spinach & Apple
Fresh spinach tossed with balsamic vinaigrette dressing and sliced apples. Topped with diced crispy fried chicken, bacon bits, hard boiled eggs, tomatoes, and cheddar cheese 11.99

Chicken Caesar Salad
Romaine lettuce served with a marinated grilled chicken breast, croutons, and Caesar dressing 9.99

Avocado Salad
Ripe, plump avocado slices garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese 9.99

Chicken Salad
A wonderful blend of cranberries, pecans, and crushed pineapples, in a creamy mayonnaise dressing with just a hint of honey on a bed of lettuce garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds, and a hard-boiled egg. Topped with cheddar and provolone cheese 10.99

Taco Salad
A bed of tortilla chips covered with chili, then topped with lettuce, tomatoes, olives, avocado, cheddar cheese, sour cream, and salsa 9.99

Ultimate Chef
Lean ham and turkey breast on a bed of lettuce garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese 9.99

Grilled or Fried Chicken Salad
Tender strips of grilled or fried chicken breast served on a bed of lettuce garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese 10.99

Salmon or Shrimp Salad
A perfectly grilled salmon or grilled shrimp on a bed of lettuce, garnished with cucumbers, tomatoes, carrots, black and green olives, cherry peppers, sliced almonds and a hard boiled egg. Topped with cheddar and provolone cheese 13.99

*The consuming of raw or under cooked Eggs, Meat, Poultry, Seafood or Shellfish may increase your risk of food borne illness, especially if you have a medical condition.



SIGNATURE SANDWICHES

Served with your choice of a cup of soup, french fries, or onion rings.
Served on your choice of white or wheat bread or a French roll.

California Avocado

Fresh sliced avocados with vegetables and cheddar, Swiss and provolone cheeses 7.99

BLT with Avocado Slices

Served with mayo, lettuce, and tomato 9.99

Grilled Chicken Breast

Served with mayo, lettuce, and tomato 9.99

Tuna Salad Sandwich

Served with mayo, lettuce, and tomato 6.99

Great Reuben

Thinly sliced eye of round corned beef, sauerkraut and swiss cheese on grilled rye bread with your choice of mustard or thousand island dressing 10.99

Meatball Sub

Meatballs smothered with marinara sauce and provolone cheese on a French roll 9.99

Grilled Cheese

Our version of a classic sandwich 6.99

Chicken Parmesan Sub

Tender strips of chicken breast marinated in garlic and oregano, lightly breaded and topped with marinara sauce and provolone cheese, served on a French roll 9.99

Chicken Fried Chicken

Handmade chicken fried chicken breast, mayo, pickles, tomatoes, and American cheese on a fresh bun 9.99

Egg & Cheese Sandwich*

Two eggs of your choice, American cheese, lettuce, tomatoes and pickles 6.99

Chicken Salad Sandwich

A wonderful blend of cranberries, pecans and crushed pineapples in a creamy mayo dressing with just a hint of honey. Topped with lettuce and tomato 9.99

Philly Sandwich

Your choice of sliced Philly steak or sliced chicken breast, with sautéed onions, bell peppers and mushrooms, covered with Swiss cheese on a French roll 9.99

Triple Decker

Sliced lean ham and turkey breast, bacon, lettuce, tomato, Swiss and American cheese, pickles and mayo on grilled bread 9.99

Fish Sandwich

Golden fried fish with lettuce, tomatoes, pickles, and onions 10.99

APPLE BARREL BURGERS



All burgers are ½ pound patties cooked to order and come with lettuce, pickle, tomato, and onion and your choice of mustard or mayonnaise. Served with your choice of french fries or onion rings. Add bacon, a fried egg, or chili .99 ea

Cheeseburger*

Topped with your choice of cheese 9.99
Double the meat and double the cheese for 2.99

Patty Melt*

Served on grilled rye bread with sautéed onions and Swiss cheese 9.99

Bacon & Pepper Jack Burger*

Topped with two slices of bacon and spicy pepper jack cheese 10.99

Farm Boy*

Served on grilled Texas toast and topped with brown gravy 8.99

Mushroom Swiss Burger*

Topped with sautéed mushrooms and Swiss cheese 9.99

Sunshine Cheeseburger*

Topped with a fried egg, coleslaw, cheese, lettuce, tomato, onion and a pickle 10.99



ENTREES

Served with a house salad, soup, or mac & cheese,
your choice of two dinner sides, and a dinner roll

Chicken Fried Chicken

A tender chicken breast covered with our special seasoned flour and fried golden, then topped with country gravy 10.99

Roast Beef

Lean tender chunks of beef cooked slowly in seasoned juices, served with brown gravy 10.99

Braised Short Rib

Braised chuck short rib served with mashed potatoes, and vegetable medley. 12.99

Country Fried Steak

Lean and tender steak battered and fried, then topped with country gravy 11.99

Hamburger Steak*

Half pound steak grilled and topped with sautéed mushrooms and onions with brown gravy 10.99

Chicken Tenders

Three pieces of tender white meat fried and served with gravy or sauce 10.99

Liver & Onions

Grilled and topped with sautéed mushrooms and onions 8.99

Smoked Pork Chops

Two center-cut chops, thick, juicy, and grilled to perfection 10.99

Western Hamburger Steak*

Half pound patty grilled and topped with two slices of bacon, shredded cheddar cheese, diced tomatoes, onions, and bell peppers 11.99

Country Style Chicken & Rice

Mesquite tender chicken breasts served on a bed of rice with sautéed mushrooms and onions, topped with Swiss cheese 11.99

Smothered Chicken Breast

Tender chicken breast grilled and topped with Swiss cheese, bell peppers, onions, and mushrooms 10.99

STEAK & SEAFOOD

All of our beef is aged, certified premium USDA Choice. Served with your choice of baked potato, mashed potatoes with gravy, french fries or broccoli, and either a house salad or soup of the day

Apple Steak*

An 8oz sizzling sirloin smothered in grilled onions, mushrooms and bell peppers, covered with Swiss cheese 14.99

Grilled Tilapia

Two fillets of tilapia lightly seasoned, then grilled to perfection and topped with a rich hollandaise sauce 9.99

Salmon Fillet

Seasoned and basted with lemon butter 13.99

Ribeye*

A 14oz tender and juicy rib eye 21.99
Add 5 large, golden fried shrimp 2.99

Grilled Shrimp

Ten perfectly grilled shrimp with fresh vegetables served on a bed of rice 12.99

Sirloin Steak*

Our sizzling 8oz sirloin, grilled to perfection 12.99

Fried Shrimp

Ten large shrimp deep fried and served with cocktail sauce 12.99

Cod Fillets

Three fillets fried and served with tartar sauce, hush puppies, and coleslaw 9.99

Catfish

Two 4oz fillets fried or grilled and served with tartar sauce, hush puppies, and cole slaw 11.99

Mahi-Mahi

Grilled mahi-mahi topped with hollandaise and served with rice and mixed vegetables 11.99

HEALTHY WRAPS

All wraps come with cheese, lettuce, tomato, and your choice of wheat, spinach, or sun-dried tomato tortilla

Chicken Wrap

Grilled chicken breast 9.99

Bacon Chicken Wrap

Chicken breast, bacon, mushrooms and Swiss cheese 10.99

Tuna Wrap

House made tuna salad 8.99

Chicken Salad Wrap

A wonderful blend of cranberries, pecans, and crushed pineapples in a creamy mayo dressing with just a hint of honey 9.99

Veggie Wrap

Spinach, avocado, lettuce, tomato, onions, mushrooms, black and green olives, cheddar and provolone cheese 8.99



RIGHT-SIZED FOR GUESTS WITH A LIGHT APPETITE

Catfish

One 4oz fillet fried or grilled and served with tartar sauce, hush puppies, cole slaw, and choice of potato 8.99

Roast Beef

Lean, tender chunks of beef cooked slowly in seasoned juices. Topped with brown gravy. Served with mashed potatoes, your choice of vegetable, and a side salad or cup of soup 8.99

Grilled Tilapia

One fillet of tilapia lightly seasoned, then grilled to perfection and topped with rich hollandaise sauce. Served with mashed potatoes, your choice of vegetable, and a side salad or cup of soup 8.99

1/3lb Gourmet Char Burger

Topped with lettuce, pickle, tomato, onion, mustard or mayo. Served with your choice of french fries or onion rings 5.99
Add cheese .99

Smoked Pork Chop

One center cut, thick and juicy smoked chop, grilled to perfection. Served with mashed potatoes, choice of vegetable, and a side salad or cup of soup 8.99

4 Way Chili

Chili with beans over spaghetti topped with cheddar cheese. Served with garlic bread and your choice of house salad or cup of soup 6.99

SPUDS



Chili Cheese Spud

Topped with chili and cheddar cheese 6.99

Broccoli & Cheddar Spud 6.99

Ham & Cheese Melt Spud

Hardwood smoked ham with shredded cheddar and provolone cheese. 6.99

Philly Steak Spud

Your choice of sliced Philly steak or sliced chicken breast, with sautéed onions, bell peppers, and mushrooms, covered with provolone and cheddar cheese 9.99

PASTA



Served with garlic bread and your choice of house salad or cup of soup

Chicken Parmesan

Breaded chicken breast smothered in mushrooms and marinara sauce, topped with provolone and Parmesan cheese 9.99

Pasta Alfredo

Pasta with mushrooms, then covered with rich Alfredo sauce 8.99
Add Marinated grilled chicken breast for 2.00
Add Grilled Shrimp for 4.00

Italian Meatball

Large meatballs on fresh pasta covered with marinara sauce and provolone and parmesan cheese 9.99

Baked Penne with Italian Sausage

Penne pasta smothered in marinara with Italian sausage, onion and garlic 9.99

3 Way Chili

Chili over spaghetti topped with cheddar cheese 6.99

4 way chili

Chili with beans over spaghetti topped with cheddar cheese 7.99

PIZZA

All pizzas are 12"



Breakfast Pizza

Topped with gravy, scrambled eggs, mozzarella cheese, ham, bacon, and sausage 9.99

Chicken Alfredo

Topped with alfredo sauce, grilled chicken breast, spinach, mushrooms, and cheese blend 11.99

Cheese Pizza 8.99

Pepperoni 9.99

The Meat Eater

Piled high with sausage, pepperoni, meatballs, and bacon 11.99

Veggie

Mushrooms, bell peppers, onions, tomato, green and black olives, and spinach 9.99

Supreme

Pepperoni, sausage, bacon, mushrooms, bell peppers, onions, tomato, green and black olives. 11.99

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BEVERAGES

Juices

apple, orange, grapefruit, tomato
Small 2.59 Large 3.99

Milk

Small 1.99 Large 2.99

Chocolate Milk

Small 2.59 Large 3.99

Hot Chocolate 2.39

Iced Tea 2.29

Peach Tea 2.29

Coffee 1.99

Lemonade 2.29

Soft Drinks 2.29

Pepsi, Diet Pepsi, Dr. Pepper,
Diet Dr. Pepper, Root Beer, Sierra Mist,
Mountain Dew

NEW!

Gourmet Hot Tea 2.69

Table side options to choose from include:

Simply Organic Mint

Organic Spring Jasmine

Tropical Organic Green

Organic Sweet Chamomile Citrus

Aromatic Organic Chai



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BREAKFAST

OMELETS

All of our omelets are made with three eggs. Served with your choice of hash browns, home fries, grits or sliced tomatoes and either biscuits and gravy, toast or one pancake (substitute a Belgian waffle as your bread option for 3.99).



Cheese Omelet* 6.99

Meat Lovers*

Bacon, sausage, ham, bell pepper, onion, and cheddar cheese 10.99

Western Omelet*

Ham, onion, tomato, bell pepper, and cheddar cheese 9.99

Apple Farmers Omelet*

Cheddar cheese, bell pepper, onion, tomato, and mushroom 8.99

Santa Fe Omelet*

Diced chicken breast, onion, tomato, bell pepper, and cheddar cheese 9.99

Turkey Bacon Omelet*

Four strips of turkey and Swiss cheese. Served with fresh fruit 8.99

Low Fat Fitness Omelet*

Egg whites, fresh mushrooms and broccoli served with sliced tomatoes and toast 8.99

Bacon, Ham or Sausage Omelet* 7.99

Bacon and Avocado Omelet*

Bacon, avocado, tomato, and Swiss cheese 8.99

South of the Border Omelet*

Chili, tomato, onion, bell pepper, and cheddar cheese 9.99

Philly Style Omelet*

Tender Philly beef steak with onion, bell pepper, mushroom, and mozzarella cheese 9.99

Spicy Chorizo Omelet*

Chorizo sausage, onion, tomato, bell pepper, and pepper jack cheese 8.99

Broccoli and Cheddar Omelet* 8.99

Spinach & Mushroom Omelet*

Fresh spinach, mushroom, onion and Swiss cheese topped with a rich hollandaise sauce and diced tomatoes 8.99

Spanish Omelet*

Sausage, onion, tomato, bell pepper, and cheddar cheese 9.99

SUNRISE SPECIALS

Served with two eggs and your choice of hash browns, home fries, grits or sliced tomatoes and either biscuits and gravy, toast or one pancake (substitute Belgian waffle as your bread option for 3.99). Add four strips of bacon, ham, two sausage patties or four links for 2.69

One Egg* 4.99 **Two Eggs*** 5.99

Early Bird*

Breakfast Ham Steak 12.99

Half Ham Steak 10.99

Rancher's Delight*

A chicken fried steak or chicken fried chicken with country gravy 11.99

Sirloin Steak & Eggs* 8oz 12.99

Corned Beef Hash* 9.99

Daylight* Two juicy pork chops 9.99

Chicken & Biscuit

Fluffy buttermilk biscuit topped with hand-breaded chicken tenders and cream gravy. 8.99

EGGSQUISITE SKILLETS

Skillets are made with two eggs, any way you like, served over our home fries, with biscuits and gravy, toast or a pancake (substitute Belgian waffle for 3.99)

Ribeye Steak Skillet*

Sliced steak, mushrooms, onions, and provolone cheese 9.99

Shamrock Skillet

Corned beef hash, provolone cheese, and spinach 8.99

Chorizo Sausage Skillet

Spicy chorizo sausage, onions, tomato, jalapeno, cheddar cheese, served with salsa and sour cream 8.99

BREAKFAST CLASSICS

All Classics are served with two large eggs, your style

Apple Farmer's Combo*

Three bacon strips and a slice of ham with either two sausage patties or four sausage links served with two pancakes 10.99

Stars and Stripes*

Three bacon strips with your choice of either two sausage patties or four sausage links served with two pancakes 9.99

Eggs Benedict*

Canadian style bacon on an English muffin topped with two eggs and smothered with a rich hollandaise sauce, served with hash browns 9.99 Add one pancake .99

Snow Cone

Fluffy biscuits piled high with eggs and two sausage patties covered with white pepper gravy and cheddar cheese. Served with hash browns or home fries 8.99

Apple Barrel Breakfast

Scrambled egg whites with four strips of turkey bacon and fresh fruit 9.99

Melt Dawn*

Golden hash browns topped with cheddar cheese, mushroom, onion, bell pepper, tomato, ham, bacon, and sausage. Served with biscuits and gravy, toast or one pancake 10.99

Ham and Egg Melt

Grilled sourdough bread stuffed with ham, scrambled eggs, Swiss and American cheese 7.99

Avocado Toast

Toasted wheatberry bread topped with avocado, two eggs, and tomatoes. Served with a side of fresh spring mix lettuce. 9.99

BREAKFAST BURRITOS

Apple Barrel Burrito

Filled with three eggs, your choice of bacon, ham or sausage, cheese, onion and tomato. Served with hash browns or home fries, sour cream and salsa 8.99

Spicy Chorizo Burrito

Spicy chorizo sausage, home fries, scrambled eggs, onion, mushroom, bell pepper and provolone cheese 9.99

HOME MADE CREPES



The Apple Crepe

Two delicious crepes filled with a rich, sweet cream cheese. Choose from strawberries, blueberries, or cinnamon apple topping 7.99

Farmer Stuffed Crepes

Two crepes stuffed with Swiss cheese, scrambled eggs, fresh spinach, mushroom, and onion, then topped with a rich hollandaise sauce and diced tomato 8.99

Chicken Crepes

Chicken breast sautéed with fresh spinach, mushroom, and onion in a light seasoning, then rolled inside two crepes with Swiss cheese and topped with a rich hollandaise sauce 9.99

Nutella Crepes

Two delicious crepes filled with chocolate Nutella and your choice of fresh bananas or strawberries 7.99

FROM THE GRIDDLE

All griddle items are served with margarine and syrup. Add bacon, sausage or ham for 2.69 Add raisins, pecans, strawberries, blueberries, banana, or chocolate chips .99 ea

PANCAKES

Pancakes (1) 2.99 (2) 3.99 (3) 4.99

Tuxedo Pancakes

Two pancakes with white chocolate and dark chocolate chips baked inside the batter! 4.99

Blueberry or Chocolate Chip Pancakes

(1) 3.99 (2) 4.99 (3) 5.99

Apple Pancakes

Sliced, cooked cinnamon apples with brown sugar (1) 3.99 (2) 4.99 (3) 5.99

Banana Pecan Pancakes

(1) 3.99 (2) 4.99 (3) 5.99

Butter Pecan Pancakes

Filled with pecans and topped with whipped cream and drizzled with caramel sauce (1) 3.99 (2) 4.99 (3) 5.99

FRENCH TOAST



French Toast 5.49

French Toast Deluxe

French toast with two large eggs, three bacon strips, and your choice of either two sausage patties or four sausage links 8.99

Whole Wheat French Toast

Two slices of wheat toast served with scrambled egg whites and two strips of turkey bacon. Served with fresh fruit 8.99

French Toast Biscuit

Jumbo buttermilk biscuits dipped in our French toast batter then fried and topped with powdered sugar. 4.99

BELGIAN WAFFLES



Grand Waffle Platter*

Belgian waffle with two large eggs, three bacon strips and your choice of either two sausage patties or four sausage links 9.99

Chicken and Waffles

Two hand breaded chicken tenders on a Belgian waffle with powdered sugar sprinkled on top 9.99

Waffle 5.99

Bacon & Cheddar Waffle

Made with bacon and cheddar cheese baked inside the batter! 6.99

Pecan Waffle 6.99

Cinnamon Waffle

Made with cinnamon and sugar baked inside; topped with a smooth vanilla glaze 6.99

Waffle with Fruit

Served with fruit and whipped cream. Choice of blueberry, apple, banana, or strawberry 6.99

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SIDES

3 Bacon or 4oz Ham 2.99

2 Patties or 4 Links 2.99

Turkey Bacon 2.89

1/2 lb Hamburger* 5.99

Ham Steak 9.99

Half Ham Steak 7.99

Hash Browns or Home Fries 2.49

Grits or Oatmeal 2.99

Toast or Biscuit 1.29

Biscuit or Toast & Gravy 1.99

Double Biscuits & Gravy 2.99

Cup of Fruit 2.99