Date

Dr. Name

Address

City State Zip

Re: \_\_\_\_\_\_\_\_\_\_\_, DOT Commercial Motor Vehicle Driver Medical Exam

Dear Dr. \_\_\_\_\_\_\_,

The above driver came to our clinic for a DOT medical certificate to drive a commercial motor vehicle. Before qualifying the driver, the DOT medical guidelines require that we obtain your assistance in determining if they have met the necessary medical criteria.

Although we must obtain and consider the opinions of treating physician, it is our responsibility to make the final driving status determination.

For drivers with a history of traumatic brain injury, the following requirements must be met before being qualified operate a commercial motor vehicle:

**Diagnosis:**

Please identify the severity of the driver’s TBI by putting put your initials in the space indicated:

Concussion: (Bloodless, self-limiting and at the less severe end of the TBI spectrum)

\_\_\_\_\_\_\_\_\_

Mild TBI: (No dural penetration, loss consciousness for less than 30 minutes)

without early seizures \_\_\_\_\_\_\_\_\_

with early seizures \_\_\_\_\_\_\_\_\_

Moderate TBI: (No dural penetration, loss consciousness for 30min-24 hrs.)

With early seizures: \_\_\_\_\_\_\_\_

Without early seizures \_\_\_\_\_\_\_\_

Severe TBI: Loss of consciousness for 24 hours or more, dural penetration:

With or without early seizures \_\_\_\_\_\_\_\_

**Mandatory Waiting Periods:**

1. There is no mandatory waiting period for drivers with a concussion or a mild TBI without early seizures
2. A mandatory two-year seizure and anticonvulsant medication free waiting period applies to the following:
   1. Moderate TBI without early seizures
   2. Mild TBI with early seizures
3. A mandatory five-year seizure and anticonvulsant medication free waiting period applies to the following:
   1. Moderate TBI with early seizures

**Additional Requirements**:

Drivers with a history of TBI (not concussion) must also have the following:

1. Driver must have a normal neurological exam including neuro-ophthalmological evaluation and neuropsychological test.
2. Driver must have clearance from a neurologist who understands the functions and demands of commercial driving.
3. Drivers with a history of Severe TBI are not qualified to drive.
4. All Drivers must be anticonvulsant medication free during the waiting period and prior to being qualified to drive.

If the driver meets the above requirements, please sign and date below.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_

Signature Date

If the driver does not meet the above requirements but it is your opinion that the driver should be allowed to drive a commercial vehicle, please identify in the area below which guideline is not met and the medical reason the driver is safe to drive. Then sign in the area provided.

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Signature Date

Thank you for your assistance.