

An independent newsletter for people interested in Aged Care

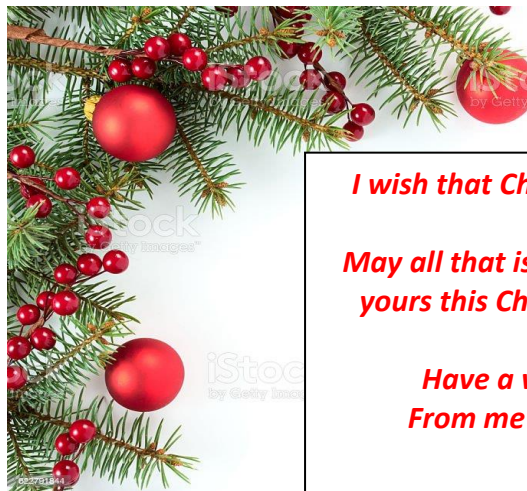
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**Emailed to:
2041 readers
and counting**

**Welcome to my
overseas readers**

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***I wish that Christmas brings you special moments
and happy memories.
May all that is beautiful, meaningful, and joyful be
yours this Christmas and throughout the coming
year!
Have a wonderful Christmas and 2023!
From me and my family to you and yours
Jessica***

CONGRATULATIONS

***Another facility achieved 4 years certification against Ngā paerewa
Health and Disability Service Standard.
Well done and Congratulations!***

**TORBAY REST HOME – AUCKLAND
PARKWOOD LODGE – WAIKANAЕ
CHT HEALTHCARE TRUST - ROYAL OAK REST HOME – AUCKLAND
ALPINE VIEW - CHRISTCHURCH**

*If you are having an audit this month, then all the best.
Hope you achieve a good outcome.*

SPECIAL DAYS THIS MONTH

DECEMBER 2022

- 01/12/2022 — World AIDS Day
- 03/12/2022 — International Day of Persons with Disabilities
- 10/12/2022 — Human Rights Day
- 11/12/2022 — UNICEF Day
- 18/12/2022 — Hanukkah
- 24/12/2022 — Christmas Eve
- 25/12/2022 — Christmas Day
- 26/12/2022 — Boxing Day
- 31/12/2022 — New Year's Eve

JANUARY 2023

- Sunday 01/01/2023 - New Years Day
- Monday 02/01/2023 - Day after New Years day
- Tuesday 03/01/2023 - New Years day observation
- Monday 23/01/2023 - Wellington Anniversary Day
- Monday 30/01/2023 – Auckland, Northland and Nelson Anniversary Day



NEWSLETTERS



12 years ago, I decided to publish a monthly newsletter as there wasn't a lot available. That has definitely changed and with all the resources now available I have decided to reduce the number of my newsletters to every other month instead of monthly. (Or when there is important news).

This would also be a good time to update my database as there might be email addresses on it that are not current or used anymore.

If you wish to continue to receive the newsletters, please let me know.

All I need is a reply with "yes please". You will not receive a response, but you will be staying on the database.

If you miss an issue, you will be able to find it on my website. www.jelicatips.com

Jessica

WHY DOES FACEBOOK EXIST?

For those of my generation who do not, and cannot, comprehend why Facebook exists:

I am trying to make friends outside of Facebook while applying the same principles.

Therefore, every day I walk down the street and tell passers by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog, and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day.

I also listen to their conversations, give them the "thumbs up" and tell them I like them. And it works just like Facebook.

I already have four people following me: two police officers, a private investigator and a psychiatrist

PAY PARITY FOR HEALTHCARE WORKERS

Finally! It is about time. But I have to ask: why is there always a group of hard-working people that will miss out and need to keep fighting? Let's not forget the staff working in GP practices, who are also relied on every day and who deal with the same price rises and staffing issues as everybody else.!

28 November 2022. Mr Andrew Little announcement

Thousands of frontline community health workers – including nurses in aged-care facilities - are in for a pay rise as the Labour Government takes action on pay parity in the health sector.

"I'm pleased to announce that Cabinet has agreed to on-going funding of \$200 million a year so that thousands of workers in places such as aged-care facilities, hospices and Māori and Pacific health-care organisations can be paid more, Andrew Little said.

"The Government is committed to ensuring health workers are paid fairly and receive parity with others doing the same or similar work, especially given the current cost of living pressures workers and their families are under.

PAY PARITY FOR HEALTHCARE WORKERS Cont'd

“Today’s announcement is good news for the estimated 20,000 people who will get a pay rise, and for the organisations employing them, which have struggled to keep staff when they can’t afford to pay as much as Te Whatu Ora – Health New Zealand is offering. I know this has made it very hard for them to retain nurses.”

Andrew Little said the pay difference between nurses and healthcare workers in public hospitals, and many of those in what is called the funded sector (private and non-Government organisations that get Government funding to provide healthcare), was the result of the Government’s earlier actions to lift the pay of a traditionally female workforce.

“I am pleased that on our watch, this year 10,000 public hospital administration and clerical workers got an historic pay equity deal that saw some with pay rises of as much as 40 per cent,” Andrew Little said.

“We are also negotiating pay-equity agreements with midwives, allied health workers and homecare and support workers, and have boosted the pay of nurses working for Te Whatu Ora by an average 20 per cent and have put aside \$540 million a year for a pay equity settlement for them.

“It’s the right thing to do, and now it’s time to start addressing the pay rates of those health workers who don’t work for Te Whatu Ora.”

The funding will get to the private and non-Government employers through changes to their contracts with Te Whatu Ora and with Te Aka Whai Ora – the Māori Health Authority.

The Government will require the employers to use the money to fix the pay difference between them and public hospitals. Forty million dollars will be made available in the remainder of this financial year, with \$200 million a year after that.

“Aged-care facilities, hospices, homecare support and Māori and Pacific healthcare organisations will be first, because there is clear evidence that that is where the biggest pay gap is,” Andrew Little said.

“I expect these contract changes will happen in the first part of next year, follow by mental health and addiction facilities, organisations caring for the disabled and other types of residential care, and then other Government-funded health services.

“However, I have to be clear that this package will not mean significant change immediately for those working in GP practices.

Decisions about what is paid to whom have to be based on hard evidence, and the data provided to me by both the Nurses Organisation and the GP organisation GenPro for that sector did not show any real evidence of pay difference at this point.

“The funding is ongoing, though, and that decision could change if evidence of disparity emerges in the future.”

Andrew Little thanked the Aged Care Association and the New Zealand Nurses Organisation for their input in putting the package together.

“I have worked with them to get to this point, and I am grateful for their input,” Andrew Little said.

From: <https://www.beehive.govt.nz/release/government-takes-action-pay-parity-healthcare-workers>

Look to the
past for
wisdom and to
the future for
hope

As we grow older. Real beauty travels from the face to the heart. Appeal turns to charm, hurt to wisdom, and great moments to shared memories. The true beauty of life is not how happy you are now, but how happy others are because of you.
Power of Wordz

INTERESTING WEBSITES

There are a couple of websites that I personally find very interesting and you might like to check them out.

My go to page is often:
<https://www.healthnavigator.org.nz/>

For the health professionals an interesting site is:
<https://www.akohiringa.co.nz/>

He Ako Hiringa is intended for use by primary care health professionals - it is not a consumer information or education service.

Their mission is to contribute to creating equitable access to funded medicines, by providing education and updates to primary care clinicians.

Their resources are free to access. Log in and record your professional development using our CAPTURE function (at the end of each article).

NEW SEARCH FUNCTIONS ON RETIREMENTVILLAGES.CO.NZ SIMPLIFY THE PROCESS OF CHOOSING A NEW HOME

For those looking to make the move to a retirement village, The Eldernet Group have made the process even easier by adding new search functions to its retirementvillages.co.nz website.

Retirementvillages.co.nz is New Zealand’s most comprehensive guide to retirement villages, and showcases every retirement village in New Zealand. It hosts the country’s largest selection of properties for sale (with more than 500 properties currently listed) and allows users to search available properties in every region throughout the motu. Unlike other websites, each property is listed with ‘starting-from’ prices, allowing users to filter within their specific price range. Users can access the service for free.

Users can view villages as a whole, where they are located, and what services are available on site (including whether care is available). They can then explore individual properties in-depth using the website’s extensive online filters. The website also offers a downloadable checklist to help people narrow down what aspects of a village most suit their lifestyle, plus Eldernet’s Knowledge Lab answers questions about retirement villages that might not have even been thought about.

“Retirement village living can be a great choice for independent people who want to live among a like-minded community of people. As the popularity of village living grows, so too do the options available,” says The Eldernet Group director Esther Perriam. “Yet, villages vary greatly – in size, location, on-site offerings, ownership, philosophy and of course price – so having a tool like retirementvillages.co.nz that makes it easy for people to choose a village that best suits their lifestyle is absolutely crucial.

” For those who prefer their information in print form, The Eldernet Group also produce the *Where from here He ara whakamua* handbook, which features a comprehensive list of every retirement village in every region of the country. The book is free of charge and can be ordered by phoning The Eldernet Group on 0800 162 706.

Mason Head, Content Creator and Publication Lead , The Eldernet Group

THE IMPACT OF THE COVID-19

Source: Health, Quality and Safety Commission

Health Quality & Safety Commission report into COVID-19 impacts released | Kua puta tā te Kupu Taurangi o Aotearoa pūrongo mō ngā pānga KŌWHEORI-19

The Commission has released part 2 of its investigation into the effects of the COVID-19 pandemic on health care services in Aotearoa New Zealand.

A window on quality 2022: COVID-19 and impacts on our broader health system (Part 2) | He tirohanga kounga 2022: Me ngā pānga ki te pūnaha hauora whānui (Wāhanga 2) follows a previous report published in December 2021 and was researched and produced by the Commission in partnership with clinical and academic experts and agencies, health care workers, community workers and consumers.

The full report is available here:

<https://www.hqsc.govt.nz/resources/resource-library/a-window-on-quality-2022-part-2-whakarapopotanga-matua-he-tirohanga-kounga-2021-wahanga-2/>

CHIEF EXECUTIVE OF THE HQSC STEPPING DOWN

Dr Janice Wilson, Chief executive of The Health Quality & Safety Commission has decided to step down from her role as Chief Executive of the Commission In April 2023.

Janice has been in this role for 12 years.
All the best Janice and thank you for your dedication and passion.

Jessica

FAIR PAY AGREEMENTS BILL PASSES INTO LAW

Source: Employment New Zealand

The Fair Pay Agreements (FPA) Bill has been passed into law, with the new bargaining system to take effect on 1 December 2022.

The Fair Pay Agreement system brings together unions and employer associations within a sector to bargain for minimum employment terms for all covered employees in an industry or occupation.

You will find the details here:

<https://www.employment.govt.nz/starting-employment/unions-and-bargaining/fair-pay-agreements/>

You will find the legislation here:

<https://www.mbie.govt.nz/business-and-employment/employment-and-skills/fair-pay-agreements/>

Never explain
yourself to
anyone, you
don't need
anyone's
approval.
Live your life
and do what
makes you
happy.
Colour up life

Imagine a world...
 Where you can succeed by being nice.
 Where we all pay it forward.
 Where people look out for each other.

EDUCATION FOR HEALTH PROFESSIONALS

On line training has become very popular. There are a couple of organisations I am personally very impressed with.

One being “**My HealthHub**” see below and another one I recently came across is the “**Goodfellow Unit**”. Have a look for yourself on their website and try out some of the recorded webinars and sign up for the live ones. <https://www.goodfellowunit.org/>

MORE EDUCATION LINKS



Mobile Health has created a dedicated education website - My Health Hub - providing education for health professionals. The My Health Hub website provides health professionals with access to their fortnightly live webinar series on a wide variety of healthcare topics. These webinars are also recorded and uploaded to this website for later viewing – to claim your hours for viewing the recording of the webinar (and receive a certificate), answer the two questions at the end of the webinar, and your certificate will be generated.

Access to this website is free, with no login requirements: www.myhealthhub.co.nz
 There are a good number of webinar recordings on the website which are very appropriate for the aged care sector, eg. critical thinking skills; pressure injuries; negative pressure wounds; severe and enduring eating disorders; skin infections; person-centred approach in dementia care; obstructive sleep apnoea; therapeutic recreation; managing urinary conditions; advance care planning; preventing falls in the elderly; caring for complex older people; depression in the elderly; and a wide range of topics and research on palliative care.

If you are interested in receiving emails flyers of the upcoming live webinars for My Health Hub, please email chris@mobilehealth.co.nz and your contact details will be added to their mailing list

COVID 19

We are not out of the woods yet and some of the health professionals have predicted a new Covid wave.

No time to become complacent as there are still requirements for the ARC sector.

For the latest information, statistics and advise visit <https://www.health.govt.nz/covid-19-novel-coronavirus>

SILVER RAINBOW

Lesbian, Gay, Bisexual , Trans and Intersex (LGBTI)
Education for Caregivers
If you are interested, please contact Julie



Julie.Watson@kahuitukaha.co.nz to find out how you can book Silver Rainbow education for your organisation.

<p style="color: #4f81bd; font-style: italic;">“Goodbyes are not forever, Goodbyes are not the end. They simply mean I’ll miss you, until we meet again.”</p> <p style="font-size: small; color: #4f81bd;">Author Unknown</p>	NEWSLETTERS BACK ISSUES
	<p>All newsletters are on my website. This website is available to everybody: www.jelicatips.com No password or membership required.</p> <p>I believe in having the data available to everybody as it is important that as many people as possible get the information and that we help each other as much as possible in this very challenging sector.</p>
	HELP ME KEEPING THE DATABASE UP TO DATE!
	<p>Changing positions? New email address? Let me know if your details are changing so I can keep the database up to date. If you know anybody else who would like to receive the newsletter please let me know and I will be happy to add them to our growing readers’ base. Thank you all for your contribution each month.</p> <p style="text-align: right; font-style: italic;">Jessica</p>

Some interesting websites:

www.careassociation.co.nz; www.eldernet.co.nz, www.moh.govt.nz; www.careerforce.org.nz,
www.advancecareplanning.org.nz; <http://www.bpac.org.nz/Public/admin.asp?type=publication&pub=Best>,
<http://www.open.hqsc.govt.nz>; www.safefoodhandler.com; www.learnonline.health.nz;
www.nutritionfoundation.org.nz/about-nznf/Healthy-Ageing; www.glasgowcomascale.org;
<https://www.health.govt.nz/our-work/disability-services/disability-publications/disability-support-services-newsletter>;
<https://worksafe.govt.nz/>; <https://covid19.govt.nz/>; <https://www.health.govt.nz/>; Julie.Watson@kahuitukaha.co.nz to find out how you can book Silver Rainbow education for your organisation.

Please note these sites are not necessarily endorsed by Jelica nor is it responsible for the contents within them.

The information contained in this publication is of a general nature and should not be relied upon as a substitute for professional advice in specific cases.

REMEMBER!

Send your feedback, suggestions and articles showcasing your local, regional and workforce activities for publication in future issues.

Text in Italics are the comment of the writer of this newsletter

This brings me to the end of this issue. I hope you enjoyed reading it and welcome any feedback you have. With your help I hope to keep this a very informative newsletter with something for everyone.

CONFIDENTIALITY AND SECURITY

- I send this with due respect to, and awareness of, the “The Unsolicited Electronic Messages Act 2007”.
- My contact list consists ONLY of e-mail addresses, I do not keep any other details unless I have developed personal contact with people or organisations in regard to provision of services etc.
- E-mail addresses in my contact list are accessible to no one but me
- Jelica Ltd uses Trend antivirus protection in all aspects of e-mail sending and receiving

Signing off for this month!!

Jessica

SUBSCRIBE OR UNSUBSCRIBE

- If you do not wish to continue to receive emails from me, all you need to do is e-mail me and write “Unsubscribe”. I will then remove you from my contact list (though I will be sorry to lose you from my list).
- If you know of others who you think would benefit from receiving my newsletter, please pass on my details and have them sending me an email with the subscribe request.