

## Choosing Invisalign over Traditional Braces

There are a lot of methods circulating that claim to straighten crooked or uneven teeth. The traditional approach, wire and bracket braces, has worked for years but is very quickly becoming outdated. While traditional braces, when used correctly, will do the trick, a few new procedures have surfaced that cannot only straighten your teeth, but will do so with less discomfort and disruption. One of the most noteworthy of these new procedures is called Invisalign.

The Invisalign method involves aligner trays that are made of smooth, comfortable and virtually invisible plastic that are worn over your teeth. Each individual Invisalign user has custom-made aligner trays, created from a mold or digital scan taken of their mouth in order to treat their unique situation. The invisible aligners gradually shift and straighten teeth with very little discomfort to the individual. Unlike traditional braces, Invisalign aligners are removable and convenient, allowing users to eat the foods they love, and brush and floss their teeth with ease. As they are virtually invisible, and made of smooth, comfortable plastic, Invisalign is leaps and bounds ahead of traditional braces. No more sharp metal, uncomfortable brackets or wires that need to be tightened; only a system that straightens your teeth without drawing any attention.

The treatment itself is painless and easy. After consulting with an Invisalign Preferred Provider, and it has been decided that Invisalign is right for you, your doctor will take x-rays, pictures and impressions of your teeth, which will then be transformed into a 3-D image. From these images your doctor will be able to create a precise treatment plan, custom-made for the exact movements of your teeth. Once the treatment plan has been formed, a series of custom-made, clear aligners is created specifically for you. Your job is simply to wear the aligners on a daily basis as they gently work to shift and straighten your teeth. Approximately every two weeks or so, you will begin wearing a new set of aligners, in order to advance your teeth to the next stage of the treatment. While every set of teeth is different, the average treatment plan lasts about twelve months and results in straight, healthy teeth.

Some of the main conditions that Invisalign excels at treating are gapped teeth, overbite, underbite, open bite, overly crowded teeth and crossbite. It's surprising how much damage this invisible and painless alternative to braces can fix and finding a dentist to perform this procedure is easier than you'd think. Dr. Joh, for example, a dentist based in Clinton Township, Michigan provides invisible aligner treatments, among a long list of other cosmetic dentistry services. Voted on of America's Best Dentists in 2013, Dr. Joh will not only help you on your journey towards straighter, healthier teeth, but he will do so in an open and comfortable environment.

If you've been looking for a convenient and painless way to straighten your teeth, but have always been put off by the idea of braces, now is the time to act. The

advanced technology of Invisalign offers the benefits of braces without any of the common drawbacks. You'll have a smile you love to show off without ever feeling self-conscious, sore or uncomfortable in the process. Visit <http://www.drjoh.com> for more information about Dr. Joh's dentistry and <http://www.invisalign.com> for more on Invisalign.