

PREMIERE COLLECTION COSMETICS

|                    |                             |            |
|--------------------|-----------------------------|------------|
| Daily Program for: |                             | Date _____ |
| Skin Type:         | Oily - Blemished            |            |
| Skin Tone:         | Pink / Inflamed / Sensitive |            |

**A.M.**

1. **CLEANSE EYE- Eye Area Cleanser**
2. **CLEANSE FACE- Problem Solving Cleanser**
3. **No Masking over breakout area. Use Purifying Mask everywhere else.**
4. **RINSE FACE- with water (saturate cotton pad with Problem Solving Toner go over entire face and neck.**
5. **HYDRATE- Hydrating Comfort Mist**
6. **REPAIR- Blemish Control on blemished areas.**
7. **MOISTURIZER- Oil Free Moisturizer alternate or combine with Naturally Soothing Lotion**
8. **EYE CARE- Delicate Eye Gel along cheekbone only. If needed for puffiness, lines, dark circles.**
9. **Pre-Makeup Tinted Moisturizer \*use small amount under eye and over face**
10. **Oil-free Foundation formula can be used to spot control breakout as a perfect skin tone match. Choose Perfection Whipped Makeup Light, Medium, Tan**
11. **Perfection Lip Crème for dry cracked lips and thin lips plump / Vitamin E Stick for dryness**

**P.M.**

1. **CLEANSE EYE- Eye Area Cleanser**
2. **CLEANSE FACE- Super Activated Cleanser or Problem Solving Cleanser Rinse off with water**
3. **RINSE FACE- (saturate cotton pad with Problem Skin Toner go over entire face and neck.**
4. **HYDRATE Hydrating Comfort Mist**
5. **REPAIR- Blemish Control apply over all blemished areas of face and neck.**
6. **NIGHT TREATMENT- Alternate Naturally Soothing Lotion mix with Chamomile Night Crème**
7. **UNDER EYE & OVER EYE - Very Special Eye Crème**

**Special Instructions**

**Blemishes are surface irritations that are inflamed. Do not mask those areas during an eruption. Alternate Problem Skin Cleanser with Super Activated Cleanser when persistent blemishes occur. Do not use products that dry skin.**

**Steps To Contour Mask - use 1 x per week to Exfoliate excess dead, damaged cells.**

The professional kit at home

**(1) Super Activated Cl. (2) Apply Massage Gel (Leave on) 1 teas Naturally Soothing Lt. + 1 teas Contour Powder Mix (3) Apply Mask mixture (20 min) (4) Rinse with water (use wash cloth) (5) Apply Problem Skin Toner (6) Hydrating Comfort Mist (7) Repair Blemish Control (8) Apply Moisturizer Oil Free + 1 drop Naturally Soothing Lt. (9) Eye Cream. Very Special Eye Crème**

**Priority Products**

1. System  
 Problem Solving Cleanser  
 Problem Skin Toner  
 Super Activated Cleansing Gelee  
 Hydrating Comfort Mist  
 Blemish Control  
 Naturally Soothing Lotion

2. Support Products  
 Oil Free Moisturizer  
 Perfection Whipped Makeup  
 Delicate Eye Gel  
 Purifying Mask  
 Sample of Foundation

Dermatech / Store Name \_\_\_\_\_

Phone # \_\_\_\_\_