

# Circuit Breaker Course - Group Agreement

In choosing to take part in this Circuit Breaker group, I commit to doing everything within my power to make the group experience safe and fruitful for both myself, and the other members of my group. To ensure that the group remains a safe place for us to share our stories from week to week, I agree to the following:

- I will take responsibility for ensuring that I attend all ten sessions of the course.
- I will take responsibility for arriving each week between \_\_\_\_ and \_\_\_\_.
- I agree that if I am unable to attend the group on more than one occasion that I will be asked not to continue attending the Circuit Breaker course and group, and that no refund will be offered.
- I agree that what is said in the group stays in the group, and will make every effort to protect the privacy and identity of other group members.
- I agree to share my personal story from week to week to the best of my ability, without deflecting to criticisms of my partner, and to listen to the stories of other group members without judging, shaming or advice-giving.
- I agree that the confidentiality of information that I share will be broken if I disclose any clear intent to commit any violent or abusive crimes or place others at risk of serious harm, or if I disclose any abuse of persons under the age of 18.
- I agree to arrive at the venue each week in a fit state, and not under the influence of drugs or alcohol.

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Signature of Participant

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Date