

Why are my treatment expectations important?

Jack was starting treatment for his chronic pain.

While completing his pre-appointment questionnaires, he noticed he was rating his confidence in the treatment as low (treatment expectancy).

He told his pain management specialist that he did not have high hopes for this treatment.



Jack used the **treatment expectancy questions** to talk to his doctor and gain more confidence in his treatment.

Jack and the pain management specialist discussed the treatment plan, why the treatment could help his condition, and how they could work together.

Frequently Asked Questions (FAQs)

New questions about your current treatment expectations are included in your pre-appointment questionnaires.

Q: These questions seem repetitive. Do I really need to answer these?

A: Patients and doctors at this health site have said they are interested in talking about your treatment expectations. These questions can help you start that conversation with your doctor. It can also help make your appointments more give-and-take.

Q: Will my doctor talk about these with me?

A: Yes. Doctors in this health site have said they are interested in talking about your treatment expectations, mostly when they are very low or high.

Q: Will these discussions affect my treatment?

A: Maybe. Starting the conversation will help address any issues you may have with the treatment and allow your doctor to talk about typical results of the treatment.