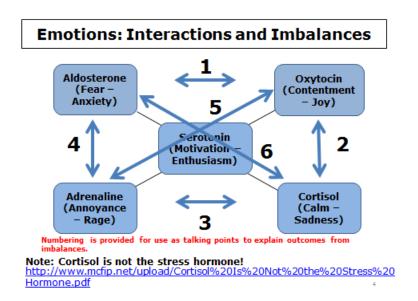
## Hyperaldosteronism - Talking Points

The following information is provided to establish the behavioral health consequences of stress induced aldosterone and to create a verifiable format from which an understanding of the cellular physiology of this neuropeptide/neurohormone can be accomplished.

The hyperlinks provided are merely examples from the hundreds of studies that are available.

## Aldosterone: Increased by Stress/Anxiety

The following is provided for discussion purposes with qualified computational biologists. Scientific support for these interactions can be provided for verification.



Aldosterone: Excessive (i.e. Aldosteronism)

https://www.mcfip.net/upload/Aldosteronism%20Overiew%20x.pdf

Fluid Retention - ESRD and CVD

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2773290/

## Excessive Aldosterone - Fluid Retention

https://www.merckmanuals.com/home/hormonal-and-metabolic-disorders/adrenal-gland-disorders/hyperaldosteronism

## **Talking Points**

Stress Increases Aldosterone

Aldosterone Increases Fluid Retention

Fluid Retention Increases Sodium

Increased Sodium Decreases Potassium

Sodium - Potassium Imbalances Are One Cause for Atrial Fibrillation