

DIABETES TYPE 2 & 3 CAUSES

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| <ul style="list-style-type: none">• Thyroid disorders• Cavitations (from tooth extractions)• Tooth and gum disease• Root canals, mercury/gold/titanium fillings and implants• Intracellular infections manifesting as Lyme, Alzheimer's, Parkinson's• Candida, fungus, H. Pylori, viruses, bacteria• Inflammation, non-alkaline environment• Vaccines• Covid vaccine spike protein, graphene, nano tech• Lack of healthy fats (ie Omega 6, coconut oil, olive, organic butter, excess Omega 3)• Margarine, corn oils, canola, safflower, sunflower oils, rice bran oils• Compromised liver/kidneys/gallbladder• Kidney/ Gallbladder Stones• Dairy protein (casein)• Gluten in grains (gliaden protein)• Growth hormones- dairy, meat• GMO foods (BT Toxin, Glyphosate)• Alcohol, substance use, abuse• City water (fluoride/chlorine/medications)• Chemicals, cleaners, fuel, petroleum products, personal care products, house renovations, air fresheners• Emotions- stress, anger, resentment, grief | <ul style="list-style-type: none">• Microwave ovens• Wrong salt, lack of healthy salt• 1 bowel movement or less per day• Leaky gut• Poor digestion/bloating (nutrients not being absorbed well, too little acid in stomach to digest foods)• Injuries, surgeries, GB/appendix removed• Hormone imbalances- estrogen dominance• Parasites, flukes, worms• Food intolerances, allergies• Prescriptions/over the counter meds• Excessive iron levels, especially men• Heavy metals• Lack of quality sleep• Processed foods, sugar, preservatives, artificial sweeteners, high fructose corn syrup• EMF's, cell phones, WiFi, cell towers• Geopathic stress lines through bed/work areas• Scurvy, lack of vitamin C• Vitamin/mineral imbalances• Lack of exercise/movement• Dehydration• Blockages in arteries• Lack of quality whole organic foods• Excess weight |
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This is not a conclusive list