

CARING FOR THE PSYCHIATRIC PATIENT 10Hr

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Question 1

1. Psychiatry is the branch of medicine that is focused on diagnosing, treating and the prevention of emotional, mental, and various behavioral disorders.

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- ☐ True
- ☐ False

Question 2

2. Some reasons why people seek psychiatric help include _____. Select all that apply.

- A. Panic attacks**
B. Thought of suicide
C. Hallucinations
D. Hearing voices
E. Experiencing sadness

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E

Question 3

3. Individuals who are experiencing anxiety or feelings of hopelessness that does not go away does not need to seek psychiatric help because these feeling will pass.

- ☐ True
- ☐ False

Question 4

4. Some individuals may develop problems and are unable to function as it seems like their life is out of control or full of chaos.

- ☐ True
- ☐ False

Question 5

5. Which of the following statement is not accurate?

A. The Psychiatrist uses various treatments depending on the needs of the patients; may include psychosocial interventions, different forms of psychotherapy, medications and other treatments for example electroconvulsive therapy (ECT).

B. Psychotherapy (talk therapy) treatment involves a conversation (talking relationship) between the therapist and the patient.

C. Psychotherapy is used to treat only a few emotional difficulties.

D. Psychotherapy is used to treat a wide variety of emotional difficulties and mental disorders.

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 6

6. Psychotherapy is used to treat a wide variety of emotional difficulties and mental disorders. The therapist may meet with _____. Select all that apply.

A. Only the individual

B. With a family

C. In a group

D. None of the above.

- ☐ A
- ☐ B
- ☐ C

☐ D

Question 7

7. Some of the goals of psychotherapy include _____. Select all that apply.

A. Helping the individual function more effectively.

B. Helping the individual function more effectively by removing or controlling disabling symptoms.

C. Helping the individual function more effectively by removing or controlling the troubling symptoms.

D. None of the above

☐ A

☐ B

☐ C

☐ D

Question 8

8. Some forms of psychotherapy include _____. Select all that apply.

A. Psychotherapies that help the patient change his/ her behaviors or change the thought patterns.

B. Psychotherapies that help the patient to explore the effect of past experiences and relationships on present behaviors.

C. Psychotherapies that are specially designed to help solve other issues in specific ways.

D. None of the above

☐ A

☐ B

☐ C

☐ D

Question 9

9. Cognitive behavioral therapy (CBT) is a goal-oriented therapy which focuses on problem solving; exploring relationships among the individuals' feelings, thoughts and behaviors.

☐ True

☐ False

Question 10

10. Interpersonal therapy involves focusing on the relationships the individuals have with others.

- ☐ True
- ☐ False

Question 11

11. With interpersonal therapy, the goal is to improve the individuals' interpersonal skills. The therapist helps the individual evaluate his/ her social interactions and identify negative patterns, such as aggression or social isolation and eventually helps the individual learn strategies for effectively interacting with and understanding others.

- ☐ True
- ☐ False

Question 12

12. Which of the following statement is not correct?

A. After completing thorough evaluations, the Psychiatrists can prescribe medications to help to treat mental disorders.

B. Psychiatric medications can help to correct the imbalances in brain chemistry that are thought to play a role in some mental disorders.

C. Patients who are on long-term medication treatment do not need to meet periodically, with the psychiatrist because they have been on the medications for a long time.

D. Patients who are on long-term medication treatment will need to meet periodically, with the psychiatrist.

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 13

13. Electroconvulsive therapy (ECT) is a medical treatment which involves the application of electrical currents to the brain.

- ☐ True
- ☐ False

Question 14

14. Electroconvulsive therapy (ECT) is generally safe and no risks or side effects are involved.

- ☐ True
☐ False

Question 15

15. Some risks and side effects that may occur from Electroconvulsive therapy (ECT) include _____. Select all that apply.

- A. Confusion
B. Memory loss
C. Physical side effects D. Medical complications
E. No complications.**

- ☐ A
☐ B
☐ C
☐ D
☐ E

Question 16

16. Mental illness refers collectively to all diagnosable mental disorders. Effects of the illness include sustained abnormal alterations in mood, thinking, or behavior associated with impaired functioning and distress.

- ☐ True
☐ False

Question 17

17. Some effects of mental illnesses frequently involve _____. Select all that apply.

- A. Disruptions of daily function
B. Incapacitating social, personal, and occupational impairment
C. Improvement in daily function
D. Premature death.**

- ☐ A
☐ B
☐ C
☐ D

Question 18

18. Some Symptoms of negative changes in thinking and mood may include _____. Select all that apply.

- A. Unable to experience positive emotions**
- B. Positive feelings about themselves or other individuals**
- C. Lack of interest in activities they use to enjoy**
- D. Feelings of hopelessness**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 19

19. Attention-deficit/hyperactivity disorder (ADHD) is a brain disorder characterized by an ongoing pattern of inattention and/or hyperactivity impulsivity which interferes with functioning and /or development.

- ☐ True
- ☐ False

Question 20

20. If the teen is having suicidal thoughts _____. What are the appropriate steps to take? Select all that apply.

- A. Take all talk of suicide seriously.**
- B. Just leave the teen alone because he/ she will grow out of it.**
- C. Call the suicide hotline**
- D. None of the above.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D