

NUTRITION

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A basic understanding of health and wellness

Basic Nutrients

Nutrients that help with pain

Nutrients that help with inflammation

Nutrients that improve immune function

Good Nutrition

Good nutrition is the basis for good health. Nutrition can be easily overlooked in our fast paced life styles today as we usually opt for the fast non nutrient meal rushing between one appointment and the next.

The purpose of this information is to provide you with information regarding nutrition supplementation that can help to reduce pain.

Our supplements come from DaVinci laboratories of Vermont. You are welcome to see review there products and costs at <http://www.davincilabs.com/>, our costs for members will be 10% less then posted on there website. Thank you.

