**Region 7 AAAAAA Track And Field**

**April 18 and 20, 2018**

**@ Cambridge High School**

1. GHSA Entry Form Completed on GHSA.mis site by **Monday, April 16, 2018**.
2. Mile Split Entry Deadline. **Sunday 4/15/2018 @ Midnight. \*\*\*\***
3. **Meet Assignments:**

Meet Director/Head Referee- T Wayne Smith

Clerk/finish line- Andy Schultz

Timing and Starter- Perfect Timing Group

Clerk- Cambridge

Exchange Zone-Dunwoody/Centennial

Hurdle Judge-Alpharetta/North Atlanta

Shot-Chattahoochee

Discus-Johns Creek/Dunwoody

Long Jump- Cambridge /Centennial

Triple Jump-Alpharetta /North Atlanta

High Jump-Northview

Pole Vault-Pope

We need all schools to make sure you have Coaches Running their assigned events.

1. **Jury of Appeal**

Jerad Johnson-Pope

Courtney Harris-Northview

Derek Smith-Dunwoody

Appeals must be given in writing to Meet Director. (T Wayne Smith)

Reminder: Appeal must be for misapplication of rule, not a judgement calls.

1. **Parking**

Bus Parking Baseball till 330

After 3:30 Parking lot at school.

Spectators Parking- Lot at school

1. **Rule Reminders**

G. All competitors shall have legal uniforms. The singlet and bottom, or one-piece uniform, must be school-issued or school-approved. Uniform bottoms clearly designed as “underwear” will NOT meet the GHSA requirement. Any visible shirt worn under the track jersey, and other visible apparel worn under the shorts, must be unadorned and of a single (same) color. Clothing items with multiple logos are not designed as outerwear and are NOT legal. Uniforms must be exactly the same per event. (EXAMPLE: team members throwing the discus must have the exact same uniform. Relay team members must have on the exact same uniform. But the discus and relay uniforms may be slightly different from each other.) NOTE: The ultimate responsibility for uniforms compliance lies with the coach. Coaches should inspect any/all garments competitors wear to make sure they are in compliance with GHSA and NFHS uniforms rules.

E. A contestant in Track and Field may enter a maximum of both relays, and any one (1) of the combinations listed below. Competitors not on one or both relay teams are still restricted to one of the following combinations:

1. three (3) field events

2. two (2) field events and one (1) running event

3. One (1) field event and two (2) running events

**7. Relay Teams**

Relay teams for a school may be composed of any eligible student from that school.

Relay teams should list four (4) runners and two (2) alternates.

Any four (4) of the six (6) listed may run in any round of the State Meet Series (Region/Area, Sectionals, State Meet), but there may be no changes in the contestants on a team after the deadline established by the Region/Area for their Region/Area meet.

No team member may be listed on boathouse A and B Relay team.

1. **Contact Info:**

**T Wayne Smith**

**Cambridge High School**

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