## How Often Should You Clean Your Work Environment?



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As a business owner or Human Resource manager, you should concern yourself with how often you have your business environment professionally cleaned. After all, all state health departments require businesses to maintain a high level of cleanliness in an effort to decrease the spread of germs and bacteria causing viruses and sicknesses. In fact, the Mayo Clinic provides an list of infectious agents that, you should concern yourself with. Included on that list are the following:

- Bacteria
- Viruses
- Fungi
- Protozoans
- Helminths

Having clarity on each of these infectious agents is critical to understanding how to effectively sanitize your business environment to prevent such agents from becoming a nuisance to the success and on-going daily operation of your business, non-profit, or corporate enterprise.

To help you better understand each of these infectious agents, provided below is a brief description of each:

Bacteria is considered a one-cell organism that remains invisible and only can be identified with the use of a microscope. However, it's important to understand that not all bacteria is harmful. But distinguishing the difference between each form of bacteria is what's important. In fact, "Many disease-causing bacteria produce toxins-powerful chemicals that damage cells and make you ill. Other bacteria can directly invade and damage tissues" (Mayo Clinic, n.d.).

Viruses on the other hand are smaller than cells and envelop generic material. Viruses also have the ability to reproduce inside the body and invades your immune system, often weakening your ability to combat sicknesses. Viruses cause the following diseases: AIDS, common cold, Ebola hemorrhagic

fever, genital herpes, influenza, measles, and chickenpox. Thus, assuring your professional cleaning service provider is utilizing approved quality controlled cleaning agents, can help your office remain health.

Fungi can be a serious issue. In fact, one serious form of fungi is candida, which is a yeast that can cause infection. Candida can also cause thrush, which is found in the mouth; and can also cause athletic foot and ring worms.

Protozoans is another form of virus that infects the intestinal tract. This form of virus can also cause diseases such as Giardia and Malaria. Protozoans can also be found in many foods, you eat.

Helminths is a form of worms that invades the body and hides in the intestinal tract, liver, skin, and brain. This form of virus can develop into tapeworms and roundworms.

As you can see, Allen Maintenance Corporation thrives to stay aware of the various types of germs and bacteria to help maintain control over the spread of viruses, germs, and bacteria in public work environments. Having a reliable educated service provider to help your business, non-profit, or corporate enterprise, maintain control over these health related issues, is essential to daily business operations. Thus, call Allen Maintenance Corporation today and let's talk about how we can help, your business achieve its cleaning goals.

## Reference

Germs , Understand and Protect Against Bacteria, Viruses and Infection. (n.d.). Mayo Clinic. Retrieved: 10/31/2019. Web site: <a href="https://www.mayoclinic.org/diseases-conditions/infectious-diseases/in-depth/germs/art-20045289">https://www.mayoclinic.org/diseases-conditions/infectious-diseases/in-depth/germs/art-20045289</a>