

# HIGHER SELF NOW!: ACCELERATING YOUR SPIRITUAL EVOLUTION Free Download



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You march to the beat of your own drummer, or become what metaphysical writer Stuart Wilde called a fringe dweller. Oftentimes this shift is an entirely internal one, in which you still engage in typical modern life, but operate at a different state of internal consciousness—being in this world, but not of it. The spiritual journey is one of reunion, or the reunification of body, mind, spirit, and environment. As such, the process of continued spiritual practice or Sadhana gradually begins to melt the boundary between your internal and external worlds. The divisions between seer, seeing, and that which is seen dissolve, revealing the underlying unity of the entire universe. The sense of oneness encapsulated in the Sanskrit sutra Tat Tvam Asi, or I am that, is no longer simply an intellectual concept, but an experiential reality.

A byproduct of your spiritual awakening is the opening of new channels of awareness. New perceptions, understanding, knowledge, and wisdom are able to spontaneously download into your consciousness. You may gain access to information through the non-local domain of awareness that transcends the limitations of your five senses. Your mind transcends limitations; your consciousness expands in every direction; and you find yourself in a new, great and wonderful world. Dormant forces, faculties, and talents become alive and you discover yourself to be a greater person than you ever dreamed yourself to be. Love, compassion, forgiveness, and understanding increasingly become the ground state from which you live your life. Concern for others, a giving and caring heart, and the desire to relieve suffering are the prime mover in your thoughts, speech, and actions. Living from the level of your soul, these attributes arise spontaneously without manipulation or mood-making.

From your vantage point of higher awareness, you can see the bigger picture; you embody these attributes because you recognize that you are doing the best you can from your own level of consciousness. Spiritual growth is relative—every saint has a past, and every sinner has a future. To understand this process is to live in a space free from judgment from which you radiate love, kindness, and light to all. As you become more grounded in spirit, your ego loosens its hold and you often find yourself wanting to help others. What once may have felt like an obligation becomes a genuine and authentic desire to be of service to others. This drive is the embodiment of karma yoga or the path of selfless service in which you give of yourself to others without concern for recognition or reward. Once you recognize that every being is an expression of the divine, seeking ways to honor, support, and assist them on their journey becomes the natural impulse of your spirit. Finally, despite the chaos of the external world, you develop the ability to embody deep peace and calmness in all you do.

Like the eye of a hurricane, you carry the stillness of spirit with you wherever you go, often subtly shifting the local field of consciousness and bringing a calming presence into the lives of others. This calmness cannot be contrived or manufactured; it is an organic result of a deep shift in your consciousness. Spiritual practice has transformed you into a pipeline to the infinite; a conduit of tranquility into the world. This peace is your most precious commodity; an invaluable sanctuary of silent power that nothing can disturb. Being and living in peace is one of the most transformational qualities of living a life of spirit and one of the most important markers of progress in the evolution of your consciousness. Becoming familiar with the indicators of spiritual progress and spiritual development helps you more easily recognize that subtle transformation is taking place within.

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He was reunited with his twin soul in Greece, where they got married and settled Dylan is a staff writer for DreamcatcherReality. This site uses Akismet to reduce spam. Learn how your comment data is processed. Dylan Harper August 1, Post In: Meeting Your Soul Family Your frequency has attracted you to people with whom you resonate at a soul level. Meeting Your Twin Flame or Soul Mate You are in a relationship with a person that highlights and enhances your best qualities. Synchronicities and Accelerated Manifestations Your connection with the universe and life is evident. Taking Responsibility For Your Happiness As you embody your Higher Self you realize how powerful you are and how you co-create reality through your thoughts and emotions. Integrating and Transcending Your Shadow Self Your shadow self is the part of you that is running in reverse. Frequency Resonance As you continue to raise your frequency you notice how some people begin to fall out of your holographic reality.

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