



OAKMEADIANS RFC

The heart of Bournemouth



Oakmeadians RFC MENTORING AND DISCIPLINE GUIDELINES

Oakmeadians RFC is committed to the RFU & D&W regulations relating to all disciplinary issues throughout all the sections of the club. We follow the RFU core values, have developed them into our own ethos and take them very seriously. All disciplinary issues are dealt with in a fair, open and timely fashion.

TEAMWORK

Oakmeadians have 18 teams from Under 7 to adult including girls and ladies. This amounts to approx. 250 playing members. We believe that you play for each other, to be part of something special and make friends for life.

RESPECT

Our club believes in respect for all. Players, Officials, supporters and volunteers all play a part in respecting each other on and off the field.

ENJOYMENT

Enjoy the game, have fun, play to win but above all play to be part of an all-inclusive game.

DISCIPLINE

Oakmeadians are committed to good discipline throughout the club. We have a mentoring process that is followed for any player, supporter or volunteer who has any disciplinary issue. All age groups follow the clubs procedure. The club arranges a core values session through the local RFU Rugby Development Officer at the start of the new season. All managers and coaches are expected to attend from the mini midi section and senior men and women are also expected to take part. At each of these sessions TREDs and club discipline will be discussed with information and new ideas shared.

SPORTSMANSHIP

We believe every person playing should have the mutual respect for the game and do all they can to help their fellow players, officials and volunteers to take part in rugby.

MENTORING SYSTEM FOR PLAYERS WHO HAVE DISCIPLINARY ISSUES.

Mini midi players at Oakmeadians RFC are not given yellow or red cards but are asked to leave the field of play by the official on match day or coach at training session.

- Parents will be informed of the issue and a plan of how the behaviour can be changed implemented.
- This could be explaining to the player that their behaviour is inappropriate, they may be asked to sit out of a session/match.
- Doing some form of discussion with teammates, about how their behaviour may be affecting them and how they can all work together to change.
- If the player's behaviour is due to an illness or condition the club may ask a community specialist for advice.
- The plan will be discussed with manager and coaches and club safeguarding officer to make sure there is no conflict with regulations.
- Youth players can be reported for ill-discipline through the yellow and red card system as well as from coach reporting.



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- The parents are the main contact between the club and player and sanctions can include sitting out of sessions/matches.
- Asking the player and the parent to take part in core values session.
- In the case of yellow cards the club may ask the player to do some tasks around the clubhouse or for their team.
- A talk to their team about what not to do in a situation on the pitch tends to hit the mark.
- Doing the 'Headcase' course on the RFU website is also a good education.
- As with the mini midi section we may contact specialist help from outside the club if necessary.
- In the case of a red card which is reported from Official to D&W disciplinary. They then notify the disciplinary officer at the club, all the above may apply in addition,
- The player will be suspended from matches and sometimes training sessions while a full club investigation is carried out.
- The club will inform the player's school and any representative rugby the player may be involved in. The school/county etc will also be expected to suspend the player from matches.
- A disciplinary meeting will be held at the club by the disciplinary officer who will invite various club members to take part.
- Reports from officials, coaches, witnesses and the player will be discussed and any of the above sanctions may be used as well as following the RFU sanctions.
- D&W may also call the club and player/parent/coach to a disciplinary meeting. They will also take note of any reports and then use the RFU D&W sanctions to deal with the player.
- A buddy system can be put into place using nominated senior players of the same position to help the youth player and mentor and educate them through their own experiences.
- Senior player discipline is dealt with by club and D&W
- The club will receive a report from D&W who will have been informed by the match official or in a case of a citing from the opposition club.
- The senior player may also benefit from a buddy/mentoring system. The mentor/buddy will be around on training and match days and help the player understand triggers and situations that may cause conflict which leads to ill-discipline. The buddy/mentor will also be in direct contact with the coaches who can make changes on match day to take the player away from the field of play if necessary.
- In the case of players who have illnesses or conditions, the club will speak to them and ask if they can help in any way towards resolving the problems that are conflicting with their behaviour. The club can help the player by giving them contacts from outside agencies which may include AA, mental health team, D&W drug line etc.
- Though these players may be adults it is important to remember everyone needs support at times so it may be helpful to speak to family member, partner parent to see if they can help and support the situation.
- Core values, 'Headcase' courses, and referee courses are offered to help with understanding.