

ADOPTION HOME STUDIES OF TULSA

AUTOBIOGRAPHY GUIDE

Please write separate autobiographies. Share your childhood and adulthood experiences that have contributed to who you are today. BE BRIEF; YOU CAN BULLETPoint ANSWERS. These are notes for me to use. No one else sees them and they are not part of the report.

Birth family

- *State your birth date and place of birth, siblings' names, your birth order of siblings. Note your parent's names and descriptors of each parent's personality/lifestyle/role in family.
- *Describe your relationship with your parents during childhood. Also, describe their marriage. If divorced, what age were you and how this impacted your life.
- *How were you disciplined as a child? By whom? Do you feel it was fair?
- *Who in the family did you feel closest to and why?

Growing Up

- *Describe yourself and your feelings about the following: School life: most/least enjoyable; Outside of school: interests, activities, dating
- *List your highest level of education or degrees and the name of the school **(REQUIRED)**
- *What are your happiest childhood memories, saddest, and angriest?
- *Describe any trauma, abuse, or neglect history you may have experienced; explain any treatment or counseling pursued.

Courtship and Marriage

- *Describe how you met, how long you dated before you married.
- *What were the attractions to each other? Explain your mutual and separate interests.
- *List previous marriages; briefly outline the situation leading to its dissolution.

Religion

- *What was your religious orientation during childhood and adolescence?
- *What do you consider to be your current religious faith?
- *How do you practice it? Outline its importance in raising children

Health and Medical

- *Do you currently take any prescription medicine? If so, explain the reason.
- *Have you had any recent surgeries? Explain.
- *Have you ever had a drug or alcohol addiction or any substance abuse history?
- *How do you handle stress? What activities help with stress? **(REQUIRED)**

Finances

- *Do you have a budget? Please outline on the Financial Assessment form
- *Are you/have you ever been a defendant in any lawsuits or legal action? Explain
- *Have you ever filed for bankruptcy? Explain

Motivation/Readiness for Adoption

- *Describe your motivation for adoption. Explain how you are preparing for adoption.
- *What are your plans for childcare if needed? * Do you have support of extended family?
- *If you are guardians, describe the situation leading up to the guardianship
 - List biological parents and the relationship with them (visits, amount of contact, etc.)
 - Describe the child's relationship with family members