



St. Augustine Shores OBSERVER

NEWS FOR AND ABOUT RESIDENTS OF ST. AUGUSTINE SHORES

St. Johns County Recognizes Employee of the Year



Kristine Benoit (center) with County Commissioners and Managers

St. Johns County is pleased to recognize Kristine Benoit as the 2013 St. Johns County Employee of the Year. As the Youth Services Librarian for the Southeast Branch Library, Ms. Benoit has demonstrated a remarkable commitment to inspiring innovation and fostering increased visibility of the Southeast Branch Library Youth Services Department, both within and beyond the scope of her assigned duties. In this light, Ms. Benoit voluntarily serves as a community member on the School Advisory Council of Gamble Rogers Middle School and Hartley Elementary, and has represented the Southeast Branch Library at numerous community events including Ancient City Kids Day.

In addition to crafting programs for teen patrons, Ms. Benoit has expanded the technological horizons of the Youth Services Department by introducing the use of iPads in both the Baby and Family Story Times. Ms. Benoit leads her efforts through a hands-on philosophy of engaging, interactive learning which has helped boost program attendance and re-vitalize the Southeast Branch Library Youth Services Program from the ground up. For all of these efforts and countless others, St. Johns County takes great pleasure in honoring Ms. Kristine Benoit as the 2013 Employee of the Year.

Betty Griffin House 5K RUN & WALK

let's run for peace!
St. Augustine Beach Pier
Saturday, April 12th, 2014 - 8:30am

Betty Griffin House 5K Course

The Course is FAST, FLAT & FUN! 3.1 Mile race Starting and Finishing at the St. Augustine Beach Pier. The race starts in front of the Pier and travels quickly through scenic Beach neighborhoods to A1A Beach Blvd. and then a 1 mile sprint to the finish at the St. Augustine Beach Pier, overlooking the Atlantic Ocean.

To view course map, visit our website:
www.BettyGriffinHouse5K.org

Friends of Betty Brunch

Join us for Brunch! Raise \$100 and enjoy the Friends of Betty Brunch, directly following the 5K in the Pier Pavilion. You will be served by celebrity wait staff and entered to win one of many prizes, including a CRUISE FOR TWO! You will receive one entry for every \$100 raised or donated!

100% of funds raised by The Friends of Betty Brunch will be used to help victims in St. Johns County. Ask your friends, family and co-workers to sponsor you at \$10 each. This is a great way to support Betty Griffin House and to start a dialogue about domestic violence and sexual assault.

For a pledge form visit the race website at www.BettyGriffinHouse5K.org and click on pledge form.

The Betty Griffin House 5K t-shirt will be guaranteed to all pre-registered before March 30th, 2014. So, sign up early!

Betty Griffin House will be hosting its Inaugural Betty Griffin House 5K Run/Walk and brunch fundraiser along with Presenting Sponsor Flagler Hospital, on Saturday, April 12, 2014 at 8:30 a.m. This event will raise money for the many programs Betty Griffin House coordinates.

The race will start and finish at the St. Augustine Beach Pier. Registration and packet pick-up will be on April 11, 2014 from 4-7 p.m. and 7:00 a.m. on April 12th at the Pier Pavilion. The registration fee is \$20 until February 28th. Children 14 & under are \$15. March 1st to April 11th registration is \$25 and race day registration is \$30 for all. Your registration fee gets an amazing race bag with t-shirt. Pets are welcome on a leash.

All race participants and supporters are invited to join us for brunch! Raise \$100 and enjoy the Friends of Betty Brunch, directly following the 5k in the Pier Pavilion. You will be served by a celebrity wait staff and entered to win one of many prizes, including a CRUISE FOR TWO! You will receive one entry for every \$100 raised or donated.

All fitness levels welcome! This event is designed for the whole family to enjoy! If you need a little motivation join the Betty Griffin House 5k Walking Club and go from couch to 5k in only 10 weeks. The Walking Club will take place every Saturday starting February 1st at 8am at Treaty Park, 1595 Wildwood Dr. St. Augustine.

To register for the 5k or for more information log on to www.bettygriffinhouse5k.org or call Malinda Everson at 904-808-8544. (continued on page 2)

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The Shores Observer
1965 A1A SOUTH #180
St. Augustine, FL 32080-6509

Pedro Menendez High School Athletic Booster Club 1st Annual 5K Run/Walk in the Shores

The Pedro Menendez High School Athletic Booster Club is holding a 5K run/walk at 8:30 a.m. on Saturday, March 15, 2014. All proceeds from this event will be used to fund the athletic programs at Pedro Menendez High School. The race starts and ends at the Riverview Club.

Keeping sports in St. Johns County High Schools is not possible without the kindness and support of our community.

St. Johns County High Schools receive minimal funding from the School District for extracurricular athletic programs. Pay-to-play plans and donations from booster clubs are the primary sources for funds for these programs. It is support like yours that helps maintain and improve the athletic programs at Pedro Menendez High School. The Pedro Menendez Athletic Booster Club and our student athletes extend our

deepest gratitude to you for your support.

Please support the Pedro Menendez Booster Club and school athletics by making a tax deductible donation, race sponsor, and run or walk in the event.



The race is USATF Course Certification # FL10015EBM sanctioned event. Online Registration available at www.RaceSmith.com (look on the left hand side for "Spring4ACause")

- Award to overall male and female winner
- Recognition to top finishers in various age categories
- Race will be professionally time using disposable tags on the bib number
- Results will be posted at the race and online immediately following the race at www.RaceSmith.com (continued page2)

What's Inside The Observer This Month...

- **Health Update: Golfing: A Game of Life or Death?**
- **Financial Focus: Use "Tax Diversification" to Help Manage Retirement Income**
- **Computer Corner: Any Questions?**
- **The Corner Garden: Spring Almost Here!**
- **Sheriff's Corner: Bicycle Safety**
- **Improved Health for the New Year**
- **Tredy Park Robert Laryn Skate Park Reopens**
- **Spring Cleaning Your Insurance Policy**

The St. Augustine Shores Observer

is published monthly for residents of
St. Augustine Shores
St. Augustine, FL.

St. Augustine Shores Observer
(904) 607-1410
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St. Augustine, FL 32080-6509
clifflogsdon@att.net
www.observer.vpweb.com

The St. Augustine Shores Observer

The function of the St. Augustine Shores Observer is to serve the St. Augustine Shores Community.

First priority will be given to reporting news and activities of the residents of the St. Augustine Shores, Shores organizations and other news and events that directly affects St. Augustine Shores. Second priority will be given to articles of general interest as space permits.

Information must be received by the 10th of the month in order to appear in the following month's issue. Articles or information may be sent to the Shores Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Shores Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Shores Observer.

The Observer's acceptance of advertising does not constitute an endorsement or approval of any product or services by the Observer or its staff. The publisher reserves the right to refuse advertising that does not meet the publication's standards.

The Observer is published by an independent publisher and is not affiliated with the Shores Developer, the St. Augustine Shores Service Corporation or the St. Augustine Shores Civic Association.

How To Reach The Shores Service Corporation (Shores Homeowners Association) (904) 794-2000

Shores Community Calendar

- **Shores Service Corporation** monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.

- **Shores Recreation Association** board meetings are held on the first Tuesday of each month at 11:30 a.m. at the Riverview Club.

- **Conquistador Condominium** Board meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

- **Fairview Condominium** Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

- **Greens Condominium** Board meetings will be held on February 1st, May 7th, August 6th and November 5th. The annual meeting will be held on October 1st.

Shores Observer Policy For Classifieds

The Observer offers free community classified ads to all Shores residents. Ads May Not Promote A Business Or Service. Classified ads will not be printed without a name, address and phone number included with the request.

Send your ad to Shores Observer, 1965 A1A South #180, St. Augustine, 32080-6509. Or you may email your ad to clifflogsdon@att.net.

Deadline for all ads is the 10th of every month for the next month's issue.

Community Classifieds

FOR SALE: TIME SHARE in Hilton Head, S.C. It has 3 bedrooms, 3 baths sleeps 8/10 people. It is the 37th week each year. Many amenities work out room, two bikes per unit, pool and beach near by. Great fun for family, golfers & tennis players. Asking \$5,000 (purchase price was \$13,000) or B.O. Maintenance is \$767.00 a year. Call 904-794-5665.

FOR SALE: Screen enclosure for sale fits San Savino home summer kitchen (2) sections approx. 14' w x 9' h (2) end wall sections 34 1/2" w x 9' h. The enclosure has been removed and all hardware is included some screening may be reusable, bronze color aluminum. Call 904-460-6606.

MOVING SALE - Queen bed and box spring - \$125, Full bed Mattress only - \$60. Tall Black Café table with Two chairs - \$35. One 35" tube t.v. works great - \$40. One Compaq Presario computer and monitor, intel processor - \$75. Antique Green leather chair with solid wood arm rests - \$40. Call or text Jenn @ 904-501-0370 if interested.

FOR SALE: 1080 sq ft ground floor with partial water view 2/2 completely furnished condo at the Conquistador Condominium in the Shores. Call 904-794-1001.

ESTATE SALE: Card table & 4 chairs \$20, Sleeping Sofa like new \$165, new pancake compressor \$25, punch bowl & glasses \$7, home ceramic heater \$15, Honda generator series 2800 \$120. 18 sq ft freezer \$275, Sofa Bed \$250, 2005 Crown Victoria Ford 70,000 miles, \$5,500, 2011 Sanata 20,000 miles, \$1,500. Call 797-7188.

RENTAL NEEDED: Single over 55 with steady income seeking to rent a Conquistador furnished 1 or 2 bedroom condo, on 1st floor with all utilities paid. Must be decorated and reasonable rent. No pets and 1 years lease with 6 months cash paid upfront. Please call 904-687-3362.

FOR SALE: Micro Suide recliner/rocker purchased 2 years ago at Babcock Furniture for \$400 asking \$150. In excellent condition. Call Bob at 904-547-2973.

FOR SALE: Turntable, receiver, and speakers. Any of it or all for \$50. Girl's twin bed \$100. Beach chairs and umbrella \$15. Antique style standup Globe. \$30. Beautiful framed prints starting at \$10 each. Quality Sofa great fabric \$75. Glider nearly new \$50. Call 797-5523.

FOR SALE: 1989 GMC Short Bed Black Pickup with cap. In very good condition, over ten thousand invested. To many new parts to list. Was asking \$3,900 reduced to \$2,650. Call 904-342-3892.

FOR RENT: 3br/2ba condo. 1st floor in The Greens with a pond view. Very nice, quiet neighborhood, includes community pool and hot tub. \$1200/month 1 year lease. Contact JoAnne 904-794-4410.

COMMUNITY YARD SALE: Located at Casa Bella Condominium. The sale takes place Saturday, March 22nd from 8 am to 12 noon. (NO EARLYBIRDS) 9 FAMILIES: furniture, knick-knacks, clothes, home decor, reverse osmosis system, books, etc. Directions: Take South entrance to the Shores (Shores Blvd.) 1 mile on right-CASA BELLA CONDOS! (Look for the Balloons). YARD SALE: Cook Stove, Table & chair, furniture and misc. items. 794-0877.

Pedro Menendez High School Athletic Booster Club 1st Annual 5K Run/Walk in the Shores

(continued from page 1)

- Loop course (start and end at same location)
- Early registration discount by 3/14/2014
- Drink Stations
- T-shirts for all participants preregistered by March 3, 2014.
- Ample parking available

Pre-registered runners and walkers will pick up their pre-race packets Friday March 14th from 3:30 pm to 7:00 pm at the St. Augustine Shoes Golf Course, 707 Shores Blvd.

Entry fees are not refundable. You can pre-register until March 14, 2014 for \$20.00. Registration on day of race for \$25.00. Those who register by March 3, will receive a T-shirt. For questions and additional information please contact: PMHspring4acause5K@yahoo.com.

Betty Griffin House 5K Run

(continued from page 1)

As a private, nonprofit agency, Betty Griffin House provides emergency shelter to abused women, men and their minor children. Other support services available to shelter residents and non-residents include a 24-hour crisis hotline, individual and group counseling, forensic / medical rape exams, and legal assistance. Confidential individual and group counseling are available in all parts of St. Johns County including, Hastings, Ponte Vedra Beach, St. Johns, St. Augustine and St. Augustine Beach. For more information or to make a donation, visit our website at www.bettygriffinhouse.org you may also like us on Facebook.

St. Augustine Travel Club St. Augustine Travel Club Cruise

The St. Augustine Travel Club will again be sailing the seas on Saturday, March 15 to 23, 2014, on the beautiful Carnival Breeze out of Miami to the Southern Caribbean ports of Turks & Caicos, Dominican Republic, Aruba and Curacao for an 8-day cruise. Prices start from \$863.00 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Book now with a \$300 deposit and receive \$100 per stateroom On Board Credit. Call Peter Dytrych, St. Augustine Travel Club at (904) 797-3736 for more information and reservations.



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- **Join on March 31 and pay only \$31**
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ST. AUGUSTINE YMCA 500 Pope Road | St. Augustine, FL 32080 | 904.471.9622

TEMPLE BET YAM TO HOLD A FAMILY ROCK N' ROLL PARTY



Temple Bet Yam of St Augustine will hold a Family Rock n' Roll Party on Sunday afternoon, March 9th from 4:00 - 5:30 P.M. The popular band Smokin Mirrors will play favorites from the 60's, 70's and 80's, including selections by The Beatles, Rolling Stones, Eric Clapton, Linda Ronstadt, Tom Petty, Isley Brothers, Van Morrison, Aretha Franklin, CCR, The Doors, Otis Redding, Fleetwood Mac, Ike and Tina and more. Light refreshments will be served. Great fun, prizes, great music. R.S.V.P. to Carol Gladstone, grambini1@comcast.net to have your name entered in a drawing for a gift certificate to Ned's Southside Kitchen in St. Augustine. You must be present to win. Tickets are \$10.00 for adults; \$5.00 for students over ten and free for children under ten. Tickets can be purchased at the door. Temple Bet Yam is located at 2055 Wildwood Drive in St. Augustine. (Wildwood is close to 207 and access to I95)

Reach The Shores By U.S. MAIL!

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- We deliver to Residential Mail Boxes
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- Call 904-607-1410 to advertise your business or service.

The Junior Service League of St. Augustine Presents The Lighthouse 5K & Fun Run 2014

The Junior Service League (JSL) of St. Augustine presents the 22nd annual Lighthouse 5K Run/Walk & Fun Run on Saturday, March 1st. This year's 5K chip race (timed start and finish), administered by Racesmith, is a flat and fast course through historic Lighthouse Park and Davis Shores. The 5K Run/Walk, sponsored by Michelob Ultra, will begin at 4:30 p.m. in front of the St. Augustine Lighthouse. The Fun Run will follow the 5K and begin at 5:30 p.m.

The Lighthouse 5K is a great opportunity for anyone who made a New Year's resolution to get healthy and active, especially those who committed to a couch to 5K plan. It's also the perfect way to qualify for a seeded position at the Gate River Run two weeks later on March 15th. A \$100 cash prize will be awarded to the top Male runner overall and to top Female runner overall. The top three racers in each age division will also receive an award.

Participants can enjoy post-run festivities in the Runner's Tent, featuring live music, the 5K Awards Ceremony, food and beverages. Racers

will also receive free admission to the Lighthouse "Night Fest," beginning at 5 p.m. on the Lighthouse grounds. "Night Fest" will feature free admission to the Lighthouse, food, drinks, entertainment, and a Shipyard play area for kids. For more details, please visit http://www.staugustinelighthouse.org/events/lighthouse_festival.

Proceeds from the Lighthouse 5K & Fun Run will benefit the JSL's community service projects including the Children's Museum of St. Johns, Willich Kids Bridge Family Visitation Center, SAYS (St. Augustine Youth Services), and the Lightner Museum, just to name a few. To register online or to inquire about becoming a sponsor, please visit: <http://www.lighthouse5krun.com/>.

The Junior Service League of St. Augustine, Inc. (JSL) is a non-profit organization founded in 1935 to address civic, cultural, and community service needs. The League is committed to the legacy of promoting volunteerism in St. Johns County and developing the potential of its members. For more information, visit www.jslofstaugustine.org/.



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Gingie MacQueen, Admission Director 904-864-1051

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- Dining Areas
- Laundry Service
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- Wound Care
- Restorative Care

St. Augustine Shores Club News

March Riverview Club Calendar

ACTIVITIES MEMBERS:

Correction to the Board of Directors: Cecilia Scully is Corresponing Secretary of the Board.

TRANSPLANTS: **CHINESE AUCTION**
MAR 9TH 3:00 P.M. Bring Sack Lunch. Dessert and Beverage Provided.
SUNDAY Call Cecilia 797-4816 for information.

SINGLES: **RIVERVIEW CLUB**
MAR 18TH 12:30 A.M. Making favors for Moultrie Creek Nursing & Rehab Center.
TUESDAY Bring bag lunch. Dessert and Beverage provided.
For information call Margaret Hand 794-4698.

BILLARDS - Monday, Wednesday, Saturday 9:00 A.M. Tuesday, Thursday at 1:00 PM

BOOK CLUB - First Monday of the Month in the Library. Open to all residents.

RUBBER BRIDGE - Wednesday & Friday at 12:30 PM.

RUBBER LESSONS - Monday 10:30 A.M. Nancy Willis 794-1855.

CHICAGO BRIDGE - Thursday at 12:30 PM. Nancy Willis 794-1855. Tuesday at 7:00 PM. Debbie Casey 347-9800 or Betty Barton 797-9097. Must have a partner to play.

EXERCISE CLASS - Tuesday & Thursday at 10:00 AM. Donation at door.

FRENCH CLASSES - Conversational French Thursdays @ 3:00 P.M.

LINE DANCING - Wednesday at 10:00 AM.

MAH JONGG - Tuesday at 1:00 PM and Wednesday at 10:30 AM.

TAI CHI - Wednesdays at 5:00 P.M.. An ancient Chinese discipline of meditative movements practiced as a system of exercise. It is not strenuous. The instructor will be teaching for beginners. Wear comfortable clothes. \$2.00 per person.

YOGA - Monday, Wednesday and Friday at 9:00 AM. Wednesday at 12:30 Easy Stretch Yoga for beginners. Bring mat and wear comfortable clothes.

CHAIR YOGA - Friday @ 10:45 A.M. Additional mobility for those who have a hard time with the floor exercise. Wear loose comfortable clothing and bring a mat.

WRITERS IN THE SHORES - meets every 2nd and 4th Tuesday of each month at 1:30 P.M. OPEN TO ALL RESIDENTS. Donna Johnson 794-0789.

ALL MEMBERS:

DANCE CLASS - Thursdays 2:00 P.M. starting Sept 19th. Members \$2.50 per person. Guests \$3.50. Call Dennis Salvati 461-6782.

BOARD MEETING - Second Tuesday of the month at 11:30 AM.

DANCE MEMBERS

MARCH 2ND **EARLY SOCIAL**
SUNDAY Music: Ernie On the Keyboard.
6:00 - 9:00 P.M. Hosts: Jim Paula and Lidia Vickery.
Reservations: Tues Feb 25th and Thurs Feb 27th 9:00-10:00 A.M.

MARCH 15TH **MAIN SOCIAL**
SATURDAY Music: Tim Rippey.
7:00 - 10:00 P.M. Hosts: Raul & Peggy Oliveira.
Reservations: Tues March 11th & Thurs March 13th 9:00-10:00 A.M.
Dances are \$5.00 for members and house guests and \$10.00 for non-members and guests. BYOB and snacks

For information on any of the club activities please call 794-2000.



Shores Golf Update

March Tea Leaves

by Peggy McGovern
pegaboo49@aol.com

I know we need the rain, but enough is enough!! Our Ladies were at a stand-still for almost 2 months because of the rain & cold, but better days are ahead On March 6 & 13, we will be playing for the CLUB CHAMPION, with the awards luncheon on March 27th. The Sally Croyle Memorial event will be on April 24.

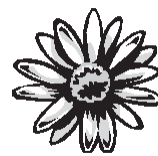
Once again, I am over-whelmed at all the Love & kindness shown to me & my family on the passing of my Charlie. I miss him & my son Tom more then I can say. Many of you had Masses offered up for his soul, Donations in his name to several local foundations plus sympathy notes, phone calls, flowers & an ever-ending abundance of food. I know that Charlie looked down on each & every one of you & said THANK YOU, as I say again & again. Thank you from the bottom of my heart. Peggy Mc Govern

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The Corner Garden

By Susanne Murphy
The Geranium Circle Garden Club

Spring is Almost Here!

- Moderate maintenance for St. Augustine lawns. Fertilize four times per year, in March, May, July and September.
- Rake dead grass.
- Prune and fertilize azaleas as soon as they finish blooming. Use an acid fertilizer. Transplant azaleas after they finish blooming.
- Prune any cold weather damaged plants after new growth appears.
- Begin heavy pruning of hedges anytime after March. To encourage bushy growth, prune just prior to bud swell.
- Start planting tender annuals and vegetables. Be prepared to protect these plants from late-season frost. Use straw or newspaper. Cover with plastic for hard-freeze protection.
- Plant poinsettias in the landscape during late March to early April.
- Fertilize palms every two months starting in March.

- Vegetables to plant now: Snap beans, pole beans, lima beans, carrots, celery, collards, corn, cucumber, eggplant, lettuce, okra, English peas, Southern peas, peppers, potatoes, sweet potatoes, summer squash, tomatoes.
- Annuals to plant now: Ageratum, begonias, calendulas, coleus, cosmos, crossandras, dahlias, geraniums, impatiens, kalanhoe, lobelias, Marguerite daises, marigolds, nicotianas, pentas, phlox, rudbeckias, salvia, verbenas, periwinkles and zinnias.

Happy Gardening!



Shores United Methodist Celebrates Spring!

The Annual Spring Rummage Sale sponsored by the United Methodist Women, will be held at Shores United Methodist Church on Saturday, March 15, 2014 from 8:00 a.m. to 1:00 p.m. The sale will be held in the Christian Education Building behind the church. Six rooms will be set up with tables of housewares, electronics, toys, games, This and That items, books, puzzles, and baked goods. Plenty of free parking is available. Proceeds from the sale support local missions programs.

Shores United Methodist Church is located at 724 Shores Blvd, between the Shores Golf Course and Hartley Elementary. More information is available by visiting the church's website, www.shoresumc.org. Rev. Randy Strickland is pastor.

St. Johns County 2014 Super Summer Camp Lottery Registration Opens March 3-14th

Lottery registration for St. Johns County's 2014 Super Summer Spectacular Camp Program will be available online, by telephone, and in person March 3-14. The lottery drawing will take place March 28, with results being mailed by April 5. St. Johns County residents interested in registering for the summer camp lottery can do so online at www.sjcfcl.us/youth, or by calling 904.209.0377 or 904.209.0333, or by visiting the Ketterlinus Gymnasium, 60 Orange Street, St. Augustine, or the Solomon Calhoun Center, 1300 Duval Street, St. Augustine, during standard business hours.

Hosted by the St. Johns County Recreation and Parks Department, the Super Summer Spectacular is a summer camp program for children ages 5-12 that emphasizes outdoor activities and includes exciting field trips and swimming sessions. For more information regarding the lottery, registration, or the Super Summer Spectacular Camp Program including camp locations, dates, and fees please visit www.sjcfcl.us/youth or call 904.209.0377.

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News From Around St. Johns County

St. Johns County Fire Rescue Offers Free Smoke Alarms

St. Johns County Fire Rescue is offering free smoke alarms to St. Johns County homeowners and renters through April 15th, 2014. There is no income requirements.

The presence and proper maintenance of smoke alarms increases your chances of surviving a fire by 50%. 80% of all fire deaths occur in residences not equipped with a working smoke alarm. When you are asleep, you can not smell smoke, if anything smoke will put you in a deep sleep. A fire may smolder for hours before flaming. While it is smoldering it produces toxic gases that cause headaches and dizziness. A free burning fire in a house grows three times its original size within one minute.

If you are interest in the program please call 904-209-0340.

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Anastasia Island Library Book Sale

The Friends of Anastasia Island Branch Library (124 SeaGrove Main Street, SeaGrove Town Center, St Augustine Beach) will be holding their Spring Book Sale on March 13, 14, and 15, 2014. The times are Thursday, March 13, 10:00 am to 8:00 pm; Friday, March 14, 10:00 am to 6:00 pm; Saturday, March 15, 10:00 am to 5:00 pm. Approximately 10,000 books/items will be available.

- Books include like-new hardcover bestsellers with dust jackets at \$1 each.
- Most other books are priced at \$1 each.
- Mass market paperbacks are priced at \$0.50 each.
- Children's books are priced from 0.25 to \$1.00 each.
- Audio cassettes are priced at \$0.25 each.
- Music CD's are \$1.00 each.
- DVD's are \$2.00 each.

• Specially priced items include sets of books, books by local authors or about St Augustine/FL, and like-new coffee-table titles from \$2 to \$100 each.

On Saturday, prices will be reduced by 50%. A grocery sack can be filled for \$7.00 (doesn't include specially priced items). Inventory is comprised of about 90% donations and 10% library discards. These books have been sorted by volunteers who select books for special pricing. No commercial consignor has scanned our inventory since the last sale. A small collection of books are available on an on-going basis in the library for a \$2.00 donation. Library staff selects books for their collection.

Proceeds from the book sale are used for the library to purchase items on their "wish list." The wish list includes the summer Florida Library Youth Program (FLYP) for children, adult/children/teen book collections and programs as well as specialized equipment (e.g., movie screen, furniture) needed to implement targeted programs. The proceeds supplement funds from the county and with continuing cuts in the county budget, the money raised is critical to provide ongoing quality programs and materials.

Habitat Needs Volunteers

Habitat for Humanity St. Augustine/St. Johns Co. needs construction volunteers on Wednesdays through Saturdays. No experience necessary. To sign up visit www.habitatstjohns.org, select the volunteer tab at the top, then click on the "Volunteer Up" button. Please register, select your work day and bring the printed, completed waiver with you. The hours are 7:45-3:00 at the intersection of N. St Johns St. and Avery St. for all build locations. Pack your lunch and wear appropriate work clothes and shoes. For more information call the Volunteer Coordinator at 904-826-3252 ext. 2002.

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A MOMENT IN TIME

by Carol Gladstone

Students in the Temple Bet Yam Religious School recently buried a time capsule that was filled with photos, a list of each child's favorite things, and their wishes for the future. Joan Guglielmo, Director of the Religious School, explained that the purpose of the project was to give the children a marker in time so they could see how they've changed over a period of ten years. The time capsule will be opened in February of 2024.



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Ask Mow?

Answering Questions About Homeowner Lawn Equipment.
 Featuring "Mow", St. Augustine Power House Spokesperson.

FINALLY! Spring is almost here and the plants and yards are starting to sprout! Our winter wasn't as cold as our neighbors to the North. This weather starts us thinking about getting our yards and beds cleaned up from winter's set back. This leads to some recent emails we received.

Mow, my lawn and yard equipment has been sitting up for a few months what should I do to get it ready?

We get this type of question all the time; first make sure you have fresh fuel for all of your equipment. Fuel has a shelf life of only a month and if you have ethanol fuel it is even less as the ethanol draws moisture into the fuel. Make sure air filters are clean and the oil levels are to the full mark. Start your equipment to make sure they start easily and they are running properly.

Mow, my mower is getting older and is not starting since it was put for the winter what do you suggest?

Many times it's not the age of the equipment that causes issues, it may just need servicing. Carburetors can get build up from old fuel and ethanol damage and may need to be cleaned and oil changed in the engine. Sometimes it may be its age and time to think about replacing it.

St. Augustine Power House offers a diagnostic service to analyze the issues of older outdoor power equipment with issues and can give you an estimate of what it will take to get running back to normal if you need to replace it for just a Bench Charge. If your equipment is not very old and has not been serviced in a couple of years we offer Spring Tune-Up Specials for mowers and outdoor power equipment, pick-up and delivery is also available. If you're older equipment estimated repairs are more than you wanted to put back in the equipment and you purchase a new piece of equipment from St. Augustine Power House we will waive all the Bench Charges. Starting this month St. Augustine Power House is having our Pre-Season Sale on all our Mowers and Hand Held Outdoor Power Equipment.

So until next time please check our ad for our Pre-Season Sale or come visit us, we are located at 125 Pope Rd across from the YMCA on the Island or visit our website www.staugpowerhouse.com. Please email your questions to Mow at info@st.augpowerhouse.com.

Treaty Park Robert Laryn Skate Park Reopens

St. Johns County's Robert Laryn Skate Park reopened in February. Located at Treaty Park, 1595 Wildwood Drive, the facility was closed for repairs and maintenance that included railing safety improvements, cement restoration, fence repairs, sod installation, and deep cleaning. Standard operating hours for the 47-acre skate park will be 2 p.m. to 9 p.m., Monday through Friday, and 10 a.m. to 9 p.m. on Saturday and Sunday, weather permitting. Features include 28,000-square-feet of concrete for skaters of all abilities, 1/2 pipes, rails, a 9.5-foot kidney-shaped pool with a 6-foot shallow end, and a little dudes park for beginning skaters and those under the age of 12. The park will opened with a new operator who manages a pro shop staffed with knowledgeable skaters and featuring skateboard lessons, skateboards and gear, equipment rental, and snacks and drinks. For more skate park information, please call 904.829.3555.



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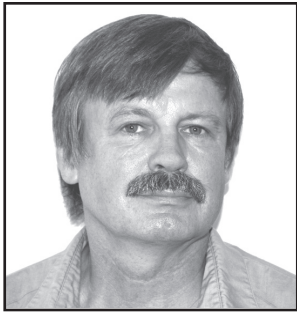
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Computer Corner

By Gary Herrick, Computer Professor
904-377-6785
mainely2@bellsouth.net

Any Questions?

Greetings from Computer Professor. I want to say thank you to all the people who have told me they read my articles and find something in them helpful.

Now I wish to ask you to help me, to help you more. After all the years I have written this article and others in different media circles, I am fearing I will start repeating things that may not be needed or even worse, skipping things I really should be covering again.

Ask any question, I have written and taught many basic computer courses but I am also a Master trainer in Microsoft Office. I also can be very stubborn in trying to find answers if I don't know an answer. What I would like is to hear from you, the

reader, of any topic you would like me to write about in this year. Old or new, basic or advance, I only want to continue this article if I can help you understand a little more about the computer and associated areas.

You can send me an email or have a friend send me one if email happens to be your problem, to: mainely2@bellsouth.net. I will not bring up your name unless that is something you want, and then I would limit it to first name.

My business is Computer Professor I do computer training and repair but I wish my articles to be educational not an advertisement. This is your chance to affect what you will read about all year.

Help is Needed by Ayla's Acres No Kill Animal Rescue

Leah Black and Lily Moss hold "Sadie," a Jack Russell terrier up for adoption through Ayla's Acres No Kill Animal Rescue. Sadie, who often frequents Ayla's Attic, the organization's thrift shop, greeted the girls when they came to the shop to bring money they raised selling lemonade. In the cold winter months there is an increased need for heaters, hay, dog food, and blankets for the approximately 250 animals at the sanctuary in Greenville Florida. The rescued animals of every kind, were abused and neglected and



because most are unadoptable, they will live out their lives at the sanctuary. In addition to the animals living there, Ayla's Acres also fosters dogs and cats in St. Johns County while they await forever homes.

There is a huge need for food, blankets and heaters at the Sanctuary. Monetary donations can be sent to Ayla's Acres, P.O. Box 1634, St. Augustine, FL 32085. Equipment and food can be dropped off at Ayla's Attic located at 300 S. Ponce de Leon Blvd, St. Augustine, a block south of King Street, or individuals can call 650-520-5201.

Photo: Lily Moss (left) and Leah Black (right) hold Sadie, at Ayla's Attic.



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FOSAA INVITES THE ARTS COMMUNITY TO BE PART OF A CHILDREN'S ARTS FESTIVAL IN 2014

The Friends of the St. Augustine Amphitheatre (FOSAA) invite the arts community to be a part of "The Gathering of Friends Children's Arts Festival" on June 21, 2014 at the Amphitheatre. This completely interactive event will allow children to explore their own creativity while showcasing the diversity of the local arts community. It will be advertised throughout Florida and surrounding states and will be free to the public. The festival is funded in part by an ACH grant from the TDC. This is a unique opportunity for the arts community to showcase their talents and publicize private lessons, camps and workshops while engaging children in a variety of arts activities.

Each artist or arts organization will have a designated space to offer a unique interactive experience. Whether taking part in a drum circle, dancing, creating a collage, painting, playing an instrument, or engaging in storytelling, children will be introduced to a variety of art forms that will hopefully inspire and encourage them to pursue new interests.

An application can be downloaded at fosaa.org under "Events." The form should be saved and e-mailed to fosaaartsfestival@gmail.com or mailed to the address shown. For further information please call 471-4113.

St. Augustine Aquarium Groundbreaking Scheduled For Summer

The St. Augustine Aquarium announced that they intend to pursue crowd funding as a means of raising funds specific to the acquisition of marine species for the aquarium. The funding will continue into April. The founders, Shawn and Kathy Hiester, are privately funding more than 95 percent of the project cost. In public aquariums across the country, the community participates through fundraising efforts to provide support for the aquarium and its mission of conservation through education.

RocketHub has been selected as the crowd funding platform for the campaign. The aquarium's page can be accessed at www.rockethub.com then by clicking on the St. Augustine Aquarium link. Groundbreaking for the project is scheduled for early summer 2014. For more information, contact Kathy Hiester at info@saaquarium.com or at 904-495-5608.



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Spring Cleaning Your Insurance Policy

By Jane Tucker, First Florida Insurance

As we approach Spring and spring time cleaning, don't forget to dust off your insurance policy as well. With an economy still struggling to come back, unemployment and the lowering of home values, many people are concerned about finances. This is a good opportunity to review your insurance policies to see where you might be able to lower your costs.

- Insuring home, not the land: Homeowner's policies do not provide protection for your land, so make sure the value of the land is not included as part of your coverage amount.

- Discounts: Discounts are often given for customers with more than one policy with the same insurer or who have security/safety measures in place. For example: fire, smoke and burglar alarms. Also, roofs newer than 2002 may be eligible for substantial discounts. Other discounts might include being 55 or older and retired or live in homes located in eligible homeowners associations. Some insurers may offer discounts if all residents of the home are nonsmokers.

- Increase your deductible: Raising your deductible should decrease

your premiums. If your insurance deductible is \$500 now, by raising it to \$1000, or even \$2000, you should see a decrease in premiums. Make sure you can pay the higher deductible if a disaster strikes. Also, be sure your home loan does not have a clause that states a specific maximum property insurance deductible.

- Home improvements: Upgrading electrical, plumbing and heating systems could improve the safety of your home and reduce your premiums. Also, certain energy saving improvements can give you federal tax cred-



its. Dusting off your insurance policy by checking your policy and reviewing your coverage will be well worth the effort and can help save you money.

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Golfing: A Game Of Life Or Death?

By Rob Stanborough
PT, DPT, MHSc, MTC, CMTPT, FAAOMPT
First Coast Rehabilitation
(904) 829-3411

As if avid golfers needed one more reason to play, here it is: golfing can improve your health and yes, add years to your life. According to a Swedish study published in 2008, people who play golf regularly without using a cart have a 40% lower mortality rate than those of the same age and sex who don't exercise. This could equate to adding as many as five years to your life, IF you play regularly and walk the course. Those with the lowest handicaps had the best rate, which probably means they play most often.

Playing often and playing well means playing injury-free. According to current research, golfers most often injure the low back, the non-dominant shoulder and the elbow. Professional golfers tend to experience overuse injuries due to constant practice and thousands of swings. Amateur golfers tend to acquire injuries related to an incorrect golf swing as well as overuse. Inadequate range of motion, strength and endurance are at the root of most injuries, particularly in the back and shoulder. Limited range of motion in one area of your body will result in compensation and overstress in a neighboring area. Back pain may be a result of poor 'core' or trunk control or tight hips. Forcing a follow-through when your hip rotation is limited can produce excessive strain in the low back.

Golf is all about mechanics. Faulty mechanics in the hip may lead to hip or low back pain. Faulty shoulder mechanics will produce undue strain in specific tissue, which can lead to a shoulder impingement, tendonitis, shoulder instability, or even a rotator cuff tear. Inadequate stability of the non-dominant hip allows the hips to open up. Inadequate strength in the non-dominant shoulder allows the club to get away and opens up the face of the club. In both cases, the effect is certain death: the dreaded slice.

Speed is essential to producing power, but power is of no use without control. Balance, timing and endurance are also keys to playing a good round. No one enjoys shooting par, or less, on the front nine only to see everything fall apart on the backside due to muscle fatigue, dropping of the shoulders or poor backswing. Playing just one round of golf can require 200+ swings, including practice swings and hitting a bucket of balls at the range.

Yes, frequent play can decrease your handicap (sorry spouses) and according to the Swedish it can also add years to your life. And if you didn't know it before, you now know, adequate range of motion, speed, strength, and endurance are all just as important for safe and pain free play. Limitations or deficiencies in any of these areas can often be remedied without the use of expensive equipment or fancy gadgets. Physical therapy can help locate impairments and provide simple do-it-yourself stretches and exercises.

If you and your game are healthy, keep saving your money. You may be playing 5 years beyond your current retirement plan. But if you and your game are struggling or hurting, don't play through. Seek help. The answer may be simpler than you think.

Rob Stanborough is a physical therapist serving St. Augustine for over 10 years. He is president and co-owner of First Coast Rehabilitation, as well as co-author of Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He is certified in manual therapy, a Fellow of the American Academy of Orthopaedic Manual Therapists and has presented on the topic of soft tissue dysfunction in a variety of venues. Read previous columns posted on www.firstcoastrehab.com.

Fine Tuning Your Landscape

Improve your understanding of native plants in the landscape March 20 at the St. Johns County Windstorm Training Center, 3111 Agricultural Center Drive from 2-4 p.m.

Bob Walton, former professor of biology and environmental science, will cover how to create sustainable landscapes that provide maximum service to your ecosystem. Now a consultant after retirement, Walton will teach you how to measure success in your landscape using techniques like observing changes in wildlife diversity, reducing toxic impacts and nutrient loadings on water systems. (This free program is open to the public and hosted by the St. Johns County Extension Service. For more information, go to www.nativeplantconsulting.com or call 904-692-3927.

Alligator Farm Zoological Park Spring Kid's Program

Kids are going wild this spring break at the St. Augustine Zoological Park! Two exciting weeklong camps are set for March 17-21, with morning and afternoon sessions available.

From 8 a.m. to noon, kids can explore how animals are classified in the wild in Animalia. From mammals to reptiles to birds, all creatures at the zoo will get some class. Or, from noon to 4 p.m., Alligators and More! allows explorers to discover all the park has to offer, including toucans to turtles, monkeys to macaws and, of course, alligators. All camps include zoo tours, hands-on animal presentations, shows, crafts, games and themed activities.

Spring camp is open for students currently in Kindergarten through 5th grade. A camp T-shirt is included for each weeklong camp session. Camps are \$120 for members and \$140 for non-members per week session. Spring single day camps are also available for Feb. 17, March 14 and April 18. Single day camps run from 10 a.m. to 3 p.m. and are \$35 for members and \$45 for non-members.

Parents can register online or receive more information at www.alligatorfarm.com. A variety of summer camps are also available from June through early August. For more information, call 904-824-3337.

The St. Augustine Alligator Farm Zoological Park is one of Florida's oldest and most treasured attractions. Since 1893, it has provided visitors with exciting and educational opportunities to interact with a wide range of crocodilians, reptiles, mammals and birds. Located on Anastasia Island in St. Augustine, The Alligator Farm features natural exhibits, wildlife shows and educational demonstrations. It is the only place in the world where visitors can see every species of alligator, crocodile, caiman and gharial. In 1992, The Alligator Farm was designated a U.S. Historic District. For more information, visit www.alligatorfarm.com.

St. Augustine Aquarium Groundbreaking Scheduled For Summer

The St. Augustine Aquarium announced today that they intend to pursue crowd funding as a means of raising funds specific to the acquisition of marine species for the aquarium. The campaign began on February 18th and will run for 60 days. The founders, Shawn and Kathy Hiester, are privately funding more than 95 percent of the project cost.

According to Kathy Hiester, "As is the case with public aquariums across the country, the community participates through fundraising efforts like these to provide support for the aquarium and its mission of conservation through education."

RocketHub has been selected as the crowdfunding platform for the campaign. The aquarium's page can be accessed at www.rockethub.com then by clicking on the St. Augustine Aquarium link.

Groundbreaking for the project is scheduled for early summer 2014, and Phase I of the St. Augustine Aquarium, Botanical Gardens and Aviary will be completed in early 2015 to coincide with the City of St. Augustine's 450th founding anniversary celebration.

For more information, contact Kathy Hiester at info@saaquarium.com or at 904-495-5608.

St. Johns County Medical Alliance Offers Academic Scholarships To Local Students

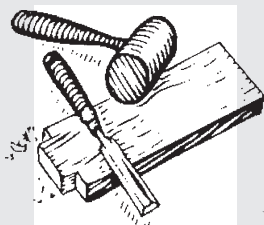
The St. Johns County Medical Alliance offers scholarships to graduating St. Johns County high school seniors pursuing an education in pre-medicine, nursing, or allied health.

Applicants must reside in St. Johns County and plan to begin a program of study in the fall of 2014 at an accredited institution. This includes a four year college or university or a two year community or junior college. Scholarship applicants are evaluated on academic ability, school involvement, community service, and financial need. None of these categories are self-limiting.

The St. Johns County Medical Alliance represents spouses of St. Johns County physicians. Its purpose is to promote health education, identify and address health-care needs and issues, participate in health-related legislation, and provide college scholarships and awards to St. Johns County students.

To obtain a copy of the scholarship application, go to www.sjcma.blogspot.com.

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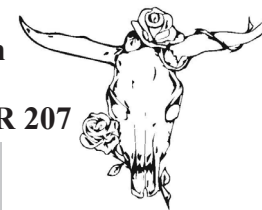


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AAUW Capitol Hill Volunteer Lobby Corps Speakers Give Details

The American Association of University Women (AAUW) St. Augustine Branch will host Barbara Carter and Chardonnay Singleton who will present "A Window into Volunteer AAUW Lobbying in the Hallways of the U.S. Congress Plus the ABCs of Civil Lobbying."

Carter is a volunteer with AAUW's Lobby Corps which visits Capitol Hill each Thursday to talk with members of Congress. She will relate how AAUW is lobbying to pass the Paycheck Fairness Act and the other legislation supporting women and girls. Carter is a member of the Weston, FL, Howard County, MD and Capitol Hill AAUW branches. Singleton, AAUW State Organizer for Florida, Georgia and Alabama, will be speaking about the how-to's of civil lobbying. She will also present information about AAUW Lobby Day in Tallahassee later in March.

"Lobby Corps and friends will represent women nationwide who have not received the Equal Pay Act's promise," said AAUW Vice President of Government Relations Lisa Maatz. "There's no better time than now, the law's 50th anniversary, for Congress to take action on fair pay. The Equal Pay Act opened the door on pay equity; now it is time for Congress to enable women to walk through."

The buffet luncheon meeting will be held at the Glenmoor Auditorium in the Glenmoor Retirement Resort, 235 Towerview Dr. in the World Golf Village on March 8th at noon. The cost for the four course inclusive buffet is \$20 payable to AAUW St. Augustine Branch with check sent to Diane Boyce, 141 Moses Creek Blvd., St. Augustine, FL 32086. Reservation deadline is March 6. Information can be obtained from Debbie Brinsfield at 940-7379.

AAUW's 150,000-strong voice is making a difference on critical women's and civil rights issues — briefing policy makers, spearheading coalitions, and making an impact on the world through international initiatives and partnerships.



Financial Focus

Informations Provided by'

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Use "Tax Diversification" to Help Manage Retirement Income

You need to save and invest as much as possible to pay for the retirement lifestyle you've envisioned. But your retirement income also depends, to a certain degree, on how your retirement funds are taxed. And that's why you may be interested in tax diversification.

To understand the concept of tax diversification, you'll need to be familiar with how two of the most important retirement-savings vehicles — an IRA and a 401(k) — are taxed. Essentially, these accounts can be classified as either "traditional" or "Roth."

When you invest in a traditional IRA or 401(k), your contributions may be tax-deductible and your earnings can grow tax deferred. With a Roth IRA or 401(k), your contributions are not deductible, but your distributions can potentially be tax-free, provided you meet certain conditions. (Keep in mind, though, that to contribute to a Roth IRA, you can't exceed designated income limits. Also, not all employers offer the Roth option for 401(k) plans.)

Of course, "tax free" sounds better than "tax deferred," so you might think that a Roth option is always going to be preferable. But that's not necessarily the case. If you think your tax bracket will be lower in retirement than when you were working, a traditional IRA or 401(k) might be a better choice, due to the cumulative tax deductions you took at a higher tax rate. But if your tax bracket will be the same, or higher, during retirement, then the value of tax-free distributions from a Roth IRA or 401(k) may outweigh the benefits of the tax deductions you'd get from a traditional IRA or 401(k).

So making the choice between "traditional" and "Roth" could be tricky. But here's the good news: You don't necessarily have to choose, at least not with your IRA. That's because you may be able

to contribute to both a traditional IRA and a Roth IRA, assuming you meet the Roth's income guidelines. This allows you to benefit from both the tax deductions of the traditional IRA and the potential tax-free distributions of the Roth IRA.

And once you retire, this "tax diversification" can be especially valuable. Why? Because when you have money in different types of accounts, you gain flexibility in how you structure your withdrawals — and this flexibility can help you potentially increase the amount of your after-tax disposable income. If you have a variety of accounts, with different tax treatments, you could decide to first make your required withdrawals (from a traditional IRA and 401(k) or other employer-sponsored plan), followed, in order, by withdrawals from your taxable investment accounts, your tax-deferred accounts and, finally, your tax-free accounts. Keep in mind, though, that you may need to vary your actual sequence of withdrawals from year to year, depending on your tax situation. For example, it might make sense to change the order of withdrawals, or take withdrawals from multiple accounts, to help reduce taxes and avoid moving into a different tax bracket.

Clearly, tax diversification can be beneficial. So after consulting with your tax and financial advisors, consider ways of allocating your retirement plan contributions to provide the flexibility you need to maximize your income during your retirement years.

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So Much Planning Goes into Retirement.

Have You Thought About Taxes As Well?

It's likely that your retirement income may come from many sources, such as Social Security, pension distributions, a 401(k) or IRA withdrawals. That's why, if taxes are a concern for you, it's important to choose the right investments for your portfolio. At Edward Jones, we have many options that can give you more control over your taxes, so you can enjoy what you've worked so hard to achieve.

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St. Johns County Sheriff's Corner

By David Shoar, St. Johns County Sheriff

Bicycle Safety

Spring weather is upon us and with it bicycle riding becomes a more popular activity for fun, for recreation, and even for transportation. Bicycle safety is always on my mind but even more so in light of recent fatal accidents on our county roads.

It's been nearly three years ago when a St. Augustine University graduate student was killed in a hit and run crash. Our investigators continue to investigate that case to find the driver of a 2001 -2003 Ford Ranger pick-up truck that struck the cyclist. A month after that one, also on C.R. 214, an 18 year old boy was killed ... struck by a truck as he rode into an intersection.

Bicycling is popular in Florida. Unfortunately our state continues to lead the nation in bicycle fatalities. In 2011, according to the National Highway Traffic Safety Administration, there were 677 bike riders killed nationwide and 125 in Florida. This is the latest year for which statistic are available, but Florida has been first in cyclist deaths since 2007.

When it comes to bicycles, keeping kids safe is a huge concern. It is estimated that every week nationwide 2700 children suffer serious head injuries and two die

in accidents involving bike riding. Most child related bike injuries, however, do not involve motor vehicles. They are from falls or hitting a stationary object. Therefore, the first and most important step in bicycle safety is wearing a helmet and wearing it correctly. This is the law for all children under 16 years of age. Research shows that properly worn bike helmets can reduce the risk of serious brain and head injury by 88 percent.

We recommend all riders wear helmets. Parents could be good role models by wearing them too. When choosing a helmet make sure it meets safety standards issued by the Consumer Product Safety Commission. Helmet size should be determined using a tape measure. Pads and straps should be adjusted so fit is level and snug. The helmet should be worn two finger widths above the head and not pulled forward over the forehead or tilted back on the crown. Next make sure the bike is the right size. When sitting on the seat with hands on the handlebar the rider should be able to place the ball of both feet on the ground.

The rules and laws of the road regarding bicycling apply to cyclists, as well as motorists. That means riders have

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the same responsibilities as motorists, and each has rules when encountering the other.

Ride single file in a bicycle lane or on the right side of the roadway with traffic. Riding against the traffic on the left side of the road is not only illegal, but a motorist about to make a right turn on to a roadway will only be looking for traffic to the left. Over 70 percent of car-bicycle accidents occur at intersections, including driveways. Before riding into traffic a cyclist should stop, look both ways twice and then over the shoulder.

When riding on a street or highway cyclists have the responsibility to observe all traffic laws including using hand signals. State law requires having at least one hand on the handlebars at all times. It is also against the law to wear headsets while bike riding.

According to Florida law, a bicycle operated between sunset and sunrise must be equipped with a lamp on the front exhibiting a white light visible from 500 feet to the front and both a red reflector

and a lamp on the rear exhibiting a red light visible from 600 feet to the rear. Additional lighting is permitted and recommended.

Motorists need to be alert for bicycle riders and understand the law permits the use of bikes on our roadways as vehicles. Slow down and pass safely with at least 3 feet clearance between the rider and the side of your vehicle. Watch carefully for kids on bikes when driving in residential neighborhoods.

There is a page on our website at www.sjsso.org regarding bicycle laws, rules and safety. Just click on the Community Affairs icon and then scroll down.

I ask all St. Johns county residents to assist our office in promoting bicycle safety by discussing safe bike riding with your children and knowing the rights of cyclists on the roadway. I hope and pray we will have no more bicycle riders killed or seriously injured in St. Johns County for a long time. I always welcome your comments and suggestions. Just e-mail me at dshoar@sjsso.org.

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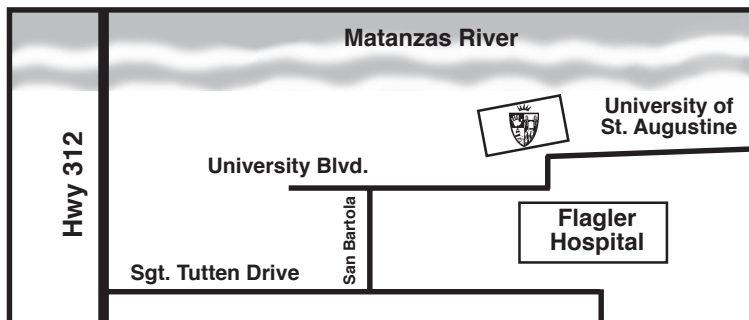
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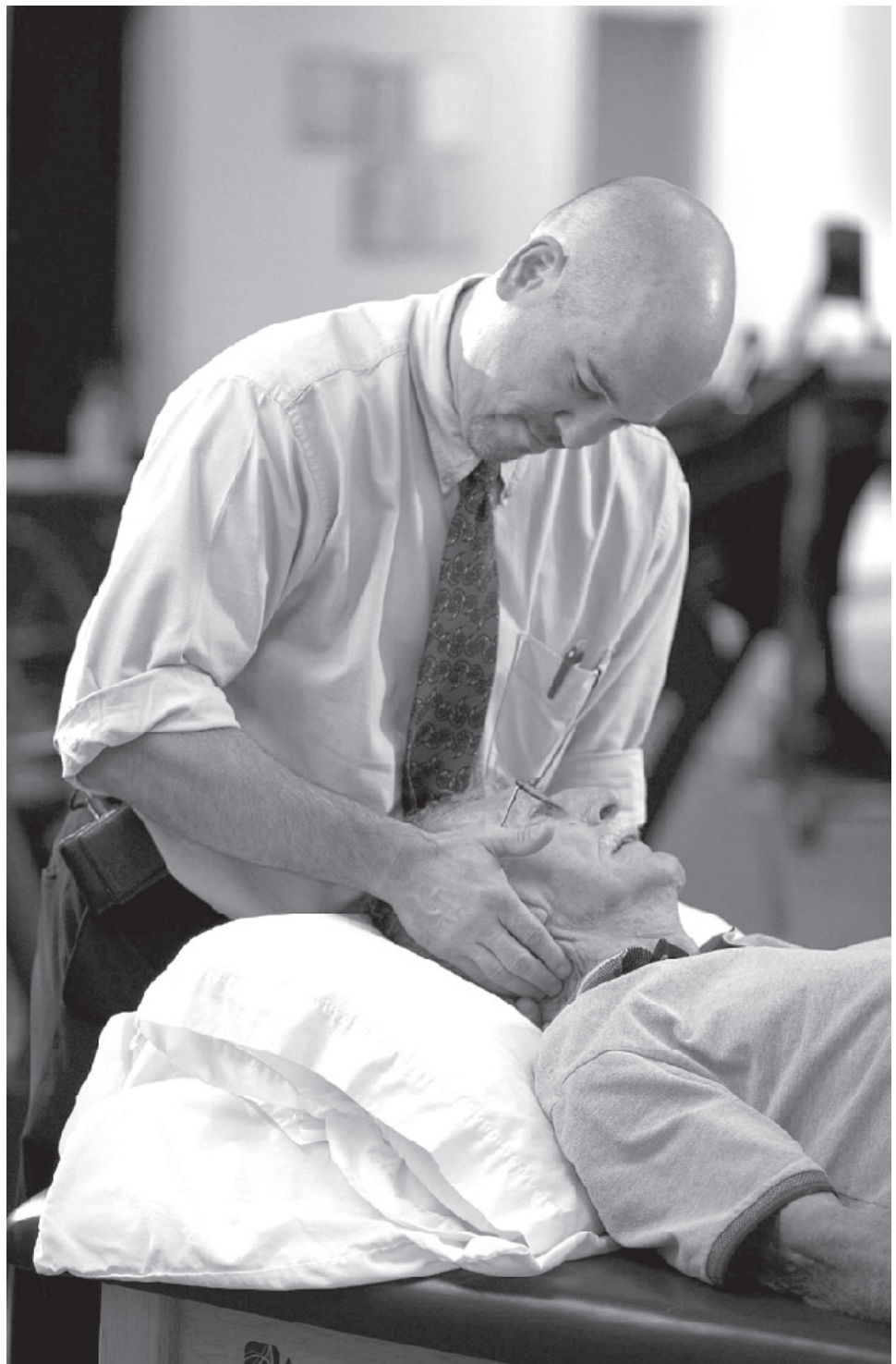
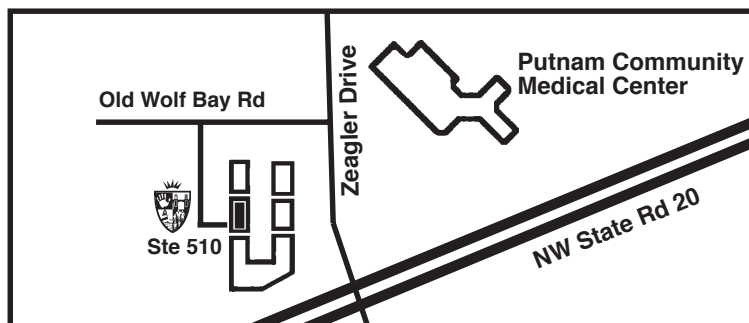
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