

## BASIC FIRST AID 4HR

### Examination

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*Fields in bold are required*

**Question 1**

**The Good Samaritan laws include the following:**

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- Answer A. The individual who is giving first aid is volunteering, not expecting payment or reward
- Answer B. The individual who is giving first aid obtains consent; verbal, non-verbal or implied consent
- Answer C. The individual who is giving first aid is doing so in good faith and has intent to assist the ill or injured person
- Answer D. All of the above

**Question 2**

**Which statement is not accurate regarding prioritizing care?**

- Answer A. Prioritize all actions in order of urgency/ importance.
- Answer B. There might be several injured persons at the scene; prioritizing care will allow you to determine who will need assistance or treatment first.
- Answer C. Prioritizing care is not necessary because everyone needs help
- Answer D. Prioritizing care will possibly save a life.

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Question 3

**When the injured individual has external bleeding, the most important step is to:**

- Answer A. Apply direct pressure to try to stop the bleeding.
- Answer B. Have the injured person stand up to help with circulation
- Answer C. Try to reposition the injured person
- Answer D. Avoid direct pressure

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Question 4

**Which of the following statements is accurate?**

- Answer A. Bloodborne pathogens are harmless to human beings.
- Answer B. Bloodborne pathogens can threaten your health and your wellbeing by causing you to develop sickness, disease/ infection.
- Answer C. Bloodborne pathogens are present in blood but does not affect young adults
- Answer D. Bloodborne pathogens only affect the elderly population.

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Question 5

**Shock is a life-threatening condition that takes place when the body is not getting enough blood supply / blood flow.**

- True
- False

Question 6

**The injured person has a first degree burn. You know that with first degree burn:**

- Answer A. The nerves and the blood vessels are damaged.
- Answer B. Is deep and the victim experiences blistering of the skin in addition to the pain, inflammation and redness.
- Answer C. Is superficial and causes local inflammation of the skin.
- Answer D. Appears leathery and white and tend to be painless.

Question 7

**A first degree burn may progress to deeper layers of the skin and become a second degree burn.**

- True
- False

Question 8

**Which statement is accurate?**

- Answer A. With shock, the lack of blood flow causes the organs and cells to not get enough oxygen that it needs to function effectively. And many organs can suffer damage.
- Answer B. Shock requires immediate medical treatment and can get worse very quickly and may lead to death.

- Answer C. With shock, the lack of blood flow causes the organs and cells to not get enough nutrients that it needs to function effectively.
- Answer D. All of the above

Question 9

**Which statement is not accurate regarding the First aid kit?**

- Answer A. It is very helpful to have a first aid kit available.
- Answer B. A first aid kit should be checked and restocked as needed
- Answer C. It is fine to use expired supplies so that it is not wasted
- Answer D. Check to make sure supplies are not expired and items that have been used are replaced.

Question 10

**You noticed that the injured individual has an open fracture to his leg, you should:**

- Answer A. Avoid any unnecessary movement, which may cause the broken bone to dislodge, increase tissue damage or cause an increase in internal bleeding.
- Answer B. If there is bleeding, apply pressure to control blood loss.
- Answer C. Immobilize the fractured site in the position found without any attempt to realign bones or to straighten the leg.
- Answer D. All of the above

Question 11

**Which of the following statement is accurate?**

- Answer A. Ice packs can be applied to the area of the sprain, this will help to reduce the swelling.

- Answer B. Place ice directly on the skin to help to reduce the swelling faster
- Answer C. Place a cloth over the area to avoid direct contact of ice to the skin.
- Answer D. A and C

Question 12

**While assisting the ill person, you observe sign and symptoms of Anaphylaxis. You know that Anaphylaxis:**

- Answer A. Is an emergency situation that requires medical attention immediately. Call 911 immediately.
- Answer B. Is a severe, whole-body allergic reaction to a chemical or substance that has become an allergen
- Answer C. Can occur in response to any allergen.
- Answer D. All of the above

Question 13

**You have just witnessed a dog attack in your neighborhood; the injured individual is lying on the ground with blood coming from his lower extremities. As you assist, you should:**

- Answer A. Try to stop the bleeding by applying direct pressure until the bleeding stops.
- Answer B. Clean the wound. For the wound or superficial scratch from an animal bite: Gently clean the wound or scratch with soap and warm water; then thoroughly rinse well with more water for several minutes after cleaning.
- Answer C. Leave the wound open so that it can heal
- Answer D. Seek medical assistance immediately. The victim may require a tetanus booster or shot.
- Answer E. A, B and D

Question 14

**Seek medical assistance immediately for all animal bites that is more than a superficial scratch or if the animal was a stray or a wild animal, regardless of the severity of the injury.**

- True
- False

Question 15

**Bites received from non-venomous snakes, cannot result in injury.**

- True
- False

Question 16

**Which of the following statement is not accurate?**

- Answer A. A snake bite can cause an anaphylactic reaction, which can be fatal.
- Answer B. Try to kill or catch the snake is highly recommended.
- Answer C. Different snakes have different types of venom.
- Answer D. Remove clothing or items which may cause constriction of the bitten extremity.

Question 17

**If the individual has poisons in the eyes, it is appropriate for you to:**

- Answer A. Cover the eyes with protective glasses, it will resolve on its own
- Answer B. Rinse the eyes with Running water for 15-20 minutes
- Answer C. Call the toll-free Poison Help line (1800-222-1222) which connects you to your local poison center
- Answer D. B and C

Question 18

**Which statement is not accurate regarding Anaphylaxis?**

- Answer A. Anaphylaxis is an emergency situation
- Answer B. Anaphylaxis will resolve just give the patient some time to feel better
- Answer C. Anaphylaxis requires medical attention immediately.
- Answer D. Call 911 immediately

Question 19

**The injured person has a sharp object that is stuck in the body, what is the appropriate action to take?**

- Answer A. Try to remove the object
- Answer B. Do not try to remove the object, put some bandages or pads around the object and tape the object securely in place.
- Answer C. Apply pressure until the bleeding stops
- Answer D. B and C

Question 20

**If the bleeding continues and is leaking through the dressings on the wound, you should:**

- Answer A. Reinforce the dressing, never remove it.
- Answer B. Add more dressing or cloth over the first dressing until 911 personnel arrive.
- Answer C. Remove the dressing and apply new dressings.
- Answer D. A and B