Join Karyn on this Small Group Exploration Tour Costa Rica: A World of Nature

featuring Tortuguero National Park, Arenal Volcano & Manuel Antonio National Park January 29 – February 10, 2023



For more information contact Karyn Wendell Adventures with Karyn (508) 420-5288 KarynMW1@comcast.net



Small Group Travel rewards travelers with new perspectives. With just 12-24 passengers, these are the personal adventures that today's cultural explorers dream of.

13 Days • 24 Meals: 12 Breakfasts, 4 Lunches, 8 Dinners

HIGHLIGHTS... Tortuguero National Park, Cooking Demonstration, Sarapiquí, Tirimbina Rainforest Center, Chocolate-Making Demonstration & Tasting, River Safari, Forest Reserve Guided Walk, Hanging Bridges, Arenal Volcano, Choice of Zip Lining or Volcano Lava Field Hike, Manuel Antonio National Park, Jungle Crocodile Safari & Bird Watching

ITINERARY AT A GLANCE

Day 1	Doubletree Cariari Hotel, San Jose
Days 2, 3	Evergreen Lodge, Tortuguero
Days 4, 5	Tilajari Hotel Resort, San Carlos
Days 6 – 8	Arenal Springs Resort & Spa, Arenal
Days 9 – 11	Los Suenos Marriott Costa Rica, Playa Herraduras
Day 12	Doubletree Cariari Hotel, San Jose
	On some dates alternate hotels may be used.

Explorations: These small group tours give travelers access to the world in a truly authentic way. On these active, immersive journeys, travelers connect with the cultures of the world on a deeper, more meaningful level in ways that are hard to replicate. The group size is kept small, allowing these journeys to be the most active, engaging, and rewarding experience possible.

Day 1: Sunday, January 29, 2023 San Jose, Costa Rica - Tour Begins *Pura vida*. In English, it translates to "the simple life." But *pura vida* is so much more: it's an attitude; a celebration of life in the moment. It's time to experience what *pura vida* means to you. You're on your way to explore a place that's unlike anywhere else in the world, where *pura vida* is an unofficial motto and a way of life. Welcome to the emerald of Central America: Costa Rica.

Day 2: Monday, January 30, 2023 San Jose - Tortuguero National Park Seemingly endless mountain horizons. Complex evergreen forests. These are the wonders of Tortuguero National Park. Travel by boat* to your hotel before heading further down the rivers and canals to the world's first sea turtle research station. Next, a local will teach you all about his village and its previous history as a coconut plantation. Watch as he demonstrates how they use coconuts before trying your hand at making a local favorite: coconut candy. Later, have time to explore Tortuguero town with your Tour Manager. Get away from it all and relax at your lodge set in the middle of the jungle, your home for the next two nights. From the morning calls of the monkeys to the gentle chatter of the birds, listen to the active sounds of the rainforest around you. (*B, L, D*)

Day 3: Tuesday, January 31, 2023 Tortuguero National Park Begin the day on an excursion to search for the elusive green macaw and other unique winged creatures that flock to Tortuguero. Embark on a nature cruise, getting a glimpse into the life of jaguars, manatees, ocelots, and more. The rest of the day is yours to enjoy your Tortuguero resort. (*B*, *L*, *D*)

Day 4: Wednesday, February 1, 2023 Tortuguero National Park - Sarapiquí - San Carlos Take a boat back to the mainland and make your way towards Sarapiquí and Tirimbina Rainforest Center. Spend time at a cacao plantation and see the process of converting the seed from bean to bar, tasting for yourself why cacao is called "the food of the gods." Later, arrive at your secluded nature resort, nestled on the edge of the San Carlos River. Stroll the butterfly and botanical gardens lined with fruit trees, including lemon, soursop, guava, mango and tangerine. (*B*, *L*, *D*)

Day 5: Thursday, February 2, 2023 San Carlos Explore the beauty of your surroundings on a Peñas Blancas River Safari. Paddle and float down the river on a peaceful adventure, taking in the sights and sounds of the rainforest as your naturalist guide describes the intricacies of the wildlife around you. Visit the *finca* of a local family and try specialty snacks such as banana bread, gourmet Costa Rican coffee and more. End your day with a guided walk through a private, primary forest reserve for a look at the various flora and fauna. (*B*, *D*)

Day 6: Friday, February 3, 2023 San Carlos - Hanging Bridges - Arenal Today, suspended over the rainforest floor, relish a bird's-eye view of the jungle on a guided tour of Arenal's famous hanging bridges. High above the jungle canopies, marvel at a cloud forest taking shape around you. Settle into your resort where you'll be surrounded by striking views of Arenal's famous volcano for the next 3 nights. (*B*, *D*)

Day 7: Saturday, February 4, 2023 Arenal Today, **it's your choice!** Since Costa Rica is the birthplace of zip lining, glide over the canopies on a mind-blowing rip through the jungle -



Per Person Rates*: Double \$3,697; Single \$4,697; Triple \$3,647

Included in Price: Cancellation Waiver and Insurance of \$399 per person, Round Trip Air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers

* All Rates are Per Person and are subject to change

IMPORTANT CONDITIONS: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. (See registration form for consent.)

OR- make your way across lava fields for an up-close-andpersonal look at the volcano on a moderate hike along the trails formed by lava during the 1968 eruption. The afternoon is yours. Perhaps you'll discover the town of La Fortuna or relax in the hotel's naturally heated pools. Also consider an optional excursion to a family-owned *finca* with an included farm to table lunch. (*B*, *D*)

Day 8: Sunday, February 5, 2023 Arenal In the shadow of Arenal Volcano, the day is yours to enjoy at leisure. Perhaps you will opt to immerse yourself in wildlife as you float along a river on the Cano Negro Wildlife Refuge cruise, or, if you're feeling adventurous, opt for an exhilarating white water rafting experience.** Or simply hang back at the resort, choose a spa service, explore the grounds, and soak in one of Arenal's famous hot springs. (*B*)

Day 9: Monday, February 6, 2023 Arenal Volcano - Coffee Plantation - Playa Herradura This morning, wake up and smell the coffee at a local farm that produces some of Costa Rica's well-known beans. Take a tour with local plantation workers and have a chance to discuss what life is like for these coffee farmers. In the afternoon, head to Playa Herradura and settle into your resort for the next 2 nights. As the day draws to a close, watch the sun set over the Pacific alongside birds in every color of the rainbow. (*B*, *D*) **Day 10: Tuesday, February 7, 2023 Playa Herradura** Today is yours to spend as you please. Take advantage of your resorts many amenities and enjoy a quiet day by the pool or at the spa. If you're looking for more adventure, there are ample opportunities in the surrounding area to fish, hike and enjoy nature. (B)

Day 11: Wednesday, February 8, 2023 Playa Herradura -Manuel Antonio National Park - Playa Herradura Welcome to Manuel Antonio National Park, home to verdant rainforests and white sand beaches. In this natural wonderland, traverse the trails where the wild things are, or go for a swim in the turquoise waters as wildlife rummages in the canopies. (*B*)

Day 12: Thursday, February 9, 2023 Playa Herradura -Tárcoles - San Jose See wild crocodiles among the mangroves of Tárcoles' Rio Grande. On this exhilarating jungle crocodile safari, you'll boat beneath the towering jungle, looking along the river banks for a glimpse of these incredible creatures. Then say goodbye to the coast and hello to San Jose. Toast to the *pura vida* of Costa Rica tonight over a farewell dinner. (*B, L, D*)

Day 13: Friday, February 10, 2023 San Jose - Tour Ends Bid Costa Rica farewell as your tour comes to an end today. (*B*)



PLEASE NOTE:

IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require a minimum of 6 months passport validity from date of return home. You are strongly urged to contact the appropriate consulate for details. Visit www.travel.state.gov for the U.S. State Department for the latest details about passports and visa requirements.

IMPORTANT: We recommend that our clients traveling abroad take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

Effective immediately and through December 31, 2022 tour departures, **we require all guests to be fully vaccinated in order to participate in this tour.** Although destination entry requirements may differ, if you are unvaccinated, you will not be able to join us on this tour. All guests are required to bring proof of vaccination (official vaccination certificate in paper) on tour.

Costa Rica requires all travelers to complete digital "Health Pass" form (https://salud.go.cr/) within 48 hours prior to departure for Costa Rica.

•To return to the US from international destinations, all travelers must present proof of a negative Covid-19 test prior to boarding return flight. To comply with this testing requirement, we will assist with arrangements for COVID-19 testing in Costa Rica for your tour. Each traveler will need to pay for the test by credit card at the time of testing.

•Test results will be received by email. All travelers must be able to log in and access email while traveling in Costa Rica to receive the results of their test. A printed copy can be presented at the airport.

• Guests who choose to extend their stay independently will need to make their own arrangements for the required testing. The testing and transportation costs will be at the individual traveler's expense.

• All returning travelers to the US must complete a signed Attestation Requirement either in electronic form or paper copy. A paper copy of the form will also be provided to travelers or you may visit <u>www.cdc.gov/quarantine/pdf/Fillable-Attestation-Englishp.pdf</u> for a copy.

Museum visits and shopping may be affected by the observance of religious or local holidays.

The days and order of sightseeing may change to best utilize your time on tour.

Hotel check-in on your day of arrival is 3:00 p.m. Rooms may not be available prior to that time.

Smaller buses, which may not be lavatory equipped, may be used on this program. In this case, frequent stops are made during travel periods.

Single accommodations are limited and are available on a first come, first served basis.

IMPORTANT TRAVELERS INFORMATION

We want you to enjoy your tour with us; therefore, it is important that you know this tour is an adventure! You will view spectacular scenery while experiencing the culture and heritage of the region. We have selected small, comfortable hotels and ecolodges for their locations and they may be considered rustic. Air conditioning and elevators are not available in all properties used on this tour. Travelers must be in good health as sightseeing requires walking on uneven terrain; wheelchairs and walkers cannot be accommodated on this tour.

To complete your tour, we <u>include</u> roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your <u>own air</u>, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.

*Due to luggage size and weight restrictions on the boats, please bring an overnight bag for the 2-night stay in Tortuguero National Park. Your main luggage stays in San Jose and joins you upon your return to the mainland.

**White water rafting is subject to the operator's safety restrictions.

Travel with no more than 24 guests on this tour where a smaller group setting means a more personal travel experience.

The overall activity level of this tour is a level 3. This means you're an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (1-2 hours) isn't a big deal. You can navigate hills and uneven ground, climb into various modes of transportation (tuk-tuk, cable car, Zodiac, etc.), and could possibly anticipate changes in elevation. You can expect some longer days balanced with free-time to recharge or set out on your own adventure.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

A deposit of \$999 per person (which includes cancellation waiver and insurance) is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of June 19, 2022 are based upon availability. Final payment due by November 30, 2022. Deposits are refundable up until June 26, 2022.

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279



162 Middle Street Pawtucket, RI • 02860 Phone: 1-800-852-5655 Fax: 1-401-727-9014

If paying by credit card, please complete this form and return to Adventures with Karyn. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

CREDIT CARD AUTHORIZATION FORM

BOOKING NUMBER: 1103996	5	TOUR: Costa Rica: A World of Nature featuring Tortuguero National Park, Arenal Volcano & Manuel Antonio National Park				
DEPARTURE DATE: January 29, 2	GROUP NAME: Adventures w	GROUP NAME: Adventures with Karyn				
Name of Passenger:						
Salutation: First Name:	Middle Initial: Last Name: (Please print as it appears on Passport)	Suffix:				
(Mr., Mrs., Rev.)	(Please print as it appears on Passport)	(Jr., Sr.)				
Cardholder Name:						
(Please print as it appears	on your Credit Card)					
Cardholder Address:(as it appears on your of	credit card statement)					
Cardholder Phone:						
Credit Card Type:Americ	an ExpressDiscoverMasterCard	Visa				
Credit Card Number:						
Expiration Date:	Amount to be charged: \$					
Cardholder's Signature:	Date:					

I agree to pay according to the card issuer agreement. I understand and accept Collette cancellation policy, terms and conditions.

Participating credit card companies are now requiring a billing address and phone number for **FRAUD PREVENTION**. All information MUST be provided. Thank you for your cooperation! If using your credit card for payment, please return this Authorization Form by mail to:

Adventures with Karyn

Attn: Karyn Wendell PO Box 161 Centerville, MA 02632-0161

Above credit card information has been called in to Collette.



162 Middle Street Pawtucket, RI • 02860 Phone: 1-800-852-5655 Fax: 1-401-727-9014

BOOKING NUMBER: 1103996

DEPARTURE DATE: January 29, 2023

TOUR: Costa Rica: A World of Nature *featuring Tortuguero* National Park, Arenal Volcano & Manuel Antonio National Park GROUP NAME: Adventures with Karyn

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

Arenal

Natri Spa Treatment-Arenal Springs

"What is good for the body is good for the soul." A well-deserved spa visit provides a complete treatment experience to replenish your mind, body and soul. Experience supreme pampering and relaxation with a choice of one of several different exhilarating spa service packages. Each package includes 3 different spa treatments from aromatherapy and mud massages to exfoliation and reflexology. Certified therapists will guide you to a state of complete relaxation as you enjoy unforgettable therapeutic facial and body treatments. Your choice of packages are:

Citrus Spa Package (110 minutes) – Citrus Exfoliation, Aromatherapy Massage, Natural Mask Sanctuary Package (110 minutes) – Herb Exfoliation, Relaxing Massage, Reflexology Springs Spa Package (110 minutes) - Sugar & Honey Exfoliation, Mud Massage, Facial Massage This option is available only to those guests who are staying at the Arenal Springs Hotel. *Duration: Approximately 2 hours*. Please note a minimum of 1 passengers is required. Transportation is not included.

Cano Negro Wildlife Refuge Cruise

Embark on a Cano Negro guided riverboat trip in a panga (covered canoe). These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of crocodiles, river otters, sloths, river turtles, exotic birds and rare butterflies *Duration: Approximately 8 hours*. Please note a minimum of 10 passengers is required. Transportation is included.



White Water Rafting Experience

Embark on a fun-filled white water rafting adventure that is great for all levels of rafters. The half-day adventure on the Rio Balsa or Sarapiqui River provides plenty of action and thrills, but with milder white water rapids, Class II-III. Your river guide will pick you up at your hotel and join you on a short drive to the "put-in" spot where the fun begins. Guests will receive a thorough briefing and explanation of the safety equipment and procedures. Once everyone has had time to practice and review the commands and "high-fives" you will embark on your journey down the rapids. Get wet and wild as you navigate rapids on your 2-hour adventure tour down the beautiful and tropical river. Drink in the majestic foliage of the rainforest as you watch for monkeys, sloths and toucans while you raft. You will come to understand the meaning of Costa Rica's favorite saying, "Pura Vida!" and the best Class II-III white water rafting in the region! *Duration: Approximately 3.5 hours.* Please note a minimum of 10 passengers is required. Transportation is included.

Costa Rican Farm

Envelop yourself in Costa Rican culture at Finca Don Juan. Explore this family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a "classroom without borders." Taste the exotic fruit harvest and experience the traditional way to process sugar cane. Enjoy a sip of cane liquor before engaging in a culinary demonstration and a farm-to-table lunch. *Duration: Approximately 3.5 hours.* Please note a minimum of 8 passengers is required. Transportation is included.

\$180 USD

\$75 USD

\$75 USD

\$45 USD

	TRAVEL DATE: 1/29/2023 TERRITOR) RES#: 1103996		Costa Rica: A World of Nature featuring Tortuguero National Park, Arenal Volcano & Manuel Antonio National Park			
	ct: Karyn Wendell (508) 420-5288 O Box 161, Centerville, MA 02632-	email: KarynMW1@c				
A deposit of \$999 per person (w basis. Reservations made after to up until June 26, 2022. YOUR INFORMATION: Clearly print your full name (first/r IMPORTANT: In order to avoid an	hich includes cancellation waiver and ins he deposit due date of June 19, 2022 are niddle/last) as it appears on your governi y unnecessary change fees, it is imperative t ical to the ID being used to travel <passport <="" th=""><th>urance) is due upon reser based upon availability. F nent issued travel docur hat all guest names are ent</th><th>inal payment due by Novemb nentation. ered correctly from the start. Th</th><th>er 30, 2022. Deposits are refundable</th></passport>	urance) is due upon reser based upon availability. F nent issued travel docur hat all guest names are ent	inal payment due by Novemb nentation. ered correctly from the start. Th	er 30, 2022. Deposits are refundable		
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Collette cannot guarantee your sea Please be advised, when travelling "Federal law forbids carriage of ha baggage. A violation can result in http://www.tsa.gov/traveler-informa TRAVEL PROTECTION: If you choose not to purchase Colle Fee does not cover any single sup) Window () Next To Traveling Comp at preference. If you have not purchased air f as part of a group, many airlines do not pro- izardous materials such as aerosols, fireword 5 years' imprisonment and penalties of \$250 tion/prohibited-items." tte's Waiver Insurance Plan, you will incur pen plement charges which arise from an individu the refund of the person who cancels. (There	hrough Collette and wish to vide seat assignments. Pref (s, lithium batteries & flamm ,000 or more. Details on pr alties for changes and cance ual's traveling companion el	erred seating may be available able liquids aboard the aircraft ohibited items may be found on ellations. Travel Protection Paym ecting to cancel for any reason	for an additional charge. in your checked or carry-on TSA's "prohibited items" web page: ent is due with first deposit. The Waiver prior to departure. The single		
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collette/terms-and-conditions for full terms and conditions of your purchase. Important Conditions: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees.



TOUR: Costa Rica: A World of Nature *featuring Tortuguero* National Park, Arenal Volcano & Manuel Antonio National Park **GROUP NAME:** Adventures with Karyn DEPARTURE DATE: Jan 29, 2023

BOOKING NUMBER: 1103996

AVAILABLE PREPAID OPTIONS

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options. Availability is limited and reservations are on a first come, first served basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change. Children under the age of 18 MUST be accompanied by an adult.

ASSENGERS NAME: (Please su Ilutation: First: (Mr., Mrs., Rev.)	Ibmit a separate form for each passenger) Middle: (Please print EXACTLY as it	Last:	Suffix:Nick	name:	
\checkmark	Option		Pr	Price Per Persor (USD)	
	tment-Arenal Springs			180.00	
This option is av	vailable only to those guests who	are staying at the Arenal S	prings Hotel.		
Cano Negro W	/ildlife Refuge Cruise			75.00	
White Water R	afting Experience			75.00	
Costa Rican F	arm			45.00	

Please make checks payable to Collette and send to:

Adventures with Karyn Attn: Karyn Wendell PO Box 161 Centerville, MA 02632-0161