DON'T BE GLUTENOUS DURING COMMUNION

1Cor. 11:34 'If anyone is hungry, let him eat at home, so that you may not come together for judgment. And the remaining matters I shall arrange when I come" Meaning that when you come to take communion, you eat a piece of bread (challah), you don't pig out on it as if it were food. If one is hungry, eat at home before taking communion.

DASYD Ministry

Bible Commentary Jerry Hennig (Dec 5/16)