

# Winter / December 2021 Newsletter

Envisioning a world where everyone thrives!



**Happy Holidays!**

*Envisioning a world that works for you and everyone else*

Christmas is in the air! And yet, the end of pandemic is no where in sight, it may

**1**

## VIRTUAL HOLISTIC YOGA

Available 24/7 for Free via  
Pre-recorded Video Sessions

**2**

## HOLISTIC HEALING MEDITATION PROGRAM

Live Zoom Sessions available on  
Request

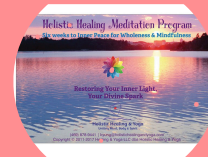
**3**

## GIFT TICKET SWAP MEETUP

Sunday, January 23rd, 2022  
2pm-3pm (CST)  
Live Zoom Session



**Virtual Holistic Yoga  
Program available  
24/7**



**Holistic Healing  
Meditation Program  
available on request.  
Learn more here**



**Gift Ticket Swap  
Meetup  
at 2pm(CST) on  
Sunday, January  
23rd, 2022.  
RSVP here.**

be hard to feel the joy, especially for those who have suffered losses & trauma from the pandemic. We hope and trust that you'll pull through these times and start to feel the joy and the goodness that this life offers. Holistic healing is about self healing journey to freedom, the freedom to feel the joy and goodness anytime you choose. If you or you know someone who are looking for ways for self healing, a free 30min consultation with Kyung can be scheduled [here online](#).

Free virtual Holistic Yoga classes are available via Pre-recorded video sessions available 24/7 here.

The 6-week Holistic Healing Meditation program, designed to take you deeper into your holistic healing journey, will now be offered on request. [If you are interested, learn more here](#).

Last but not least, our next **Gift Ticket Swap Meeting** will be held via Zoom session at **2pm-3pm (CST) on Sunday, January 23rd, 2022**. Kindly [RSVP here](#). If you are interested in learning more, [email Kyung](#) to receive the **White Paper on DSA Gift Ticket Swap System**.

Wishing you & your family a Merry Christmas and a Happy New Year!

With love & blessings,

**Kyung & Seagan Yi-O'Kelly with Ari & Geri**

Your partner in Our Healing Journey

Holistic Healing & Yoga, Uniting mind, body & spirit

Divine Spark Allies, Envisioning a world where everyone thrives

