

SICKNESS..WHY DO WE GET SICK?

It's common sense for everyone to understand that when we abuse our bodies, or perhaps are hurt in some type of accident or what have you, our body can pay the price. We can change the way we live and prevent many of these things, but sometimes we get ill or hurt from and because of circumstances beyond our control. We pay the price for those circumstances.

The truth is however, other than those types of things we have no control over, there is another reason we get sick. The bible tells us in many verses the basic idea of us either living in the blessings or in the curses. Outside of the above mentioned reasons, the simply answer to the question of why we get sick is made very clear in the Bible.

Deut. 11:26-28 (Almighty speaking) *"See, I am setting before you today a blessing and a curse: **the blessing, if you listen to the commandments of Yahveh your Elohim, which I am commanding you today; and the curse, if you do not listen to the commandments of Yahveh your Elohim, but turn aside from the way which I am commanding you today, by following other Gods which you have not known.**"*

These verses need no explanation because they are straight forward. As far as Yah is concerned, He will bless us when we OBEY His word. When we are disobedient we follow other gods, which may be: self, religion, church denominations, traditions, etc.. We are simply cursed by Yah Himself when we are disobedient, lawless, or sinful. When we are obedient to His INSTRUCTIONS, established for all mankind, He blesses us in many ways. It's that simple. One of the most common blessings for His Believers is good physical health. The other is good mental health. We will focus on those two ideas.

With that simple concept in mind, in the following teaching I will explain illness from two sides, one being the most obvious physical side, and the other being the psychological/mental health side. I will explain how our physical and emotional condition is often the result of the spiritual battles taking place around us (curses and demons). Our condition is the result of our winning or losing the battles. In this teaching I am excluding sickness and its related conditions that are due to accidents, severe environmental influence, and our own personal lack of care. For example: a person who smokes brings upon himself many diseases, cancer being the most obvious. A person who abuses alcohol destroys their liver. A person who eats too much can cause many physical illnesses. These people have brought upon themselves sicknesses not normally bestowed upon the human body. This is not the case in regards to a person hurt in some sort of accident. In the first example these individuals have caused their own illness and cannot be compared to an individual that became ill because of an accident. So, keeping this in mind, the following explanation I believe explains the truth about sickness as a whole, excluding the above mentioned examples.

THE PHYSICAL SIDE

I am purposely not going to get into the medical practitioner side of illness. That is the worlds way of looking at illness. The medical field as we know it involves the hippocratic oath, the two snakes on a poll symbol of most medical practitioners, and a whole lot of other things that we all need to familiarize ourselves with. For the purpose of this teaching, I will stick to the spiritual aspect of illness.

Ps. 103:1-3 *Bless Adonai, O my soul; And all that is within me, bless His holy name.*

*Bless Adonai, O my soul, And forget none of His benefits; Who pardons all your iniquities; **Who heals all your diseases;***

I believe it is safe to say that all sickness and abnormalities of the mind, soul and or body fall into four categories as follows:

1. Personal abuse (40-50%)

Example; If a person smokes, his lungs get congested and eventually he gets lung cancer, heart disease, etc.. This kind of sickness from an addiction can be prevented. Also, if a person eats the foods that Adonai told us not to eat in the Bible, then we get sick. (Lev. 11:1-47 and Deut. 14:1-21)

2. Accidents (10-20%)

Example; If a person has an injury from a car accident, it can't be helped, but if this injury happened while playing hockey or any other abusive sport, there is no excuse. It is totally preventable, (it can also fall under personal abuse category).

3. Curses (30-40%)

If a person has never removed the curses on himself from any and all sources, it is his fault, because he is either ignorant, or in some cases, innocent of what the Bible clearly says. This is the decision of his will. Sickness from curses can be cured and prevented.

4. Demon spirits (10-20%)

Demon spirits may come down through the blood line, or during pregnancy. If so, they may not be known about, so they can't be fully prevented unless the person knows his Bible well. If a person has sinned and continues to sin, he invites curses and demons on himself, creating sickness. If the person is a Believer, then he should follow his instruction book and deal with them accordingly. These sicknesses, therefore, can be prevented.

Of all the incredible things that Yeshua, did and taught in biblical times, the people were most fascinated with his ability and authority to cast out demons. **Yeshua spent about 25-30% of His ministry time casting out demons.** If it was that important to Yeshua, I believe it should be that important to us, and yet when was the last time you heard a minister or teacher even discuss casting out demons, let alone do it? Yeshua was casting out demons from ordinary normal Orthodox Jews in those days, not only insane people as most would have you think. This fact hasn't changed in the thousands of years since Yeshua was here. In **Luke 13:32** Yeshua made it clear that His PRACTICAL ministry to the sick and demonized was to continue unchanged to the end: *"Behold I cast out demons and perform cures today and tomorrow and the third day I shall be perfected". In Hebrew this meant "from now until the job is finished".* In **Mark 6:13** Mark gives us a brief description of this task being part of, not apart from, healing sick people. *"And they cast out many demons, and anointed with oil many who were sick, and healed them".*

Mark 16:15-18 *"He said to them, go throughout the whole world and preach the gospel to all mankind. Whoever believes and is baptized will be saved; whoever does not believe will be condemned. **Believers will be given the power to perform miracles: they will drive out demons in my name; they will speak in strange tongues; if they pick up snakes or drink any poison, they will not be harmed; they will place their hands on sick people***

and these will get well.”

Yeshua never sent anyone out into the ministry world without specifically instructing and equipping them to cast out demons in His name. This should be as true today as it was in the days of Yeshua. Satan has managed to create fear in the minds of the general public about this ministry. He has caused Believers and non-believers to avoid thinking about demons. He has found a way to conceal the effects demons have in our lives by convincing people not to talk about these evil things. Satan has used ignorance and fear to open the way for his destructive purposes. He even has a foothold in the church, creating the impression that this evil supernatural realm really doesn't exist, even though Believers know it exists, and readily see the results of its existence all around them. Believers have treated demons like ghosts and dragons, failing to recognize or seriously consider what takes place around them that they know is demonic activity. Corrie Ten Boom once said that *“the fear of demons is from the demons themselves.”*

Diseases and abnormalities of the body and or soul can be caused by curses and demon spirits; to what proportion I am not sure. It is common for people who are sick to become well immediately after having their curses removed, or being delivered. This, I am sure, is not a coincidence. It seems a shame that our hospitals today are filled with people who need not be there, because they do not believe in Yahveh. I don't contend that we don't need doctors and hospitals, but it is clear to me that if we did what the instruction book tells us to do, most hospitals would be empty. (Exod. 15:26)

Demons can and will exploit physical problems and abnormalities in an individual, and use these circumstances to have domination over the host body in many cases. A demon may take advantage of a persons fondness for food, for example, and cause/help them to become obese. This same principle can be used for various conditions, whether they are mentally or physically noticeable.

Demons don't respond to medication because they are spiritual beings; only the body will respond.

Sin causes curses. Demons attach themselves to curses. Yeshua referred to sin as a serpent in: **Luke 10:19** *“Behold, I have given you authority **to tread upon serpents and scorpions, and over all the power of the enemy, and nothing shall injure you.”***

In the following scripture, Yeshua means that sin will bite you by means of demons from Satan. **Eccl. 10:8** *“He who digs a pit may fall into it, and **a serpent may bite him who breaks through a wall.”***

2Cor. 7:1 *“Therefore, having these promises, beloved, let us cleanse ourselves from all **defilement** of flesh and spirit, perfecting holiness in the fear of Yahveh.”*

Defilement/filthiness is referring to demon presence. We are to cleanse ourselves from the defilement and filth of sin by hitting the mark, which is the Torah.

In the Torah, El Gibor spoke clearly to Moses about curses in the form of plagues, from El Gibor Himself. **Deut. 29:22** *“Now the generation to come, your sons who rise up after you and the foreigner who comes from a distant land, **when they see the plagues of the land and the diseases with which Adonai has afflicted it, will say,**”* In 2Sam.12:15, we see that Adonai Himself struck a child with sickness so it would die because of the bad deeds of its parents. Even in Matthew, Yeshua healed a paralytic man who's sin had made him sick. (Matt. 9:4-8)

Many illnesses are the direct result of curses. Taking communion in an unworthy manner, results in a curse, as stated in **1Cor. 11:28** *“But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks, eats and drinks judgment to himself, if he does not judge the body rightly. **For this reason many among you are weak and sick, and a number sleep.**”*

Exod. 23:25-26 *“But you shall serve Adonai your Yahveh, and He will bless your bread and your water; and **I will remove sickness from your midst.** **“There shall be no one miscarrying or barren in your land; I will fulfill the number of your days.”***

Luke 8:1-2 *After this, Yeshua traveled about from town to town and village to village, proclaiming the Good News of the Kingdom of Yah. With him were the Twelve, 2 and a **number of women who had been healed from evil spirits and illnesses** — Miryam (called Magdalit), from whom seven demons had gone out;”*

Luke 9:42 *“And while he was still approaching, the demon dashed him {to the ground,} and threw him into a convulsion. But **Yeshua rebuked the unclean spirit, and healed the boy, and gave him back to his father.**”* A combination of sin and demonic problems are seen here.

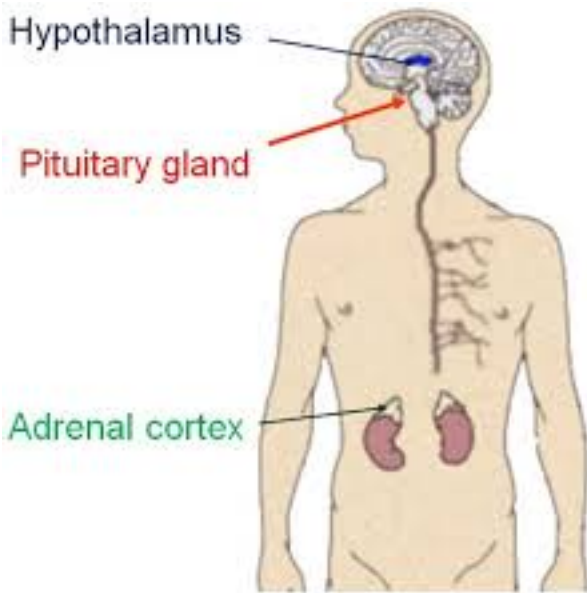
Luke 6:17-18 *“And He descended with them, and stood on a level place; and {there was} a great multitude of His disciples, and a great throng of people from all Judea and Jerusalem and the coastal region of Tyre and Sidon, who had come to hear Him, and to be healed of their diseases; and **those who were troubled with unclean spirits were being cured.**”*

One unique characteristic of Yeshua’s ministry, from its very beginning to end, is that He never separated the healing of people’s sickness, and the removal of demons. Deliverance was part of the healing and preaching process. I believe that any sickness or disease that is incurable is of a “demonic” source. In **Mark 1:32-34** it makes it clear to us, *“At evening when the sun had set, they brought to him all who were sick and those who were demonized. And the whole city was gathered together at the door. **Then he healed many who were sick with various diseases, and cast out many demons; and he did not allow the demons to speak, because they knew him.**”* In verse 39 it continues *“And He was **preaching in their synagogues throughout all Galilee, and casting out demons.**”*

Throughout the scriptures when Yeshua met people, He said “Peace be with you” (Shalom). There is much more to that than we realize. Yeshua said this because He knew that one of man’s biggest problems was that of **FEAR AND HATRED**, so He always comforted those around Him and proclaimed peace upon them. Fear and hatred are evil spirits. They are the result of what a chronic occurrence of something can do to our body and soul. If it affects one, it will inevitably affect the other. **As long as there is “dis-ease” in your thoughts and mind, there will be “disease” in your body.** The familiar cliché, “you reap what you sow,” can be easily related to your body. If your mind and soul are under constant stress from doing and saying things that you know are not proper, or from not following to the best of your ability the Ten Commandments, your body will pay the price. Your body reveals the inward activity of your soul.

PITUITARY GLAND AND ADRENAL GLAND

To illustrate what fear does to man, I must try to explain about the “**pituitary gland**” in the back of the head, and the “**adrenal gland**” situated above the kidneys. The



pituitary gland produces poisonous (toxic) chemicals to ward off foreign intruders in our bodies defence system, whether they are neurological or in the blood system. When we are constantly bitter or angry, for example, this gland pumps poison into our system to ward off the intrusion of chronic thoughts of anger. Bad, evil, hateful thoughts are foreign to our brain. Our brain wasn't created to have these thoughts continually, so the pituitary gland is working full-out to destroy the foreign brain waves going through our body. Over the years, this poison can and does cause serious physical problems of numerous kinds. It eats away at the entire system until sickness finally takes place, whether it is cancer, arthritis, ligament problems, bone problems, or what have you. If you remove the

problem of anger, fear, hatred, or lust, whatever it may be, your system isn't eaten apart or damaged from the inside. The adrenal gland has a similar protective use, only it produces in its medulla, steroidal hormones such as epinephrine and norepinephrine, which, when given in large continual doses can do serious harm to the human body.

When we are happy, when we are laughing, when we praise Adonai, and when we exercise reasonable amounts, our body produces a substance called "endorphins". This substance is released throughout our body, relieving pain, and causing healing, like a medicine. Synthetic "morphine" was patterned after endorphins. The exact opposite happens if we are not happy, exercising, laughing, and praising Yah. The endorphins don't flow and we feel pain and sickness. In **Prov. 17:22** it says ***"A joyful heart is good medicine, but a broken spirit dries up the bones."*** This verse perhaps means more than most people realize.

CURSES FROM FOOD

Our bodies are temples of the "Living YHVH/Yeshua". It is reasonable to say that the one who created us knows what's best for us, whether it be body, soul, or spirit. Yah went through the trouble of listing in detail the clean and unclean foods so we could have a good healthy life. We are blessed when we eat clean food and we are cursed when we don't. It is because we don't listen to Yah's words about food that we are so sickly. Believers, are to stand out, be set-apart from all others, eating certain foods is one of the ways we are to stand out. These foods may be okay for secular people, but not for Believers. The entire chapter of Leviticus 11, all 47 verses, are dedicated to clarifying the difference between clean and unclean food. **1Pet. 1:15-16** *"but like the Holy One who called you, be holy yourselves also in all {your} behavior; because it is written, **"YOU SHALL BE HOLY, FOR I AM HOLY."***

I think perhaps the easiest way to explain why Yah doesn't want us eating the unclean foods listed in Leviticus is simply because **they are EARTH'S VACUUM CLEANERS, on land or in the sea.** Whether we are talking about a magpie, eagle, bear, catfish, swine, shrimp, or lobster, we are talking about the vacuum cleaners Yah created

to clean up the feces and carcasses of animals after death. These creatures have a divine purpose, but certainly are not meant for us to eat.

The reality is, when we disobey His word, we are cursed. These curses become a part of our life. Curses in turn open the doors you might say; giving the demons a legal right to be there. The purpose of all demons is to cause chaos and ultimately destroy their captive. Many, if not most of all diseases, are caused by demons of infirmity. In the case of physical illness, the infirmity becomes cancer, for example, and its objective is to destroy the body. In the same way it can be a demon of torment that goes after the persons mental and psychological state, with the same results. Satan is controlling the demon so he can have it kill quickly or slowly depending on the lifestyle of the individual. In some cases he plays games with people by telling his demons to back-off for a brief period of time, causing confusion. **This is commonly known as remission in medical circles.** It can be momentary or long lasting depending on the situation. If one changes their lifestyle and becomes born again they have the authority and ability to renounce all their curses, taking away the legal authority the demons have. Once the curses are removed the demons have no spiritual authority to be there, and they can be cast out.

In the world

In today's society it's pretty much impossible to buy clean food. The reality is, most fruits and vegetables have been altered genetically in some way. Even what should qualify as clean food has toxic chemicals within. There is almost nothing we can do about this, except be diligent. Those of us who have property can have our own gardens and at least grow some things that are clean and pure. For many this is simply not the case.

Before the fall there was no sickness of any kind; sickness only arose after man sinned. It would be safe to say that both illness and death resulted from sin; for by one man's trespass sin and death entered the world (Rom. 5:12). Sickness immediately spread to all mankind just as death did. Where there is sin there is always death; **"the wages of sin is death"** (Rom. 6:23). There is a point in-between sin and death where sickness manifests.

We must remember however, that sin is not the only cause for illness. Though many indeed fall sick because of sin there are others who become ill for reasons other than sin alone. We must be able to distinguish between these two things.

Sickness does not always issue from sin, but no doubt most of it does. We must keep in mind that many diseases have their natural causes, but I equally maintain that we cannot attribute all infirmity to natural reasons. I will unreservedly agree that there are natural explanations for many illnesses; this is simply a scientific fact.

I would like to express to my brothers and sisters that sickness is coupled with two distinct elements; death on the left, and sin on the right. Both these elements flow from sin. Sin opens the door for a curse. The curse in turn opens the door for a demon of infirmity. The demon of infirmity proceeds to destroy or cause disruption in a particular part of the body, and we become ill. As we see in Ps. 103:1-3 sin is coupled with illness. Because of sin in our soul there is disease (dis-ease) in our body. If we are at ease and spiritually walk in accordance to Yah's will, we will, for the most part, be free from dis-ease. If we are truly "born again" and have left Egypt (the secular world) and made Exodus, we will be looked after by our Dad in Heaven according to His will, just like the

Israelites of old when they were out in the wilderness. **Exod. 15:26** He said, *“If you will listen intently to the voice of ADONAI your God, do what He considers right, pay attention to His mitzvot (commandments) and observe His laws, I will not afflict you with any of the diseases I brought on the Egyptians; because I am ADONAI your healer.”* If we flee from the wicked ways of the heathens (Babylon) we will not receive their plagues. **Rev. 18:4** *I heard another voice from heaven, saying, “Come out of her, my people, so that you will not participate in her sins and receive of her plagues;* The pro-claimed SUNday type churches are included as Babylon for the most part because they claim to, but do not love the Holy One Of Israel (John 14:15). They have chosen to follow the whore of Rome instead of the Word of Elohim.

When we become born again we are to immediately be separated from the wicked ways of the world, and we are to rely on the words of our Father written in His book, especially the Torah. He told us in His Living Word what to do and what not to do. For example: He told us what foods to eat and not to eat, but how many people take it seriously. For this reason many suffer needlessly. They suffer in most cases because they have not taken seriously the written word. They too often listen to their pastors (in most cases nothing but CEO'S) who for the most part, have been brainwashed into believing that the dietary laws of the bible are no longer necessary. These wolves in shepherds clothing will pay for their false teaching no doubt, but in the meantime many loving, kind, sweet but lazy pro-claimed christians suffer needlessly. What foods to eat, what sanitary instructions to follow, what moral values we should hold and follow, all either prove by our works that we are truly children of the Most High, or show that we are not. Those that claim Yah's divine healing but refuse to abide in His teachings (law) are simply not getting healing from above.

When we abide in His living word we are rewarded with blessings. If we don't abide, we are cursed, it's that simple. We are either in the blessings or the curses. This is something every proclaimed Believer must understand for themselves. They must decide for themselves if their life is being blessed or not. When I speak of blessings, I am for sure not referring to financial blessings. If we do to the best of our ability what Yah said in His written Word, we will be blessed. Blessings from Yah preserve life and those blessings include good health, emotional stability and spiritual awareness of the truth. Freedom is what the truth provides. What is the truth? The words of the Psalms tell us clearly.

Ps. 119:142 *Your righteousness is an everlasting righteousness, And Your law is truth.* Again this law (truth) that sets us free is not being taught in the SUNday type churches and it is because of that so many lazy but well intentioned pro-claimed christians suffer needlessly. Blessings come from following the word of El Shaddai, not the ear tickling words of most preachers who proclaim to know and work for the God of Abraham, Isaac and Jacob. What a far cry from the truth.

The human body may be seen as dual in action in regards to either life or death. On the one side we have depletion (squandering), which brings us to death; and on the other side we have replenishment through clean food and rest, which supports life. It is best for us to retain the forces of life in balance. We should try to understand that the weariness which Believers often experience in their body is in many ways distinctly different from other individuals. You see, the consumption of Believers is more than just physical.

Because we walk as per His written word, we often bear the burdens of others, sympathize with our brothers and sisters, intercede, and frequently battle the powers of darkness. Food and rest alone are insufficient to replenish the loss of strength in our physical body. In many cases you will in fact find that some prayer (spiritual) warrior type individuals, who before their call to serve Yah were healthy, quickly find themselves physically unhealthy and feeble not long afterwards.

Using our supernatural resources

Sometimes our body cannot cope with the demands of spiritual life, especially those individuals involved in serious spiritual warfare. Constantly combating with sin, sinners, and spiritual battles, sucks out our vitality. Because of this type of warfare, solely natural food is sometimes inadequate to supply what our body, soul and spirit need. Sometimes we must call on our spiritual gifts and fruit of the spirit (if one is spirit filled), to help us out. Sometimes we must call upon our supernatural resources such as the gift of tongues to be both physically and spiritually rejuvenated. Because so many refuse to strive for, desire, accept, or understand these gifts of the spirit as real, many never ask to be spirit filled and therefore suffer needlessly. Yeshua's life in us through His Spirit (Ruach), is necessary to recharge our physical and spiritual batteries. This gift of the spirit is overwhelmingly powerful when it comes to supernatural battles which may involve both physical and or spiritual illness.

If we were to rely only on material food, nourishment and drugs, we would be doing serious harm. It is only the life and breath of the Ruach Ha kodesh (holy spirit) in us, given through Yeshua the Messiah, that meets all the requirements for our spiritual life, work, and warfare. It is the holy spirit in us alone that can furnish us with all the necessary power and vitality to fight the battle with sin and the deceiver himself. Those of us who have experienced momentarily, or on a regular basis, the depths of spiritual warfare and deliverance, are able to realize that it is the life of Yeshua in us only that can provide the required nutrition of both food and spirit. That spirit is the Word of Yah. The Word/Spirit is life unto our body. **Matt. 4:4** *But He answered and said, "It is written, '**Man shall not live on bread alone, but on every word that proceeds out of the mouth of Yah.**'"* That verse and others like it, substantiates the thought that Yah's Word and Spirit is able to support our body. No doubt bread replenishes our body, but when the Word of Yah emits its power man can live by it also. I am not saying that there is no need for us to eat food, all I am saying is that His living Word can supply us with life, which food cannot. Sometimes material food cannot produce the desirable affect in our body; in this case His Word can give us all that we need. Many Believers live on the bread alone, those who have been "spirit filled" tend to live on a combination of both the material bread and the life of His Word. There are times when bread is simply not enough, but Yah's Word always fills us. I have seen people who are simply uninformed as to the riches of Dad's power and authority once we are spirit filled. Some even restrict them to what concerns only our spirit. But those who have an abundance of faith will never limit His life giving power and nourishment to the spirit by neglecting their application to the body. If people are uninformed as to the riches of Yah, they perhaps may restrict them to what concerns our spirit. But those who have faith will not limit His life and power to the spirit by neglecting their application to the body.

Yah sometimes chastises His children to render us holier, softer or more yielding. When one becomes sick for this reason he is enabled to see the exact reason for his illness. Yah may in fact allow us to receive a little medical help no doubt, but sometimes He may heal us instantly without medical assistance. Every situation and every person is different, but generally speaking when a saint becomes ill, there is a message in the illness, and until one deals with that particular sin, he will remain unhealthy. **Hebr. 12:6 FOR THOSE WHOM YAHVEH LOVES HE DISCIPLINES, AND HE SCOURGES EVERY SON WHOM HE RECEIVES."**

Sometimes Messianic Believers fall ill they do so even though they are truly obedient, patient and voice no complaint or anxiety. Many truly exhibit His virtues in their countenance, speech and deeds, and genuinely sense the presence of Yah. Through His holy spirit they genuinely manifest the life of Messiah in their bodies. Nevertheless they do not appreciate the true healing power of Yeshua, nor do they understand that His life is also for their bodies. Many fail to exercise the faith for their healing as they did for their forgiveness of sin. In such a manner they are powerless to manifest the life of Yeshua in their mortal flesh. They may receive grace to endure the pain but do not receive healing.

The aim of Yah for today, as it has always been, is for His will to be done on earth as it is in Heaven. Is there sickness in Heaven? No! Yah's will goes against illness. His will is incompatible with any form of illness in regards to His children. We must always remember that Yah is our Abba, He is our Father, and it is safe to say that no true Father ever wants any of His children sick. Think of Yah as your Dad. He is your Dad and He most certainly does not want you sick. If we become ill, there is a reason, our precious Father is trying to give us a message, so figure it out. It is a very serious problem when people who proclaim to be His Believers having given up hope, then to utter the words, "May His will be done" as if the will of Yah were synonymous with sickness and death. Yah does not want His people to be ill. Though He sometimes permits them to be ill for their profit, His determinate counsel is health for His people. We should always be certain that weak though we may yet be, Yah's will is never for us to be invalids, handy-capped, and unable to work for Him in our fullest capacity.

When we become ill we must consider what the reason is, or may be, from a spiritual perspective. One infirmity may be due to disobeying Dad's command, refusing to carry out His will; another may be caused by committing some particular sin; but still another may be the consequence of our individualism.

Defiling our body often results in infirmity. People often defile their bodies without even considering what Yah tells us about our bodies being temples of His Spirit. How many people have you met or know that have tattoos on their temple? In most cases these people know what Lev. 19:26 says in regards to marking ones body, yet they insist on being worldly by doing so, while proclaiming to love Yah. How does this work? Yah will sometimes destroy that temple just as He allowed the Temple in Jerusalem to be destroyed. Sometimes He has to boldly prove His point to those who constantly go over the line.

No sickness occurs without a cause. If the Believer catches something he should immediately try to locate its cause or causes. He should confess his sins out loud and ask Yah to heal him and help him repent from what could be the cause of that illness. If at all

possible, he should go to the elders of his fellowship and have them anoint him with oil and lay hands on him for healing, as the good book says. Yahveh's life giving power through "baptized in the holy spirit" brothers or sisters will dissolve that illness.

There is no question that some diseases are natural, as explained earlier, but we must realize that the spiritual causes have priority over the natural. Once the spiritual is taken care of, in most cases, the sickness will be healed.

When one becomes ill he ought to deal with every cause he can think of before Yah. If, after all this has been dealt with, Yah's hand is still upon him, then it should be understood that the illness is there to restrain him from something worldly. He must accept this and learn his lesson. There is no point in Yah trying to teach us a lesson using illness if we don't learn anything from it. Infirmity does not in and of itself make us holy, but its lesson, if accepted and dealt with, sure will produce holiness.

We shouldn't always see sickness as being terrible. We should consider why Yah is doing this, if He indeed is. Keep in mind it is His infirmity, placed on us by His hand, whether it is directly or indirectly from Him. We have already established that almost all illness originates from Satan, but sometimes the devil is allowed to do harm in order for us to learn a valuable lesson. Most of us are familiar with the story of Job. Job was attacked no doubt, but only with Yah's permission. Satan's damage was restricted to what Yah would allow. Job was physically attacked but the enemy was not allowed to attack his life. I believe that most of Yah's children at one point or another will be exposed to the Job experience. It seems to be another way for the Almighty to separate those who are His true followers, and those who are not.

We should never submit to death in a passive way, never. Yah has given us His will and we are actively to pursue it. It is almost impossible to serve Him actively if we are sick. Whether our life be long or short, we cannot perish like sinners before our appointed days are over. We should do the best we can in the time we have allotted. We should accomplish as much as possible before we let death overcome us. Then when the end does come we can depart peacefully with the grace of Yahveh upon us, as naturally as a fully formed but dried up leaf falls from its tree in the fall of the year.

All these infirmities handed out by our Father are measured out carefully so that we learn our lessons. The sooner we learn the lesson, the sooner we can move on and upward in our spiritual walk, and the sooner these illnesses will pass away. We must always remember that as soon as we are born again we are to offer ourselves as a living sacrifice to Him (Rom.12:1). Our bodies are no longer ours. When we do so, every nerve, cell and organ is handed over to Him to be covered by His blood. When the enemy attacks we are to keep in mind that the battle belongs to Elohim. When we acknowledge this and follow His word, the life of Yah flows through us and out our bodies. Many others may grow despondent, lose sleep, be irritable, become worried, anxious, and desperately seek some medical attention, but we quietly exercise faith and allow Yah's life giving to flow through us and to heal us. We know that food is not the only fuel this life giving engine He designed runs on, and we trust that His life in our spirit has a far greater octane rating. While worldly people are running for medical help because of the suffering and pain of the flesh, we can wait calmly for Yah's life to work its wonder. We know that He holds our life in His hands and it doesn't get any better than that. Who else can offer such

shalom?

How many proclaimed Believers search for a medical remedy the moment they get sick? They are so afraid of the loss of their life, yet many claim, if necessary, they would die as a martyr to proclaim the Word. What a lie they live. These are the kind of people who pray to Yah for healing yet simultaneously lay hold of a physician for drugs and an injection of one kind or another. The fact that they do this reveals how much in love with themselves they are. They are in too many cases worshipping the god of "I" without even realizing it. "I" is the middle letter in pr-i-de. Pride is the reason the devil was thrown out of Heaven. Those who are full of themselves during ordinary times will be those who anxiously seek medical healing just as soon as they get sick (1John 2:16 & Ps. 119:21).

Putting it very bluntly, many are sick because they love themselves too much. Unless Yah is able to remove this self-love from their system, through repentance, He most likely cannot use them to bring glory to His name. The obvious conclusion is that we must not love ourselves to an extreme. In many cases the entire world revolves around some self-loving people. These narcissistic individuals think the universe revolves around them alone. Their daily thoughts are only about themselves, yet they claim that Yahveh is their first love. Yah cannot and will not cure these individuals because they are their own infection.

Another point that has to be addressed in regards to illness is the fact that many are sick because they like being sick. Being sick for most of us is a bad experience, but for those that are rejected or lacking recognition and sympathy, it is a great way to get attention. They have a pity party and everyone is to feel sorry for them. Some frequently become ill and make sure everyone in their life knows about it, just so they can habitually be pitied. They have received little or no love in their life, so they find a crutch that permits them this personal band aid for their emotions and fears instead of dealing with those problems directly. Some people don't ever want their sickness to leave them. In many cases these individuals cannot get these things in any other way, so they steal these artificially induced actions by being sick. These types of individuals need to be severely reprimanded. They need to seek their attention from their spiritual Father who will provide them abundantly with His selfless perfect love. Then **their dis-ease will become ease.**

Sometimes Yah permits Satan to attack His people because they have some defects in their lives that have to be dealt with. This is one way Yah uses to get our attention to these sins. If they refuse to acknowledge and deal with the things Yah has revealed to them, the illness is allowed to continue in their lives. It is as if they have forsaken what Yah has ordered and have welcomed sickness instead. In so doing they voluntarily place themselves under oppression. Why would a "born again" Believer return to bondage after he has learned the revealed will of El Shaddai? It is obvious that knowing much sickness comes directly or indirectly from Satan, we ought to resist it in every way. We must understand clearly that it belongs to the enemy and therefore should never be welcomed by us. Yeshua came to set us free, not to have us bound (Isa. 61:1).

How many of Yah's people piously say: I leave myself in Yah's hands for healing or for sickness; I allow God to do what He wills. These are generally people who use medicine. Is this committing everything to God? How contradictory this is. In plain English, this is nothing but spiritual lethargy. I might also add that lethargy is usually a demon.

People with this attitude have accepted illness passively for so long that they have succumb to it instead of seeking freedom from this bondage. These are the kind of people that encourage others to pray for their well-being instead of getting off their blessed assurance and prostrating themselves before the King of Kings. There is a time to get off your "blessed assurance", and allow righteous anger to motivate you into divine action. Yah's real children should always rise up and strive (not only seek), healing. They should think seriously about what Yah has to say through their illness, then do whatever it takes spiritually to get right with Yah's word with singleness of heart.

THE MENTAL HEALTH, PSYCHOLOGICAL SIDE

The sickness on the psychological side of the equation in the world today is commonly referred to as "mental illness". When people have what is commonly referred to as mental health issues, they are normally sent to psychologists, and psychiatrists for help.

The vast array of "psychological problems" are, in reality, spiritual problems that have never been properly dealt with according to Yah's Word. When we try to wed Elohim's ways of dealing with the human problem of sin, forgiveness, personal responsibility, accountability, discipline (obedience), with man's ways, blaming others, "getting in touch with our past," self-pity/victimization, and relying upon "self", we are certainly playing the harlot. **Josh. 23:8-13** *but cling to ADONAI your Elohim, as you have done to this day. 9 This is why ADONAI has driven out great, strong nations ahead of you; and it explains why no one has prevailed against you to this day, 10 why one man of you has chased a thousand — it is because ADONAI your Elohim has fought on your behalf, as he said to you. 11 "Therefore take great care to love ADONAI your Elohim. 12 Otherwise, if you retreat and cling to the remnant of these other nations remaining among you, if you make marriages with them and have children with them and they with you, 13 know for certain that ADONAI your Elohim will stop driving out these nations from your sight. Instead, **they will become a snare and a trap for you**, whipping your sides and pricking your eyes, until you perish from this good land which ADONAI your Elohim has given you".*



Sin and its devastating consequences, shame, guilt, feelings of worthlessness, cannot be solved by any other means than the redemptive blood of Yeshua, and the sanctifying work of the Holy Spirit of Yahveh. Putting a psychological band-aid on these spiritual problems, only covers an incurable wound (Jer. 30:12). It is true: **Matt. 19:26** **"With men this [difficult problem] is impossible; but with YHVH all things are possible."** **Isa. 59:1** **"Behold, Adonai's hand is not shortened, that it cannot save; neither His ear heavy, that**

it cannot hear" .

By implying that some problems are "too serious" to be dealt with through the proper application of Scripture, we not only deny the sovereignty and the power of Adonai, we begin to develop within people a dependence on themselves, psychology, a therapist, pastor, friends, or a "technique," instead of a dependence on Dad. That is why the Body of Yeshua is so weak. We are literally sucking the life blood of the Church of Yeshua out of one another in a sincere attempt to be "compassionate," apart from the power of the Holy Spirit and the application of and obedience to the Word of Yah. It is tragic that many have been lead to believe that victory over various emotional problems can be obtained only through "professional psychological" counselling. This is not only untrue; it is a devastating witness to the already perceived impotence of the Church.

Did Yah leave His people "in the dark" for over 1800 years after Messiah returned to the Father, until Freud appeared on the scene in the late 1800's to shed his enlightenment upon the various problems of the human dilemma? Contrarily, history confirms that some of the most productive, fruitful saints lived during this very period, and people in general were much more "stable" before this new era of enlightenment, than today. In truth, countless numbers of individuals through the ages have experienced complete, perfect, and lasting victory over the most severe problems through application of Biblical principles, genuine love, and the power of Yah working through His Ruach HaKodesh (Holy Spirit) and the Body of Yeshua.

Psychology is a religion

The need for psychology comes simply from the lack of making Hashem first in our lives, and following His precious Torah like He told us to. All need for man's psychological god's would cease if mankind got back to the moral, civil and principal laws and ordinances of the Bible, and truly followed Him. **Psychology is a religion** and has no place within the body of Messiah. It is the practice of using man's wisdom for answers rather than the wisdom given by the Holy Spirit. Psychology is totally un-scientific and has no hard scientific proof of what it teaches. It is the religion of self-help instead of the help of the Holy Spirit. Psychology is based on Atheism, Humanism, and Evolution, and not on the word of Yah, or the supernatural power of the Holy Spirit. It is a religion that pretends to be a science, a fake religion that seeks to destroy true religion. It takes everything of the Bible itself and either demeans it or eventually destroys it.

Many of these psychologists of then and now, have managed to create a new "scientific" religion in place of traditional theologies and a new class of priests, called, "doctors", and "mental health experts". This new religion that foolish people pay exorbitant amounts of money for, is explained without resorting to soul, spirit, God, Satan, angels, demons, sin, or guilt. People are taught they can create their own paradise by pointing to their own inner goodness and inner potential, a new Utopia of the soul.

There is not, and can not be any such thing as "bible based psychology". This is an oxymoron, putting these words together is like saying there is such a thing as a "Born Again Prostitute: Born Again pornography, sin, gambling, tattoos, heavy metal music, or Born Again thieves. It is simply not possible to have these words together because they are opposing. **A person may claim to be a "Born Again psychologist " just as a person may in fact claim to be a "Born Again plumber", or "Born Again truck driver,**

but there is no such thing as “Born Again Psychology”. If people of this world, (non-Believers) want to go and take advice from psychologists, that’s their problem, because they have no wisdom, but if Believers dare to go to psychologists for help, they are in direct disobedience with Yah.

Whether we recognize it or not, psychology always adds "enlightened theories" to Scripture. Satan is a master counterfeiter. Our fallen minds are bent towards deception. In the area of psychology, scriptural terms are carefully chosen. "Biblical models" are set up as altars upon which the heathen gods of humanism and reason are erected. There is no such thing as "Born Again Psychology." It is impossible to wed the Holy with the Unholy. Yet, respected Psychologists that claim to be born again, have convinced wayward sheep that, not only is it possible to "integrate" psychology and the Bible, but it is desirable and superior. God, forbid!

Yah is the only one who can heal. He can and does use medical practitioners no doubt, and He has even helped in the creation of many medications, and tools for the healing of man-kinds physical diseases, but don't ever forget about the counterfeit who mixes in his demonic pharmacy. Since the devil is the perpetrator of sin, sickness and disease, (especially mental and emotional disturbances), he can quite strategically lift his heavy hand of destruction for a time to make it "appear" as if the psychological technique is actually bringing healing, when in reality, the "healing" is not healing at all, but only a temporary reprieve. Lacking a disciplined, seasoned discernment, the already weakened and unstable person is eventually lead down another path of deception and failure. A vicious cycle develops: Therapy, a reprieve, a new crises, more therapy, a reprieve, a new crises, more therapy, and so on. We are fully aware that in some instances people can be genuinely "helped" during a period of time they are under the treatment of a "Born Again mental health practitioner, but that practitioner better not call himself a "Psychologist". It should however, always be made clear that the healing does not come from the "therapist" or the "psychological technique." In fact, they were helped because of Yah's grace, in spite of the therapist. The healing came from a compassionate touch of the GRACE of Yahveh.

Anxiety disorders

In the category of mental disorders today the largest problem is beyond a shadow of a doubt what are called "anxiety disorders". Did you know that 85% of all prescriptions filled are for some type of so-called mental disorder? The so-called experts in the field have divided that category into many names to cause confusion with patients. All these anxiety disorders fall under the heading of MPD/DID (Multiple Personality Disorder..Dissociative Identity Disorder), but because the professionals don't know how to solve any of these problems, they are unable to do so. The common method of dealing with people with these problems is lots of visits to the office of the expert at \$200.00 plus an hour, and medication to make them lethargic.

These mental health experts cannot help people with anxiety disorders simply because they are spiritual conditions and must be dealt with from a spiritual perspective. Only a true servant of Yahveh and Yeshua can help these people get set free from their bondage, but society has NEVER had this simple reality revealed to them. For that reason millions of people around the world suffer unnecessarily every day with mis-diagnosed



problems like: PTSD, MPD, DID, Sleep-walking, Agoraphobia, Acute stress disorder, Adjustment disorder, Antisocial personality disorder, Anxiety disorder, Attention deficit disorder, Avoidant personality disorder, Bi-polar disorder, Borderline personality disorder, Brief psychotic disorder, Dependant personality disorder, GAD (Generalized anxiety disorder), Histrionic disorder, Intermittent explosive disorder, OCD (Obsessive-compulsive disorder), Narcissistic disorder, Night eating disorder, Panic disorder, Paranoid personality disorder, Passive aggressive disorder, PTSD (Post traumatic stress disorder), SRA (Satanic ritual abuse disorder), Sadistic personality disorder, Self-defeating

disorder, Schizoid personality disorder, Schizotypal personality disorder, Social anxiety disorder, etc, etc. All these so-called disorders fall under the heading of MPD, but are never dealt with from a spiritual perspective.

I could go on forever on this dear to my heart subject, but I will stop here. If anyone is interested in the plain truth about anxiety disorders please check out my detailed teaching on MPD or contact me directly.

Conclusion

In conclusion, do as the Almighty said to do and you will be blessed physically, psychologically, and spiritually. It's really that simple. Most sickness is spiritually curable if people are willing to get serious about having a spiritual walk with Yahveh and Yeshua.

It is time we tore down the Asherim of Psychology and returned in pure and Holy allegiance to the One who said: **Isa. 1:16-20** ***“Wash yourselves clean! Get your evil deeds out of my sight! Stop doing evil, 17 learn to do good! Seek justice, relieve the oppressed, defend orphans, plead for the widow. 18 “Come now,” says ADONAI, “let’s talk this over together. Even if your sins are like scarlet, they will be white as snow; even if they are red as crimson, they will be like wool. 19 If you are willing and obedient, you will eat the good of the land; 20 but if you refuse and rebel, you will be eaten by the sword”;** for the mouth of ADONAI has spoken”.*

Psychiatry is “the clever and clinical destruction of the spirituality of man and its replacement by a positivistic science of the mind”.

The New Agers have adopted all the psychological theories and vocabulary into their own religions to give people the impression they know what they are talking about. They gobble up the terms like “consciousness, unconsciousness, “inner this”, and “inner that”, and think that using these terms will make them sound more knowledgeable. Some of these intellectual giants are moral misfits guided by Satan himself.

Perceived error is the fruit of stupidity, you can have a Ph.D. and be “stupid”.

Knowledge is of no value whatsoever if you don’t have the wisdom of the Holy One Of Israel to show you how to use it.

What the Word of Yahveh says about all the blessings of good physical and mental health available to mankind is loud and clear if we simply take heed. **Eccl. 12:13** (written by Solomon, the wisest man on earth) **"The conclusion, when all has been heard, [is]: fear Yah and keep His commandments, because this [applies to] every person."**

DASYD MINISTRY "DO AS YESHUA DID" dasydministry.org Jerry Hennig (Mar /20)
excerpt from Theme Book.