

Our menu is taken from this list. We decide which meals to provide each day depending on the availability of quality supplies. Always providing a healthy and enjoyable balanced diet.

Please indicate any items which you would prefer not to receive.

• Sliced Breast of Free Range Chicken	No <input type="checkbox"/>
• Roast New Zealand Lamb	No <input type="checkbox"/>
• Roast Free Range Pork Loin	No <input type="checkbox"/>
• Roast Angus Pure Sirloin of Beef	No <input type="checkbox"/>
• Home-made Meatloaf	No <input type="checkbox"/>
• Crumbed Hoki	No <input type="checkbox"/>
• Honey baked Free Range Ham	No <input type="checkbox"/>
• Kiwi style Sausage & mash	No <input type="checkbox"/>
• Curried Sausage & mash	No <input type="checkbox"/>
• Vegetable Frittata	No <input type="checkbox"/>
• Perfect Macaroni & Cheese*	No <input type="checkbox"/>
• Pickled Pork with Apple Sauce	No <input type="checkbox"/>
• Brilliant Beef Meatballs in rich gravy	No <input type="checkbox"/>
• Free Range Bacon & Egg Pie	No <input type="checkbox"/>
• Beef (melt in the mouth) Casserole	No <input type="checkbox"/>
• Chicken Casserole	No <input type="checkbox"/>
• Lamb Casserole	No <input type="checkbox"/>
• Corned Beef, with mustard mash	No <input type="checkbox"/>
• Savoury Beef Mince, with mash	No <input type="checkbox"/>

There are also occasional additions to the above depending on availability.

All meals come with potatoes and a selection of three seasonal vegetables

* (except Mac N Cheese) which does not have potatoes

Vegetables used (subject to availability):

Potatoes	No <input type="checkbox"/>	No <input type="checkbox"/>
(Roast, Mashed, Buttered or Creamy)	<input type="checkbox"/> Kumera (roast & mashed)	<input type="checkbox"/>
Broccoli	<input type="checkbox"/> Parsnips (roast or sliced)	<input type="checkbox"/>
Cauliflower	<input type="checkbox"/> Carrots (Sliced, roast or mashed)	<input type="checkbox"/>
Peas	<input type="checkbox"/> Courgettes (Zucchini)	<input type="checkbox"/>
Cut beans	<input type="checkbox"/> Swede	<input type="checkbox"/>
Green Cabbage	<input type="checkbox"/> Leeks	<input type="checkbox"/>
Red Cabbage	<input type="checkbox"/> Silverbeet	<input type="checkbox"/>
	<input type="checkbox"/> Pumpkin (roast or mashed)	<input type="checkbox"/>
	<input type="checkbox"/> Roast Beetroot	<input type="checkbox"/>