

LOT 25 4H FOOD EXHIBITS	
4-H Premiums: Blue- \$4.00, Red- \$3.00, White- \$2.00	
Includes Breads, General Foods, Food Preservation, Dairy Foods, and Cake Decorating and Cupcakes.	
4-H CAKE DECORATING	
Judging is based on decoration only not taste. Exhibit is not limited to a color or design. Refrigeration will NOT be provided. Exhibit must be limited in size to no taller than 24" and no more than 1/2 sheet board. Cake can be real of Styrofoam. If chosen to advance to State Fair, REAL cakes will NOT be accepted... Only Styrofoam.	
Class	Description
4H 1060	Junior 4-H Cake Decorating (Cakemust include the 4-H Clover either in the design or decoration).
4H 1061	Senior 4-H Cake Decorating (Cake must include the 4-H Clover either in design or decoration).
4H 1062	Junior General Cake Decorating
4H 1063	Senior General Cake Decorating
CUPCAKES	
Judging is based on decoration only not taste. Exhibit is not limited to a color or design. Refrigeration will NOT be provided. Cupcakes can be real or Styrofoam. If chosen to advance to State Fair, REAL Cupcakes will NOT be accepted.. Only Styrofoam.	
4H 1070	Junior 4-H Cupcake Decorating
4H 1071	Senior 4-H Cupcake Decorating
4H 1072	Junior General Cupcake Decor
4H 1073	Senior General Cupcake Decor
4-H Foods Rules & Instructions:	
A.	Recipes: Entries are to be made using recipes specified in the class description. All recipes can be found in 4-H Fair Recipe Book at http://4-h.ca.uky.edu/content/food-and-nutrition , in the 4-H Cooking 101-401 Series or contact your county extension agent for 4-H YD.
B.	Place the baked product on a disposable plate. Place the plate inside a re-closable zip-lock bag to maintain freshness and prevent damage. (Exhibit will not be disqualified if the plate is not inside the bag).
C.	Use of plastic film or aluminum foil to wrap product is discouraged but will not cause the product to be disqualified.
D.	To prevent damage, wrapped cakes should be transported in a sturdy container such as a cardboard box. FOODS AND CONTAINERS WILL BE DISPOSED OF. NOT RETURNED TO EXHIBITOR.
MUFFINS	
Class	Description
4H 841	Three Oatmeal Muffins: Use recipe in 4H cooking 101, pg. 54
4H 842	Three Cheese Muffins: Use recipe in 4H cooking 201, p. 49
BISCUITS	
Class	Description
4H 843	Three Rolled Biscuits: Use recipe in 4H Cooking 201, p. 49
4H 844	Three Scones: Raisins may be substituted for cranberries. Use the recipe in the 2017 4H Fair Recipe Book at http://4-h.ca.uky.edu/content/food-and-nutrition
QUICK BREADS	
4H 845	Three Cornmeal Muffins: Use the recipe in the 2017 4H Fair Recipe Book at http://4-h.ca.uky.edu/content/food-and-nutrition
4H 846	Three pieces of Coffee Cake with Toppings: Use recipe in 4H Cooking 101, p. 59. Nuts are optional.
COOKIES	
4H 847	Three Chewy Granola Bars (gluten-free): Use recipe in 4H Cooking 101, p. 35.
4H 848	Three Brownies: Use recipe in 4H Cooking 101, p. 67. Nuts are optional.
4H 849	Three Snickerdoodle Cookies: Use recipe in 4H Cooking 201, p. 88.
CAKES	
4H 850	One 8" or 9" layer rich chocolate cake (NO icing): Use recipe in 4H Cooking 301, p. 116.
4H 851	One 8" or 9" layer carrot or zucchini cake (NO icing): Use recipe in 4H Cooking 301, p. 119.
4H 852	May use carrots or zucchini 1/4 of a basic chiffon cake: Use recipe in 4H Cooking 401, p. 118. Do not use variations.
PIES	
4H 853	One whole double crust apple pie: Use recipes in 4H Cooking 401, p. 105 and 97. Leave pie in the disposable pie pan and place all in a zip-type plastic bag. May use spice variation if desired.
YEAST BREADS	
4H 854	Three Cinnamon Twists (NO icing): Use recipe in 4H Cooking 301, p. 42&44.
4H 855	Three Soft Pretzels: Use recipe in 4H Cooking 301, p. 48. Use any toppings listed.
4H 856	One Loaf Oatmeal Bread: Use recipe in 4H cooking 401, pg. 25.
BREAD MADE IN MACHINES	
4H 857	One Loaf Honey Whole Wheat Bread made in a bread machine: Use the recipe in the 2017 4H Fair Recipe Book at http://4-h.ca.uky.edu/content/food-and-nutrition . May be a 1 pound or 1 1/2 pound loaf.
CANDY	
4H 858	Three pieces classic chocolate fudge: Use recipe in 4H Cooking 401, p. 89. Nuts are optional.