

## Bars & Twists Cabled Square

10-inch square

**Materials:** 2 ½ oz medium Worsted weight yarn, size I/9 (5.5mm) crochet hook.

**Gauge:** 14 sc and 16 sc rows = 4 inches.

**Stitches:** *US terminology*

st – stitch

ch – chain

sc – single crochet

dc – double crochet

tr – treble or triple crochet

**Special Stitches:**

Post Stitches:

FPDC- front post double crochet; dc in indicated stitch 2 rows below.

FPTR- front post treble crochet; yarn over twice, insert hook in indicated stitch 2 rows below. (Yarn over, and draw through 2 loops) 3 times.

**Stitch repeat:** chain a multiple of 10 + 7.

**Notes:**

All even rows are sc rows.

Skip stitches behind posts stitches.

See video for clarifications.

**Directions:** Ch 37.

Row 1: Sc in second ch from hook and in each ch across. (36 sc)

Row 2 & All even rows: Ch 1, sc in each st across.

Row 3: Ch 1, \* sc in 2 sc, (FPDC in next sc 2 rows below) twice. Sc in next 2 sc, \*\* (FPDC in sc 2 rows below) 4 times. Repeat from \* twice, repeat from \* to \*\*.

Row 5: Ch 1, \*sc in next 2 sc, (FPDC in post st) twice, sc in next 2 sc, \*\* (FPDC in post st) 4 times. Repeat from \* twice, repeat from \* to \*\*.

Row 7: (crossed cable row) Ch 1, \*sc in next 2 sc, (FPDC in FPDC) twice, sc in next 2 sc. \*\* Skip 2 FPDC, FPTR in next 2 Post stitches. Working in front of post sts just made, FPTR in 2 skipped Post sts. Repeat from \* twice, repeat from \* to \*\*.

Row 9: Repeat row 5.

Rows 11- 47: Repeat rows 5-10, Seven more times.

Rows 48-49: Repeat rows 5-6.

*Elizabeth Ham; September 2015 Please share link to this pattern!*

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Front



Back