

WE ARE MASTERS OF OUR DESTINY

Welcome to **“A Woman’s Corner”**. For many of you it will become a sacred place where travelers on life’s journey can find a safe haven to nurture their personal and inner being. Some of you will come and stay, and others of you will leave when you feel it’s time. But you can be assured that *no woman will be left out, and no one will be left behind*. Although the focus of **“A Woman’s Corner”** is women centered, each person who enters her sanctuary will experience a different hue, as the tenets of her compassion are not for women only. Therefore, we welcome you with open arms and invite you to take comfort in the warmth of her bosom, and know that all will be well as you rest. It is here that we can begin to make peace with ourselves in spite of the frustrations in our daily lives, or the confusion and deprivation of our less than perfect physical environments.

It is here that the real work will be accomplished. And, it is here that you too can embrace using your existing conditions as an opportunity to develop inner strengths that can only be tended from the uncertainties of what you perceive as a bleak future, depressed surroundings, or seemingly hopeless conditions. The untold reality is that it is here in this place that we are being the most richly rewarded. It is from this emotional place that a shift in perception from victim to victor takes place. The concept is the a bi-product of your willingness to make the decision to embrace the premise that nothing is happening to you, but it is happening for you. This is the portal where you will be able to view everything no matter how small, as an accomplishment. It is from this place of emotional despair that the transformation takes place in the reality that “there is no place to go but up”. And, herein lay the ability to create the foundation to build the bridge that will foster your journey from where you are to where you want to be. Do not resist the conditions that will come up, and be mindful to be gentle with yourself.

Therefore, it would be wise to recognize that the window of opportunity is ever so brief, and is always revealed during the eye of the storm. It comes during periods of absolute despair, unbearable trials and tribulations, hopeless situations, and irreversible traumatic circumstances. The importance of being vigilant with your interpretation of the situation is critical to whether or not you are able to overcome what you perceive as bad luck or hard times. Becoming rigorous with your speaking when describing the details of the events of your life is the essence of why some people are able to overcome great adversities against all odds, and others with less challenging situations are not. The test is in being astutely aware that “I speak therefore I am”, and you are literally creating your future through your words, without realizing that your subconscious will always manifest what you tell it in your conversations. Therefore, be mindful, whom you blame or make responsible for the conditions that exist in your life. Because when you chose to make someone else other than yourself responsible for your well-being, or something you perceive someone has either done or withheld from you as the determining factor for your circumstances, in that very act you have assigned them the power over your fate. You have unconsciously relegated your well-being to the whims of their generosity to change the conditions that you have determined will render you whole; and if they do not, then you are doomed to stay stuck in the circumstances of your life as you see it.

So my weary traveler, **“A Woman’s Corner”** invites you to change your conversation, and redesign your future from a perspective of what really matters to you, and become willing to do whatever it takes to make that happen. However, in this exercise you can only volunteer yourself. You may be astonished to realize that the end result will always reflect the quality of effort that goes in. You will be able to interpret your own feedback and determine what you really want, by the results that you are producing, and by whom and what are showing-up in your life.

Therefore in the context of this analogy, and to the extent that you are willing to take responsibility for making your life a better place to live, then metaphorically you can claim the victory for being the master of your destiny, and completely responsible for your fate ...