

USATF Adirondack XC Championships

Age Group Results Open/Masters 5K Race



Place	Bib	Name	USATF	Age	Team	Pace	ChipTime	GunTime
Open/Masters 5K Race								
Female 1-39								
1.	109	James, Megan	1508678867	33		6:42 / mi	00:20:49.0	00:20:49.0
2.	71	Hanssen, Sarah	2050054126	16		6:48 / mi	00:21:08.0	00:21:08.0
3.	110	Pusateri, Angelina	1407973997	17		7:55 / mi	00:24:36.7	00:24:36.7
Female 40-44								
1.	76	Dauphinee, Marta	1920577168	44		6:35 / mi	00:20:28.8	00:20:28.8
2.	79	Parks, Sarah	2050039518	42		6:53 / mi	00:21:24.8	00:21:24.8
3.	77	Deer, Kari	1406697241	43		7:13 / mi	00:22:27.9	00:22:27.9
4.	78	Forbush, Kate	2050051083	42		7:18 / mi	00:22:42.9	00:22:42.9
5.	75	Briggs, Lee	1719528166	44		9:12 / mi	00:28:37.3	00:28:37.3
Female 45-49								
1.	87	Ottalagano-McGarry, Colleen	1709453029	45		7:10 / mi	00:22:16.8	00:22:16.8
Female 55-59								
1.	94	Hislop, Kristen	1407504008	58		7:26 / mi	00:23:06.0	00:23:06.0
2.	92	Buck, Mary	1403193491	59		7:40 / mi	00:23:51.1	00:23:51.1
Female 70-74								
1.	102	DeGrazia, Martha	1400030795	71		10:09 / mi	00:31:32.2	00:31:32.2
Male 1-39								
1.	106	Mercado, Christian	1819977461	20		5:53 / mi	00:18:18.7	00:18:18.7
2.	107	Potestio, Gregory	1920414156	36		6:14 / mi	00:19:22.6	00:19:22.6
3.	70	Evans, Simon	2021083312	15		6:41 / mi	00:20:47.2	00:20:47.2
Male 40-44								
1.	72	Austin, Michael	1920414743	40		6:11 / mi	00:19:13.7	00:19:13.7
2.	74	Evans, Shaun	1901975514	44		6:41 / mi	00:20:47.3	00:20:47.3
3.	73	Deer, John	1819908136	40		7:13 / mi	00:22:28.2	00:22:28.2
Male 45-49								
1.	82	Gokey, Matthew	1819923069	48		6:04 / mi	00:18:53.2	00:18:53.2
2.	84	Matthews, Phil	1920823224	47		6:20 / mi	00:19:43.5	00:19:43.5
3.	83	Irwin, Robert	1404603639	49		6:28 / mi	00:20:07.4	00:20:07.4
4.	81	Geesler, Dean	1920545314	49		6:29 / mi	00:20:09.4	00:20:09.4
5.	85	McGarry, Gabriel	1920385208	46		6:34 / mi	00:20:26.8	00:20:26.8
6.	86	Tyrrell, Neil	1719385278	47		8:17 / mi	00:25:45.9	00:25:45.9
Male 50-54								
1.	88	Reed, Andrew	1719766840	51		6:32 / mi	00:20:19.3	00:20:19.3
Male 55-59								
1.	91	Stalker, Michael	1406886836	59		6:46 / mi	00:21:03.5	00:21:03.5
2.	89	Mercado, Sam	2050036004	59		6:50 / mi	00:21:14.6	00:21:14.6
3.	90	Pusateri, John	1407974276	55		8:03 / mi	00:25:02.5	00:25:02.5
Male 60-64								
1.	97	Lynch, Richard	1920531371	64		7:35 / mi	00:23:33.7	00:23:33.7
2.	98	Many, Jeff	2050084467	64		8:40 / mi	00:26:58.6	00:26:58.6

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Place	Bib	Name	USATF	Age	Team	Pace	ChipTime	GunTime
Male 65-69								
1.	100	Feinstein, Ralph	1819918911	68		14:02 / mi	00:43:39.0	00:43:39.0
Male 80+								
1.	104	Lee, Raymond	1400029425	80		13:55 / mi	00:43:16.4	00:43:16.4

Number of records: 32